Misconceptions in Biofeedback

**Key words and concepts:** Geek, Biofeedback is therapy, the powers of the mind to effect things, stress reduction improves health, awareness builds health, psychosomatic disease, psych-neuro-immuno-soma connection of all disease, Biofeedback as Bioresonance, Bioresonance as Biofeedback

**Definition of geek:**
Jesus taught us that the Meek will inherit the Earth. But today the Geek have stolen the Earth. The lizard mind of the Geek has taken over every aspect of our lives. Paper pushing, picayune, petty minds that over analyze and over regulate our lives. This Geek mind is selfless, without compassion, loveless, over critical and over demanding and above all else self limiting.

The geek mind is small and tries to impose limitations and restrictions of freedom. The geek mind is petty, over picayune and over conservative. The geek mind can not accept the powers of the mind, because the idea that the mind effects things is counter to his basic belief that the mind restricts things. He fears and abhors freedom of spirit. Expansive great spirits who see holistic outstretching visions are the enemy of the geek. The mediocre confining mind of the geek will give incredible resistance to any great spirit it encounters. This in itself is a proof of the powers of the mind, as that the nature of the geek mind is to impose it’s nature of restriction onto the things it perceives.

The geek with his small mind will often gravitate to a position of power. Thus many government jobs are taken by geeks to over compensate for their petty feelings. They then can lash out at greater expansive minds and find a way to attack them.

There is indeed a non-local universe and it has been proven that the mind can effect things (see the movie proof and the journal on proof of the powers of the mind). The geek will try to play psychic and pretend that he can put down the book and movie without watching it or reading it. And it seems that playing
psychic is not in the character of the geek. The first step in this process is to understand that the mind can effect things. The effect is small and we can not control things but the mind effects things. Motivation greatly determines perception. Accumulated perceptions construct beliefs. And a false belief is very difficult to disband.

People hold to their beliefs and especially false beliefs. Geeks hold violently to their false beliefs. One of their false beliefs is that they are not a geek when actually they are. This article is to clarify some basic concepts that have created some difficulty in the area of biofeedback.

1. **Biofeedback is therapy.** The geek sees a description of biofeedback as “measuring a physiological response and feeding it back to the patient”. Since he does not believe in the powers of the mind he does not see that as therapy. But to the rest of us it is. All biofeedback sessions are therapy. Doctors send patients to biofeedback as therapy. The CPT (Certified Practitioner Therapy Insurance Book) lists biofeedback as therapy. The insurance companies see it as therapy. It is so obviously therapy and treatment, that here the geek embarrasses himself. He fights and twists and has a hard time giving up his false belief and thus he must give resistance to more expansive minds.

   The geek often is not aware of just what happens in the real world of medicine, but to all involved in medicine **Biofeedback is therapy.**

   Biofeedback builds awareness. Awareness helps the mind to effect itself and the therapy comes from self regulatory powers of the mind.

2. **Stress reduction improves Health.** The evidence of the psycho-somatic disease was astounding. Now the evidence of the psycho-neuro-immuno-soma link is profound and completely proven. (See the PNIS journa of the IJMSHI). But here again the geek can not accept that the mind can be a part. If the mind is part of health then so is the geek mind. And this is intolerable to the geek.

   The rest of us can see that stress reduction can helps stimulate circulation of blood. Blood brings oxygen and nutrients and carries away toxins. This is a good thing and stress reduction of excess muscle tension helps.
The rest of us can see that too much stress can over stimulate the sympathetic nerves and sedate the para sympathetic nerves that control immunity and digestion. There are thousands of scientifically proven ways the stress reduction can improve health and thus help any disease known to man. But this thought is too expansive to the geek. And the geek hates to be lectured to, he hates to be found out as a geek.

The rest of us can see that stress reduction and biofeedback is empowering to the patient. But the geek fears and loathes empowering anybody. His basic personality is to dis-empower people. He likes to restrain powers and limit all situations he sees.

The rest of us can see **Stress reduction improves anyone’s Health.**

3. **Biofeedback as Bioresonance, Bioresonance as Biofeedback**

Here science of the body electric comes into play. We can safely measure the body electric and in a cybernetic loop use a biofeedback cascade to induce certain bioresonance. This can be helpful and still allows us to be in the confines of biofeedback. The limitations of the original 510k can be adhered to and still the expansive mind can stay in the 510k box but reach out to people and find a way to safely help everyone.

After over twenty years of use, over 200,000,000 patient visits, there have been no record of any significant risks. There have been over two hundred studies published on the device and the large study involved 2,500+ therapists, 97,000+ patients, and over 275,000 patient visits. All certified and inspected by governmental agencies. The conclusion was total safety, results in over two hundred diseases, and effective stress reduction. The geek is now twisting in his chair. His instinct is to doubt this. That would be fine and doubt we can live and work with. But some geeks go extra and feel that there must have been a crime. They play psychic and assume that no one could be so expansive and intelligent to do this and this person must be a illegitimate. This assumption then cuts off the communication and an adversarial attack ensues.

There is a extra level of geek suspicion in America today. The legal system is very adversarial and often over reactive. A close inspection of the Seattle
Times article on me will see that there is no evidence of any impropriety. No one hurt, no one deceived, no one put at risk. All of our therapists are trained to work with the medical system and if the need for medical care is needed of course it is recommenced.

Our device is proven safe and is so effective that people get such good results and want to share these results with their friends. Their over zealous enthusiasm can be too excessive. We are constantly trying to contain their enthusiasm and restrain the zeal.

I am just a electrical engineer, scientist, medical professional who has designed a totally safe energetic medical device, based on good science. I registered it as a legal system of biofeedback for stress detection and reduction. Now after two decades of use with no record of any significant risk, hundreds of peer reviewed medical articles, a vast multitude of case studies and testimonials, I am attacked because it works. Or am I attacked because it is drugless. Is my courage to defy norms of sexual identity and medical tradition the problem?

My iniquity seems to be too much make up and too high a heel. Many fear my intellect and charisma, as I am seen as a threat to the pharmaceutical companies. I am not. I can appreciate any direct inquiry, any open challenge, but let’s drop the adversarial unpleasantness and let’s work together to help make America safe and progressive. America can not afford to go backwards in medicine by destroying energetic medicine without a true open discussion.

The suspicious adversarial clash resulted in the misunderstanding of my 1996 indictment. I have made an official legal deposition on this whole matter. It was done with a lawyer and I under oath answer questions that you should see the results of. The deposition is on video, audio or a transcript can be arranged. I will send the video. I hope you watch it and respond. I assure you that you will find me intelligent, honest, ethical, sincere and dedicated to professionalism.

4. People have the Freedom of Speech and Freedom to Choose
Geeks hate freedom. Any type of freedom is an expression of expansion of spirit. Geeks hate expansion. They want things to be anal retentively controlled. Whatever a geek sees he wants to reduce and confine. It is a reflection of his
small petty mind. When big thinkers see things they want to expand the vision, to magnify to effect, to accomplish more, and reach beyond. Geeks will be very annoyed by large thinkers. They will attempt anything and try to twist and rationalize, the geek may even lie and misconstrue to attack the great spirit. Geeks think that People should do what is expected and no more. Freedom is not in the geek language. When some one has tremendous results from the EPFX they want to tell people. The geek wants them to be quiet and doubt. The geek wants them to go to the same doctor they do and take the same medicine and do the same things that are expected. The constitution gave us freedoms and the geeks aspire to take them away. It is a constant balance.

1. Biofeedback is therapy.
2. Stress reduction improves health.
3. Biofeedback is Bioresonance, Bioresonance is Biofeedback
4. People have the Freedom of Speech and Freedom to Choose

These simple truths are very antagonistic to the small petty minds. The problem with the EPFX device is more with the geek minds than with non-compliance. And if you notice items 1, 2, 3 all fall into number four. People have the freedom to choose all of these as beliefs. And nothing irritates the geek more than this expansive thinking. The small mind struggles and must try to destroy such freedoms.

The confirmed safety, efficacy and registration of the EPFX are apparent. The conflict is a very small petty contention. This is just a misunderstanding. One would hope for more civil communication to work out a solution rather than court action. But geeks often do not like face to face confrontation they like to backstab. I hope that the grand jury will see it fit to ask me for anything regarding me and take this correspondence into consideration.

As Albert Einstein once said “Great Spirits always get incredible resistance
from mediocre minds” That must make me one great spirit since the size of this attack is so great over such a small difficulty and no evidence of any damages.

Sincerely Yours

William Nelson