

*QXCI/SCIO*  
*Bio-Energetic Therapies For*  
*An Epidemic Of Obesity*

**Dr Deborah Anne Drake**  
**[www.HarmonizeYourHealth.com](http://www.HarmonizeYourHealth.com)**

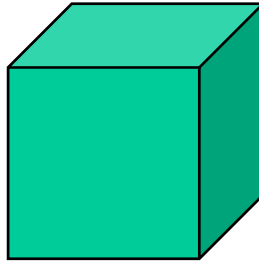
Presented at QX Ltd. Semi Annual Convention

Budapest, Hungary

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# Introducing QXCI / SCIO



## **Bio-energetic Device Provides:**

- Fun Multi-faceted Weight Loss Tool
- Rapid, Precise Reproducible Results
- Hypo-allergenic Non-Invasive Private
- Measurable Normalization of Terrain
- Tangible Results Improve Compliance

# Obesity Outline

- Part A
  - Index of Gut Dysbiosis Issues
  - Are you Obese or Swollen?
  - Leaky Gut Syndrome Anatomy & Physiology
  - Food Poisoning, Celiac Disease and Heavy Metals
- Part B
  - Lasting Solutions for Obesity Depend on Changing the Bioterrain
  - Obesity – A Multi-level Approach
  - QXCI Bio-energetic Biofeedback Strategies for Bioterrain Correction, Immune Repair and Weight Loss
  - 1. Dilute, 2. Clean, 3. Kill, 4. Restore

# Part A

What Causes Obesity?

Are you Obese or Swollen?

Leaky Gut Syndrome Outline

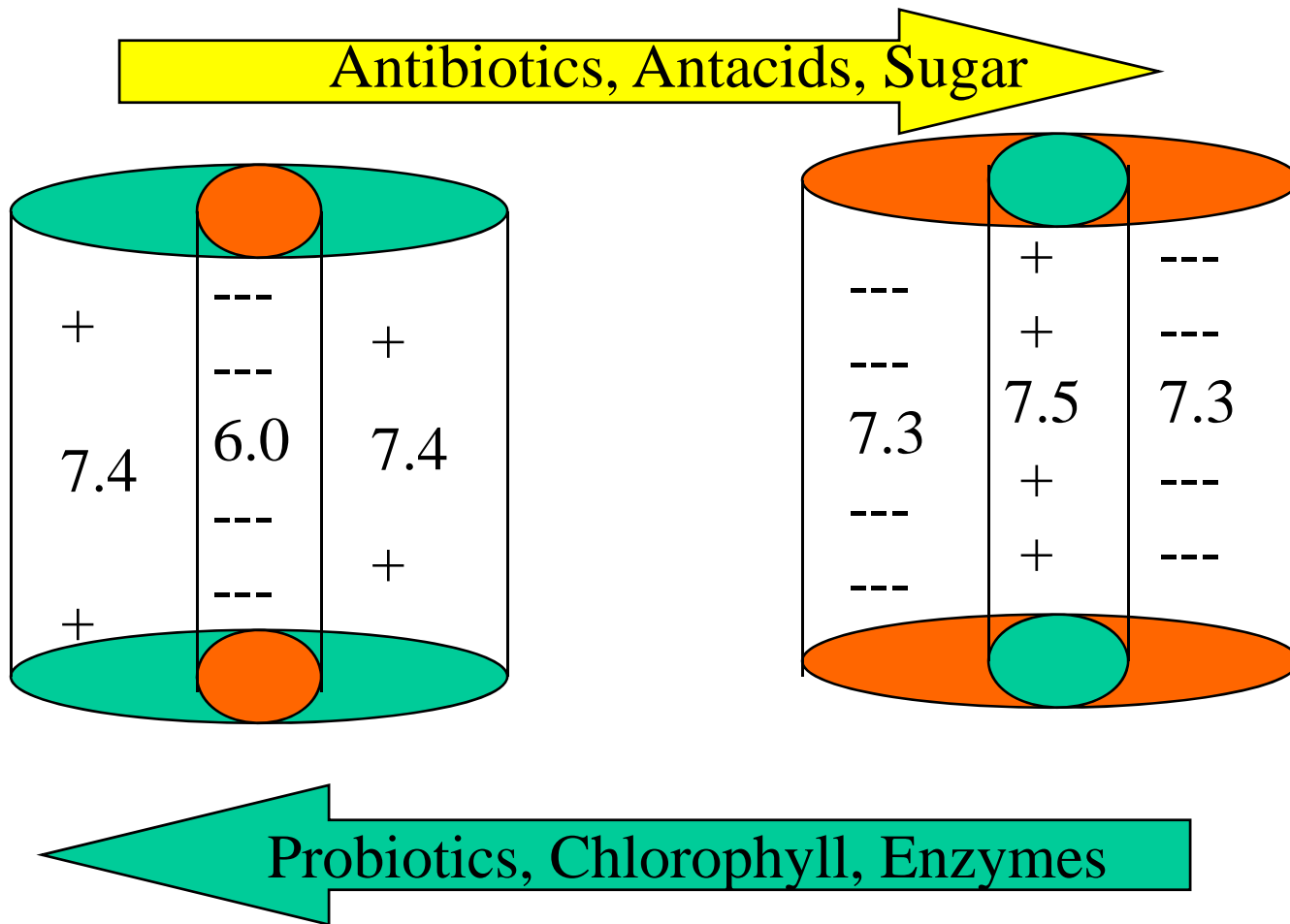
Food Poisoning, Celiac Disease and  
Heavy Metals

# Index of Gut Dysbiosis Issues

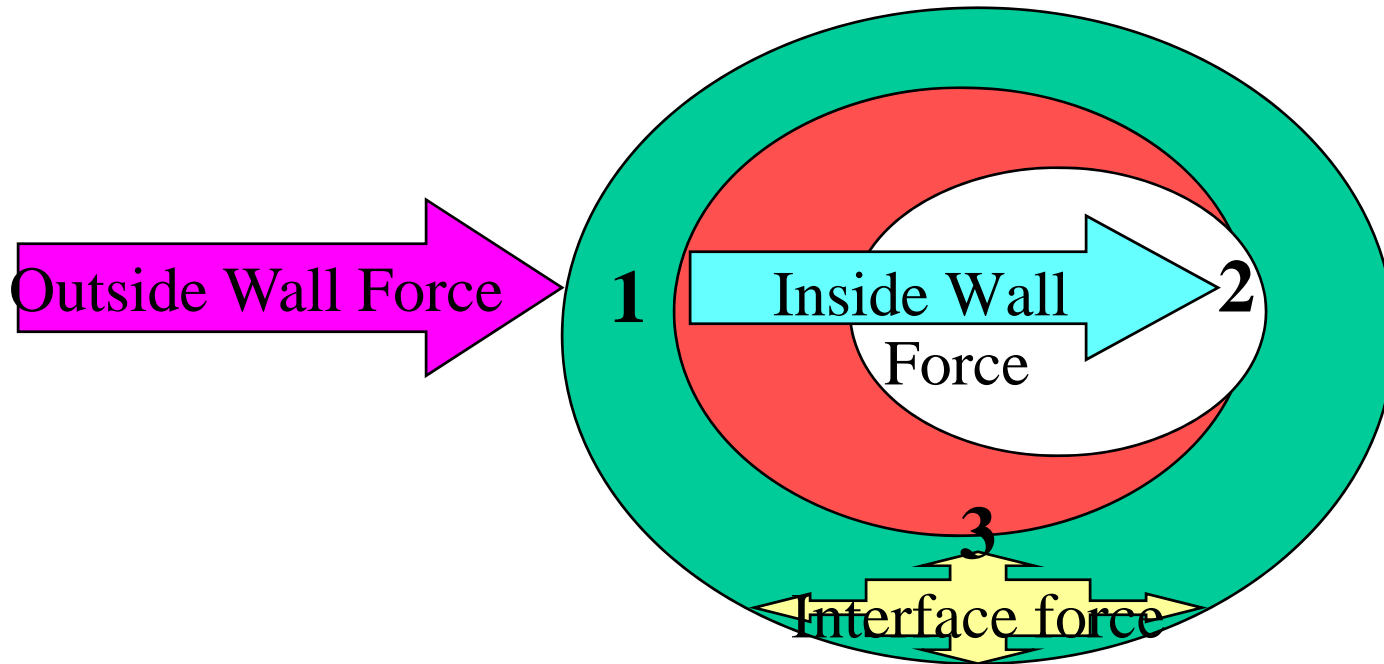
- Bioterrain and Immune system Anatomy
- Immune & Endocrine system Physiology
- Gut Anatomy & Leaky Gut Conditions
- Celiac Disease Induction & Cross Reactions
- Food Poisoning Co morbidity to Celiac Dis.
- Auto-Immune Disease Induction
- Solutions for Obesity & Leaky Gut Syndrome

# Gut anatomy and Inverted Physiology of Leaky Gut

Healthy Neutral Blood, Acidic gut vs. Ill Alkaline gut Acidic Body



# Only 3 Ways to Obstruct Health



# Are You Obese Or Swollen?

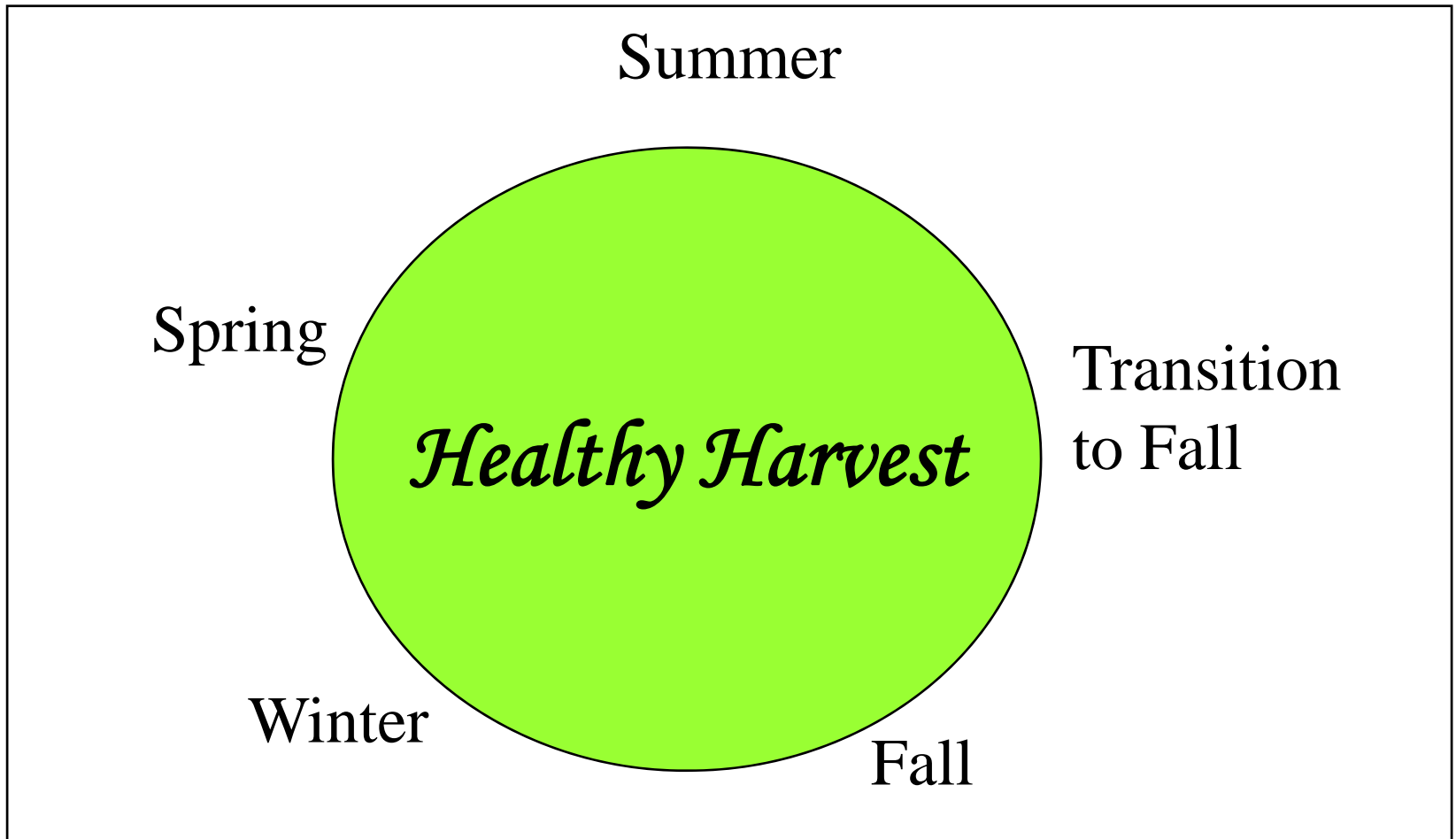
- The solution is difficult if you don't have the facts and are ascribing incorrect blame
- Infection and toxin induced change in bio-terrain impairs gut filtration, causing swelling, malabsorption, resulting in a leaky gut interface
- Leaky gut syndrome precipitates autoimmune disease, and metabolic changes leading to heart disease and cancer cascading risks.



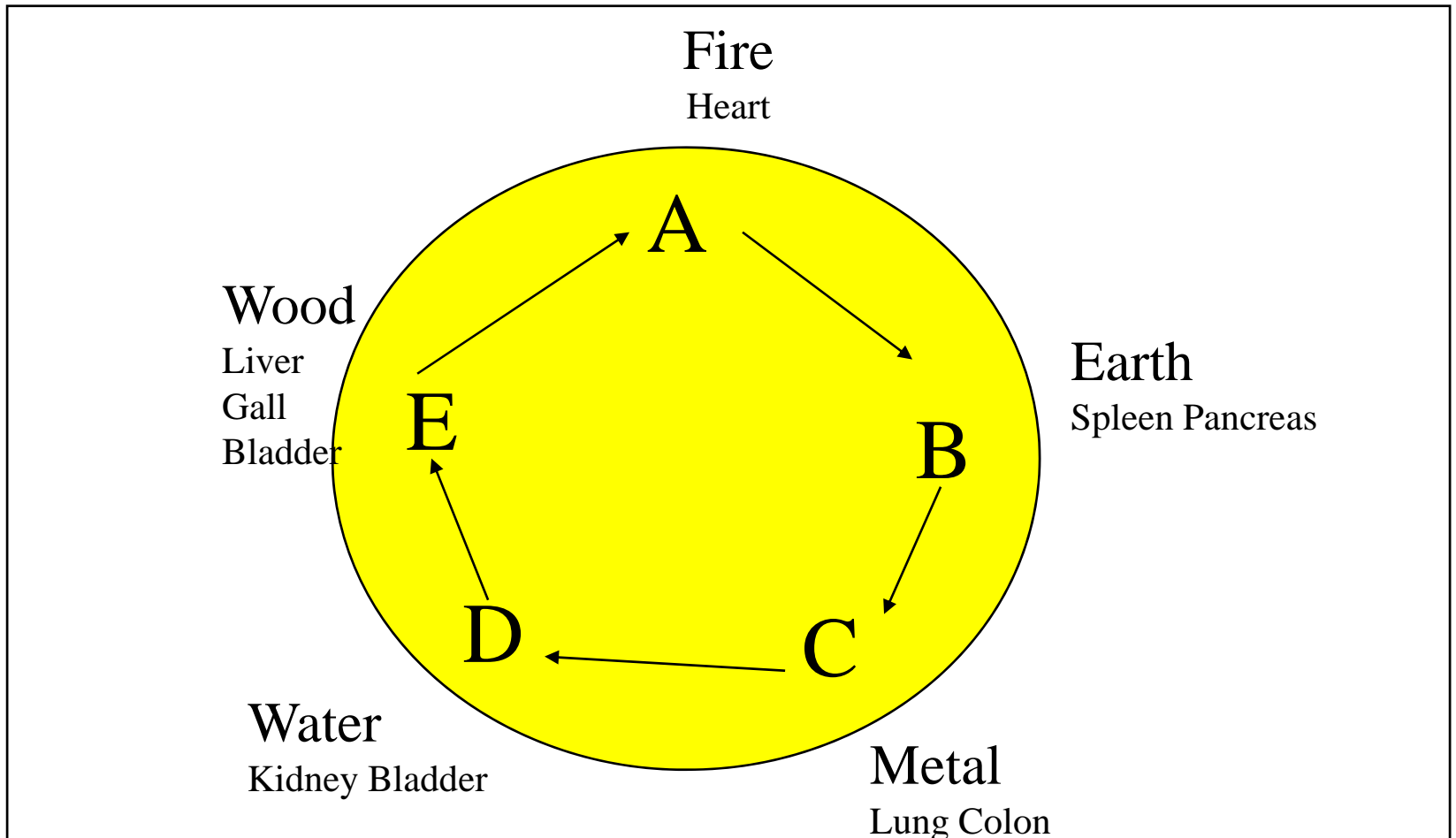
# Multi-Modalities Needed

- Leaky gut syndrome needs variety of modalities to prevent relapse by treating the Bio-terrain
  - Organ Integrity, Endocrine, Digestive Enzyme, Immune Function, Motivation
  - Reduce infection + Blood Sugar Regulation
  - Mineralization & Chelating repair for metals
  - Antioxidants for energy, detoxification, increased oxygenation, Probiotics
  - Treatment addictive cravings and behavior

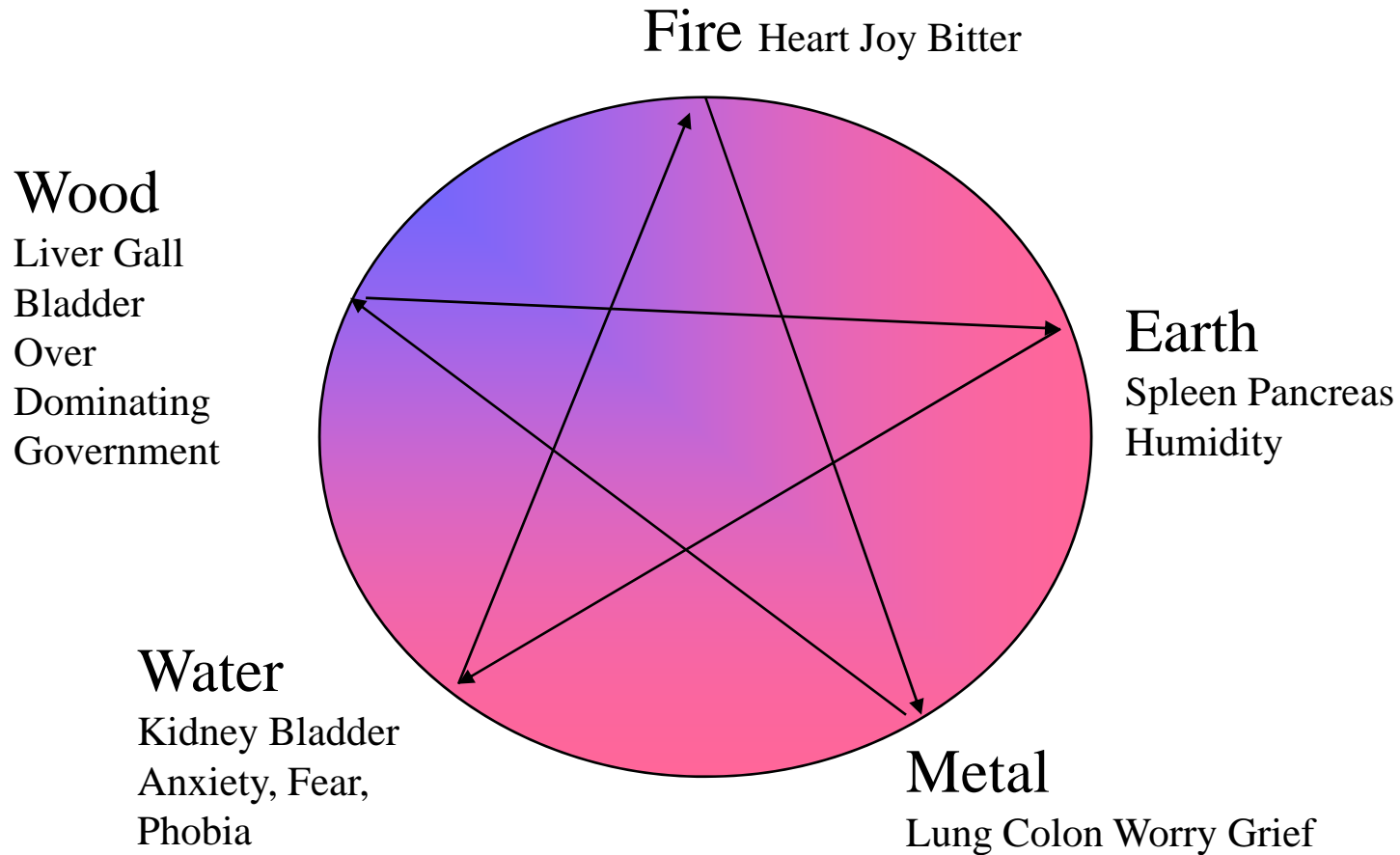
# Respect the Seasons of Change



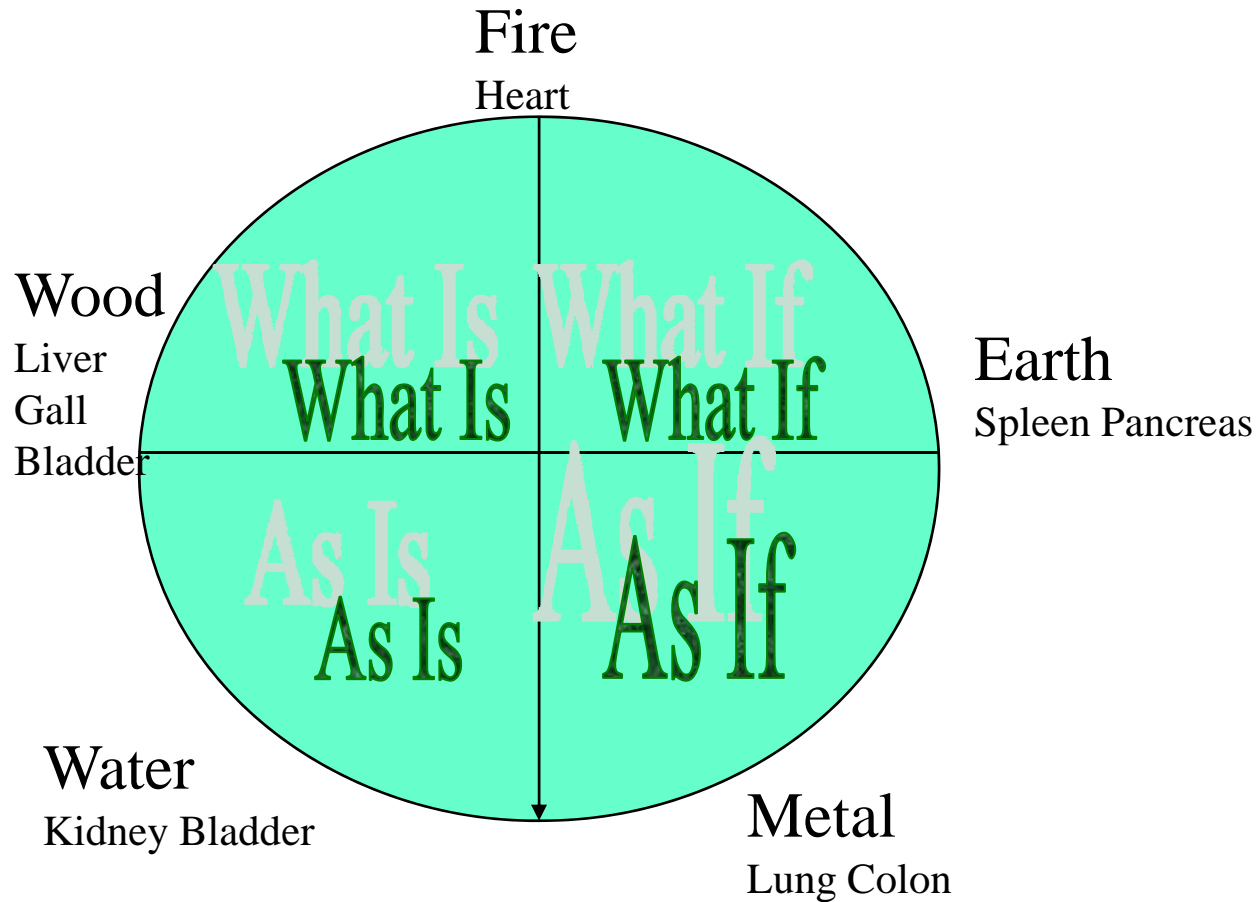
# Respect the Cycle of Creation



# Avoid the Cycle of Destruction



# Transformation Requires Change

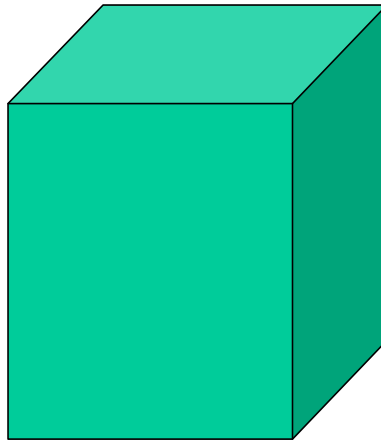


# Change Terrain-Change Weight

- Summary: 1. Dilute 2. Clean 3. Kill 4. Restore
  - Treat metal & other toxicity which shifted the terrain, causing infectious overgrowth
  - Treat the sugar addiction & food sensitivity while removing sugar craving parasites
  - Treat the mood for serotonin and dopamine depletion from the gut lymph node infections
  - Treat with responsibility, time & love, not blame, to ensure continuity of effort

# Biologic Terrain

- It's not the crop, it's the soil.



- How much organ cushion do you have?

# Bioterrain ORP Map

## ORP SCALE

Oxidized Ozone

Rich

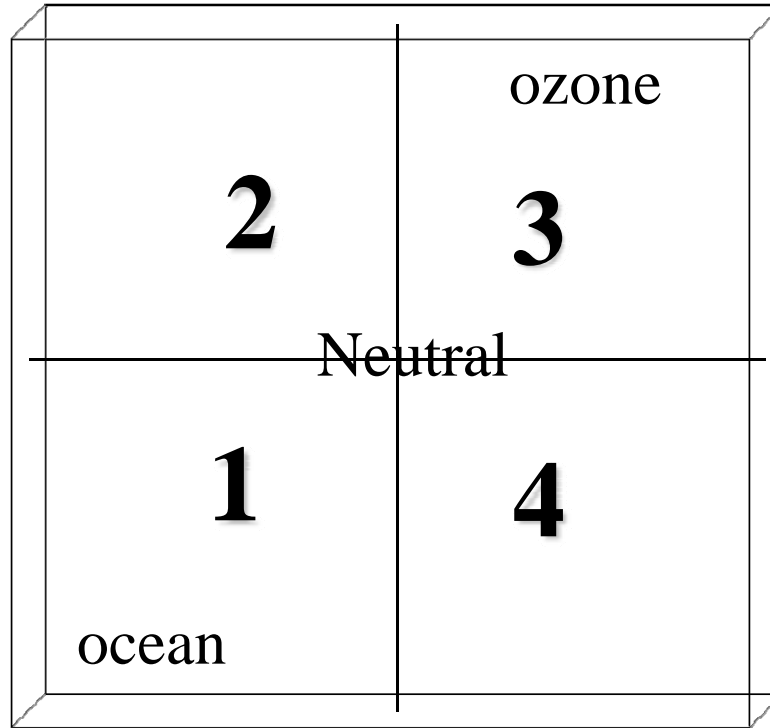
+1300 mv

H<sub>2</sub>O=0mv

Hydrogen Rich –

600 mv

Reduced



48

22

Atm H<sub>2</sub>

0

0

ph 7.4

14



# Immune System Anatomy

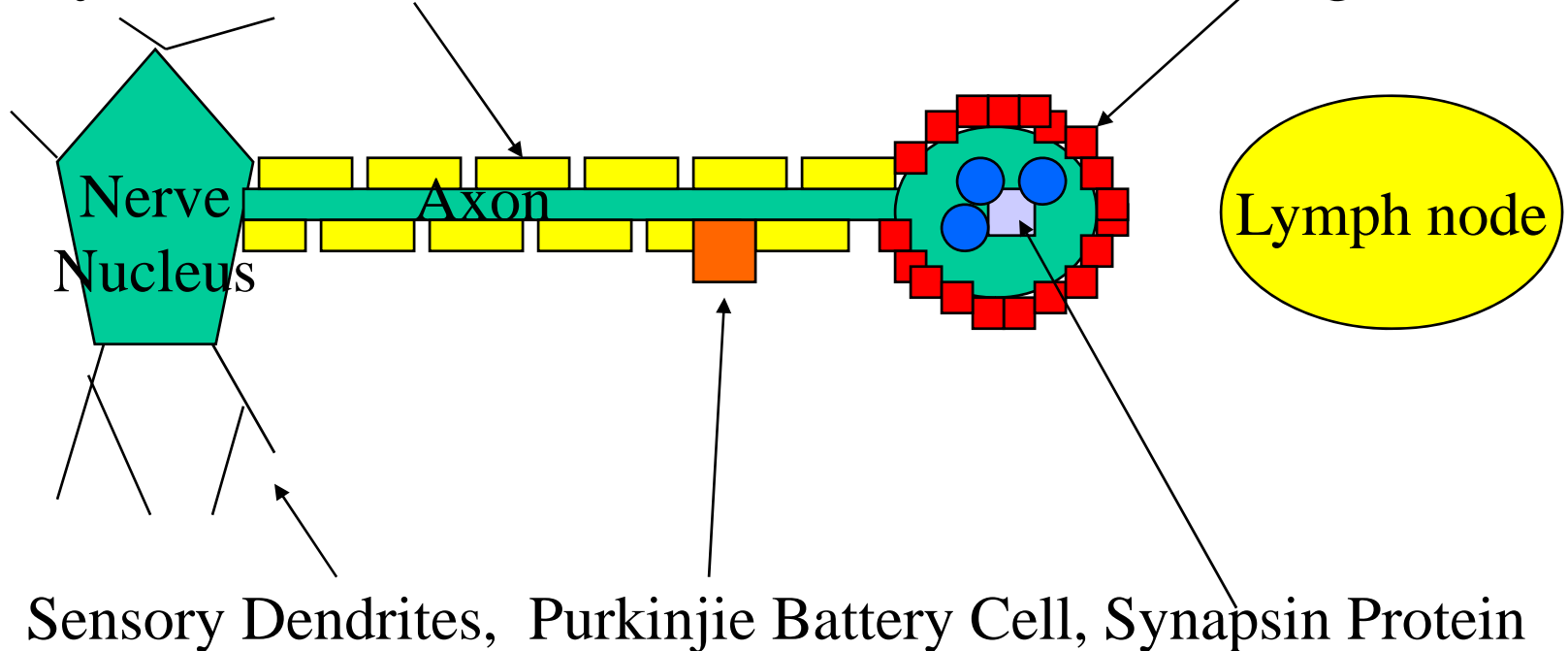
- Thymus Gland makes one Plasma Cell for Each frequency or each bug or invader
- Thymus gland provides master library of defense
- Humoral Immunity Flags enemy by shape recognition (Frequency = Digital Shape)
- Flagging of enemy with antibodies to lectins induces immune cascade to assist capture
- WBC Cellular Immune defenses follow up to destroy invader, then turn off once finished

# Immune System Physiology

- Many human structures are coated with square sugar Fucose
- Human immune structures are defended with anti Fucose & anti-celiac antibodies
- The brain, endocrine, gut lining, blood and electrical systems rich in Fucose are vulnerable to anti Fucose anti-gliadon (anti-gluten) like antibodies.

# Nerve Anatomy Rich In Square Shaped Sugar Fucose

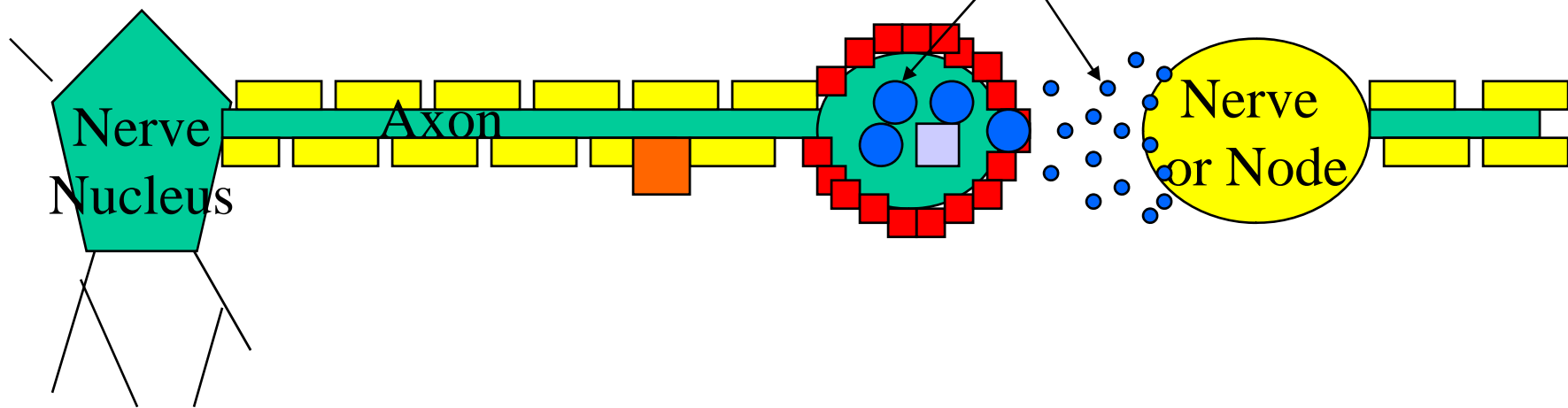
Myelin Sheath (MAG, MBP), Nerve Sugars



Sensory Dendrites, Purkinje Battery Cell, Synapsin Protein

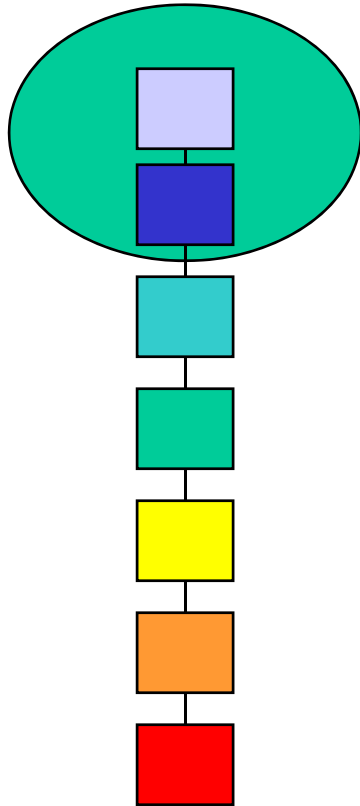
# Synapsin Releases Neurotransmitters

Nerves & Gut Lymph Nodes Transmit Serotonin & Dopamine



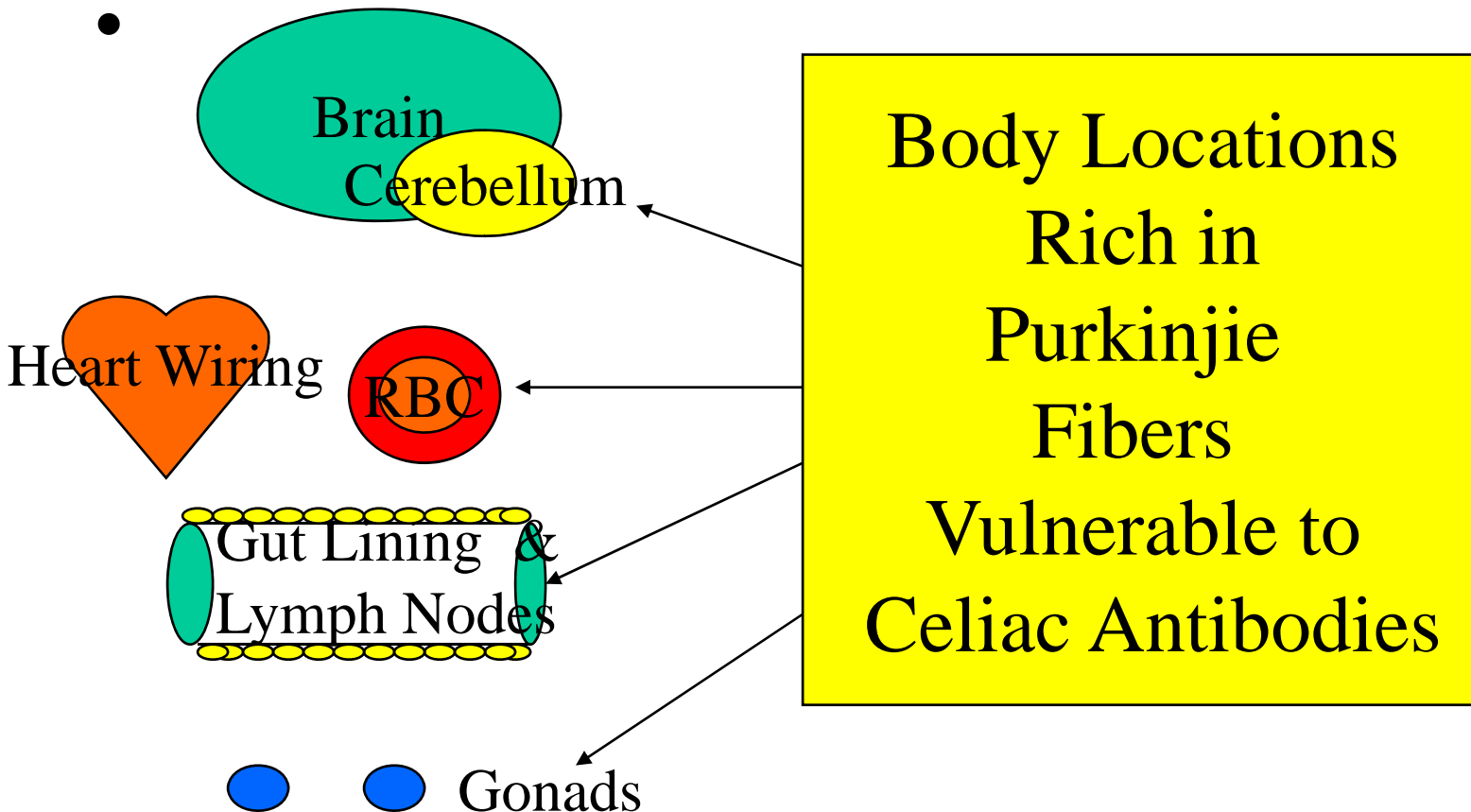
Synapsin snaps open Synaptic Vesicle full of Neurotransmitter for Nerve Conductivity

# Fucose Rich Human Switchboard

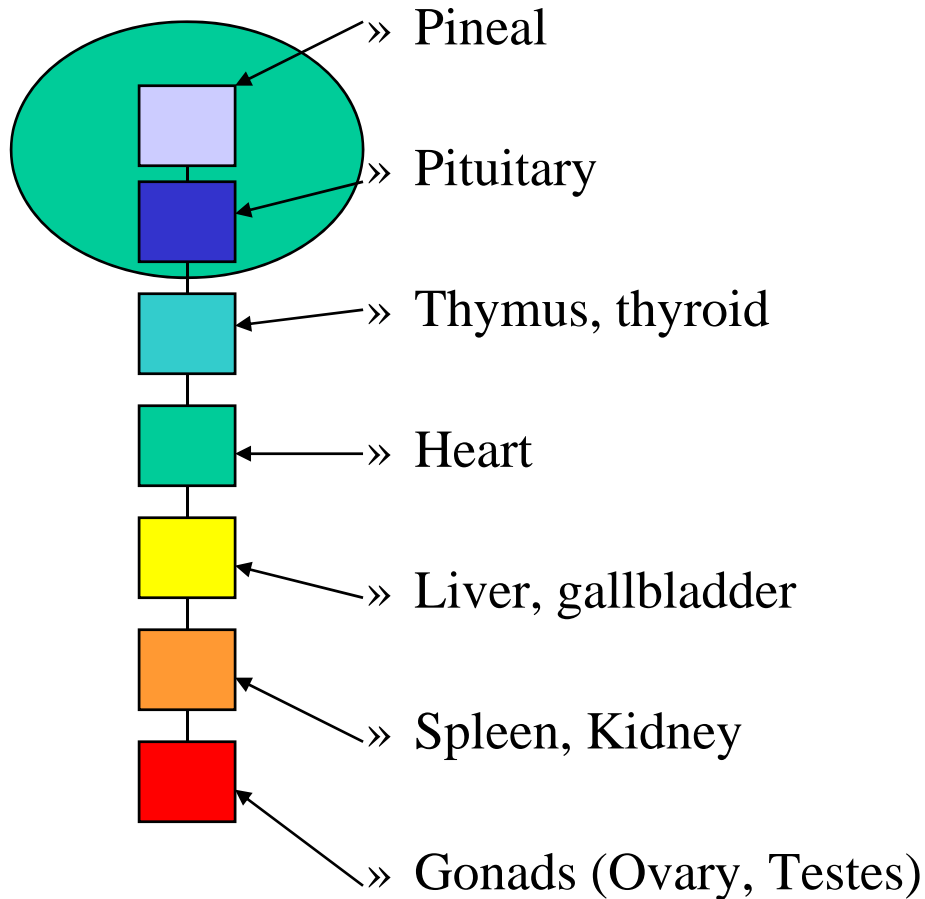


- » The Brain & endocrine system is rich in Square Fucose sugars in nerve endings, myelin sheaths, Synapsin, Purkinjie,
- » The heart wiring is rich in square Purkinjie battery cells and Fucose sugars
- » The lymph glands, modified nerves, are rich in Square Fucose sugars
- » The gut lining is rich in Square Fucose sugars
- » The Red Blood Cell is rich in Square Fucose sugars

# Vulnerable Body Locations

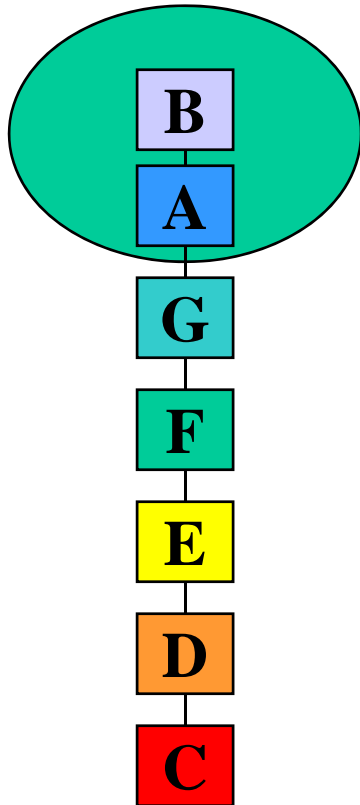


# Endocrine Glands



Brain  
Switchboard has  
an endocrine  
system as an  
extension for  
neuro-endocrine  
regulation ( the  
electro-chemical  
junction box)

# Frequency Imparts Function

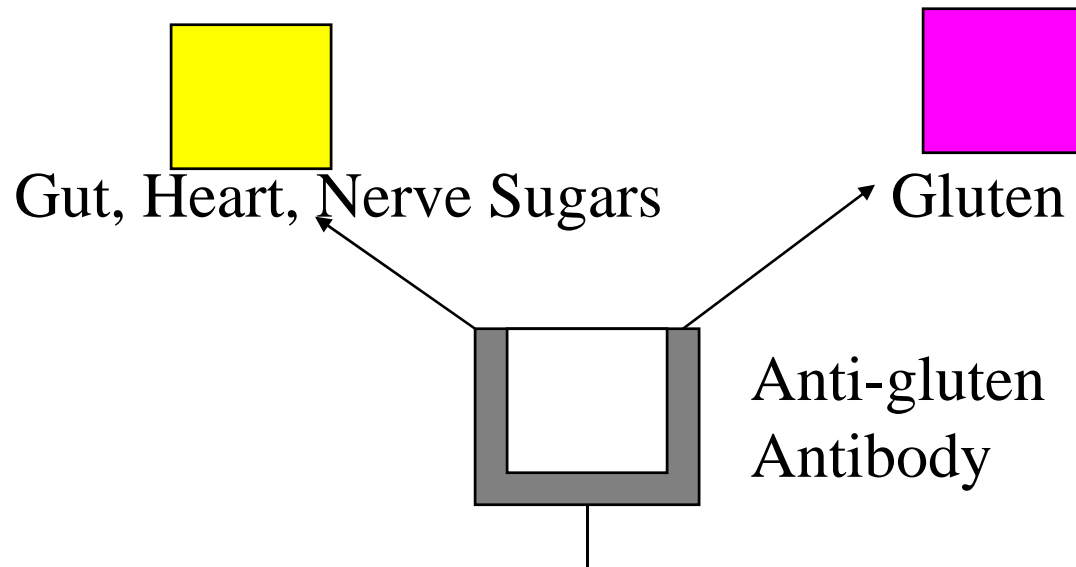


- » The frequencies of the glands & Charkras match the frequency of the notes of the piano scale & the frequency of rainbow colors
- » Different frequencies impart different organ tuning functions
- » Different octaves impart different functions body functions (ie lower octaves for physical body, middle octaves for vibrational and chemical body, upper octaves for magnetic and spiritual body)
- » Each Octave's frequency are overtones matching the frequency of the astral, etheric, mental, causal, cosmic or polymorphic level of body electric organization.

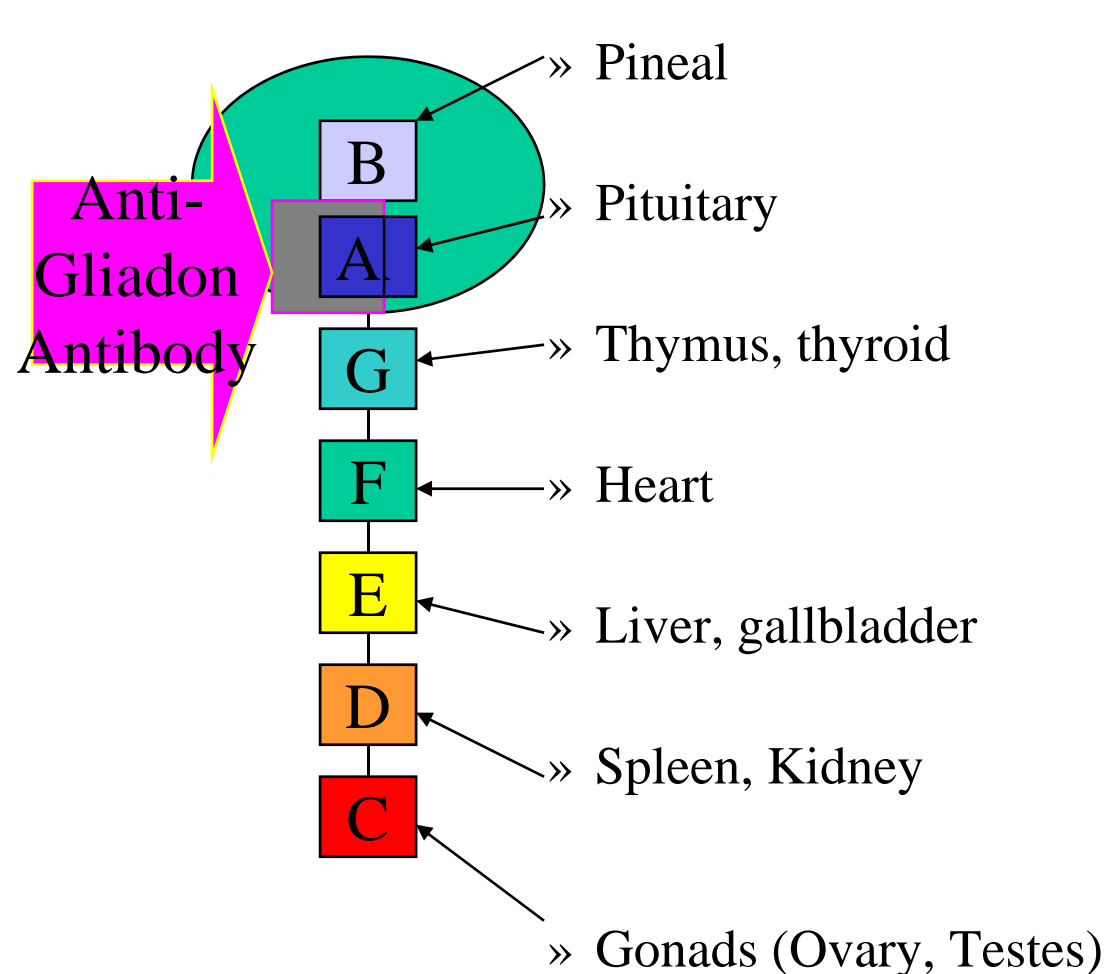



# Anti Gliadon Antibodies

- Anti-gliadon antibodies attack the brain, endocrine glands, RBC & gut lining due to similar shape to gluten

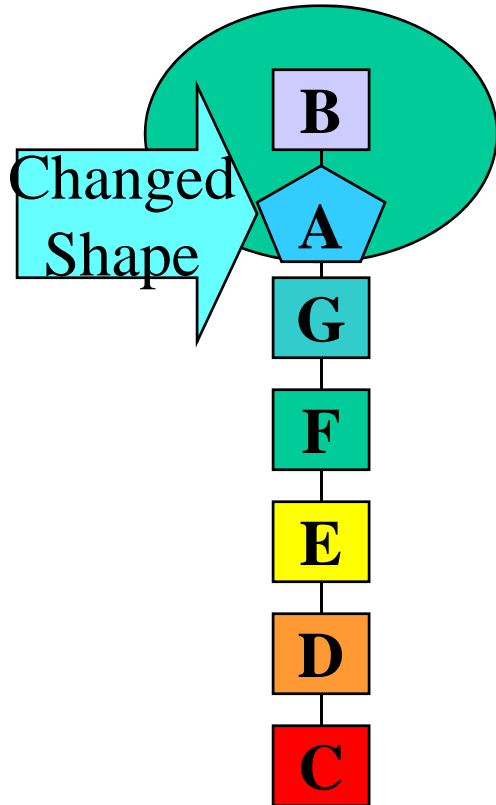


# Endocrine Glands



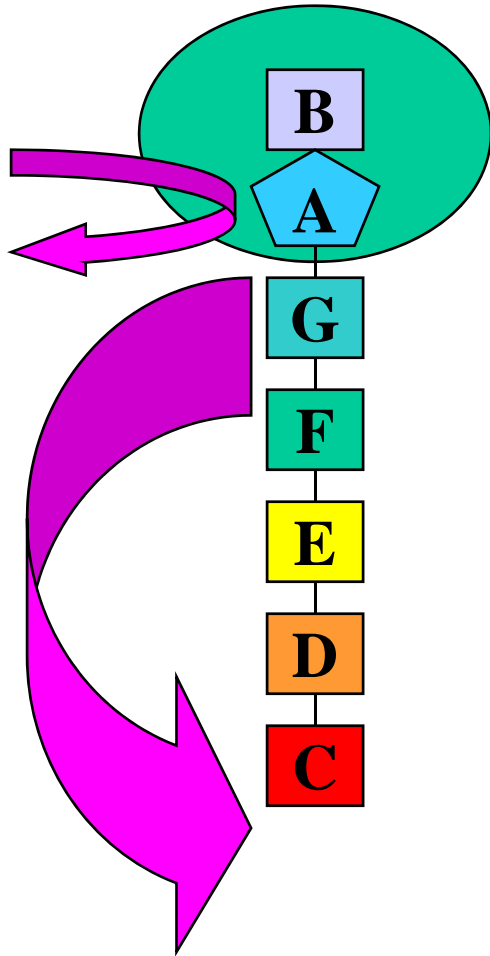
Gluten Shape   
Similar to  
Endocrine &  
Nerves & Charkas  
can cause cross  
reacting auto  
antibodies to attack  
the glandular  
switchboard,  
gluing up cellular,  
hormonal and  
neurological  
communication

# Frequency Imparts Function



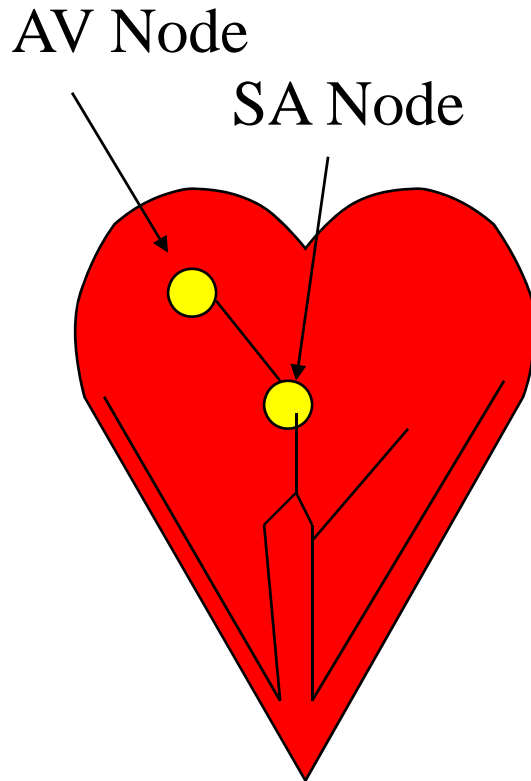
- » The endocrine glands are extensions of the brain, which are also rich nerves, therefore rich in Square sugars
- » The pituitary gland hormone rings 440 hertz, the same frequency as the note A on the piano
- » If the pituitary hormone is bent out of shape and rings 336 hertz, it won't match it's receptor site, causing pituitary illness.

# Disease Definition=Out of Tune



- » The digital frequency of a substance is defined by the angles & molecule weight
- » A hormone out of shape imparts a different angles of a different frequency and cannot then attach to its receptor frequency, causing disease (a gland out of tune)
- » Impairing the Switchboard communications with anti gliadon antibodies to the Square Fucose sugars in the endocrine systems impairs body tuning (homeostasis)

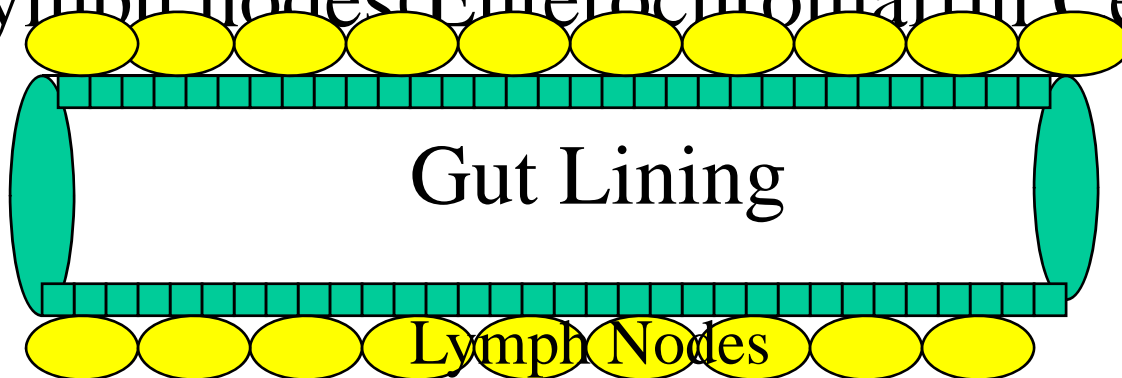
# Heart Wiring Rich in Purkinje



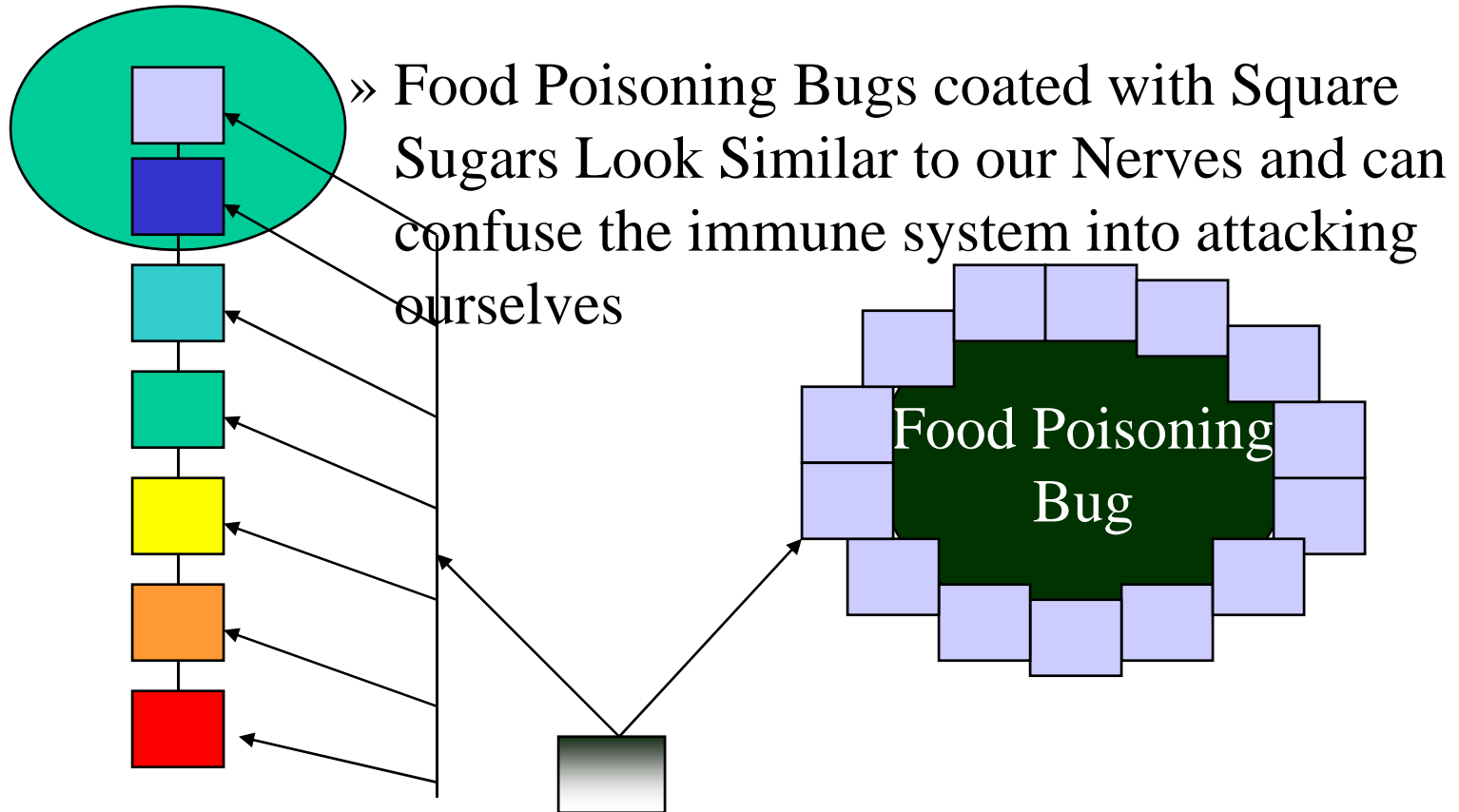
- Heart Wiring is rich in nerves rich in gluten like Purkinje cells
- Celiac antibodies can attack heart wire >induce arrhythmias
- Heart electronics are Vulnerable at AV node to SA node to Bundle of His to R+L Endocardial Bundle Branches

# Gut Lining Rich in Fucose

- The gut lining is rich in square sugar
- Lymph nodes are rich in Square sugars
- Lymph nodes harbor 95% serotonin and dopamine as modified nerves called gut lymph nodes (Enterochromaffin Cells)

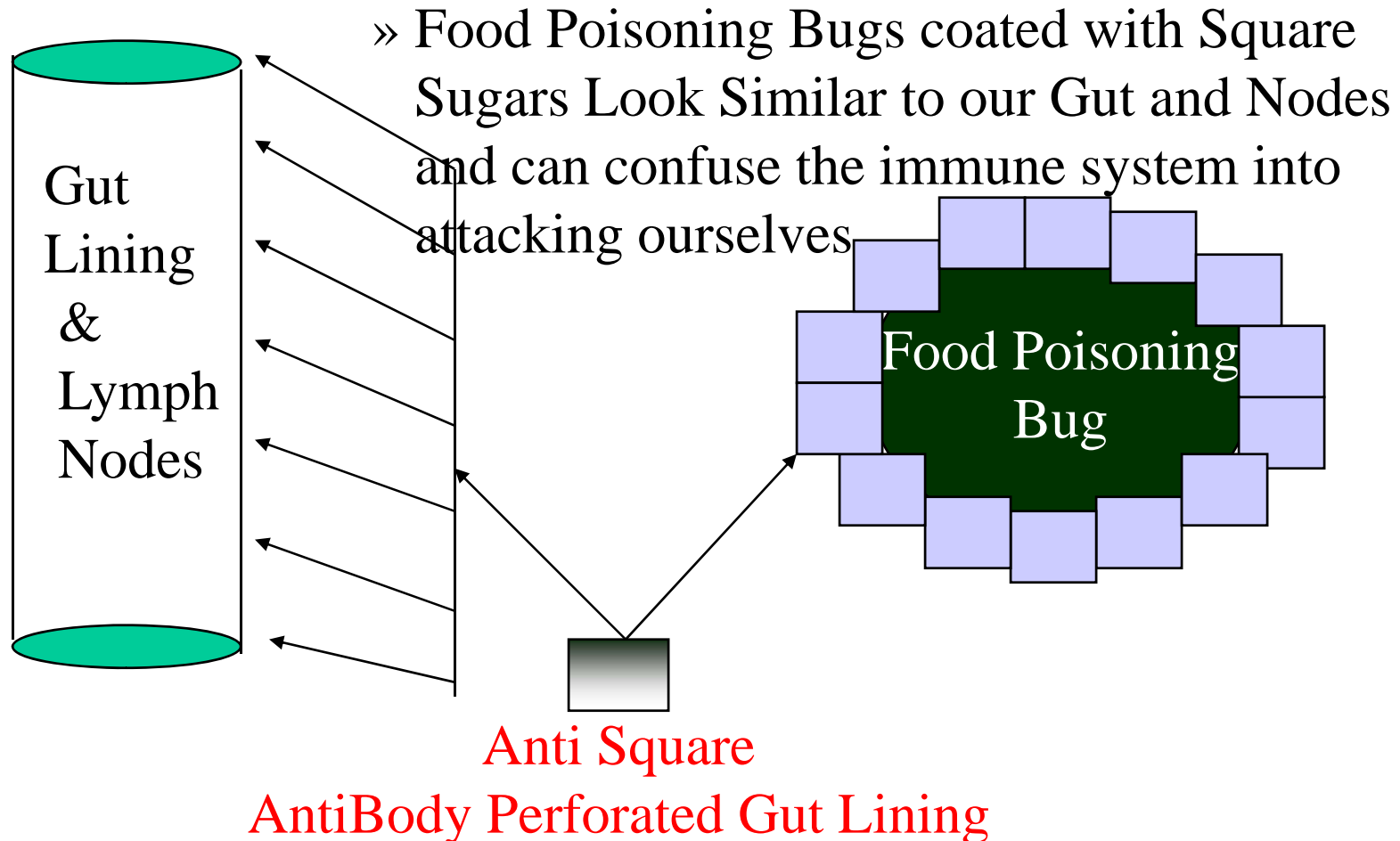


# Food Poisoning Mimics Gluten



AntiBody Induces Acquired Celiac Disease

# Food Poisoning Mimics Gluten




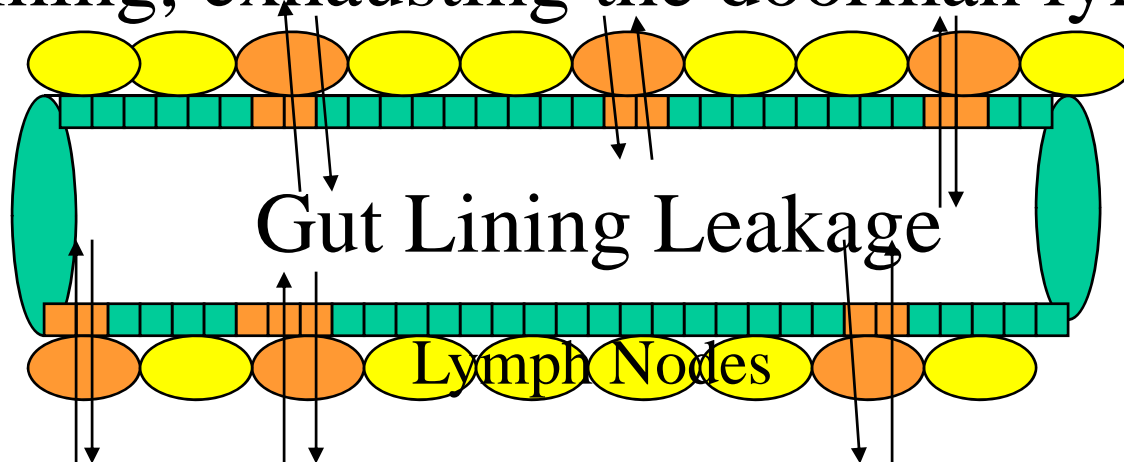


# Food Poisoning Impact on Filtration

- Anti-gliadin antibodies in search of similar shaped foreign infections, cross react and damages the gut lining, nerves, nodes, RBC
- Elevated SGPG antibodies attack gut lining
- Injured gut lymph nodes loose serotonin and dopamine for peristalsis and defense
- Myelin Associated Attack weakens nerves
- Peristalsis impairment furthers gut dysbiosis

# Leaky Gut Syndrome

- The gut lining is rich in square sugar  and rich in square sugar rich Lymph nodes vulnerable to attack by cross reacting SGPG & anti-gluten antibodies, puncturing the lining, exhausting the doorman lymph nodes

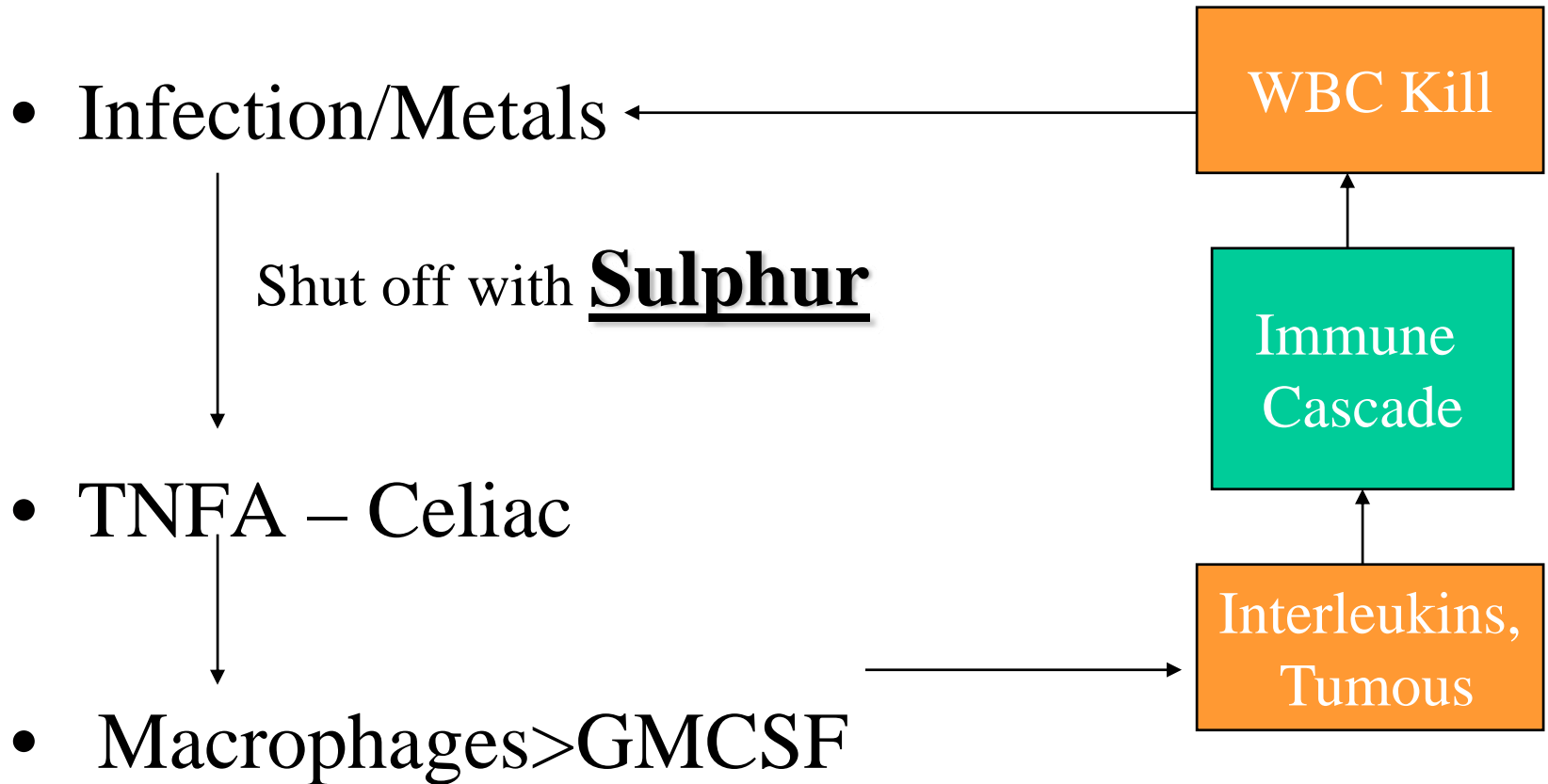


# Autoimmune Disease Induction

- Once TNFA induced to call on immune system, the neighboring gene for celiac and other neighbor for autoimmune disease are co-activated until the invasion is settles.
- Chromosome 6 carries three gene neighbors



# Autoimmune Cascade



# Common Gluten Related Auto-Immune Disease

- Pineal –Insomnia, Infertility, Psychosis
- Pituitary – Depression, Anxiety, Anorexia
- Thyroid – Graves disease, Myxedema
- Parathyroid disease - Calcium deregulation
- Thymus – Myasthenia Gravis

# Common Gluten Related Auto-immune Diseases

- Heart – Arrhythmias, Endocarditis, Lupus, MI
- Liver – Sclerosing Cholangitis, Gallstones
- Spleen – Lymphoma, Leukemia, Banti's
- Gonads – Cysts, Breast & Ovarian Cancer
- Gut – Crohn's disease, Colitis, Ulcer, Piles
- Skeleton – arthritis, osteoporosis

# Part B

- QXCI Bioenergetic Biofeedback Solutions for Bioterrain Correction

# Overall Goal = Clean Organs

- Clean the Cleaning Organs - the body cleans itself
  - Choose Weight Program that is designed to reduce fat & swelling of leaky gut syndrome
  - Clean cleaning organs Lymphatic, Liver, Spleen, kidney, bladder, skin, lung
  - Clean food filtration systems Small intestine, Large intestine, Oral Pharynx, Dental
  - Support Endocrine, Thymus, Skin



# Bioterrain ORP Map

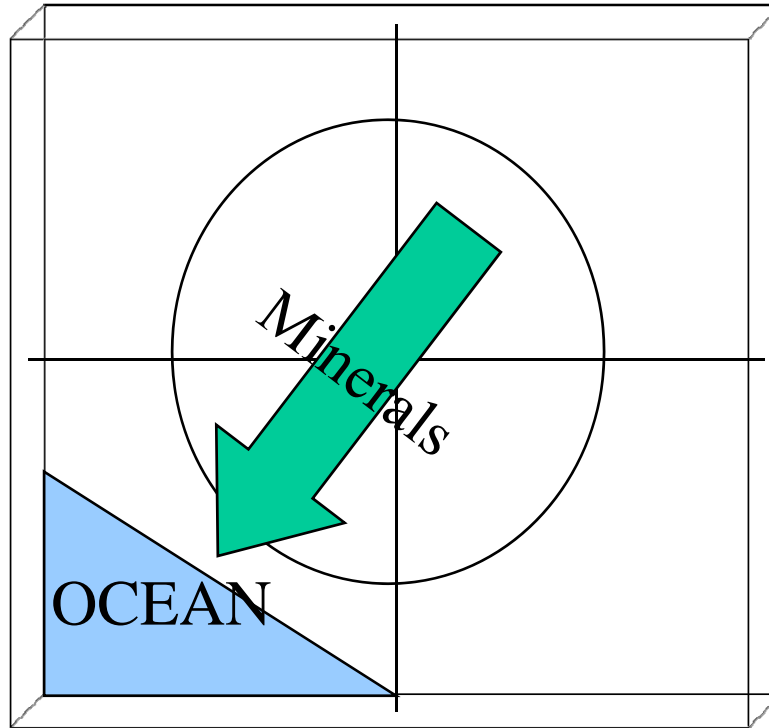
## ORP SCALE

Oxidized Ozone  
Rich  
+1300 mv

H<sub>2</sub>O=0mv  
H-  
Hydride  
Electron  
Donors

Hydrogen Rich -  
600 mv

Reduced



48

22

Atm H<sub>2</sub>

0

H<sup>+</sup> Protons

0

ph 7.4

14

# Bioterrain ORP Map

## ORP SCALE

Oxidized Ozone

Rich

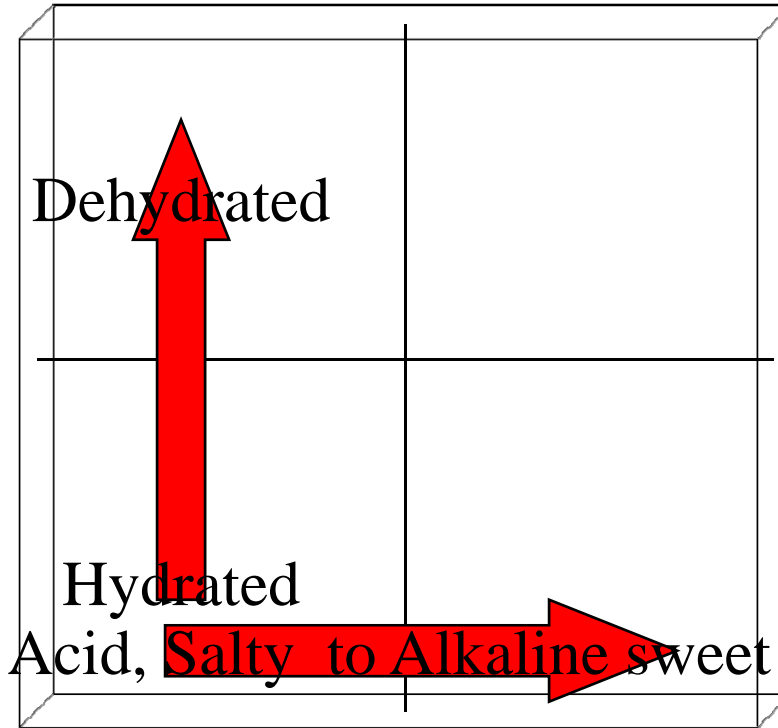
+1300 mv

H<sub>2</sub>O=0mv

Hydrogen Rich –

600 mv

Reduced



0

ph 7.4

14

# Bioterrain ORP Map

## ORP SCALE

Oxidized Ozone

Rich

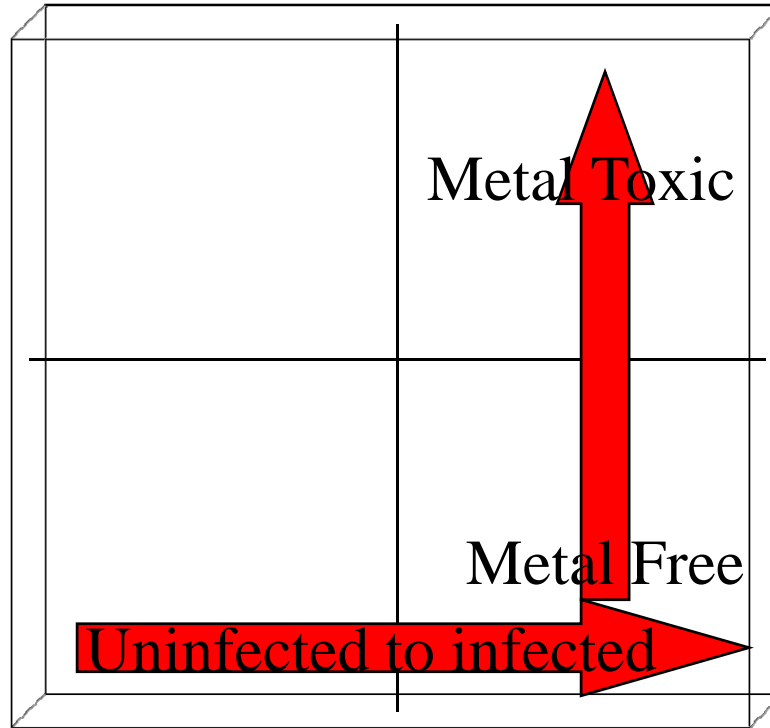
+1300 mv

H<sub>2</sub>O=0mv

Hydrogen Rich –

600 mv

Reduced



0

ph 7.4

14

# Bioterrain ORP Quadrants

## ORP SCALE

Oxidized Ozone

Rich

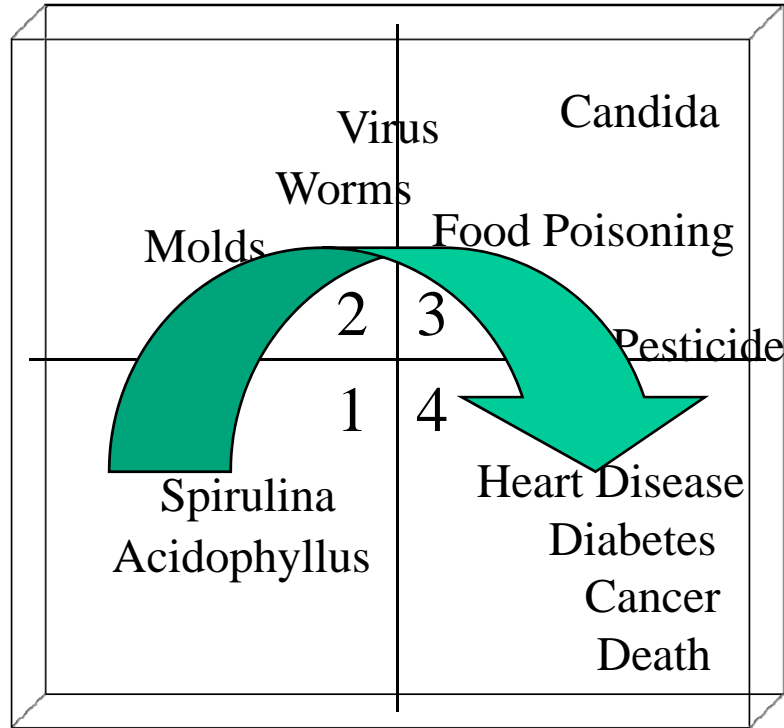
+1300 mv

H<sub>2</sub>O=0mv

Hydrogen Rich –

600 mv

Reduced



Atm H<sub>2</sub>

Salty Wet  
Ocean

0

ph 7.4

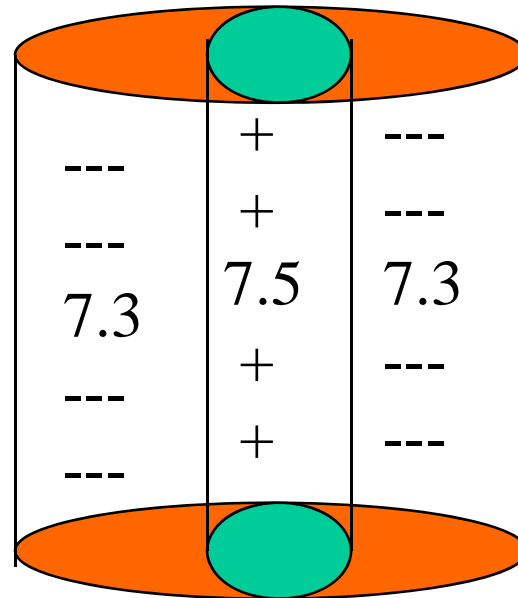
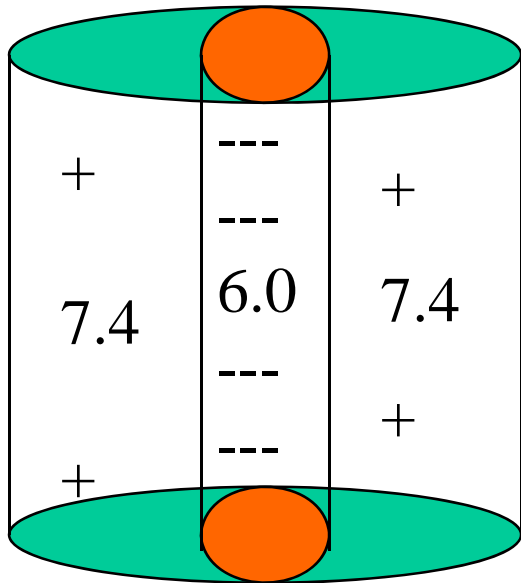
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# Bioterrain

- Predictors of Illness = Shift in Bioterrain:
  - Shifting from acid gut to alkaline gut (L>R)
  - Shifting from mineralized to sweet and demineralized (Lower L>Upper R)
  - Shifting from metal free to toxic
  - Shifting from hydrated to dehydrated
  - Shifting from Hydrogen rich reduced glacial water to hydride depleted oxidized rust

# Gut anatomy and Inverted Physiology of Leaky Gut

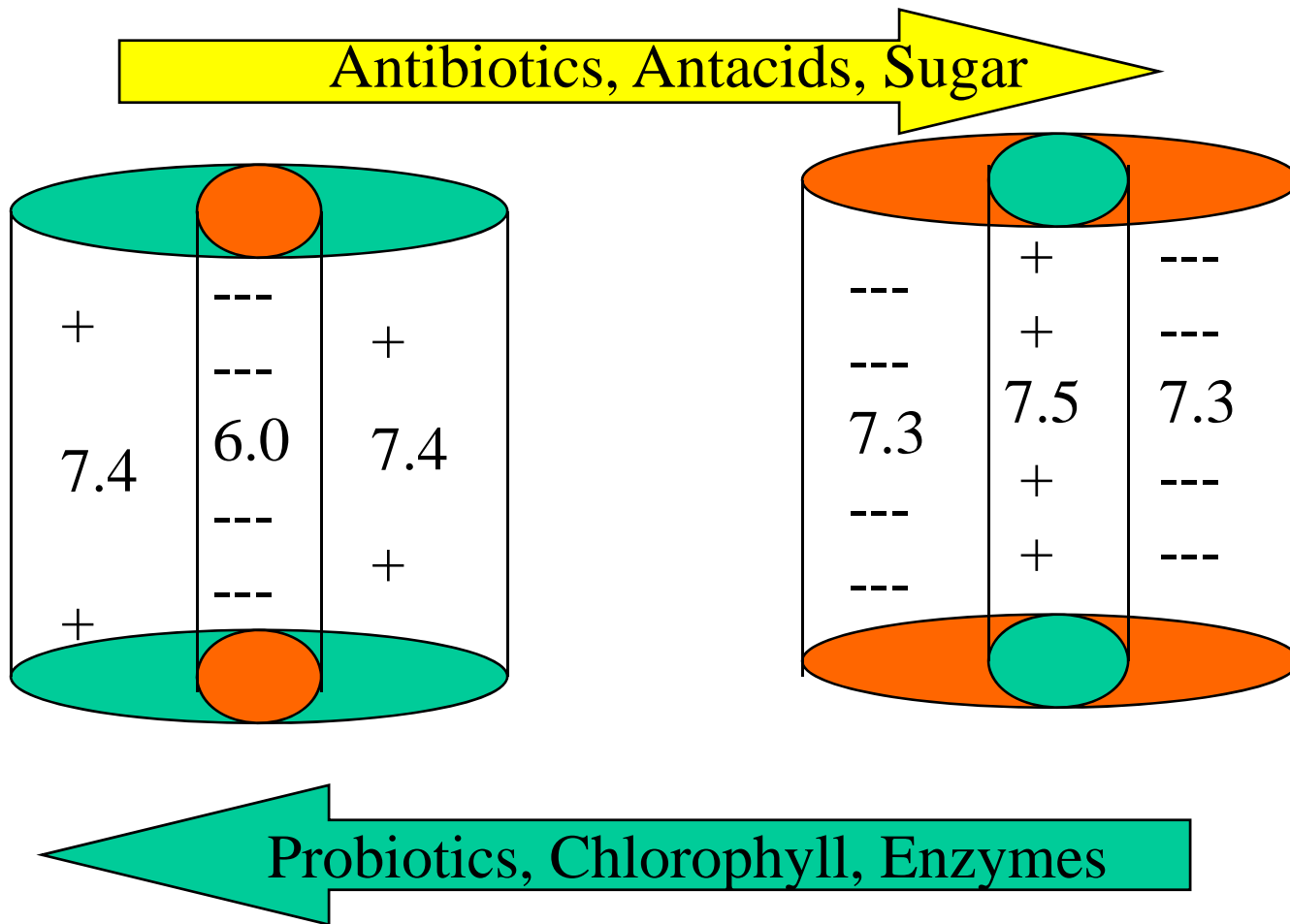
Healthy Neutral Blood, Acidic gut vs. Ill Alkaline gut Acidic Body



Poisons flow out Negative Pole vs. Poisons run into Negative Pole

# Gut anatomy and Inverted Physiology of Leaky Gut

Healthy Neutral Blood, Acidic gut vs. Ill Alkaline gut Acidic Body



# Leaky Gut Historical Risks

- Immunity Disturbance
  - Post operative anesthetic history causing 72 hours cessation of bowel sounds indicating peristalsis
  - Antibiotic history disturbing bowel flora
  - Steroid Drug use, anti-inflammatory medication, diuretics
  - Malnutrition, Anorexia, Bulimia
  - History of severe injury or debilitation



# Leaky Gut Nutritional Risks

- Sugar (fermentation substrate for infections)
- Morphine (caso-morphin, gluto-morphin)
- Cocaine (Opioid, seretonin, GABA)
- Hashish, Marijuana (dopamine, ACh), GABA)
- Coffee (Adrenal stimulator, Diuretic, Homeopathic)
- Carbohydrate Bread, pasta etc. (gluten)
- Alcohol (suppresses awareness of infection)

# Leaky Gut Social Risk Factors

- Emotional Disturbances
  - Stress, Anger, Colitis, Appendicitis, CFS,
- Social Risks
  - Childbirth ( high hormone and demanding nutritional state)
  - Child rearing (toddlers mouthing, Diapering)
  - Institutional meals
  - Poverty, Malnourishment, Drug Abuse

# Leaky Gut Occupational Risk Factors

- Occupational Risks
  - Caregivers (childcare, teachers, Politicians)
  - Food handlers
  - Health care workers, Senior citizen assistants
  - Dental workers,
  - Police & correctional Officers
  - Industrial workers, (Steel, perfume, Dust Chemicals)
  - Farmers (pesticide exposure)

# Leaky Gut Syndrome Features

- QXCI Features of High Risk for Leaky Gut
  - Low Resistivity due to Demineralization, Low reactivity, High heavy metal toxicity or spiritual superimposition
  - Low Amino Acids due to malabsorption
  - High in Perverse Energy since ungrounded
  - Exhausted Selyer Stress Response
  - High Resonance due to anxiety
  - High risk spiritual attack since ungrounded

# Homotoxicology Miasms

- Correct Familial Risk ( Miasms )
  - Chronic Fatigue Syndromes
  - Sexually Transmitted Diseases, esp. syphilis
  - infections esp. food poisoning, amoeba,
  - Vaccination, Esp. Measles = Tyrosine
  - Mental Issues in family
  - Cancer prions, esp Lymphoma

# Homotoxicology DNA

- Correct DNA Map
  - Healing must occur in 3 dimensions (x,y,z axis)
  - Alter DNA Frequency Structure of to prevent aging and diseases or infections with Hydrogen bonding (Microhydrin or QXCI) which aids in chromosomal Hydrogen bonding and proper folding of DNA helix
  - Correct DNA repair enzymes with Mineralization
  - Use Hydride for Teliomere repair to lengthen chromosome for anti-aging effect

# Homotoxicology Dental

- Remove Heavy Metal Toxins which Alter Terrain
  - Remove top toxins with Microhydrin Plus (Vitamin C and Microhydrin are metal detoxifiers, Chlorella is metal mobilizer, Spirulina is metal neutralizer)
  - Pay extra care to those with dental fillings, which promote growth of Food Poisoning, Worms, Candida and Pyrogenium etc. & leaky gut syndrome
  - Use Co Q Enzymes, artichoke Grape Seed for liver
  - Boost immunity with Colostrum (First Food)

# Homotoxicology-Food Poisoning

- Many infections are hidden since Candida Eats IgA antibodies that signify other invading organisms
- Biofeedback testing reveals a huge amount of long term occult infections
- Commonly missed infections: Pinworm, Roundworm, Pyrogenium, Salmonella, Shigella, Campylobactor, Helicobactor Pylori, Yersinia Bubonic Plague, Cholera, Taenia Tapeworm



# Bioterrain 3 Dimensional

## ORP SCALE

Oxidized Ozone

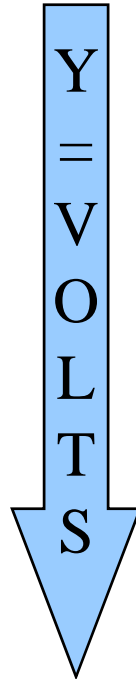
Rich

+1300 mv

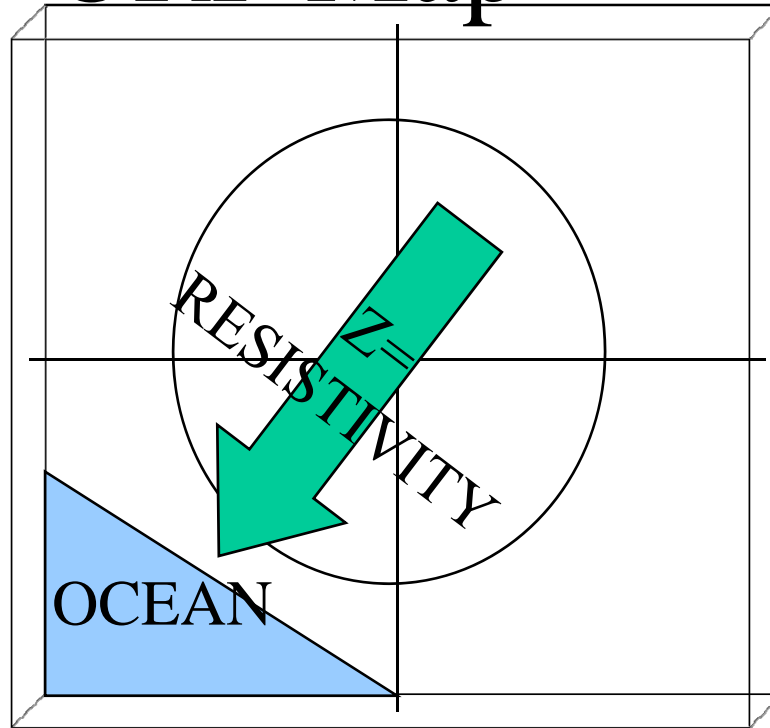
H<sub>2</sub>O=0mv

Hydrogen Rich –  
600 mv

Reduced



## ORP Map



48

22

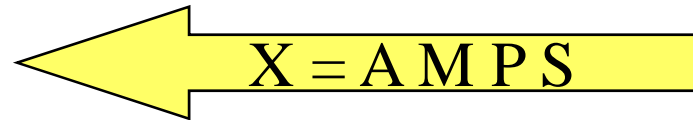
Atm H<sub>2</sub>

0

0

ph 7.4

14



# Part B

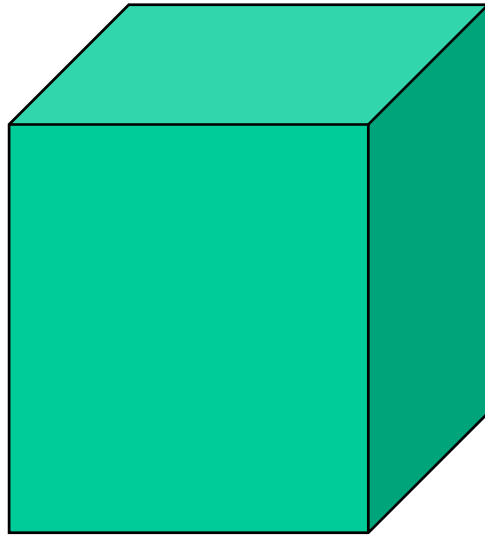
Lasting Solutions for Obesity Depend  
on Changing the Bioterrain

Obesity – A Multi-level Approach

Dilute, Clean, Kill, Restore

# Biologic Terrain Therapies

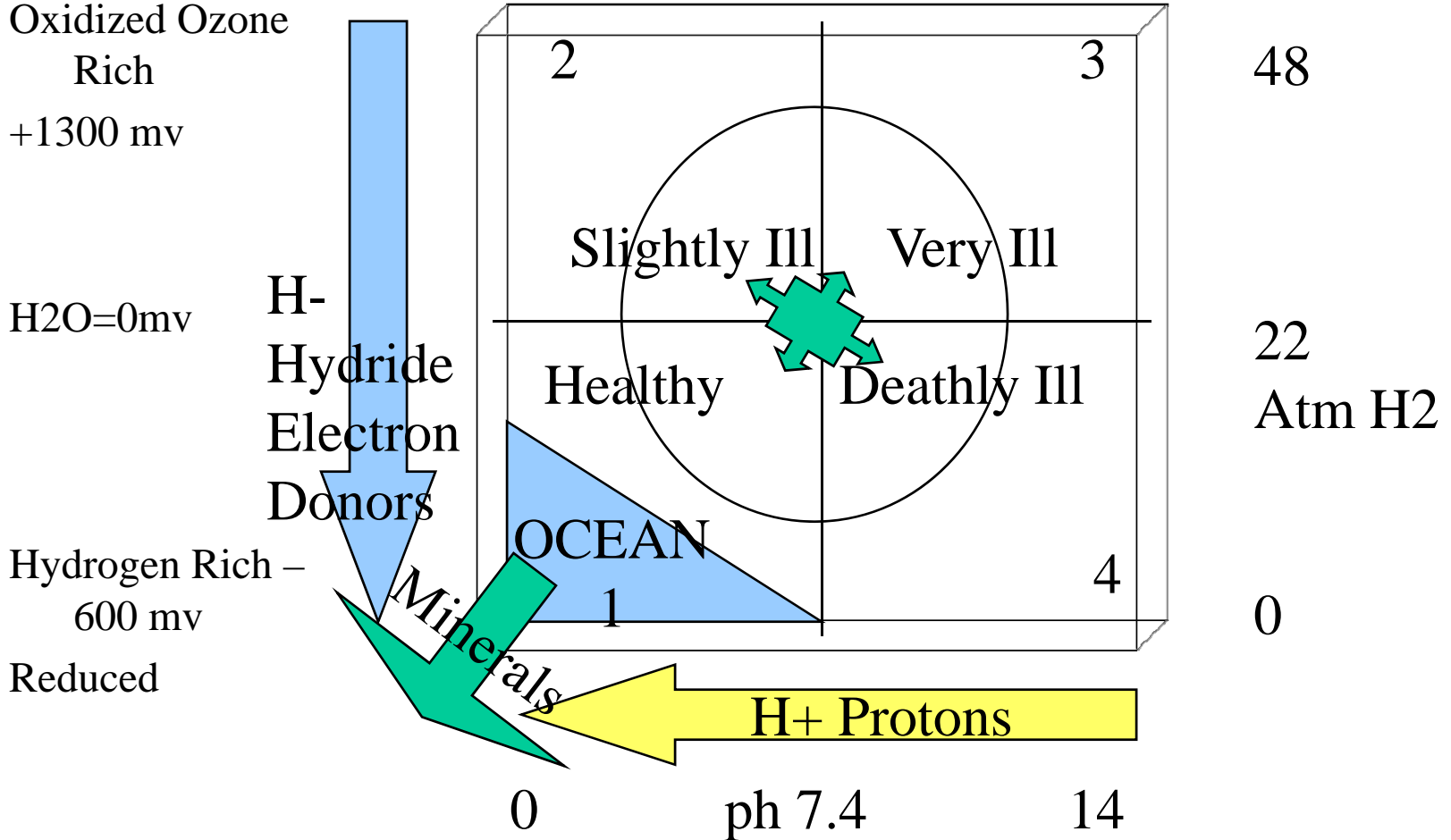
- It's not the crop, it's the soil.



- How do I build my organ cushion?

# Bioterrain ORP Bug Zone

## ORP SCALE



# Changing Terrain Intentionally

- The QXCI Biofeedback stimulates natural repair
- QXCI gives >2600+ options for immune integrity
- QXCI works in 3 Dimensional real time with a safety cybernetic loop for internal control for true holistic rapid mind body spirit reintegration
- Microhydrin, Spirulina, and Green Phyto Power change the pH & ORP, which helps all enzymes function automatically to help preserve the terrain and optimize the natural immune system

# Goal of Bioterrain Therapy

- Determine Goals, Weight, Height, BMI, BP
- Use QXCI or Electron meter for ORP start
- GOAL: Navigate to Zero Point at center of Bioterrain for good oxygen exchange and a large organ cushion for flexible physiology
- Tip: Use home Saliva or Urine pH testing to monitor until excretory organs pH is 5-6

# Bioterrain ORP Map

## ORP SCALE

Oxidized Ozone

Rich

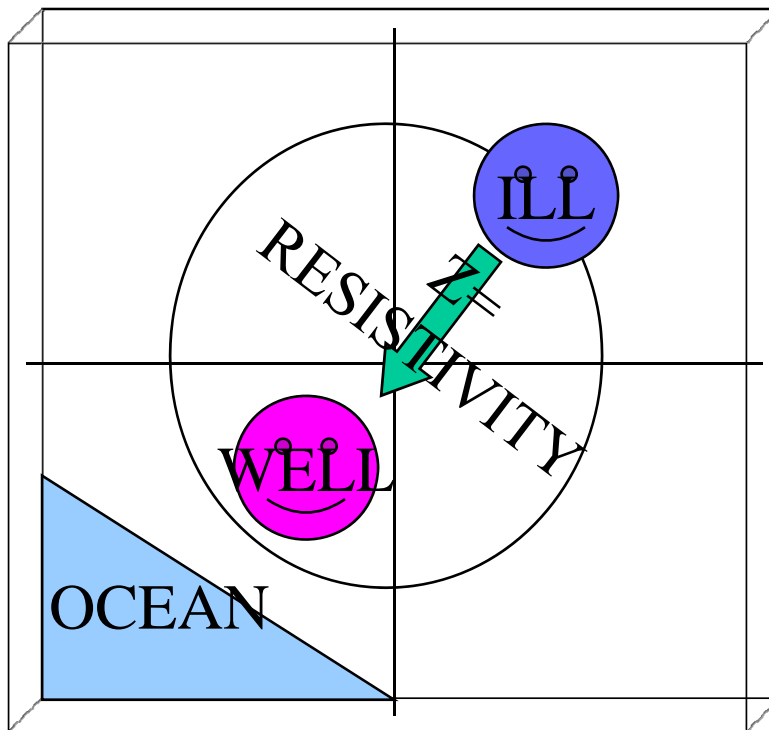
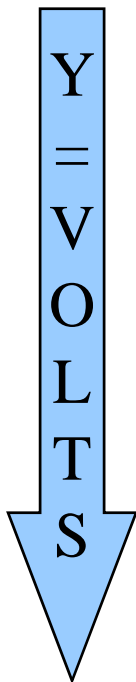
+1300 mv

H<sub>2</sub>O=0mv

Hydrogen Rich –

600 mv

Reduced



48

22

Atm H<sub>2</sub>

0

0

ph 7.4

14

# Multi Level Approach to Obesity

- Leaky gut syndrome needs variety of modalities to prevent relapse of obesity
  - Adipose & Digestive repair, Blood sugar Regulation
  - Chelating plus algae repairs metal toxicity
  - Mineralization to Restore Magnesium, Calcium and Mineral Pool for Mood, Sleep, Oxygenation, bones
  - Amino Acid neurotransmitter therapy to Feel good, increase motivation & address bad behavior



# Global Repair Over Time

- Obesity and Leaky Gut Syndrome repair will impact over time the healing of many degenerative diseases by improving:
  - Immune, Metabolic & Endocrine repair
  - Psychological, Neurological, Genetic repair
  - Infection, Traumatic, Allergic and Toxic load reduction, Addiction Release
  - Stress Reduction, Nutritional Stimulation

# Motivate the MOOD

- Piggy Back Therapies to clean gut lymph nodes and improve serotonin and dopamine for mood balance, and peristalsis and motivation
  - Clean liver, gall bladder, spleen, kidney, lymphatic, lung, heart, small intestine, large intestine, gonads, nerves, connective tissue, oral (ie Colovada)
  - Prevent depression (serotonin), psychosis (tyrosine), anxiety (Acetyl Choline) with amino acid rich foods esp turkey or mozzarella cheese or supplements such as RBC's Bioshape/Protivity

# Change Terrain-Change Weight

- Summary: 1. Dilute 2. Clean 3. Kill 4. Restore
  - Treat metal & other toxicity which shifted the terrain, causing infectious overgrowth
  - Treat the sugar addiction & food sensitivity while removing sugar craving parasites
  - Treat the mood for serotonin and dopamine depletion from the gut lymph node infections
  - Treat with responsibility, time & love, not blame, to ensure continuity of effort

# Essential of Re-Training

- Consent to Treat
- Dilute
- Clean
- Kill
- Restore
- Self Responsibility

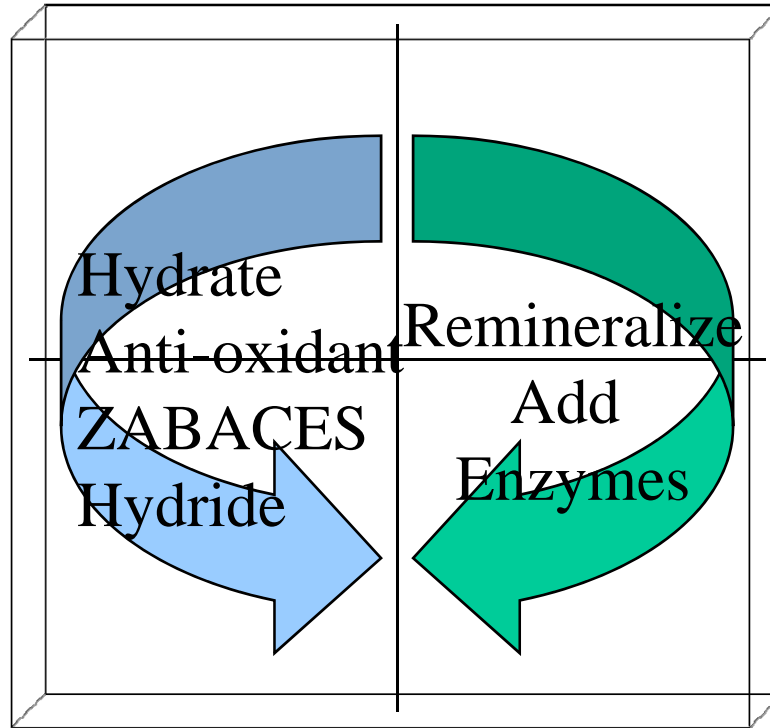
# Bioterrain ORP:1. First Dilute

## ORP SCALE

Oxidized Ozone  
Rich  
+1300 mv

H<sub>2</sub>O=0mv

Hydrogen Rich –  
600 mv  
Reduced



48

22

Atm H<sub>2</sub>

0

0

ph 7.4

14

# Antioxidant & Algae Essentials

- Antioxidant Microhydrin, Probiotic Spirulina algae, & Hydra-cel colloidal minerals can maximize the volts, amps & resistance, improving the three dimensional size of your body's organ cushion & dilute toxins, improve energy and repair speed
- Microhydrin electrifies and prevents infections of mold, virus, worm, food poisoning & fungus
- A large hydrated, antioxidant rich, mineral rich, electrified ocean-like pool in our bodies will prevent dysfunction in almost all diseases

# Dilute Allergens by Knowing What to Avoid

- Print List of Allergies, Good Foods, Minerals, Amino Acids, Flower Essences, Affirmations, Rules of the Stomach or other Diet Report Letters
- Piggy Back Obesity & Allergy issues to Additional Therapies, Disease Dictionary, Biofeedback,
- Allergy Desensitization, Blood Cleansing
- NLP – Reprogram Addictions, gallbladder hypothalamus connection, neurotransmitters
- ELF – broadcast Nelson Report Affirmation

# Support Hypoallergenic Eating

- Avoid aggravating or allergic foods (sugar, alcohol, shellfish, night shade veggies, milk, gluten, MSG, chicken, ketchup)
- Avoid gluten induced dental cavities necessitating insertion of toxic metal amalgams, which cause mental retentions of toxins, initiating fatigue, food addictions and craving behaviors
- Avoid moldy foods (cashews, peanuts pistachios, blue cheese, bean sprout, mushrooms, melons, grapes, strawberries, corn)
- Avoid food poisoning in eggs, pork, chicken, raw shellfish, unwashed salads (use vinegar)



# Eat Responsibly

- Avoid liquid with meals, avoid bad food combining, Use unconscious reactivity to check for ABO Blood type and follow that Blood type specific diet (avoids blood coagulation)
- Follow rules of the stomach (ie fruits before noon)
- Avoid diuretic caffeine and sugar
- Avoid alcohol, cigarettes (sugar cube per cigarette)
- Avoid drug abuse which leads to malnourishment
- Avoid Food Poisoning with food & cooking hygiene

# Bioterrain ORP : 2. Second Clean

Oxidized Ozone

Rich

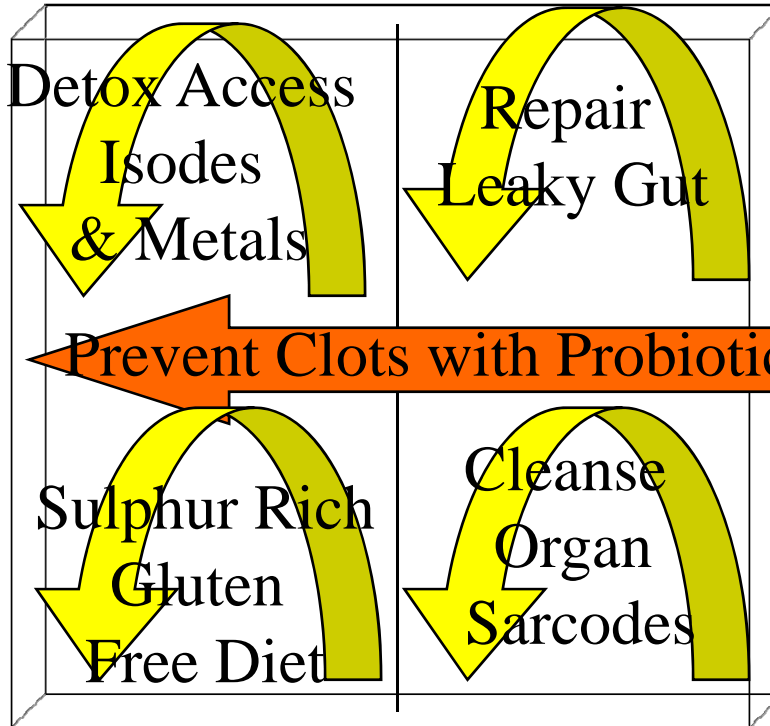
+1300 mv

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Hydrogen Rich –

600 mv

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48

22

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0

0

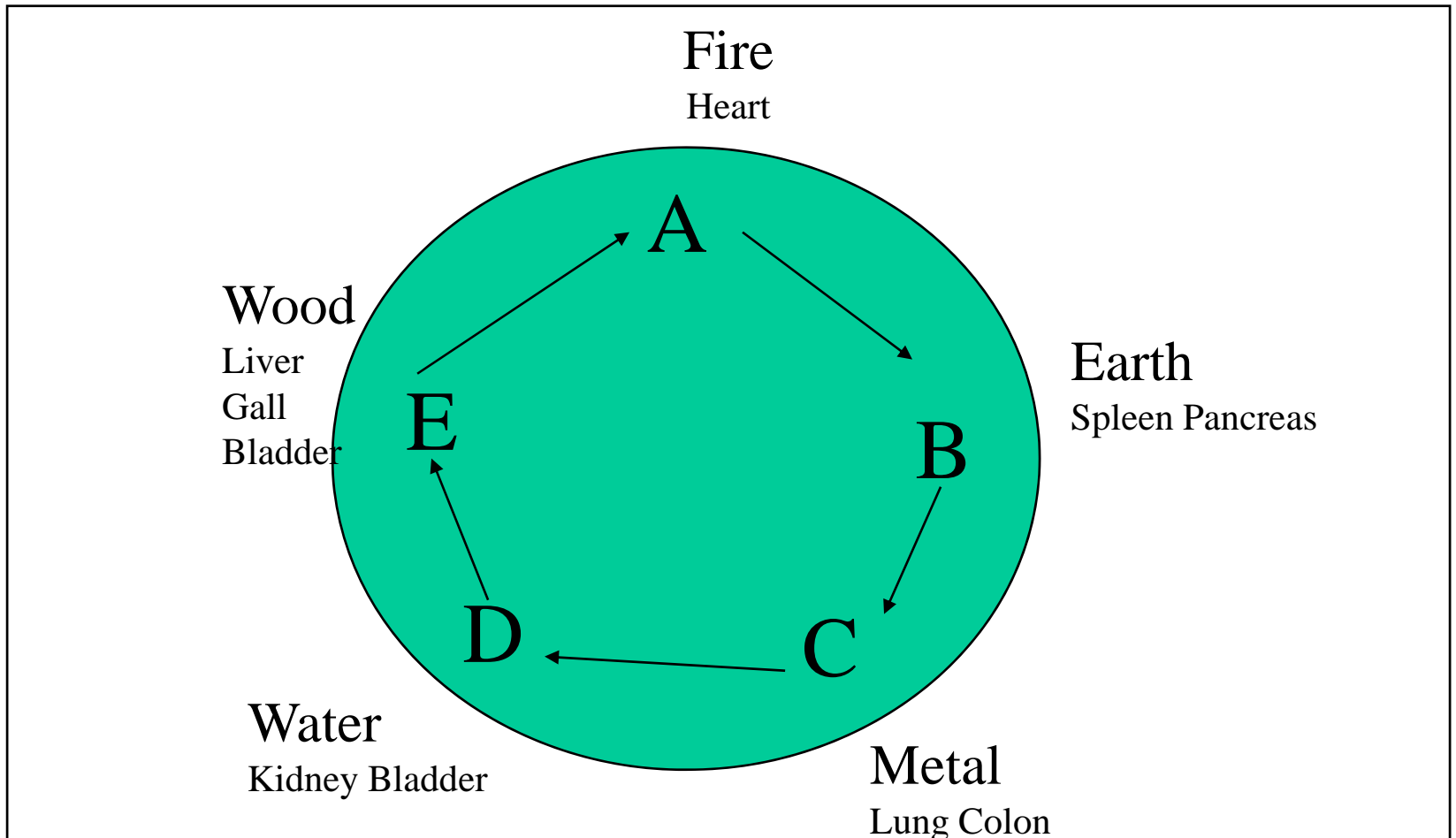
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# Clear Sarcode & Isodes of Toxins

- Repair Organs over Time for Stable Homeostasis
  - Follow the Cycle of Creation proper physiology, using Auto-meridian organ schedule for the priority timing sequence for organs, blockages, organ in season
  - First Prevent alarms with QIF, Positive Consciousness Field,
  - Add Multimedia then Color, ANS, and ECG

# Cycle of Creation



# Strip the Old Dance Wax

- Clean the fire exits early on using Short Sarcodes/Ear Etc. Lymphatic, liver, spleen, kidney, endocrine especially adrenal & thyroid, pancreas, large and small intestine, skin, sinus, heart and lung
- Support Sarcodes “Holistic Organ Balance” before Homotoxicology Detox Access & seal with Scalar Therapy
- Check top Risk Profile with Virtual Doctor

# Quiet Fight or Flight Response

- AutoZap top 230 items, Co Q Enzymes, Top twelve pathogens
- Autozap Normal bowel flora to restore hormone transport & blood coagulation, gut defense
- Algae Probiotics rich in Magnesium promotes Corpus Collosum cross talk, glycemic control, stimulates peristalsis, acts as an anti-depressant and muscle relaxant, bone builder
- Try Timed Treatments for immunity, oxygenation, metabolic, blood sugar, degeneration repair etc.

# Clean Toxins from Leaky Gut

- Society = High Risks of Toxicity > Detox for
  - Drug use, environmental Toxins, Heavy metals or mercury toxicity, Asbestos, Radiation
  - Industrial Pollution, Food Additives, Chlorine
  - Leaky gut syndrome, Stomach Violation, Constipation, Addictions
  - Allergy, Milk Allergies, Pork Sue Toxins
  - Mental Retention of Toxins
  - Metabolic error/heredity

# Food Therapies for Leaky Gut

- Piggy Back Green Phyto Power Drink
  - Green Phyto Power Contains:
    - Mineral and Magnesium rich Chlorophyll in Algae to regulate blood sugar and muscle
    - Use detoxifying herbs, broccoli and artichoke or milk thistle to balance liver processing of hormones
    - Metal Mobilizing & Neutralizing Chlorella
    - Pumpkin seeds for zinc



# Supportive Tactics

- Homeopathic minerals, EFA, AA, enzymes
- Hydride (Microhydrin Plus) 2 caps twice per day for maximal anti-oxidant therapy
- Use Trivector with DNA repair, especially Chromosome 6 (TNFA, Autoimmune, celiac)
- Repair Scalar Spin to Left for Endocrine system balance with living (L-spin) foods
- Ignite Enzymes with whole food minerals

# Gluten Free Menu

- Use Strict Gluten Free Menu during Detox
  - Supply Diet Alternative, Good Food List
  - Restore Amino Acids, especially Tyrosine and Serotonin plus zinc with Turkey
  - Avoid Chicken (wheat fed muscles resemble gluten) & pork tapeworm pancreatitis
  - Use Gluten Free pastas, breads, flours
  - Use Rice milk and rice ice cream

# Gluten Desensitization

- Strategies to Reduce Gluten Autoimmunity:
  - Gluten Allergy Avoidance & Desensitization
  - Eat Right For Your Blood type
  - Improve Organ Filtration with Hydration, Enzymes, whole food minerals, exercise, rest
  - Cleanse Gut(ie psyllium, rice bran or ColoVada), Brain, Lymphatic, Endocrine, Blood, Bone, intestine, spleen, liver et al.

# Prevention of Gluten Damage

- Repair Gluten Induced Autoimmunity
  - Repairs organs at Risk (Small & Large Intestine, lymphatic, adrenal, brain, ear, endocrine, liver, spleen, heart, parathyroid)
  - Repair Liver and Gallbladder emptying and disrupt Hypothalamus Gallbladder connection, preventing addictive eating, indigestion and overuse of antacids

# Improve Immune Communication

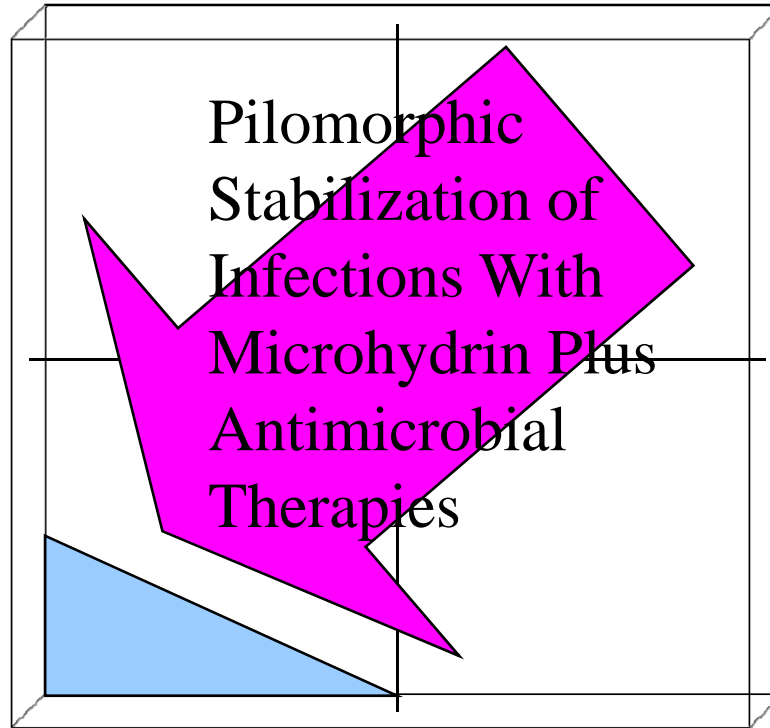
- **Gluten Free Heals Nerves Glands**
- Remove Gluten autoantibodies with gut correction
- Drive then rises with Trivector & AutoVARHOPE
- Power and balance is stabilized in ECG and EEG, Cerebellum, endocrine, blood, gut & gonads once these gluten sensitive areas are repaired & restored
- Nerve & Myelin Biofeedback improves physical activity, pain tolerance, sensory pleasure
- Remove aggressive allergy in Auto-meridian allergy, biofeedback and Homotoxicology sections

# Bioterrain ORP:3. Kill Invaders

Oxidized Ozone  
Rich  
+1300 mv

H<sub>2</sub>O=0mv

Hydrogen Rich –  
600 mv  
Reduced



48

22

Atm H<sub>2</sub>

0

0

ph 7.4

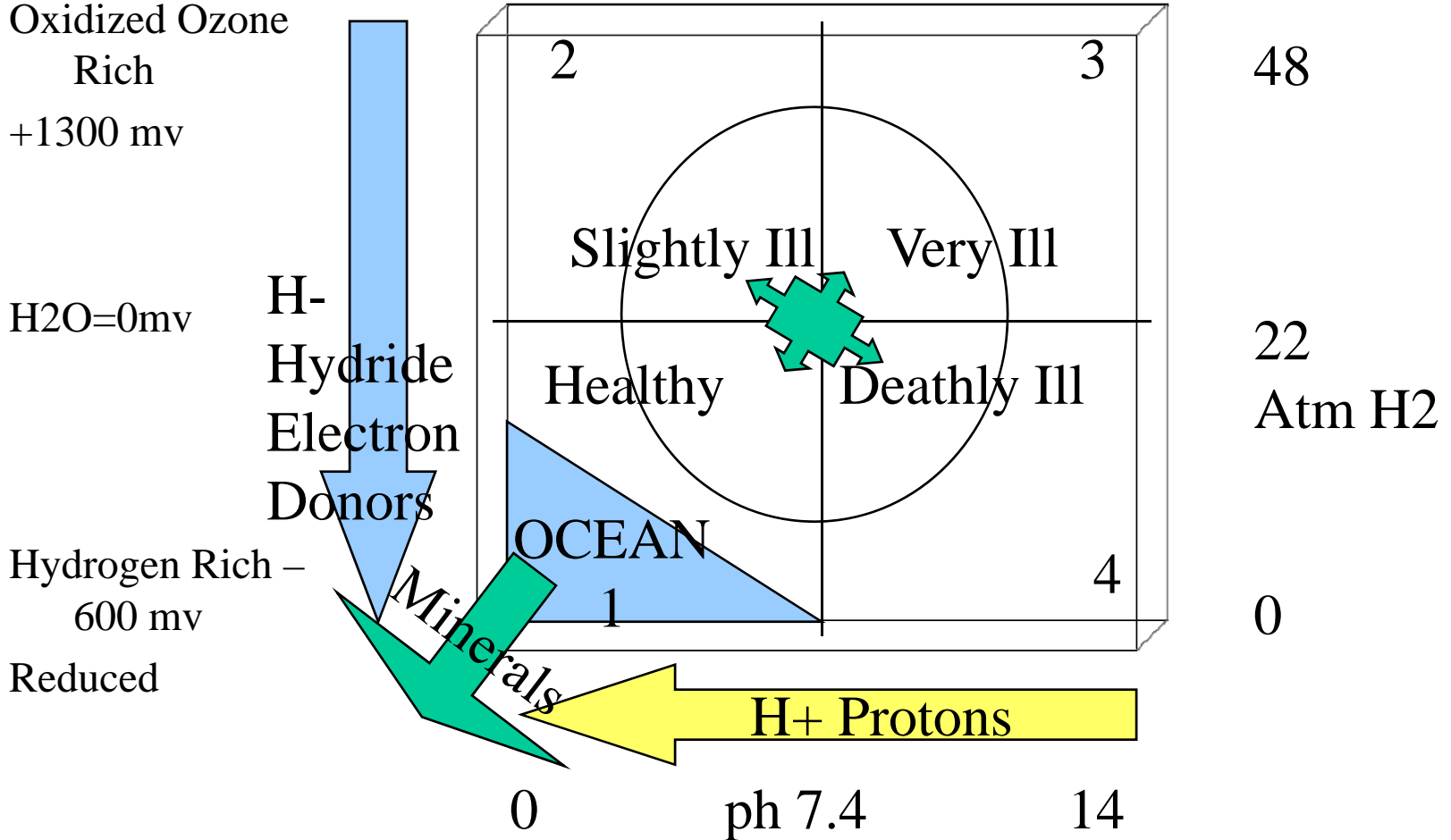
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# Gut Dysbiosis Culprits

- AutoZap Gut & Blood for Comorbid infections
  - Correct Bioterrain to Ensure **Pilomorphic Stabilization** with probiotics, not antibiotics
  - Treat Blood toxicity and Auto Rife infections esp. Epstein Barr Virus, Rickettsial or Lyme's Disease,
  - Treat gut for Food Poisoning, Worms, Amoeba, Tapeworm, Parasites, Molds
  - Treat Lymphoma and Leukemia for the Worst Fungal Coinvaders (Candida, Mucor, Aspergillus, Nocardia)

# Bioterrain ORP Bug Zone

## ORP SCALE





# Sulphur Strategies for Infection

- Reduce Celiac Disease, Infections and Autoimmune Cascade with Sulphur loading
  - Supply Sulphur to shut off TNFA and Celiac
  - Use Garlic, Onions, Apricots in foods
  - Use MSM, NAC, Lipoic Acid, Glutathione
  - Microhydrin Plus contains all these sulphurs and is 26x stronger than the original Microhydrin Plain for the same cost.

# Bioterrain ORP:4

## ORP SCALE Restore Flow & Probiotics

Oxidized Ozone

Rich

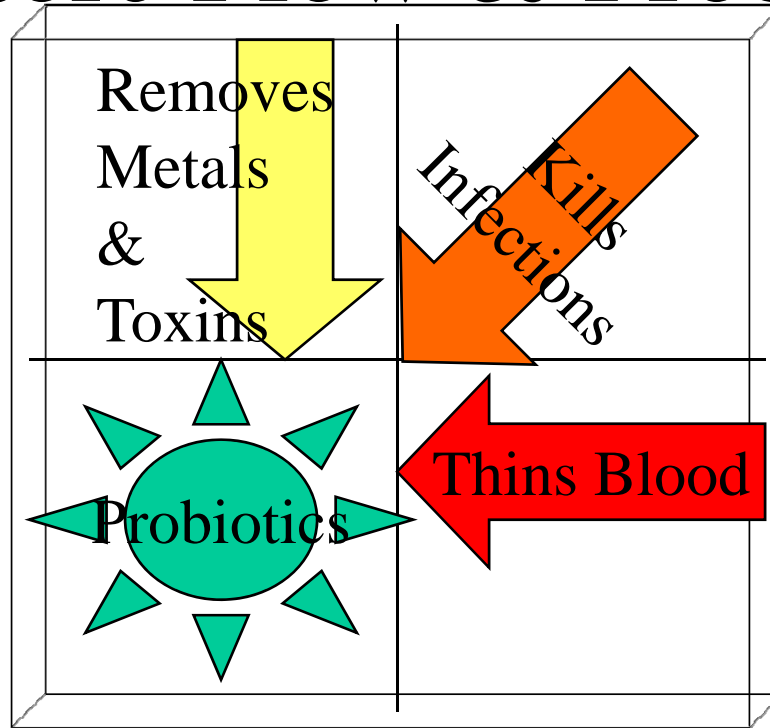
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# Antioxidant & Algae Essentials

- Microhydrin, Spirulina and Hydra-cel can maximize the volts, amps & resistance, improving the three dimensional size of your body's organ cushion
- Microhydrin electrifies and prevents infections of mold, virus, worm, food poisoning & fungus
- A large hydrated, antioxidant rich, mineral rich, electrified ocean-like pool in our bodies will prevent dysfunction in almost all diseases

# Encourage Normal Gut Flora

- Probiotic use for life
  - Restore Bowel Flora ongoing for life
  - Use RBC Spirulina nanoclusters 3caps 3x/day
  - Use Multi-strain Lactobacillus to max of 1 Trillion/day) to produce vitamin K to thin the blood and naturally kill pathogens
  - Use cultured yogurt regularly after meals when traveling to prevent food poisoning

# Bioterrain ORP :4. Restore Green

ORP SCALE

Oxidized Ozone

Rich

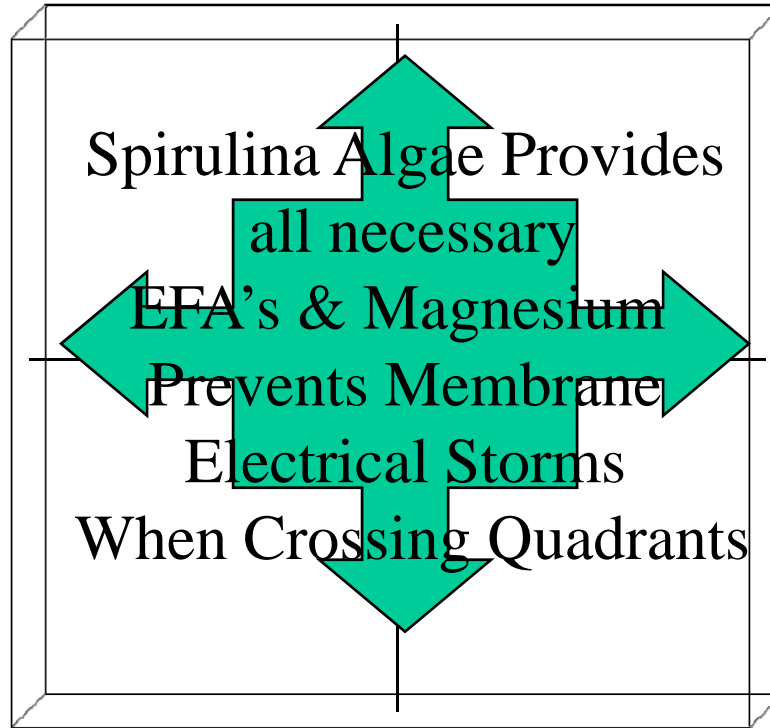
+1300 mv

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Hydrogen Rich –

600 mv

Reduced



48

22

Atm

H<sub>2</sub>

0

0

ph 7.4

14

# What's so Good About Cocoa?

- Cocoa is Rich in Magnesium for insulin regulation, peristalsis of bowel motility, left to right brain cross connections, muscle tone, heart rhythm, bone cement, mood and immune regulation
- Cocoa is rich in EFA's and Amino Acids which will augment healing nerves, nodes, glands and building muscle and nerve transmitters

# Integrated Weight Loss System

- Benefits
  - Unconsciously we need a fun, rewarding treat as a choice of therapy – Chocolate is universally loved.
  - Green foods are Magnesium rich gluten free, amino acid repleting foods which promote Normal Bowel flora, Increased Diffusion, Osmosis, Oxygenation, appropriate transit time, for correction of malnutrition, and mineral protective enzymes.
  - Improved energy gives momentum for activity

# Weight Loss Tips

- Follow a biologically correct system for success
  - Avoid aggravating or allergic foods (sugar, alcohol, shellfish, night shade veggies, milk, gluten, MSG)
  - Avoid liquid with meals, avoid bad food combining
  - Follow rules of the stomach (ie fruits before noon)
  - Avoid Sugar and gluten induced dental cavities necessitating insertion of endocrine toxic metals
  - Avoid stored, frozen, cooked food dead in enzymes
  - Avoid food poisoning, care with your water supply



# Global Repair Over Time

- Leaky gut syndrome repair will impact over time the healing of many degenerative diseases by improving system integrity, surveillance & balance
  - Immune repair
  - Endocrine repair
  - Psychological repair
  - Neurological repair
  - Digestive repair

# Motivate the Mood

- Always Piggy Back Lymphatic Therapies to clean gut Peyer's Patches lymph nodes which store 95% serotonin, dopamine and acetylcholine for mood balance, peristalsis and motivation & immune integrity
- Eat foods rich in these neurotransmitters like turkey or mozzarella cheese
- Prevent psychosis and Parkinson's: Improve Volts for dopamine with tyrosine amino acid
- Prevent depression, panic, insomnia: Improve Amps with Serotonin via tryptophan amino acid,
- Prevent rumination, anxiety, biliary colic, constipation, obsessive eating with Acetyl Choline from lecithin

# Reconnect to Self

- QXCI strategies for Repair of Nerves
  - Myelin Repair with Essential Fatty Acids
  - Nerve transmission repair with Celiac Sprue Injury repair, and Resistivity with Algae rich in Minerals as well as Amino Acids/EFA/vitamin B12
  - Improve All Hormone attachment with zinc taken alone at bedtime plus liver cleanse
  - Nutrition scan, Brain scan, and Cancer scan
  - Corpus collosum Repair maintained with repletion of with Magnesium, Manganese & Molybdenum
  - Repair Auto Aggressive disorder and load with Sulphur, Glutathione, Lipoic acid, N-acetyl cysteine

# Make Homeopathics

- Custom make QXCI Homeopathic liquescence for fatty acids, amino acids, missing supplements
- Produce specific supportive and ant parasitic remedies to maintain terrain shifts.
- Personalize the homeopathic remedy and potency
- Save medication costs, heal naturally without risk of medication allergy or side effects
- Use subtle energies to gently redirect health

# Change Terrain-Change Weight

- Summary: 1. Dilute 2. Clean 3. Kill 4. Restore
  - Treat metal & other toxicity which shifted the terrain, causing infectious overgrowth
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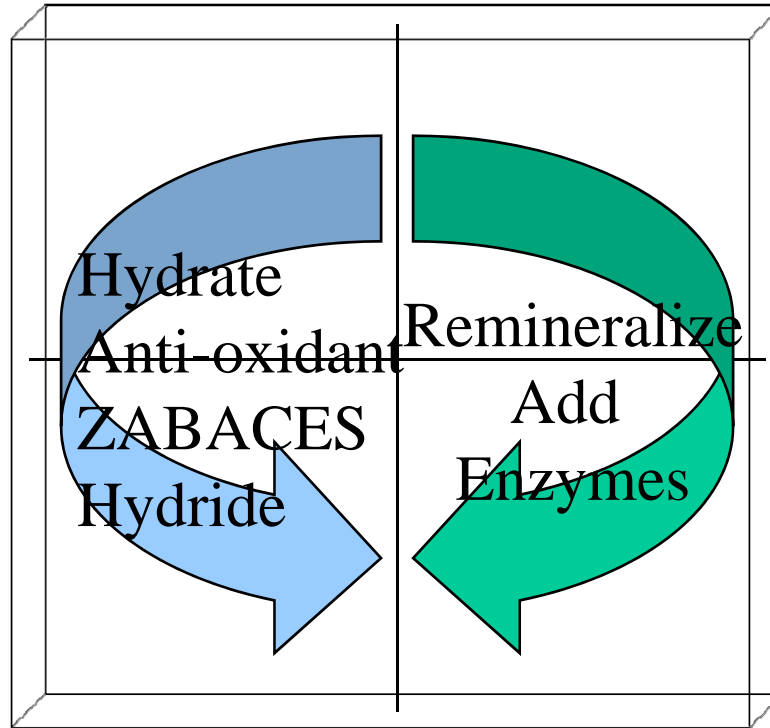
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H<sub>2</sub>O=0mv

Hydrogen Rich –  
600 mv  
Reduced



48

22

Atm H<sub>2</sub>

0

0

ph 7.4

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# Bioterrain ORP : 2. Second Clean

Oxidized Ozone

Rich

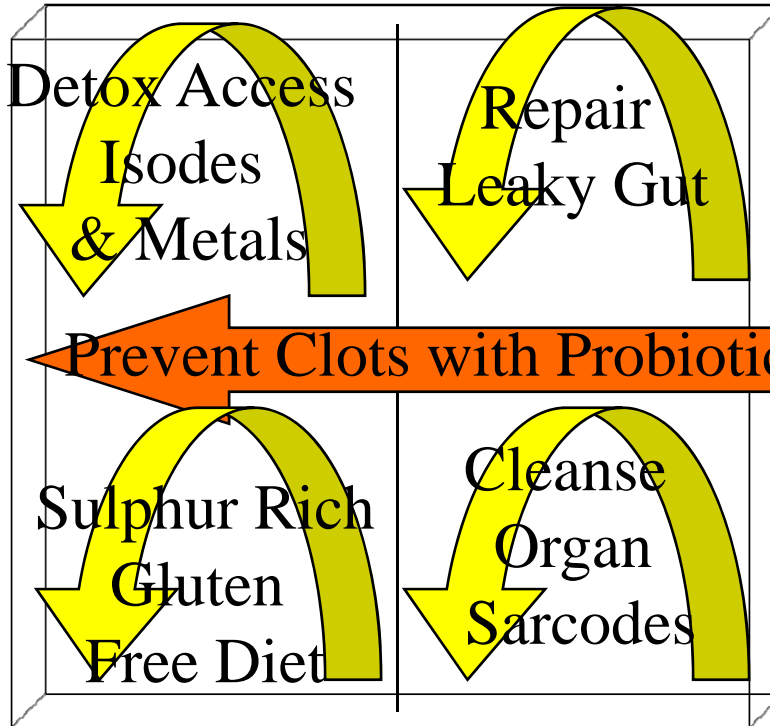
+1300 mv

H<sub>2</sub>O=0mv

Hydrogen Rich –

600 mv

Reduced



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Atm H<sub>2</sub>

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ph 7.4

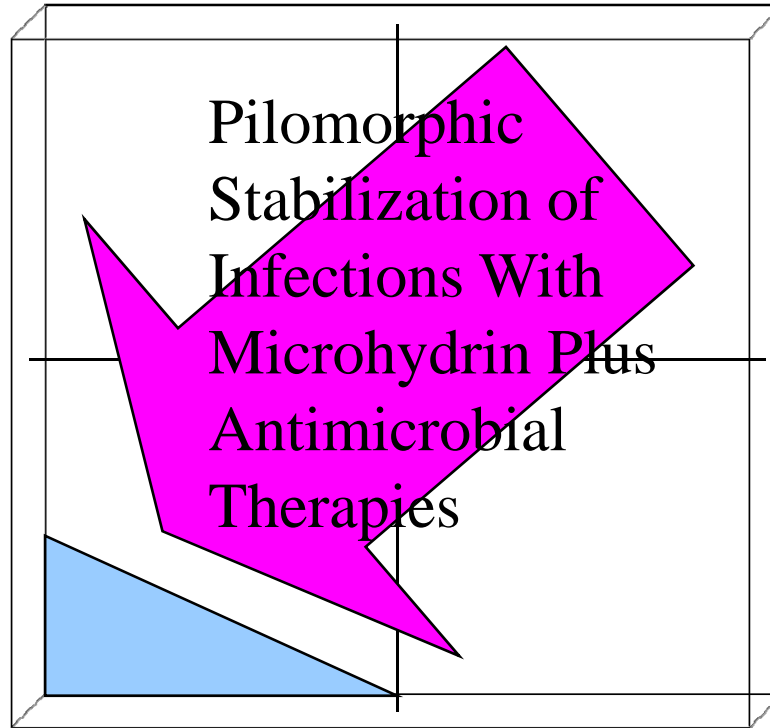
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# Bioterrain ORP:3. Kill Invaders

Oxidized Ozone  
Rich  
+1300 mv

H<sub>2</sub>O=0mv

Hydrogen Rich –  
600 mv  
Reduced



48

22

Atm H<sub>2</sub>

0

0

ph 7.4

14



# Bioterrain ORP:4

## Restore Probiotic Flow

### ORP SCALE

Oxidized Ozone

Rich

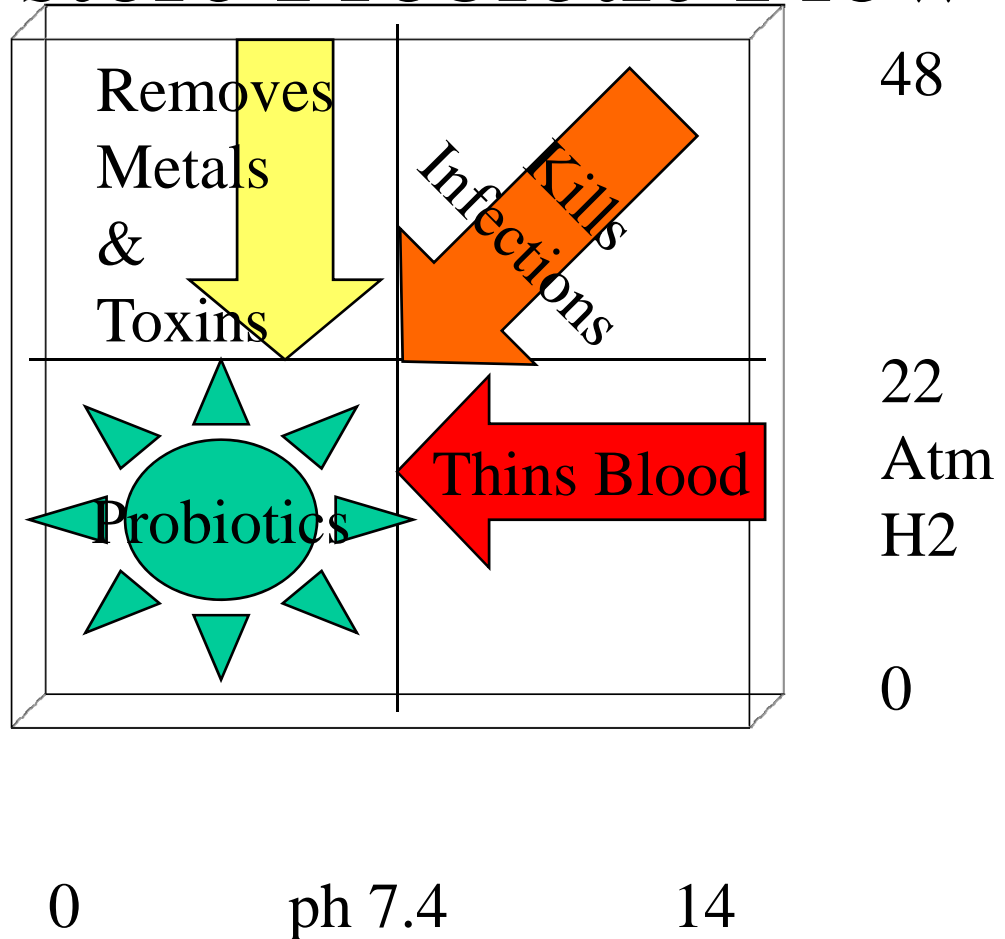
+1300 mv

H<sub>2</sub>O=0mv

Hydrogen Rich –

600 mv

Reduced



# Bioterrain ORP :4. Restore Green

ORP SCALE

Oxidized Ozone

Rich

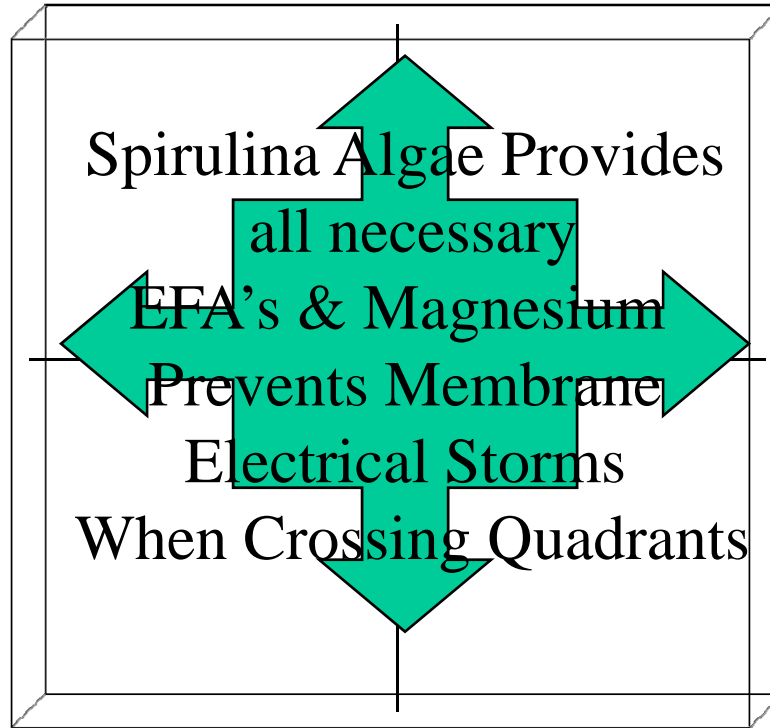
+1300 mv

H<sub>2</sub>O=0mv

Hydrogen Rich –

600 mv

Reduced



48

22

Atm

H<sub>2</sub>

0

0

ph 7.4

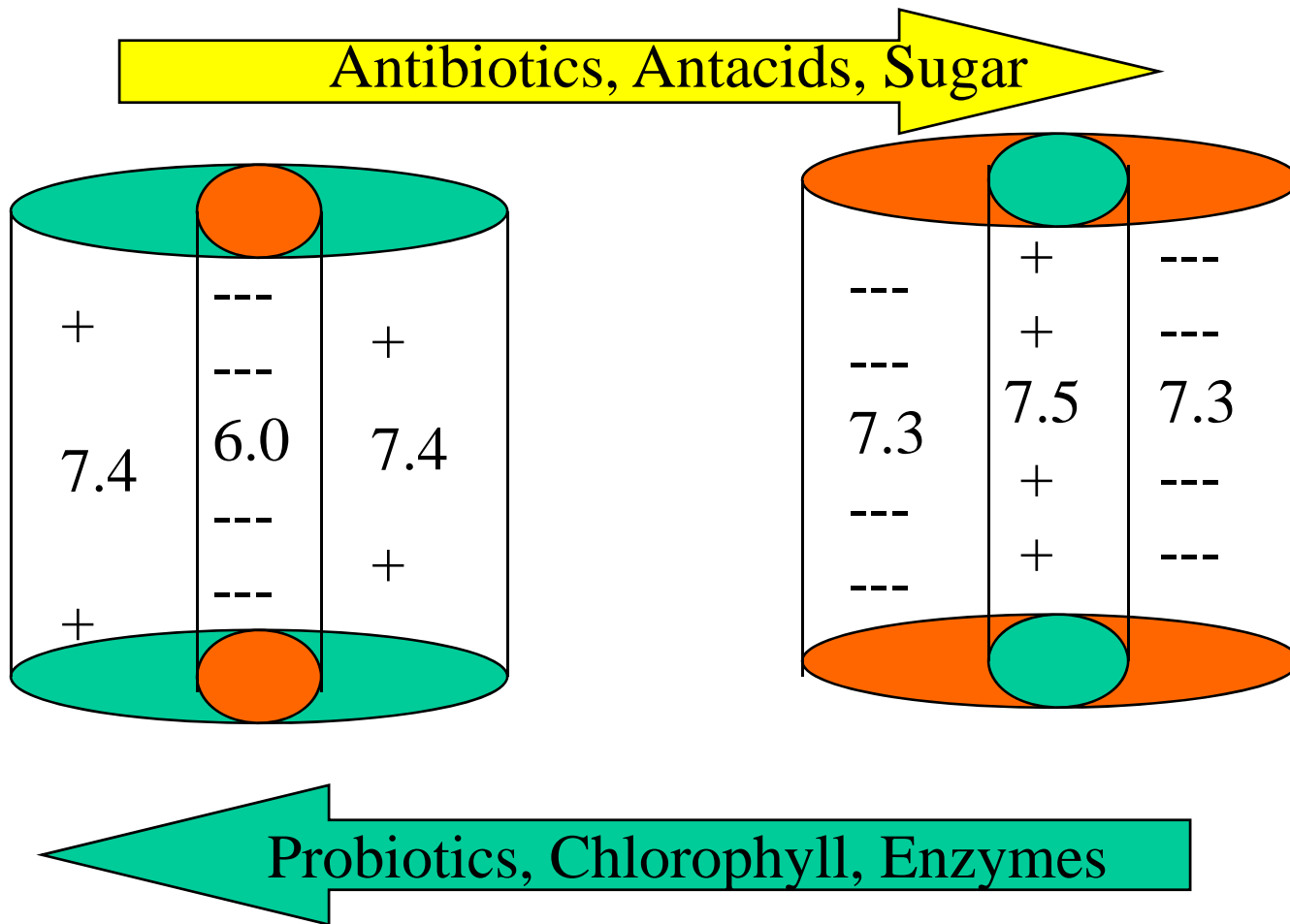
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# QXCI/SCIO Biofeedback

- Biofeedback can be used for the safe, non-invasive, rapid, client centered, personalized intense mathematical cross referencing of thousands of body resonance's. Biofeedback uses the client's unconscious knowledge to map a prioritized wellness strategy to navigate to the best health.
- Uncovering subtle electrical disturbances of hidden afflictions in their early warning stages, applying retraining, and hopefully warding off the complex complications of an unhealthy, polluted and stressed immune system should result in an improved metabolic state, a normalization of weight and so much more regarding the mind body and spirit. Enjoy the results.

# Gut anatomy and Inverted Physiology of Leaky Gut

Healthy Neutral Blood, Acidic gut vs. Ill Alkaline gut Acidic Body





## Debi Drake

- BSc, MD, CCFP(EM), NBCB Instructor
- Bachelor of Science Degree in Biology, Chemistry & Psychology
- Canadian Doctor of Medicine
- Certified in Family Medicine & Emergency Medicine, Psychotherapy
- Expert Instructor in QXCI Biofeedback
- International Lecturer on Bioterrain, Celiac Nutrition & Autoimmune Disease
- President of Cirque Communications Inc (Noise & Digital Sound Therapies)
- Medical Director of new internet site

# Coming SOON !

- “Immune Safe” Quadrant Meal Plan
  - Dr Drake has designed a meal plan to structure and guide anyone back to healthy quadrant 1, using all the known science about digestion, timing and substance of food, plus the desire for variety & fun.
  - Gluten free & Turkey recipes are appended at the back, to highlight their healing capacities and to give an example of how creative and easy holistic nutrition can be in guiding our inner terrain to health
  - See [www.HarmonizeYourHealth.com](http://www.HarmonizeYourHealth.com) for details

# To Contact Dr. D. Drake

- Office Email:[drddrake@bellnet.ca](mailto:drddrake@bellnet.ca)
- Research Web:[www.DrDebiDrake.com](http://www.DrDebiDrake.com)
- Sales Web:[www.HarmonizeYourHealth.com](http://www.HarmonizeYourHealth.com)
- Toll Free Phone: 1-866-494-7924