Title:
SCIO ALLERSODE THERAPY

Part of the Following:
Large Scale Study of the Safety and Efficacy of the SCIO Device
Chief Editor:
Andreea Taflan DBF IMUNE

Edited and Validated By Medical Staff:

Mezei Iosif MD, Romania
Sarca Ovidiu MD, Romania
Igor Cetojevic MD, Cyprus
Matthias Heiliger M.D. Germany/Switzerland
Klara Hilf M.D. Hungary
Anna Maria Cako M.D. Hungary
Debbie Drake M.D. Canada
Bacean Aurel MD Romania

Consultant:
International Ethics, Lebedei 58,
Oradea, Romania
John Kelsey Phd, ND N.Z. Eng,
Gage Tarrant LBT, C.H.T, USA, Somlea Livia Romania
Richard Atkinson MCSP, Physical Therapist, West Yorkshire England

Developed By:
The Centro Ricerche of Prof. William Nelson University of Venice + Padova, Italy

This study was performed in the field by practicing Biofeedback technicians. Data was collected and the study supervised by the Ethics International Institutional Review Board of Romania. The Data analysis and study presentation is done By the The Centro Ricerche, University of Venice + Padova, Italy

Abstract:

This study demonstrates the safety and effective qualities of the SCIO device used in a large scale study. A large scale study of over 97,000 patients with over 275,000 patient visits reported their diseases. Many of them reported this disease. And the results of their therapy is reported in this study.

Introduction:

Over View:

This Large scale research was designed to produce a extensive study of people with a wide variety of diseases to see who gets or feels better while using the SCIO for stress reduction and patient monitoring. The SCIO is a evoked potential Universal ElectroPhysiological Medical apparatus that gauges how a individual reacts to miscellaneous homeopathic substances. The device is registered in Europe, America, Canada, S Africa, Australia, S. America, Mexico and elsewhere. The traditional software is fully registered. Some additional functions where determined by the manufacturer to be worthy of evaluation. Thus a study was necessary to determine safety and efficacy. (As a result of these studies these additional functions are now registered within the EC)

An European ethics committee was officially registered and governmental
permission attained to do the insignificant risk study. Qualified registered and or licensed Biofeedback therapists where enlisted to perform the study. Therapists were enrolled from all over the world including N. America, Europe, Africa, Australia, Asia, and S. America. They were trained in the aspects of the study and how to attain informed consent and transmit the results to the ethics committee or IRB (Institutional Review Board).

2,569 therapists enlisted in the study. There were 98,760 patients. 69% had more than one visit. 43% had over two visits. There were over 275,000 patient visits recorded. The therapists were trained and supervised by medical staff. They were to perform the SCIO therapy and analysis. They were to report any medical suspected or confirmed diagnosis. Therapists personnel are not to diagnose outside of the realm of their scope of practice. Then the therapist is to inquire on any reported changes during the meeting and on follow-ups any measured variations. It must be pointed out that the Therapists were free to do any additional therapies they wish such as homeopathy, nutrition, exercise, etc. Therapists were told to not recommend synthetic drugs. Thus the evaluation was not reduced to just the device but to the total effect of seeing a SCIO therapist.

Part 1. The emphasis was on substantiating safety followed by efficacy of the SCIO.
Part 2. Proving the efficacy of the SCIO on diseases (emphasis on degenerative disease)
Part 3. Proving the efficacy of the SCIO on the avant garde therapies of Complementary Med
Part 4. QQC standardization

Methods and Materials:

SCIO Device:
The SCIO is an evoked potential Universal Electro-Physiological Medical device that measures how a person reacts to items. It is designed to measure reactions for allergy, homeopathy, nutrition, sarcodes, nosodes, vitamins, minerals, enzymes and many more items. Biofeedback is used for pre-diagnostic work and or therapy.

The QXCI software will allow the unconscious of the patient to guide to repair electrical and vibrational aberrations in your body. For complete functional details and pictures, see appendix.

Subspace Software:
The QXCI software is designed for electro-physiological connection to the patient to allow reactivity testing and rectification of subtle abnormalities of the body electric. If a patient is not available a subspace or distance healing link has been designed for
subspace therapeutics. Many reports of the success of the subspace have been reported and thus the effectiveness and the safety of the subspace link is part of this test. Many companies have tried to copy the subspace of Prof. Nelson and their counterfeit attempts have ended in failure.

**SOC Index** :
The SCIO interview opens with a behavioral medicine interview. This is called the SOC Index. Named after the work of Samuel Hahneman the father of homeopathy, he said that the body heals itself with it's innate knowledge. But the patient can suppress or obstruct the healing process with some behavior. Hahneman said that the worst way to interfere with the healing natural process was allopathy or synthetic drugs. Theses upset the natural healing process by unnatural intervention and regulation disturbance. Other ways to Suppress or Obstruct the Cure are smoking, mercury amalgams, stress, lack of water, exercise and many others. This behavioral survey then gives an index of SOC.

The scores relate to the risk of Suppression and Obstruction to the natural Cure. The higher the scores the more the Suppression and or Obstruction. The scores of 100 or lower are ideal. A copy of the SOC index questions appear in the appendix.

**Study Technicians** :
The study technicians were educated and supervised by medical officers. The study technicians were to execute the SCIO therapy and analysis. All were trained to the standards of the International Medical University of Natural Education. Therapists from all over the world including N. America, Europe, Africa, Australia, Asia, S. America and elsewhere were enlisted to perform the study according to the Helsinki study ethics regulations.

They were to chronicle any medical suspected or confirmed diagnosis. Therapists personnel are not to diagnose outside of the realm of their scope of practice. Then the study technician is to inquire on any disclosed observations during the test and on follow-ups report any measured changes.

To test the device as subspace against the placebo effect, two of the 2,500+ therapists were given placebo SCIO devices that were totally outwardly the same but were not functional. These two blind therapists were then assigned 35 patients each (only 63 showed). This was to assess the double blind factor of the placebo effect as compared to the device. Thus the studied groups were A. placebo group, B. subspace group, and C. attached harness group.

Cross placebo group manipulation was used to further evaluate the effect.

**Important Questions** : these are the key questions of the study
1. Define Diseases or Patient Concerns
2. Percentage of Improvement in Symptoms
3. Percentage of Improvement in Feeling Better
4. Percentage of Improvement Measured
5. Percentage of Improvement in Stress Reduction
6. Percentage of Improvement in SOC Behavior
7. What Measured+How (relevant measures to the patient’s health situation)
8. If Patient worsened please describe in detail involving SOC

After the patient visit is was complete the data was e-mailed to the Ethics
Committee or IRB for storage and then analysis. This maneuver minimized the risk of data loss or tampering. Case studies were reported separately in the disease analysis.

**MEDICAL DETAILS**

Great excitability, palpitation, and vasomotor disturbance associated with vernal conjunctivitis.

**Results:**

Before we review the direct disease improvement profiles, we need to review the overall results. The first most basic of question in the results is the basic feedback of the generic patient conditions.

1. *Percentage of Improvement in Symptoms*
2. *Percentage of Improvement in Feeling Better*
3. *Percentage of Improvement Measured*
4. *Percentage of Improvement in Stress Reduction*
5. *Percentage of Improvement in SOC Behavior*

   The SOC index gives us great insight to this study. Each disease has a different cut off where the ability of the SCIO to help was compromised. As a general index scores of 200 + where much less successful.

**This groups significant SOC cut off was 150.**

The Large scale study had over 98,000 patients and 275,000 patient visits we have direct evidence of the safety and efficacy. A placebo group was used for the large scale test to help validate the results.

This disease group total number of patients was 10,344

**Subspace Treatment** 7,941 patients, 2,403 SCIO Harness Patients

**OVERALL ASSESSMENT**

**A. Subspace Treatment 22,504 patient visits**

   There were ---- cases of patients who reported a negative Improvement.

   None of these cases reported any major difficulty.

   There were

   29 cases reporting no improvement of Symptoms, .001 % of Subgroup

   23 cases reporting no improvement in feeling better, .001% of Subgroup

   21 cases reporting no improvement in stress reduction .001% of Subgroup

   25%---- *Percentage of Improvement in Symptoms*

   21%---- *Percentage of Improvement in Feeling Better*
B. SCIO Harness Treatment 7,890 patient visits
There were ---- cases of patients who reported a negative Improvement.
None of these cases reported any major difficulty.
There were
7 cases reporting no improvement of Symptoms, .001 % of Subgroup
10 cases reporting no improvement in feeling better, .001 % of Subgroup
11 cases reporting no improvement in stress reduction .001% of Subgroup
47%--- Percentage of Improvement in Symptoms
51%--- Percentage of Improvement in Feeling Better
62%-- Percentage of Improvement Measured
64%-- Percentage of Improvement in Stress Reduction
45%----Percentage of Improvement in SOC Behavior

CASE STUDY REPORT CONDENSATION:

“I am working with the SCIO-System since 4 years. In my practice my patients are mainly chronically ill patients with e.g. following diseases:
Auto aggressive diseases like ALS, Multiple Sclerosis, Crohn Disease, Colitis Ulcerosa, Lupus e., Chronically digestion Problems
Rheumatism, Fibromyalgia, Spinal Column Problems,
Various Cancer Diseases like Lung Cancer, Mammary Cancer, Leukemia, Stomach Cancer, Liver Cancer,
Neurologically Diseases like ADS, Depressions, Trauma, Brain Injuries, Allergies
Skin Diseases like Neuro-Dermatitis, Psoriasis
Migraine
I have used the SCIO to measure my patient's reactance to many various items which electrical patterns are digitally stored in the system.. I have used the device for therapy on my patients and it is highly accepted from them, because it is safe, showing no side-effects and is non invasive.
The SCIO-System treats the body's electric in a safe biofeedback way which helps the body to reactivate its body's own healing capacitance to finally come back to a well functioning body-regulation-system. It might appear a little futuristic if you do not know the background of the system, but if you would take the chance to look a little deeper, I am sure you would agree on its scientific validity and benefits.

Bottrop, Germany”

“I have been using the EPFX device on myself, husband, and 4 children for about 6
months and have seen its benefits. My children are calmer. We all experienced less allergies this year than previously. My youngest son, underwent heart surgery at 11 months and has hardly slept through the night since (he is 5 now). I was told this happened to some patients, but his doctors did not know why. After running the EPFX device on him, even in subspace, he sleeps much better through the night, with his night terrors almost completely gone. My own health, was not the greatest and I had little energy and also had sleep problems, only partially related to those of my son. I am much more energetic these days and I sleep better most nights. I have also experienced far less pain during menstruation than I had previously. I am less stressed and have learned to relax much more readily. We are all very thankful that the EPFX has come into our lives.

Ontario, Canada"

"About 2 years ago, my mom was diagnosed with severe irritable bowel syndrome. This caused her extreme pain and she began to lose a considerable amount of weight. In fact, she dropped down to 89lbs. I had heard about the biofeedback device and quite admittedly, I was skeptical. However, when I approached my mother's family doctor and asked what she could do for my mother, her response was discouraging. In her words, "There is nothing I can do for your mother." Her poor body had become so allergic to food that even putting something in her mouth caused her to become violently ill. At this point, I asked the doctor what her thoughts were about biofeedback, thinking of course that she would completely discredit it. However, much to my surprise, she acknowledged that if there was anything that could help my mother, it would be that. This is when I decided to take Mom to see another biofeedback practitioner in town. I had resolved that if this device could help my mother (a very difficult case), that I would want to do this myself as a career. After about 4 sessions on the device, my mother's digestive tract started to turn around. She wasn't violently ill after eating any more and she was actually digesting her food properly. She is now doing well and is gaining some weight! I realize I'm not allowed to make such claims as a practitioner but as a client’s daughter, I can say that this device saved my mother's life.

City unknown"

"I have worked with a 2 year old female who was throwing tantrums everyday for many weeks. She had fallen several weeks earlier and bumped her head. I told her mother about biofeedback and Dr recommends homeopathic remedies. She decided to do a session. I took an hour to run my protocol, advised her to use some homoeopathics for the child and she has not thrown a single tantrum since this session.

A friend of mine told me that her friend was diagnosed with endometriosis and that she would have to have surgery for this within a few weeks. She had had many pains and female issues. I had to act quickly so I sent her a bottle of Fem B - Dr Recommends. She took it for 3 days and all of her symptoms disappeared. She told me that she cancelled the surgery during a presentation I gave, in the town she lived in.

I am a 29 year old male and have had acne for over ten years. I have used diet, cleansing and other natural remedies. My symptoms decreased around 80%. I own the
biofeedback device and I am the one sending this email. I did a session using the situation method, specifically on this issue. The results showed a possible bacteria problem. I proceeded with my protocol and then used Dr recommends Bacteria Fuge for over a week. My acne is nearly 100% diminished. There is hope for those who seek the truth.

I have scanned my girlfriend who is 25 years old several times. She has had some cramps, back pain and headaches prior to these sessions. She uses Dr Recommends remedies - Fem B, Thyroid Thymus and Parathyroid. Basically I use the device to detect the appropriate remedies for her during the month. She has no headaches, her back pain has decreased by 75% and she has no more cramps.

I scan my mother who is 55. She has been diagnosed with hypothyroid and was taking synthetic drugs for this. I told her to try the Dr, Recommends Thyroid Thymus Parathyroid. She told her physician about it as well. She no longer uses the drugs and she has told me she notices a clearer mind when using the biofeedback and homeopathics.

I worked with a 10 year old girl who had different allergies that were pollen related. I did a biofeedback scan and sure enough it showed on the device both in the allergy screen and in the main matrix. I did the session and gave her the Dr. Recommends Pollen remedy. Her allergies have decreased considerably since this session.

Dilworth, Minnesota"

"CLIENT #1

59YR OLD MALE. Client reported chronic allergies for the last 30 years. Client used Claritin and Flonase (steroid type nasal spray) every day for the last 10 years. After 4 sessions (once a week for 4 weeks) each session was 1 hour long, client reported that allergies were greatly diminished and had not had to use the medicine but twice since the first session. After 8 sessions, client was not having any of the chronic and painful symptoms he had had in the past. 6 months later, client reported 2 days of very slight allergy symptoms thru the worst of the pollen and cedar fever seasons. Client one year later, reports no allergy symptoms.

City Unknown"

BACK PAIN, SLEEP, ALLERGIES, RARE POISON GAS, KIDNEY STONES, FOOD POISON:

"This biofeedback with the EPFX has really helped my back a lot. It has helped my allergies and pointed out foods I can eat and those I should stay away from. In addition,
it has helped me sleep. During the care we found a rare gas which poisoned me many
years ago called Greenland’s gas. It was so impressive that the instrument helped to
find the specific name of this gas. The gas had caused a severe case of pneumonia and
my body was still stressed by that episode. I was cleared from that problem. On one
occasion, we found kidney stones in my system. The next day I passed (11) kidney
stones plus gravel safely. Two days ago I had food poisoning and today we found 6
types of bacteria including the food poisoning bacteria.

Ocala, FL

BANANA ALLERGY AND DIARRHEA:

"I had constant diarrhea. We discovered the banana allergy and I quit bananas the
diarrhea cleared up."

Silver Springs Shores, FL

All my family, including myself, respond extremely well to the SCIO. I have worked on
headaches, allergies, digestive disorders, flu, amoeba infections, malaria and generally
kept my family and some faithful clients in very good health for the last 4 years since I
bought the SCIO. I can’t imagine not having it.

City Unknown

“I am a new technician since March of 2007. After a couple of months of seeing clients
I had my first 3 year old little girl who was experiencing multiple seizures after 15 months
of age, never having anything wrong prior to that age. After being extremely medicated
and not being able to talk or walk we had a session with this little girl. We were able to
find in the device(from the NLP panel) that she encountered a trauma from her father at
1 year old. Looking in the test matrix she had multiple parasites and one being
trichinosis. Also that she was allergic to pork. Her father sat beside me reading the
matrix screen and then informed me that he was a Veterinarian at the University of
Minnesota and that he traveled all over the countries nation wide speaking on the
research and development of swine. After several treatments the little girl is now only
on one medication once a day and is learning how to talk and to walk! The mother
thanked us again and again saying that this was the first time that she felt that she was
able to communicate with her daughter. At least she was able to find out what was
wrong with her seeing how she couldn’t talk.

City Unknown”
“A 66 year old female presented with extreme allergies and had been diagnosed with Chronic Fatigue and Fibromyalgia along with digestive issues (leaky gut syndrome) by her doctor. After the first session in 2003, she felt great relief and continued monthly sessions for the next year as the balance to her nervous system and digestion subsided considerably and she had a new lease on life and wrote and published three books. She continues to come for biofeedback sessions when she has insomnia or is "out of whack" and appreciates the balancing with the EPFX device.

Tulsa, U.S.A."

“24 year old female. Her allergies keep her on weekly shots. She was treated 6 times 3 years ago and to date has not had any more allergy problems.

City Unknown”

“40 year old white woman. History of nasal polyps and allergies. In ER the night before. Distressed as a result of inability to comfortably breathe and emotional distress from repressing grief from having lost her husband to Lung Cancer the year before and now responsible to raise 7 year old adopted daughter. Diet consisted of candy and alcohol and minimal food, all hidden from even closest family members.

Rx: Steroidal spray, antibiotics, Armor Thyroid


Drs. recommended surgery.

Client took suggestions to control diet, allow grieving and to hydrate.

Client called 4 days later to say she woke up morning after treatment feeling 75% better (a miracle by her account) and wanted to return sooner than scheduled appointment. She has come regularly for 3 years and uses spray infrequently, has learned to express her grief, avoided surgery and feels and looks “better than ever.” Best of all, avoided surgery.

City Unknown”

“This last summer my son started with a simple cold and virus, he did not get better. It went into his sinuses and into his chest and became a chronic, long term condition. They
called it bronchitis and treated it with drugs. He went on antibiotics twice and no getting better. I put him on the Epfx repeatedly and the common message that kept appearing throughout and kept coming up was "cat hair". Now, I didn't pay any attention to this because we have no cats, I know my son is allergic to cats, so, we don't have any. The condition persisted and just wasn't getting any better, my son was even losing weight. I kept going back to the Epfx, asking for a signal or a clue or a sign as to "what is going on here?". Nothing made sense, but the "cat hair" thing kept coming up. I casually mentioned to my son, that it was funny that "cat hair" kept coming up because we didn't have any cats. He immediately told me that his girlfriend had two cats, that never went outside and were all over the furniture all the time. My son had been spending a LOT of time at his girlfriend's, as you can imagine with two hormonal teenagers. This was the answer, the Epfx was dead on, and was telling me this every single time, I just wasn't listening. I kept my son away from his girlfriend's house with the cats for 3 weeks, and what do you know? Symptoms gone, he got better right away and all was well, no more drugs, no more doctors appointments, no more losing weight, he could breathe again without coughing and hacking. After that experience, I realized that you need to PAY ATTENTION to all the Epfx is telling you, even if it doesn't make sense.

City Unknown

"Here's What My Clients Have to Say:

"I came to the office with extreme mental fatigue, brain fogginess and anxiety. After the second week I felt so much better and the mental fogginess went away and I was more calm and less anxious. I've learned a tremendous amount from my practitioner and she always had great suggestions for things I can use in my everyday life that were easy to do. The Body Balance formula is also great and has really helped."

- (Centennial, CO)

"I started with fatigue, allergies and difficulty sleeping. After the first treatment I noticed I had more energy the next morning. I felt like I didn't need a cup of coffee to get going. A complete scan is a good indicator of overall health. Even in the absence of symptoms, people should obtain an initial exam to determine overall health. Many diseases, conditions and syndromes remain asymptomatic for many years."

- Performance Chiropractor (Westminster, CO)

"My complaints were dizziness, coughing, spinal cord injuries and lack of energy. After the first treatment I noticed a subtle shift of energy that seemed to move things in a positive and healing way. My dizziness disappeared, the coughing subsided and I had more energy."

- (Denver, CO)"
"My initial complaint was allergies and it was discovered through the biofeedback machine that the main allergen was honeysuckle (which was growing outside my bedroom window). The practitioner relieved all the allergy symptoms and desensitized me to the honeysuckle so I can now enjoy it. Perhaps the most immediate and startling response was related to soreness and discomfort in both the hip and leg sockets. This had been painful for at least six months. The sudden absence from pain certainly got my attention!! Several times my energy level has been low and the SCIO has been able to send me long distance therapies to enhance and boost my energy and overall immune system. There were other occasions where my practitioner was able to identify specific food poisoning. This is a major advance in science that bodes well for our good health. The wisdom of this scientific machine to correctly identify what the body needs at a given time is nothing short of remarkable."

- (Weaverville, North Carolina)

"I was a 37 year old female, living in Arizona. Although I never had a problem with allergies, I started to develop severe attacks, and spent almost two years just waiting for each attack to go away, until they became more frequent, and caused me more and more discomfort. An attack would consist of severe itching, especially the eyes, extreme difficulty breathing, and sore throat. At one point, I went to the emergency clinic thinking that I had strep throat, but it was just allergies, and I was given a steroid inhaler, and several prescriptions. I used the inhaler a few times, when absolutely necessary.

My first experience with the QXCI, a two hour session, made me feel so much better. I went once more the following week, and my allergies were completely gone for three months. Not only was I provided a tremendous amount of relief (I am a singer, so this was huge for me), but it opened my eyes to other aspects of natural healing, and made me take responsibility for the things that I put in my body. I am now 39 years old, and no longer have problems with allergies. I know, from the amazing experience that I had with the QXCI, that the energy of our universe is more powerful than any pharmaceutical drug out there.

Arizona, U.S.A"

"We are spending every summer in Greece and for the past 10 years my son had serious allergic reactions to the air in our house, probably dust and mold because nobody lives in the house during the winter. He usually sneezes nonstop and cannot sleep because of breathing difficulties. Twice he had to fly back to Germany because he felt too sick to stay. He also had a skin fungus on his back with resulted in huge white patches that never tanned and looked awful. That summer after his arrival he started
again with sneezing and breathing problems but he thought that he could try out the Biofeedback program on the QXCI, and worked on releasing the stress on his skin. He also worked with the allergy program and after two days he had no more breathing problems, which was just amazing. By the end of our holidays he had a beautiful tan on his back and all patches had disappeared. He actually worked with the device every single day because most of the people in the village got interested when they saw my son's obvious changes.

Vancouver, Canada”

„I am a 58-year-old woman who has been treated for chronic daily (cluster) migraines for 23 years and chronic allergies (environmental) and sinusitis for most of my life. In addition, for the past year, I've been treated for chronic neck pain as a result of a shoulder surgery I underwent in 1/11/07. In November of 2007, I was diagnosed with sleep apnea.

I had been living on a host of medications, prescribed by a neurologist, a sleep disorder specialist (also an neurologist), an ear, nose and throat specialist, a psychiatrist and a surgeon. In mid-December 2207 I began having new severe symptoms including loss of sleep and appetite, weight loss, confusion, and hyper-manic and obsessive-compulsive behaviors. On Jan. 20, 2008 my neurologist advised me to immediately cease taking the calcium channel-blocker she had prescribed a month before. At the same time, I made the decision to go off all the medications I was taking, including all pain meds, sleeping pills, and nasal steroids. This catapulted me into drug withdrawal and a severe state of detoxing.

On Jan 29 I was treated by a practitioner with the QXCI biofeedback machine. I subsequently had 3 more treatments. As of today, I am pain-free, exercising regularly and eating normally. I am taking no medications at all except bio-identical hormones. I am comfortable in my body for the first time in memory.

City Unknown”

„One client has had some serious allergies, food intolerance and depression and a attitude on life that the glass generally was half empty - she is now stable after 8 weeks and has a new lease on life - has gotten her diet under control is eating things she couldn't tolerate before and has a new attitude that anything is possible and is training for a new job. Her whole family is now taking turns coming once a week. Her son had evidenced some extreme mood swings and after being seen a couple of times has decided to settle down and stick around and see what it is he can do in this life.

City Unknown”

„Male 2-9 currently, allergies, emotional/abandonment/anger issues; experiences relief under the smallest treatment
AGE: 33

GENDER: FEMALE

DIAGNOSIS: ALLERGY FOR A LOT OF SUBSTANCES, EMOTIONAL CRISIS, PMS, FATIGUE

AFTER A TEST WITH THE SCIO AND AN ALLERGY TEST I FOUND A MEXICAN PLAN THAT WAS CAUSING SOME OF HER ALLERGIES. I ASK HER TO FIND THIS PLANT FIRST IN INTERNET AND THEN IN HER HOUSE. THE PLANT WAS IN HER KITCHEN, THEN SHE MOVED THIS PLANT TO ANOTHER PLACE IN HER GARDEN AND THE PRINCIPAL ALLERGY STOPS IMMEDIATELY. ALSO, WITH FOUR SESSIONS WITH THE SCIO SHE EXPERIENCED A RELAX STATE, BETTER FEELINGS, EMOTIONS, AN ESPIRITUAL BALANCE AND JOY.

CITY UNKNOWN, U.K

Age 60, female, asthma and allergies and headaches. After initial session Dec 20/07 she was breathing deeper, getting more sleep, dizzy/nausea and weepy following session, and yoghurt not settling either. She was waking up in mornings without headaches, but they came back during the day. After second session on Dec 24/07 she noticed she was able to take bigger breaths, but still got some headaches. She also noticed floaters the following day and disappeared within the following week. She still wasn’t getting her usual AM headaches.

City Unknown

Age 40, male, TMJ, lower back pain, stress with tachycardia, allergies, throat closes in when eating. Client since 2005. He notices improvements either immediately or within 3 days of each session. His jaw locked after one session and hasn’t bothered him since. His back is much better with occasional pain, which he finds biofeedback better than chiropractor for his lower back and gets relief within 3 days of each treatment. He finds it very relaxing and reducing his stress and heart beat. After using the allergy desensitization stress reduction program he found he could swallow much better for about 3 weeks.

City Unknown

Age 77, female, eye sight, fullness in ears/sinuses, allergies, ears, indigestion. Her initial session was May 17/07. A week after this session, on May 24/07, she reported that her sinus drained but ear acts up now and again. On May 31/07, she reported after that after her last session she noticed her sinus drained again and ear
was less problematic. On June 19/07, her hearing had been good and better since last session until June 19/07. She said it felt like it popped. On July 12/07 she reported that it has been her best summer yet with head being clearer, no heaviness, and sinuses better. She noticed ear popping and fullness as if volume turned up shortly after session. On July 31/07 she reported sneezing and digestion still a slight issue. On Oct 2/07 she reported that sinus and head fullness was good. On Nov 1/07 she still reported that her sinuses were better this year and indigestion a bit less. On Dec 7/07, her ears popped and drained after last session, but digestion not great yet. On Jan 10/07, she reported that she has less headaches.

City Unknown

„Age 66, female. Allergies, rash on hands, fatigue, left hip and sciatic nerve pain, weight, left knee cracking and pain, toes numb and feel like tripping, hypothyroid (partially removed), stress. Client since Dec 16/05. She indicated that her cravings were reduced after a couple sessions. Rash on hands is reported to be better in late 2007 while on reduced carbohydrate diet and working on Insulin Resistance and Syndrome X with her homeopath. On Nov 23/06 she reported mental clarity being better. She always reports immediately after each session (almost monthly) that she is able to lift her left leg up easier onto her right knee for tying her shoes. She has reported that her toes have not been as numb after some sessions too.

City Unknown

„Age 58, female, high blood pressure, allergy, water retention. The following day after her session she reported that she had lots of energy, felt great, had no bloating, and her eye redness was gone, and allergies improved.

City Unknown

„9 year old Female / head injury, allergies, mercury toxicity, (from inoculations and biological grandparents were dentists), uncontrollable violent temper tantrums every day several times a day , anger issues (child was adopted), leaky gut. Mother at her wits end had spent the last 5 years going from Dr to Dr trying to get answers of why child was out of control. Dr's felt it was child being spoiled. First session on Biofeedback therapy was NLP, Therapy, Biofeedback, Timed therapies. Worked emotions/stressors and release of anger. Mother could not believe the difference in behavior of child, lasted about 3 days, Child came back again, worked same areas, added the Risk factor panel, no temper tantrums for 4 days, Mother ecstatic. Worked on these Main areas and kept adding new areas, such as trauma, brain etc. Therapies lasted anywhere from 4-5
days did only one session a week for 6 weeks. At this point parents wanted faster results, so referred to a Medical practice where child went under HBOT, Cupping therapy, cranial therapy, enzyme therapy and blood tests for allergies. They still kept the once a week session. Child has new personality, sweet, loving, the temper tantrums are gone, child loves to come for sessions says she feels much better and happier after therapies. Both parents are so grateful for the EPFX distressing their child and for it leading them to what needed to be done to help their child become normal again and so excited to have their child back to the happy child she once was. Child is still actively seeing me once a week. Will continue for another 4 weeks then hopefully once a month/ or when needed.

City Unknown"

„I have a 68 year old female client who had four sessions with me before leaving Canada to winter for 3 months in the southern US. She told me that she has a fairly severe allergy to cats and that she would be in the presence of felines during her visit south. I offered to work on desensitizing her allergy once a week, in Virtual, for the 3 months that she would be gone to see if she would notice a difference. She recently e-mailed me with the following message:

"Thank you for the allergy boosts, I didn't have hardly any problems over the weekend. What a relief!!!! We're going back into Phoenix this next weekend so will appreciate any extra boost you can give me. You can't imagine how much easier it is to breathe.  Thanks again."

City Unknown”

**SUGGESTED THERAPIES**

ALLERSODE THERAPY, Allergy Sensitivity
1. Using an allergy producing compound to desensitize is a major part in the treatment of allergy desensitization.
2. Medical doctors have used allergy shots to desensitize for years.
3. In homeopathy we take the allergy causing compound such as milk and homeopathically dilute it. This has been shown to reduce an allergy attack. 4. Allergies to inhalants, foods and many other compounds have been clinically and experimentally shown effective. (allergy work).
5. *OPSIN I and *OPSIN II contain histamine and adrenalin along with low potency herbals to help with detoxification of food and inhalant allergens, as well as providing
symptomatic relief by stimulating the organism to lower the antibody response to the allergen.

6. These products can be used for light to moderate food and inhalant allergy symptoms.

7. For tougher allergies, utilize *COURSE I, II, III, IV. These are polychords of singular remedies and are more demonstrative in their ability to lower the antibody cascade (ref. Allergy Study).

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**ALLERGY TREATMENT**
This Document is a complete text on naturopathic management of allergies
Allergy as in most diseases is caused by a multitude of causes that might result in the Allergy. Allergy is an excess cascade of antibodies in the body as a reaction to some compound or compounds. When the immune antibodies start to cascade, there is histamine released. Some times there excess white blood cells full of histamine called Mast Cells in the body. The histamine is released during the allergy. The histamine causes a shift to alkalinity in the area, which in turn draws water. This causes the allergic swelling of the tissues. This can be asthma, sinus, eyes, hives, etc.

The start of an allergy is related to the mental state of the patient at time of exposure. Two identical twins age 5 are sitting on a park bench. Two identical twin bees sting each on the arm. One runs left and finds mommy. Mommy says it will be all right, she soothes the mind and offers comfort. The mind of this twin calms and starts to relax. The other twin runs right and does not find mom. The mind feels the extreme pain and swelling, the mind thinks there is a threat to life, the hypothalamus causes the reticuloendothelial system(immune system) to make excess antibodies to all compounds present. These antibodies can be to the bee sting, the polen on the bee's feet, the chocolate cake in the digestive tract of the child.

You can not have an allergy to a substance on the first exposure, you can have a toxic or enzyme deficiency reaction but not an allergic response on the first exposure. The excess antibodies have to be developed previously. Certain compounds are easier to develop allergies to. These compounds have harsh features or are somewhat toxic to start. This list includes, polens, dust, air polution, animal dander, yeasts, wheat, corn, sugar, peanut, gluten, shellfish, milk, and others. The mind in times of great stress can produce antibodies to try to prepare for the next exposure. This can be an attempt to not be hurt like this again. As such the mind might chose to make an allergy in times of emotional stress. Once the excess antibodies are made the body will have an organic reaction independent of the original emotion. There will be some slight unconscious memory. The allergy is allways an attempt of the unconscious to protect the person. The patient has a hard time realizing this. The NLP emotional desentization techniqes in the QXCI device will assist taking the emotional component of the antibody cascade which is allergy. But this is not enough the QXCI develops other desensistizations. To desensitize the antigen (antibody) production, we use oral antigens we call allersodes. The QXCI device uses an energetic allergen transfer. This therapy can lower the organic reaction to the allergy.

**ADDITIONAL SUGGESTIONS**

There are always some agravating complications of allergy. These will need to be addressed as well.
Liver and Adrenal function are most important. Digestion is also important. Take some desicated liver 3 pills at bed time. Adrenal substance can be taken in the morning.

**MASSAGE**

Adrenal massage can also help. This is done by making two fists and gentle rotating the fists clockwise and counterclockwise or the adrenal which are just above the kidney. A
small tap on the area can also help. Massage for 3 minutes. Lymph massage can help to stimulate drainage. Firm and strong massage of the skin will reduce histamine. Brisk skin massage will make the skin red. The red is due to the release of histamine. Sauna after massage and cold water after sauna can help to completely lower histamine for days making allergic reaction less possible. There are less allergies in countries that use such activities weekly.

VITAMINS
Deficiency of fatty acids is the most prevalent vitamin deficiency in the world today. These fatty acids are essential in nerve control, hormone manufacturing and immune balance. Over cooking our foods destrys fatty acids. We get our best fatty acids from fresh and raw foods. And flax seed oil will not supply the total range of fatty acids. The next largest vitamin deficiency problem relating to allergies is for the Co A enzyme circuit, and most importantly pantothenic acid. Pantothenic acid is used by the Adrenal for natural antihistamines.

For allergies I usually prescribe the following:
- Vitamin C 1000 mg three times a day
- Pantotenic acid 500 mg per day
- B6 300 mg per day
- Magnesium 100 mg per day
- Vitamin E 400 iu per day

HERBAL
Coffee can help if it does not agravate the nerves or cause insomnia. Three cups can help asthm. Kava Kava can also help. Ohters include :
- Licorice
- Prunus
- Quercetin
- Ephedra (Brigham Tea)
- Melaucal
- Wintergreen
- Mentha

THE QXCI

The NLP emotional desentization techniqes in the QXCI device will assist taking on the emotional component of the antibody cascade which is allergy. But this is not enough the QXCI develops other desensistizations.

To desensitize the antigen (antibody) production, we use oral antigens we call allersodes. The QXCI device uses an energetic allergen transfer. This therapy can lower the organic reaction to the allergy. The device activates allersodes, nosodes, and sarcodes to offer the finest in Allergy control. Use once a week for a month, but with the other methods included in this report.

HOME NLP therapy

Do this mental realxation and visualization exercise, take several minutes for each step:
  1. Relax Breathing, Muscles, Reduce Tension
2. Imagine The First time You Felt the Allergen
3. What Emotional Stress was Present Then?
4. Feel the Stress, Fear, Anxiety, Desire, Pain
5. Release Stress + Pain, Forgive The Stressor
6. Focus the Mind on the Area Of the Allergy, Imagine the breath coming in and out of the area where there is the most allergy.
7. Release the Past Stress From the Symptom Area
8. Mentally Remove all Fear, Guilt, Pain, Stress
9. Tell the body to not react to the substance, tell the body you no longer need the allergy.
10. Relax breathing, feel the oxygen moving and feel the body reducing the allergy, return to step one.

RULES FOR THE STOMACH – important for allergies

The stomach is an important part of our anatomy. Food entering our mouths must be properly prepared for digestion. After being chewed and masticated by the mouth, the food is now sent to the stomach for further processing. The stomach mixes the food in an acid bath for further break-up of the nutrients. When the acid shifts alkaline to about 5.5 ph the pylorus valve at the base of the stomach opens and the food is passed along to the primary digestive organ the small intestine. Nature has provided us with a nervous system that regulates this process. This nervous system is designed to prefer muscle action over digestion. So if a threat or stress comes to us after a meal, such as a lion attack, our body will shift its energy from digestion to the muscles and we can survive by running away. In our present society we have few lions, but our nerves can still stop digestion just as easily. When we allow the stomach to empty its contents prematurely the small intestine is overburdened. The food is not properly prepared for digestion. Then we get an increase in large undigested proteins and large undigested fats that can be absorbed into the lymphatic system. This will enter the free fatty acid and amino acid pool and either clog up the lymphatic system or be used to make cells. Cells which will now be made of poor quality parts. It is not much of a problem if we circumvent the stomach just now and then, but for some the patients, this becomes a way of life. They constantly use ant acids, too much liquid with meals, coffee, milk, or a variety of ways to empty the stomach too early. When the stomach empties there is a release of CCK a hormone which has a slight anti depression or euphoria. This and the release of the stuffy stomach feeling intensifies the addictive quality of the effect. But the long term effects on nutrition are very detrimental. There are rules of the stomach that can maximize nutrition. The majority of our patients are partially sick because they violate the rules of the stomach. This is the key to weight loss and the healing of a host of other disease. We are seeing more and more evidence of what good nutrition can do. But it is not just what we eat that is important, but what we absorb. Even the best meal or nutrition can result in inappropriate nutrition if we violate the rules of the stomach.
Food combining is just part of the answer. As that different foods have different times for stomach digestion. So the stomach can open prematurely from that.

RULES OF THE STOMACH

1. Fluids alone (no more than 4oz. Of fluid with a meal, or for two hours after a meal)
2. No coffee at meals (wait for 1.5 to 2 hours after or 1 hour before eating)
3. No milk with meals (wait for 1.5 to 2 hours after or 1 hour before eating)
4. Fruits alone (wait for 1.5 to 2 hours after or 1 hour before eating)
5. Melons alone (wait for 1.5 to 2 hours after or 1 hour before eating)
6. Small meal is better Quality of nutrition not quantity
7. Slow meals Savor, enjoy, rejoice, and celebrate the meal
8. Eat for nutrition not for stimulation, Eat when hungry, not when bored
9. Rest comfortably after eating for at least 35 to 45 min to maximize stomach function
10. Make and eat food with love and kindness, no violent or negative emotions
11. No ant-acids
12. Do not sleep for 3 hours after eating.

When the stomach is weak the signs will be craving fluids with a meal, bloating after a meal, itching skin especially rectum, belching, and gas. The patient will have a difficult time digesting raw vegetables. They will complain that raw vegetables can not be digested. This is not a fluke of their digestion or an inherited weakness. This is a sign of a weak stomach. Sometimes our children come home from school and say, Daddy I don’t want to go to school any more, it makes my head hurt. We must say back I know it is hard, but you must develop slowly and work to become better. This is what we must say to those with weak stomachs. You must work slowly, day by day building up the stomach by taking some vegetables as juice. Maybe even very dilute juice and slowly increasing the amount till your stomach develops the strength to process your food properly. The nutrient content of fruits and vegetables is immense, and being able to break up the nutrients and stimulate absorption is needed for complete health and recovery.

The addictive quality of this problem is seen as our society more and more allows for breaking the rules of the stomach. The greater your disease or especially if your disease is critical the more you will need to observe the rules of the stomach. This is a must for proper healing.

STRESS REDUCTION

Stress is the most incipient killer of people today. Stress is responsible for 70 to 80 percent of the disease in America. Stress reduction is a must in today's society for longevity, health and happiness. Below are some simple rules for fighting this unseen killer.

1. Stress awareness begins with recognition or awareness. Our stress inventory provides insight into the amount of stress in our lives. As we become aware of stress, we can begin to deal with it. The "ostrich" technique of stress reduction
never works.

2. Humans resist change. Whether change occurs in the body, mind, social, spirit or environment, most humans will resist. To learn to relax, we must learn to break our old habits of stress reaction and substitute more productive reactions such as clear thinking, calm headed and relaxed understanding. To change requires perseverance, positivity, proper goals and beneficial rewards. Whether changing eating habits, exercise routines, stress reactions or social skills, change requires work, but the rewards of a healthy body and mind for you and your family are worth it.

3. Stop addictive behavior. Whether it is coffee, soda, sugar, heroin, cocaine, alcohol, etc. an addiction is an addiction. Addiction to stimulants will always rob health and always cause disease. If you care for your children, you would fight to stop them from using heroin. But so often we let them indulge in potato chips, candy bars, tobacco, etc. The seeds of addictive behavior stem from "stimulation dependency" in our youth. If we are to truly conquer drugs, then we must stop addiction to stimulation or depression early in life. To stop addiction break it's bond as early as possible. Just say no, if you really care.

4. Relax after meals. Allow at least 30 minutes after a meal to relax with comfortable music (not hard rock and roll), good spiritual books (not tax literature), good conversation (not argumentation), or some other relaxing diversion. Do not lie down. Sitting, standing or a light walk is recommended. Let your body focus on digestion for the best effect.

5. Allow one to two hours for worry or think time per day. Make this a quality think time to completely analyze your problems and concerns. Any more than 2 hours a day and your mind will distort the problem and not produce a solution. Excessive worry will produce more problems and more worry until this violent spiral results in disease. Use your quality think time to develop quality solutions you can act on to really help you solve your problems and concerns.

6. Take 30 minutes a day for relaxation and silent reflection. Concentrate on calmness, acceptance, relaxation, health, peace, stillness, etc. Save your active thinking for later. Let this still time be one for producing calmness. Wear comfortable clothing, find a quiet spot and let those around you know how important this time is to you.

7. During this quiet time, relax tense muscles. Breathe deeply and slowly. Calm and relax your mind as you detach yourself from the turmoil of the day. Let go of your troubles and fill your thoughts with positive thoughts. Use this daily experience to foster your mind and body develop your inner health.

8. Remember, laughter is the best medicine.

9. Learn the laws of good health.

SCIO TREATMENT SUGGESTED

Color - set patient's favorite if desired, or choose color by chackra that is deficient.
Cosmic: set 1 for physical body, 2 for astral, 3 for etheric, 4 for mental, 5 for cosmic, 6 for other.
Magnetic Method - 1+10 is universal, 7 for detox, 8 for regrowth of new tissue, 3 for injury, 2 for metabolic correction, 5 for inflammation, 6 for infection, 9 for psych stress, 2
for energy stim
**Frequency** - 1k, 555hz, 33hz, 1111hz, 12-1033hz
Auto Trivector for 30 min once a month in early stages and once a week in later stage.

**Discussion:**

The results show significant improvement in symptoms and feeling better. The Collective results show a dramatic benefit to the SCIO therapist visit.

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