What is Bell's palsy?

Bell's palsy is a paralysis or weakness of the muscles on one side of your face. Damage to the facial nerve that controls muscles on one side of the face causes that side of your face to droop. The nerve damage may also affect your sense of taste and how you make tears and saliva. This condition comes on suddenly, often overnight, and usually gets better on its own within a few weeks.

Bell's palsy is not the result of a stroke or a transient ischemic attack (TIA). While stroke and TIA can cause facial paralysis, there is no link between Bell's palsy and either of these conditions. But sudden weakness that occurs on one side of your face should be checked by a doctor right away to rule out these more serious causes.

What causes Bell's palsy?

The cause of Bell's palsy is not clear. Most cases are thought to be caused by the herpes virus that causes cold sores. In most cases of Bell's palsy, the nerve that controls muscles on one side of the face is damaged by inflammation.

Many health problems can cause weakness or paralysis of the face. If a specific reason cannot be found for the weakness, the condition is called Bell's palsy.
What are the symptoms?

Symptoms of Bell's palsy include:

- Sudden weakness or paralysis on one side of your face that causes it to droop. This is the main symptom. It may make it hard for you to close your eye on that side of your face.
- Drooling.
- Eye problems, such as excessive tearing or a dry eye.
- Loss of ability to taste.
- Pain in or behind your ear.
- Numbness in the affected side of your face.
- Increased sensitivity to sound.

How is Bell's palsy diagnosed?

Your doctor may diagnose Bell's palsy by asking you questions, such as about how your symptoms developed. He or she will also give you a physical and neurological exam to check facial nerve function.

If the cause of your symptoms is not clear, you may need other tests, such as blood tests, an MRI, or a CT scan.

Treatment

Most people who have Bell's palsy recover completely, without treatment, in 1 to 2 months. This is especially true for people who can still partly move their facial muscles. But a small number of people may have permanent muscle weakness or other problems on the affected side of the face.

Treatment with corticosteroid medicines (such as prednisone) can make it more likely that you will regain all facial movement. They work best if they are taken soon after symptoms start (within 3 days). Sometimes antiviral medicines (such as acyclovir) may be added to corticosteroid medicines to treat Bell's palsy. But evidence for using antiviral medicines is weak. They may help in some cases, but in general they do not affect recovery.

Some people may not be able to take corticosteroid medicines because of other health problems. It's important to remember that most people with Bell's palsy recover completely without any treatment.
Bell’s Palsy can be Cured Naturally with Cayenne Pepper

Some people swear by a treatment of Bell's palsy cured naturally with cayenne. Cayenne pepper has a long and distinguished history in herbal medicine.

Cayenne
Cayenne pepper (*Capsicum*) improves blood flow. Herbalists use it to treat a variety of disorders, and consider it a powerful healing agent. Although no one knows for sure what causes Bell's palsy, the theory behind using cayenne is that blood flow has somehow been restricted to the nerves in the face and head. This causes the characteristic one-sided facial paralysis found in Bell's palsy victims. Cayenne thus restores blood flow to the affected nerves.

Patients typically take capsicum pills to improve blood flow. Pills are readily available in health food stores or online. Capsicum pills may cause increased blood pressure, so if you suffer from high blood pressure or take medication to reduce high blood pressure, consult a qualified herbalist or physician before taking any remedies containing capsicum.

Another form of capsicum is a topical cream rubbed into the skin. Companies typically market such creams to treat arthritis. As with all topical preparations, test it on a patch of skin on the arm or inside the elbow area first, waiting twenty-four to forty-eight hours before using on the face, and be sure to consult with an herbalist if you're uncertain about using any herbs.

Holistic Remedies for Bell's Palsy

There is no proof that cayenne, or any herbs, cure Bell's palsy. Most treatments for Bell's palsy include various herbs taken as tinctures, teas or capsule. Herbs used to treat viral infections may also improve outcomes for Bell's palsy. These herbs include Echinacea and
goldenseal. Consult a qualified herbalist for the appropriate herbs, since Bell's palsy manifest different among individuals and thus calls for individualized treatment.

Doctors often tell patients that episodes of Bell's palsy occur when the immune system is compromised. The herpes virus, once contracted, remains dormant in the nervous system. It may resurface as shingles, herpes outbreaks, or other diseases. One theory is that the dormant herpes virus causes Bell's palsy as it attacks certain facial nerves. To prevent viral outbreaks, maintain overall good health. Follow healthy eating guidelines, incorporate healing foods, get plenty of sleep, and reduce stress through meditation and other stress management techniques. All of these will go a long way to reducing Bell's palsy symptoms and prevent future attacks.

How can you care for yourself at home?

Facial exercises. As the nerve in your face begins to work again, doing simple exercises—such as tightening and relaxing your facial muscles—may make those muscles stronger and help you recover more quickly. Massaging your forehead, cheeks, and lips with oil or cream may also help.

Eye care. If you can't blink or close your eye fully, your eye may become dry. A dry eye can lead to sores and serious vision problems. To help protect the eye and keep it moist:

- Use your finger to close and open your eyelid often throughout the day.
- Use eyedrops ("artificial tears") or ointment. Those that contain methylcellulose are a good choice and don't require a prescription. You may want to use drops during the day and ointment at night while you sleep. Ask your doctor how often to use the drops.
- Wear an eye patch while you sleep, and wear glasses or goggles the rest of the time.

Mouth care. If you have no feeling and little saliva on one side of your tongue, food may get stuck there, leading to gum disease or tooth decay. Brush and floss your teeth often and well to help prevent these problems. To prevent swallowing problems, eat slowly and chew your food well. Eating soft, smooth foods, such as yogurt, may also help.
### Western Medicine vs TCM

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<tr>
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<th>Western Medicine</th>
<th>TCM</th>
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<tr>
<td><strong>Diagnosis</strong></td>
<td>Bell's Palsy</td>
<td>Internal Wind</td>
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<td><strong>Symptoms</strong></td>
<td>Paralysis, eye twitching, damage</td>
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<td>total paralysis.</td>
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<td><strong>Cause</strong></td>
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<td>inflammation is unknown.</td>
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<td>appearance <strong>PLUS</strong></td>
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<td><strong>Treatment</strong></td>
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<td>Electrical stimulation</td>
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<td>• Prednisone to stop inflammation</td>
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<td>• Ibuprofen for pain</td>
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<td>• Eye patch and drops for an eye</td>
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<td>Excellent—3-5 visits</td>
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<td>recovery in 3-6 months.</td>
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BELL’S PALSY

Unilateral paralysis of the facial muscles supplied by the facial nerve. Also called facial paralysis, facioplegia, prosopoplegia. It is believed to be caused by a virus and is alleviated by anti-oxidants. It is triggered by colds, fever, Lyme disease, and ear infections.

Calcium - 4 droppers full
Copper - ½ dropper full - P.M.
Magnesium - 5½ droppers full
Manganese - 1 dropper full
Molybdenum - ½ dropper full
Silver - 2½ droppers full
Sulfur - 2½ droppers full
Zinc - 2½ droppers full - A.M.
TOTE - Alkalized Water - 2 droppers full in 8-10 oz. of pure water 4-6 times daily

Other helpful items found at your local health food store.

Brewer’s yeast
Full spectrum amino acids
Lecithin - 1000 mg.
Vitamin B-complex as directed
Vitamin B-6 as directed
Vitamin C - 2000 mg. daily
Bell's Palsy: What is it?
Bell's Palsy is a form of peripheral neuropathy. It is a disorder involving sudden facial drooping and decreased facial movement.

Bell's Palsy is caused by damage to cranial nerve VII. The cause of the damage is unknown, although it can be associated with inflammation of the facial nerve where it travels through the bones of the skull. It may also be caused by tumor, hypertension or head injury.

The symptoms of Bell's Palsy may include: face pulled to one side, facial paralysis, difficulty with eating/drinking, pain behind or in front of the ear, impairment of taste, sound sensitivity, headache, facial stiffness, and difficulty with facial expressions.

Bell's Palsy: Does SCIO INDIGO Eductor EMS and TENS work?
EMS (electronic muscle stimulation) stimulates muscles using tiny electric impulses. The impulses travel to the body from the EMS unit via electrode pads which are attached to the body. Timers on the EMS machine rhythmically contract and relax the muscles, allowing it to tone or work muscles. SCIO INDIGO Eductor EMS units are ideal for treating Bell's Palsy and are used by patients all over the world.

SCIO INDIGO Eductor EMS machines are also used for muscle disuse after a fracture or prolonged bed rest, strengthening after joint or muscle injury, immobilised limbs, muscle atrophy prevention, stress incontinence, muscle weakness, low muscle tone after weight loss or childbirth, muscle spasticity following a stroke.

TENS pain relief is non-invasive and drug-free. TENS electrodes are placed on or near the area of pain. It uses soothing pulses, sent via the pads, through the skin and along the nerve fibres. The pulses suppress pain signals to the brain. TENS also encourages the body to produce higher levels of its own natural pain killing chemicals - endorphins and encephalins.
Carbon Impregnated Rubber Bands attach to Head, Ankles, and Wrists
Spinal injury and pain

Using MTENS, and TVEP the SCIO can treat the spinal area for injury and pain.
Sending in an auto-focused sophisticated pulse different for each patient based on their personal electrical needs.

If you need more information on the SCIO and purchase details please get in touch with us
Maîtreya Kft.
tel: +3613036043 | web: www.qxsubspace.com | e-mail: info@qxsubspace.com
Use Cumerin, Basil, Caynne Pepper, Licorice, Kudzu, B12, Cloves, Skullcap, Chamomile and make sure there is not a Calcium Deficiency or Fatty Acid Deficiency
Use Face Yoga (Lion Pose), Meditation, Stress Reduction
BELL’S PALSY

Natural medicine is highly effective in treating neurological disorders!!!
This is a difficult Bell’s Palsy case where it did not heal on its own,
nor did it heal with other therapies or with other doctors.
This patient also suffered from a lot of pain and headaches.

BEFORE
notice the uneven mouth
and inability to smile evenly

AFTER
healed with natural medicine

BEFORE
notice the uneven eyebrows
and the weak facial muscles

AFTER
healed with natural medicine
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AFTER
healed with natural medicine
Use the Scalar Cybermagnetic Wand to treat these points in Numerical Sequence

Set Device to Anti Inflammation
1-2 on the 1st day 3-4 next day
Spontaneous????

Seems like magic but it is just the Eductor

Eductor is on

Eductor is calibrating...

Eductor is working...

Training finished
The Eductor Research Team

Validating Energetic Medicine with Quality Research