The scientists note that this test could be utilized by therapists who don’t have the staff or equipment to conduct more advanced tests.

According to a news release from the University of Florida, scientists have revealed that THE SMELL of peanut butter may help spot Alzheimer’s disease.
Jennifer Stamps, a graduate student in the University of Florida McKnight Brain Institute Center for Smell and Taste, recognized while working with Dr. Kenneth Mailman, a professor of neurology and health psychology in the University of Florida College of Medicine’s department of neurology, that patients should be tested for their sense of smell.

The ability to smell is connected with the first cranial nerve and is typically one of the first things to be lost in cognitive decline in Alzheimer’s. “Dr. Heilman said, ‘If you can come up with something quick and inexpensive, we can do it,’” Stamps recalled. She chose peanut since it is a “pure odorant” that is only recognized by the olfactory nerve.

To measure a person’s sense of smell with peanut butter, a therapist will hold a ruler next to a tablespoon of peanut butter and move the spoon up the ruler until the patient could recognize the odor with only one nostril. The same technique was then performed on the other nostril.

The scientists discovered that patients in the early stages of Alzheimer’s disease had a noteworthy difference in recognizing smell between the left and right nostril – the left nostril was unable to identify the smell until it was an average of 10 centimeters closer to the nose than the right nostril had made the identification in patients with Alzheimer’s disease.

Of the 24 patients observed who had mild cognitive impairment, only 10 patients confirmed a left nostril impairment and 14 patients did not. “At the moment, we can use this test to confirm diagnosis,” Stamps posited. “But we plan to study patients with mild cognitive impairment to see if this test might be used to predict which patients are going to get Alzheimer’s disease.”

The scientists note that this test could be used by clinicians who don’t have the staff or equipment to conduct more expensive tests. The first parts in the brain to be affected in people with Alzheimer’s disease is the front part of the temporal lobe that has developed from the smell system, and this part of the brain is related with generating new memories.

“We see people with all kinds of memory disorders,” Heilman added. “This can become an important part of the evaluation process.” The research’s findings are defined in better detail in the “Journal of the Neurological Sciences”

About 5.2 million Americans have Alzheimer’s or another form of dementia, according to the Alzheimer’s Association, with about 13.8 million cases expected by 2050. The disease is marked by declines in cognitive function and memory skills, and people aren’t typically diagnosed until they take mental status exams or doctors rule out other diseases that cause dementia-like symptoms. Alzheimer's disease is difficult to diagnose before symptoms start showing up, because there is no single test that can definitively determine whether a person has the degenerative brain disease. Could a scoop of peanut butter and a ruler become that elusive early detection test?

A Mental test can be done by listing 7 common words not visible in the room at the time of the test. Ask the client to use each word in a sentence. Do not tell them this is a memory test. An item might be an umbrella, the client might say “I hit the dog with my umbrella”. If the use of a word inappropriately in the test is not Alzh positive but it is concerning. Then surprise the client and ask them to remember the 7 words. If 0 words are remembered the test is Alzh positive. If the last word is remembered then still possibly Alzh positive. 2 words remembered the client is not fully Alzh positive, but possibly senile.
Early Warning Signs: When to Call the Doctor About Alzheimer’s

Are you worried about an older loved one’s memory or behavior? Has your mom been getting lost while running errands? Has your dad started to ask the same questions, over and over? Signs of the early stages of Alzheimer’s disease aren’t always clear-cut -- after all, it can be hard to distinguish them from age-related memory changes.

To help guide you, here are the Alzheimer’s warning signs to watch for, along with advice about seeing a doctor and getting a diagnosis.

Alzheimer Disease Warning Signs

Many people confuse Alzheimer’s disease with dementia. What’s the difference? Alzheimer’s is a disease; dementia is a group of symptoms that include loss of memory, thinking, and reasoning skills. However, dementia isn’t always caused by Alzheimer’s disease; it can be result from other conditions as well.

Although some memory changes may be age-related, memory problems that interfere with daily life are not. According to experts, common early signs of Alzheimer’s disease or other dementias include:

- Memory loss. Although older memories might seem unaffected, people with dementia might forget recent experiences or important dates or events that interferes with daily life. Anyone can forget some details from a recent event or conversation or recall them later. People with dementia might forget the entire thing.
- Repetition. People with dementia may repeat stories, sometimes word for word. They may keep asking the same questions, no matter how many times they’re answered.
- Language problems. We all struggle to remember a word occasionally. People with dementia can have profound problems remembering even basic words. Their way of speaking may become contorted and hard to follow.
- Personality changes. People with dementia may have sudden mood swings. They might become emotional - upset or angry - for no particular reason. They might become withdrawn or stop doing things they usually enjoy. They could become uncharacteristically suspicious of family members -- or trusting of telemarketers.
- Disorientation and confusion. People with dementia may get lost in places they know very well, like their own neighborhoods. They may have trouble completing basic and familiar tasks, like cooking dinner or shaving.
- Lack of hygiene. Sometimes this is the most obvious sign of Alzheimer’s disease. People who have dressed smartly every day of their lives might start wearing stained clothing or stop bathing.
- Odd behavior. We all misplace our keys from time to time. People with Alzheimer's disease and other dementias are prone to placing objects in odd and wholly inappropriate places. They might put a toothbrush in the fridge or milk in the cabinet under the sink.

If your loved one is exhibiting any of these Alzheimer’s warning signs, don’t panic. Having these symptoms doesn’t mean that your loved one necessarily has Alzheimer’s disease. But you need to schedule an appointment with the doctor for an evaluation.
10 warning signs of Alzheimer's:

1. **Memory loss that disrupts daily life**

   One of the most common signs of Alzheimer's is memory loss, especially forgetting recently learned information. Others include forgetting important dates or events; asking for the same information over and over; increasingly needing to rely on memory aids (e.g., reminder notes or electronic devices) or family members for things they used to handle on their own.

   **What’s a typical age-related change?**
   Sometimes forgetting names or appointments, but remembering them later.

2. **Challenges in planning or solving problems**

   Some people may experience changes in their ability to develop and follow a plan or work with numbers. They may have trouble following a familiar recipe or keeping track of monthly bills. They may have difficulty concentrating and take much longer to do things than they did before.

   **What’s a typical age-related change?**
   Making occasional errors when balancing a checkbook.
 Difficulty completing familiar tasks at home, at work or at leisure

People with Alzheimer's often find it hard to complete daily tasks. Sometimes, people may have trouble driving to a familiar location, managing a budget at work or remembering the rules of a favorite game.

What's a typical age-related change?
Occasionally needing help to use the settings on a microwave or to record a television show.

 Confusion with time or place

People with Alzheimer's can lose track of dates, seasons and the passage of time. They may have trouble understanding something if it is not happening immediately. Sometimes they may forget where they are or how they got there.

What's a typical age-related change?
Getting confused about the day of the week but figuring it out later.
Trouble understanding visual images and spatial relationships

For some people, having vision problems is a sign of Alzheimer's. They may have difficulty reading, judging distance and determining color or contrast, which may cause problems with driving.

What's a typical age-related change?
Vision changes related to cataracts.

New problems with words in speaking or writing

People with Alzheimer's may have trouble following or joining a conversation. They may stop in the middle of a conversation and have no idea how to continue or they may repeat themselves. They may struggle with vocabulary, have problems finding the right word or call things by the wrong name (e.g., calling a "watch" a "hand-clock").

What's a typical age-related change?
Sometimes having trouble finding the right word.
Misplacing things and losing the ability to retrace steps

A person with Alzheimer's disease may put things in unusual places. They may lose things and be unable to go back over their steps to find them again. Sometimes, they may accuse others of stealing. This may occur more frequently over time.

What's a typical age-related change?
Misplacing things from time to time and retracting steps to find them.

Decreased or poor judgment

People with Alzheimer's may experience changes in judgment or decision-making. For example, they may use poor judgment when dealing with money, giving large amounts to telemarketers. They may pay less attention to grooming or keeping themselves clean.

What's a typical age-related change?
Making a bad decision once in a while.
Withdrawal from work or social activities

A person with Alzheimer's may start to remove themselves from hobbies, social activities, work projects or sports. They may have trouble keeping up with a favorite sports team or remembering how to complete a favorite hobby. They may also avoid being social because of the changes they have experienced.

What's a typical age-related change?
Sometimes feeling weary of work, family and social obligations.

Changes in mood and personality

The mood and personalities of people with Alzheimer's can change. They can become confused, suspicious, depressed, fearful or anxious. They may be easily upset at home, at work, with friends or in places where they are out of their comfort zone.

What's a typical age-related change?
Developing very specific ways of doing things and becoming irritable when a routine is disrupted.
Alzheimer’s Diagnostic Tests

Diagnosing Alzheimer’s will likely involve several types of evaluations and may take more than one day. In many cases, specialists may be seen, such as a neurologist, psychologist or psychiatrist, in addition to your primary care doctor, as they may have the knowledge and training needed to evaluate symptoms correctly, accurately, and efficiently.

Evaluations commonly performed include:

**Medical history:** an interview or questionnaire to identify past medical problems, difficulties in daily activities and any medications (prescriptions, vitamins, supplements and over-the-counter medications), among other things. It is important to inform the doctor of any family history of Alzheimer’s or other related medical issues. The doctor may wish to speak to a close family member to supplement information, as it is important to get a thorough picture of a person’s medical history.

**Physical examination:** should include evaluations of hearing and sight, heart and lungs, as well as temperature, blood pressure and pulse readings. The doctor might also ask about diet and nutrition and use of alcohol and tobacco products.

**Standard laboratory tests:** might include blood and urine tests designed to help eliminate other possible conditions. These will measure things like blood count, thyroid and liver function, and levels of glucose and other blood-based indicators of illness. A depression screening should also be conducted. In some cases, a small sample of spinal fluid may be collected for testing.

**Neuropsychological testing:** Doctors use a variety of tools to assess memory, problem-solving, attention, vision–motor coordination and abstract thinking, such as performing simple calculations in your head. The goal is to better characterize the types of cognitive symptoms present, which might provide clues to the underlying cause. The most commonly used test is called a mini–mental state exam, or MMSE. During the MMSE, the doctor or health professional will ask a number of questions which test a variety of common mental skills. Some examples of questions on the MMSE will ask about the date or the person’s location and also ask the person to count backward or copy a drawn figure.

**Brain–imaging scan:** MRI and CT scans look at the structure of the brain and are used to rule out brain tumors or blood clots in the brain as the reason for symptoms. PET scans can look at how certain parts of the brain are working or how active they are. Many scientists are trying to determine if other brain–imaging techniques might be able to identify telltale signs of early Alzheimer’s reliably enough to be used as diagnostic tools.

While we have yet to find a cure for Alzheimer’s, or a common medicine that can reverse its effects, a number of natural Alzheimer’s treatments have shown promise in terms of slowing down disease progression and enhancing quality of life Alzheimer’s patients:
Natural Alzheimer’s Treatment #1: Omega-3 fatty acids

Found primarily in fish oil, this ingredient on the list of natural Alzheimer’s treatments has been shown to slow down cognitive degeneration. University of California researchers experimented with mice bred to develop Alzheimer’s symptoms. They found that a DHA diet decreased the presence of specific proteins responsible for neural damage in the brains of these test subjects. The study indicates that DHA supplementation may be helpful in suspending the progression of Alzheimer’s symptoms. DHA is a type of omega -3 fatty acid found in eggs, fish, organ meats and algae.

Natural Alzheimer’s Treatment #2: Vitamin E supplements

A 2009 study presented at the American Geriatrics Society Annual Scientific Meeting showed that a therapy combining high vitamin E doses with a cholinesterase inhibitors slowed down the declining ability of Alzheimer’s patients to perform routine functions. Vitamin E is a viable alternative to other Alzheimer’s treatments but medical providers caution that large doses can be risky. This natural Alzheimer’s treatment should be pursued only under strict supervision by a health care provider. Food sources of vitamin E include nuts, seeds, broccoli and other greens as well as fruit like mangoes.

Natural Alzheimer’s Treatment #3: Lifestyle changes involving diet and exercise

A Mediterranean diet based on whole grains, fish, nuts, fruits, vegetables and healthy oils has been proven to benefit both heart and brain function. In conjunction with regular physical activity, this diet has been shown to reduce cognitive decline and to prevent its early onset. Proper nutrition and staying physically and mentally fit shows promise in slowing the progression of Alzheimer’s symptoms, along with a host of other benefits outside of memory function.

Natural Alzheimer’s Treatment #4: Sensory therapy

With declining cognitive abilities, Alzheimer’s patients can find new ways to communicate with caregivers through various sensory activities. Drama and music are often provided in long –term care facilities as a means of encouraging communication and relaxing the patient. Dance is a low impact physical activity that gives patients a sensory experience. Art activities such as pottery, done in a group setting or as an individual project is another sensory skill that that helps stimulate the mind and work to slow the progression of this disease when used in combination with other Alzheimer’s treatments.

Natural Alzheimer’s Treatment #5: Electro - Acupuncture

The National Institutes of Health and the World Health Organization recognize the efficacy of acupuncture in treating a variety of medical conditions. Limited studies conducted by Wellesley College researchers found that patients affected by mild to moderate Alzheimer’s symptoms reacted positively to acupuncture treatment. Depression and anxiety scores and thinking skills showed a marked improvement. A separate study performed by Hong Kong researchers found enhanced cognitive abilities in Alzheimer’s patients after a series of acupuncture treatments.
Natural Alzheimer's Treatment #5: Alternative Brain Fuel Coconut Oil

In this case, insulin problems prevent brain cells from accepting glucose, their primary fuel. Without it, they eventually die. But there is an alternative fuel -- ketones, which cells easily accept. Ketones are metabolized in the liver after you eat medium chain triglycerides, found in coconut oil. Dr. Newport added coconut oil to her husband Steve's diet. Just two weeks later, he took the clock test again and demonstrated stunning improvement.

"I thought at the time, was it just good luck? Was it a lot of prayer? Was it the coconut oil?" she said. "And I thought, well, we're going to keep the coconut oil going." Three weeks later, Steve took the clock test a third time and continued to perform better on it.

And it wasn't just intellectually, he also improved emotionally and physically. "He was not able to run. He was able to run again," she recalled. "He could not read for about a year and a half, but after two or three months he was able to read."

"Instead of being very sluggish, not talking very much in the morning, he would come out in the morning with energy, talkative, and joking, and he could find his water and his utensils," Dr. Newport said. She documented Steve's success in a book titled, Alzheimer's Disease: What If There Was A Cure?
The benefits of coconut water:

- Minerals
- Vitamins
- Electrolytes
- Alkalizes system
- AIDS digestion
- Helps with diabetes
- Antibacterial
- Antifungal

Did you know?

Coconut water was used in the 2nd World War as a blood substitute when blood plasma was low.
TREATING ALZHEIMER'S DISEASE with SCIO

Part of the Following:
Large Scale Study of the Safety and Efficacy of the SCIO Device

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Abstract:

This study demonstrates the safety and effective qualities of the SCIO device used in a large scale study. A large scale study of over 103,000 patients with over 310,000 patient visits reported their diseases. Many of them reported this disease. And the results of their therapy are reported in this study.

Introduction:

Over View:

This Large scale research was designed to produce a extensive study of people with a wide variety of diseases to see who gets or feels better while using the SCIO for stress reduction and patient monitoring. The SCIO is a evoked potential Universal Electro-Physiological Medical apparatus that gauges how a individual reacts to miscellaneous homeopathic substances. The device is registered in Europe, America, Canada, S Africa, Australia, S. America, Mexico and elsewhere. The traditional software is fully registered. Some additional functions where determined by the manufacturer to be worthy of evaluation. Thus a study was necessary to determine safety and efficacy. (As a result of these studies these additional functions are now registered within the EC)

A European ethics committee was officially registered and governmental permission attained to do the insignificant risk study. Qualified registered and or licensed Biofeedback therapists where enlisted to perform the study. Therapists were enrolled from all over the world including N. America, Europe, Africa, Australia, Asia, and S. America. They were trained in the aspects of the study and how to attain informed consent and transmit the results to the ethics committee or IRB (Institutional Review Board).

2,569 therapists enlisted in the study. There were 103,680 patients. 69% had more than one visit. 43% had over two visits. There were over 310,000
patient visits recorded. The therapists were trained and supervised by medical staff. They were to perform the SCIO therapy and analysis. They were to report any medical suspected or confirmed diagnosis. Therapists personnel are not to diagnose outside of the realm of their scope of practice. Then the therapist is to inquire on any reported changes during the meeting and on follow-ups any measured variations. It must be pointed out that the Therapists were free to do any additional therapies they wish such as homeopathy, nutrition, exercise, etc. Therapists were told to not recommend synthetic drugs. Thus the evaluation was not reduced to just the device but to the total effect of seeing a SCIO therapist.

Part 1. The emphasis was on substantiating safety followed by efficacy of the SCIO.

Part 2. Proving the efficacy of the SCIO on diseases (emphasis on degenerative disease)

Part 3. Proving the efficacy of the SCIO on the avant garde therapies of Complementary Med

Part 4. QQC standardization

Methods and Materials:

SCIO Device:

The SCIO is an evoked potential Universal Electro-Physiological Medical device that measures how a person reacts to items. It is designed to measure reactions for allergy, homeopathy, nutrition, sarcodes, nosodes, vitamins, minerals, enzymes and many more items. Biofeedback is used for pre-diagnostic work and or therapy.

The QXCI software will allow the unconscious of the patient to guide to repair electrical and vibrational aberrations in your body. For complete functional details and pictures, see appendix.

Subspace Software:

The QXCI software is designed for electro-physiological connection to the patient to allow reactivity testing and rectification of subtle abnormalities of the body electric. If a patient is not available a subspace or distance healing link has been designed for subspace therapeutics. Many reports of the success of the subspace have been reported and thus the effectiveness and the safety of the subspace link is part of this
Many companies have tried to copy the subspace of Prof. Nelson and their counterfeit attempts have ended in failure.

**SOC Index:**

The SCIO interview opens with a behavioral medicine interview. This is called the SOC Index. Named after the work of Samuel Hahnemann the father of homeopathy, he said that the body heals itself with it’s innate knowledge. But the patient can suppress or obstruct the healing process with some behavior. Hahnemann said that the worst way to interfere with the healing natural process was Allopathy or synthetic drugs. Theses upset the natural healing process by unnatural intervention and regulation disturbance. Other ways to Suppress or Obstruct the Cure are smoking, mercury amalgams, stress, lack of water, exercise and many others. This behavioral survey then gives an index of SOC.

The scores relate to the risk of Suppression and Obstruction to the natural Cure. The higher the scores the more the Suppression and or Obstruction. The scores of 100 or lower are ideal. A copy of the SOC index questions appear in the appendix.

**Study Technicians:**

The study technicians were educated and supervised by medical officers. The study technicians were to execute the SCIO therapy and analysis. All were trained to the standards of the International Medical University of Natural Education. Therapists from all over the world including N. America, Europe, Africa, Australia, Asia, S. America and elsewhere were enlisted to perform the study according to the Helsinki study ethics regulations.

They were to chronicle any medical suspected or confirmed diagnosis. Therapists personnel are not to diagnose outside of the realm of their scope of practice. Then the study technician is to inquire on any disclosed observations during the test and on follow-ups report any measured changes.

To test the device as subspace against the placebo effect, two of the 2,500+ therapists were given placebo SCIO devices that were totally outwardly the same but were not functional. These two blind therapists were then assigned 35 patients each (only 63 showed). This was to assess the double blind factor of the placebo effect as compared to the device. Thus the studied groups were A. placebo group, B. subspace group, and C. attached harness group.

Cross placebo group manipulation was used to further evaluate the effect.
**Important Questions**: these are the key questions of the study

1. Define Diseases or Patient Concerns
2. Percentage of Improvement in Symptoms
3. Percentage of Improvement in Feeling Better
4. Percentage of Improvement Measured
5. Percentage of Improvement in Stress Reduction
6. Percentage of Improvement in SOC Behavior
7. What Measured+How (relevant measures to the patient’s health situation)
8. If Patient worsened please describe in detail involving SOC_

After the patient visit is was complete the data was e-mailed to the Ethics Committee or IRB for storage and then analysis. This maneuver minimized the risk of data loss or tampering. Case studies were reported separately in the disease analysis.

**MEDICAL DETAILS**

Pre-senile dementia with hyaline degeneration of the smaller blood vessels of the brain. Similar to senility.

- Progressive mental deterioration (personality changes, progressive dementia, amnesia, decreased attention span, faulty concentration, loss of abstract thinking, hyperactivity, irritability, difficulty comprehending written and verbal speech)
- Motor disturbances (expressive and receptive aphasia, echolalia, apraxia, spatial disorientation, repetitive movements, slow reflexes, shuffling gait, incontinence)

Mental test can be done by listing 7 common words ask the client to use each word in a sentence. If the use of two or more words are inappropriate then the test is not positive but concerning.

Then ask the client to remember the 7 words. If 6 or less words are remembered the test is positive.

In most cases personal appearance is fine and their room is also well kept without help, although they are disorientated.
Results:

Before we review the direct disease improvement profiles, we need to review the overall results. The first most basic of question in the results is the basic feedback of the generic patient conditions.

1. Percentage of Improvement in Symptoms
2. Percentage of Improvement in Feeling Better
3. Percentage of Improvement Measured
4. Percentage of Improvement in Stress Reduction
5. Percentage of Improvement in SOC Behavior

The SOC index gives us great insight to this study. Each disease has a different cut off where the ability of the SCIO to help was compromised. As a general index scores of 200 + where much less successful.

ALZHEIMER'S DISEASE

This groups significant SOC cut off was 90.

The Large scale study had over 98,000 patients and 275,000 patient visits we have direct evidence of the safety and efficacy. A placebo group was used for the large scale test to help validate the results.

This disease group total number of patients was 219

Subspace Treatment 58 patients, 161 SCIO Harness Patients

OVERALL ASSESSMENT

A. Subspace Treatment 78 patient visits

There were 2 cases of patients who reported a negative Improvement. None of these cases reported any major difficulty.

There were

2 cases reporting no improvement of Symptoms, .025% of Subgroup
3 cases reporting no improvement in feeling better, .032% of Subgroup
5 cases reporting no improvement in stress reduction .047% of Subgroup

10%--- Percentage of Improvement in Symptoms

4 %--- Percentage of Improvement in Feeling Better

12%---Percentage of Improvement Measured

21%--- Percentage of Improvement in Stress Reduction

0 %----Percentage of Improvement in SOC Behavior

B. SCIO Harness Treatment 310 patient visits

There were 1 case of patients who reported a negative Improvement.

None of these cases reported any major difficulty.

There were

3 cases reporting no improvement of Symptoms, .014 % of Subgroup

1 cases reporting no improvement in feeling better, .006% of Subgroup

3 cases reporting no improvement in stress reduction .013 % of Subgroup

44%--- Percentage of Improvement in Symptoms

55%--- Percentage of Improvement in Feeling Better

69%---Percentage of Improvement Measured

58%-- Percentage of Improvement in Stress Reduction

34%----Percentage of Improvement in SOC Behavior

CASE STUDY REPORT CONDENSATION:

“1999 2 Budapest Hu.

A 48 year old man presents with Alzheimer’s. After one session the Alzheimer’s starts to abate. After just three sessions the Alzheimer’s is gone.”
“My client is a female 54 years old. She has been diagnosed with Alzheimer’s. When she first came for a biofeedback session she had blank look in her eyes and was very quiet. She was not able to tell me her birthday and other input information. After 5 sessions on the EPFX she is like a different person. She is alert and her eyes are shining. She is remembering and communication with others a lot better. Her family informed me that her whole outlook on life is better.

Mississippi, U.S.A.”

“I have been in practice with the EPFX device since May 2007. My first client outside of myself and family members is an elderly gentleman. He is 75 years old, and was in fairly poor health when I began working with him. He had to walk with a cane because of the pain in his back and hips. His doctors had diagnosed him with Alzheimer's disease 10 years ago when his memory started to fail. Around the same time frame, give or take a few years, he was having difficulty with Trigeminal neuralgia. When I started working with him, he was taking Trileptal 600 mg 2x daily, along with four other prescription medications for various ailments. He commented before we began the sessions that he did not think he had Alzheimer's disease, he knew there was something wrong, but that was an incorrect diagnosis in his mind. This is his personal testimonial after only 3 months of sessions on the EPFX device.

"Quantum Healing has really helped me. After 3 months of weekly Biofeedback session and minor alterations in my diet I have got to where I hardly use a cane to get around, also I'm relieved of most of my pain, and my thought process has improved. I highly recommend it!"

Shortly after he wrote that testimony, he went to a new Neurologist that told him the prescription drugs he was taking causes symptoms of Alzheimer's disease. He also offered an alternative to taking the drug. It was slightly invasive because it involved blocking the Trigeminal nerve to stop the pain, rather than taking the drug. He agreed to do the procedure, and within 2 months was off the drug.

Utah, U.S.A.”

**USUAL or CUSTOMARY TREATMENT PLAN:**

Metex; Brain Liquescence; Phosphatdydl Choline; Fatty Acid Liquescence; Serotonin Dopamine Liquescence, Curry, Mustard, Tumeric,

Brain Balance therapy
SCIO TREATMENT SUGGESTED

**Color** - set patient's favorite if desired, or choose color by chakra that is deficient

**Cosmic:** set 1 for physical body, 2 for astral, 3 for etheric, 4 for mental, 5 for cosmic, 6 for other

**Magnetic Method** - 1+10 is universal, 7 for detox, 8 for regrowth of new tissue, 3 for injury, 2 for metabolic correction, 5 for inflammation, 6 for infection, 9 for psych stress, 2 for energy stimulation

**Frequency** - 1k, 555hz, 33hz, 1111hz, 55-1200hz, Auto Trivector for 30 min once a month in early stages once a week in later stage.
Discussion:

The results show significant improvement in symptoms and feeling better. The Collective results show a dramatic benefit to the SCIO therapist visit.

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BOOKS

ARTICLES AND STUDIES


8. International Medical Journal of the Science of Homeopathy, IMUNE PRESS

**World's Largest Clinical Biofeedback Peer Reviewed Research Study on the SCIO**
The SCIO will improve the body electric VARHOPE by five% as an average after just one session. The AutoFocusing Harmonic therapies of the Cybernetic Loop of measuring, stimulating, re-measuring, all guided at maximizing the body electric potential will improve your body electric by an average of five%. Improvements of Voltage, Amperage and thus power. Improvements of Resistance and Hydration that means improved enzyme and osmosis transfer of nutrients and detoxification. Improvements in Oxidation meaning more endurance. And improvement in Ph meaning more health. No wonder there are mile long list of testimonials. Now we can understand why the sport athletes get such great results. A five% improvement is a great edge for a professional sportsman. The patented and proprietary process of the SCIO and QDC have been proven on the world scientific stage to work wonders of improving and stabilizing the body electric.

If you need more information on the SCIO and purchase details please get in touch with us

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tel: +3613036043 | web: www.qxsubspace.com | e-mail: info@qxsubspace.com
CURRY POWDER
Stimulates the mind and prevents alzheimers while cleaning the kidney

HEALTH BENEFITS of WALKING

- 20 minutes/day will burn 7 pounds of body fat/year
- 45 minutes/day will reduce risk of catching a cold
- 1 minute can extend life by 1.5+ minutes
- 20 minutes/week can extend life by several years

DEMENTIA
Seniors who walk 5-9 miles/week are less likely to suffer from mental decline as they age, including dementia.

DIABETES
Walking 30 minutes/day, 5 days/week, along with moderate diet changes, can halve the risk of Type 2 Diabetes.

HEART DISEASE
Walking 30 minutes/day, 5 days/week can halve the risk of heart disease and reduce stress, cholesterol, and blood pressure.

ARTHITIS
Walking can reduce pain and improve function, mobility, mood, and quality of life, without worsening symptoms.

DEPRESSION
Walking triggers endorphins, promotes relaxation, and prevents anxiety and depression.

WALKING 1 HOUR/ DAY REDUCES MORTALITY BY 1/3 IN WOMEN WITH BREAST CANCER

WOMEN WHO WALK FOR 1 HOUR/ DAY, 5 DAYS/WECK AND CONSUME 1,000 CALORIES/DAY CAN LOSE AND KEEP OFF 25 LB.

WALKING 30 MIN/ DAY, 4 DAYS/ WEEK CAN REDUCE THE RISK OF DIABETES BY NEARLY 40%.

PROSTATE CANCER
PATIENTS WHO WALK 30 MIN/ WEEK HAVE NEARLY 40% LOWER MORTALITY RISK.

WOMEN WHO WALK REGULARLY ARE 50% LESS LIKELY TO DEVELOP COLON CANCER THAN THOSE WHO EXERCISE LESS THAN ONE HOUR/ WEEK.
Health benefits of

**Apples**

- **Neurological**
  - Prevention of dementia

- **Cardiovascular**
  - Decreased cholesterol level

- **Lungs**
  - Decreased cancer risk

- **Colon**
  - Decreased cancer risk

- **Systemic**
  - Prevention of overweight

- **Prostate**
  - Decreased cancer risk
Health Benefits of Pomegranates

- Keeps blood platelets from sticking together
- Increases oxygen levels to heart
- Anti-inflammatory
- May help combat erectile dysfunction
- Helps lower blood pressure
- Shown to inhibit breast cancer, prostate cancer, colon cancer, and leukemia
- Prevents vascular changes that promote tumor growth in lab animals
- Helps with depression
- Powerful, nutrient-dense food high in antioxidants
- Potent immune supporter
- May protect against osteoporosis
- May prevent & slow Alzheimer's
- May reduce PSA levels
- Raises HDL levels
- Enhances oral health

Antioxidant Pomegranate Smoothie | Serves: 2

- 8 C organic baby spinach
- 1 C pomegranate juice
- 1 C blueberries, frozen
- 1 C strawberries, frozen
- 8 dates, cut in half
- 2 Tbs flaxseeds, ground
- 1/2 avocado, optional

Instructions:
Use organic ingredients.
Blend all ingredients together. Delish!

11 Health Benefits of Pomegranate Juice

1. Fights Breast Cancer
2. Lung Cancer Prevention
3. Slows Prostate Cancer
4. Keeps PSA Levels Stable
5. Protects the Neonatal Brain
6. Prevention of Osteoarthritis
7. Protects the Arteries
8. Alzheimer's Disease Prevention
9. Lowers Cholesterol
10. Lowers Blood Pressure
11. Dental Protection

Shared By Xiann
Eat at least Five servings of fruits and Vegetables a day, use Vegetables as the Center of the Meal.

Remember: do not eat foods boiled in oil, get good cold processed vegetable oils and thus good Fatty acids, not trans or cooked or animal oils. Eat only Levulose (fructose fruit sugars) not Dextrose (Cane, Corn, Potatoe, Grape sugar). Wellness is your Reward. Remember to chew your food, Fruits alone, Fluids alone, and Melons alone. Make Vegetable and Fruit juice part of your daily Wellness Healthy Regime.
FOOD is your Best Medicine

Healthy Eating starts on your shopping trip and Health makes the next step at the kitchen. The dinner table is the next step of Healthy Eating.

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