How to Become a Healer

I made the Movie “Healer” to teach people how to be a Healer.  
https://www.youtube.com/watch?v=aKcO81kvteE

This book is but a pictorial summary of the messages of How to Be a Healer.
How to become a Healer in Ten Steps

1. Humility, Compassion, Prayer, Laughter, Love are the best medicines
2. Healthy Lifestyle and Behaviour is the start for your patient
3. Let Food be thy Finest Medicine, Make and Eat Natural foods with Joy and a Celebration for Life
4. A Synthetic anything is an Insult to your Body, Remove Addiction and Dependency thru release of the cause, and healthy repair of the tissue damage left behind
5. Natural Medicines can Heal, Detox then use Nutrition, palliate symptoms with Nature only at first and harsher methods only when really needed
6. Allopathy and Crisis Care are poor ways to do Medicine
7. Stress reduction, Exercise, Early Detection of Symptoms and to Reduce Stressors is proper way to do Medicine
8. Symptoms are not the enemy they are our guide, Pain is God’s gift to know something is wrong, Fix what is wrong, before you attack the pain
9. We are beings of Body, Mind, Spirit, Social, and Environmental, we are Holistic, Fractal, Energetic beings of great complexity, we must embrace Diversity
10. Every Path has Joy, Every Path has Sadness, Eventually we all die and as Healers we must learn to tolerate suffering and death with dignity
1. Humility, Compassion, Laughter, Love, and Prayer are the best Medicines.

Beneath the Word Symbols of Love and Peace is True Non-Judgmental Awareness — Enlightenment.
“Teach children How to show Compassion not just How to be Competitive. This is the Revolution of Education the World has Waited for.”

Desire' Dubounet

https://www.youtube.com/watch?v=WY3VXQJ1Mrs
http://www.youtube.com/watch?v=_eW1u_ZTQ1I
http://indavideo.hu/video/Patch_Adams-movie_-_dedication_by_Desire
If you want others to be happy, practice compassion. If you want to be happy, practice compassion.

[His Holiness The Dalai Lama]
“Compassion is the most Potent Healer of them all.”

Desire' Dubounet

https://www.youtube.com/watch?v=gQ767IdaraY
https://www.youtube.com/watch?v=9A6qOsBjEUE hero 1
https://www.youtube.com/watch?v=ARcBg_OrwHg hero 2
Laughter is the best medicine

HAPPINESS
Is your original nature. It is YOU, minus your neurosis

Proverbs 15:15
"All the days of the afflicted are bad, But a Cheerful Heart has a Continual Feast."
The most wasted of all days is the one without laughter.

- E.E. Cummings

Always laugh when you can. It is cheap medicine.

Lord Byron
Life is a long lesson in humility.

- Sir James Matthew Barrie

"In reality, humility means nothing other than complete honesty about yourself."

- William Countryman

Pride is concerned with who is right.
Humility is concerned with what is right.

- Sara Teas Berson
"Being able to laugh at oneself is the best indicator of mental stability."

Will Rodgers

To forgive is the highest, most beautiful form of love. In return, you will receive untold peace and happiness.

Robert Muller
“True humility is strength, not weakness. It disarms antagonism and ultimately conquers it.”
- Meher Baba

"Pain is God's Greatest Gift. No Pain, No Gain. Without pain we cannot live. Laughter is the best Transcendent Medicine. The Ultimate Medicine, we laugh to release pain, anger, jealousy, and agony."
- Desire' Dubounet

"Being able to laugh at oneself is the best indicator of mental stability."
- Will Rodgers
Exercise is a Nutrient just as essential as any Vitamin or Food

Flexibility exercises help stretch muscles, protect against injury and allow the maximum range of motion for joints.

Regular exercise has a positive effect on the general health of people with diseases or chronic conditions, and can lessen the severity of emotional disorders by giving the person a sense of greater control.
Love and Respect are Nutrients as essential as any Vitamin or Food

RESPECT
To get it, you must give it.

dance as though no one is watching you,
love as though you have never been hurt before,
sing as though no one can hear you,
live as though heaven is on earth...
Intellectual Stimulation is a Nutrient

Respect
2. Healthy Lifestyle and Behaviour is the start for your patient

Nutritional Counseling for Lifestyle Change

SOC Index
Bad Behaviors can Suppress and or Obstruct Healing
Eductor

The word Doctor comes from the Latin word 'Eductor' which means 'to teach'.

Thomas Edison said that the doctor of the future will teach the patient how to live and how to eat, exercise and meditate. The Eductor is a Biofeedback Teacher.

https://www.youtube.com/watch?v=wyolejSO8BY  https://www.youtube.com/watch?v=bnv6ldkblh0
You must transcend the confusion and build non-judgemental awareness towards enlightenment.
FLOW OF TREATMENT and CURE

1. Reduce or Remove the Cause of Disease
   - Stress
   - Lack of Awareness
   - Heredity
   - Mental Factors
   - Allergies
   - Toxicity
   - Trauma
   - Pathogens
   - Perverse Energy
   - Def or Excess of Nutrients

2. Treat the Organs effected or diseased
3. UnBlock the Blockages To Flow of Life
4. Reduce Symptoms and all Suffering Naturally
5. Treat Constitutional and Metabolic Tendences to disease patterns or habits

http://youtu.be/Ah88gjejCTU
The Body Electric has many global important measures. These include Volts, Amps, Resistance, Hydration, Oxidation, and Proton and Electron pressure. There are oscillatory norms of these values as well. The electrical vital signs. These are all easily measured and easily corrected in a cybernetic biofeedback loop. By interfacing with the body electric thru stimulus, response, correction and re-stimulation, we can try to normalize and stabilize the body electric. If we can reduce the causes of disease with behavioral medicine, provide good nutrition to supply needed homeostasis, repair the damage to organs, and unblock the blockages to energy flow, we have the start of a good truly modern medicine. Selye has proved that by reducing stress and the stressors we can advert the early progression of disease, and dramatically reduce degenerative disease. But this is drugless and threatening to the profits of the drug companies. We need to prefer people over profit. We need to become aware of the science and look through the sensational tabloid press to make an informed choice.

The over emphasis on drugs (SINthetic drugs) and surgery and the under emphasis on lifestyle has created a monster. The regulatory bodies, FDA, let Big Tobacco, Big Sugar, Big Pharma, run rampant while spending time and money on attacking safe, scientific, tested and effective natural medicines. This is a tragedy of modern times and profit corporations out of control.
To Make Medicine Safer the Angel has Made

The Quantum Quality Control
Electro-Chemistry Analyzer for the Analysis of the Trivector electrical signature of a biological or anti-biological substance.

Everything is made up of atoms with mostly electrons and protons. Everything has an electrical field and an electrical interaction with its environment. This 3D interaction can be measured with Voltammetry.

John Edward Brough Randles gave Desi inspiration and advice on the VoltAmmetric QQC
We are taught chemistry with a poor rod and ball analogy. There are no Rods and no Balls, there are quantic energy fields. The Rods and Balls faulty analogy misleads us into a perception of how Synthetic Chemistry can assemble new molecules. The energy state of these molecules is different in nature than in the synthetic world. The Angel discovered this in 1982 and published the first book on Quantum Biology the Promorphes proving the incompatibility of the Synthetic Chemicals in Biology.

There are no Rods and no Balls!!! Just energy fields

The Angel discovered that Quantum Electro Dynamics ability to describe the photon electron and proton interaction, means that the energy state of a natural made substance is different from the petrochemical Synthetic Chemistry of the Drug Co.

Modern science has de-emphasized the energy states of the electrons in glucose and the QED connection largely because it refutes the idea of Synthetic chemistry but the Angel noted the hypocrisy and has made a new medicine to help people. For this, the Drug Co. have attacked her.

Plants take in water, carbon dioxide, nutrients and photonic energy (light). They give off organic material and oxygen.

Animals take in the organic material and oxygen. They give off fertilizer nutrients carbon dioxide, water and photonic energy (body heat).

The Photosynthetic Organism can use the energy of sunlight to take electrons to higher energy states.

\[
\text{Sunlight} + H_2O + CO_2 + \text{Nutrients} \rightarrow \text{Body Heat} \rightarrow CH_2O^2 + O_2
\]

Water Carbon Nitrate NO\textsubscript{3} Phosphate P\textsubscript{4} Iron Silicie

Organic matter Oxygen

The Sunlight comes in at wavelength of 400 to 700 nm and the body gives off heat radiation at wavelength 50 to 75 nm. The difference is the energy used for life. DNA gives off radiation and receives radiation in the infrared and visible light with just a touch of UV.

Desire used this advanced science for good.
Atoms all have Protons and possibly Neutrons in the center with Electrons around the large Electrical-Magnetic-Static Charge they have that repels each other.

Atoms join to make Molecules by the need to fill the Outer Quantic Valant Shell. If they have low energy electrons in the outer shell they make simple IONIC bonds such as in the Mineral Kingdom. The Electrons of each atom making up a Molecule never touch each other because they repel each other.

What holds together the atoms and the molecules are Quantic Valant Attraction forces and Electro-Magnetic-Static fields. There is undoubtedly irrefutably an energetic field around all Atoms and Molecules.

All Molecules interact with each other through their fields. The outer Electrons never touch, they repel to each other. All of biology is a study in field interaction. This is a basic scientific fact.

Voltammetry (Electro-Analytical-Chemistry) is the study of the nature of the field of a substance and the shape of the interactive field.

Field lines of the van der Waals force between two atoms or molecules. The van der Waals force usually causes things to stick; the force is attractive and it acts only across short ranges.

This is a basic universally accepted form of science.

The Body Electric has many global important measures. These include Volts, Amps, Resistance, Hydration, Oxidation, and Proton and Electron pressure. There are oscillatory norms of these values as well. The electrical vital signs. These are all easily measured and easily corrected in a cybernetic biofeedback loop. By interfacing with the body electrical thru stimulus, response, correction and re-stimulation, we can try to normalize and stabilize the body electric. If we can reduce the causes of disease with behavioral medicine, provide good nutrition to supply needed homoeostasis, repair the damage to organs, and unblock the blockages to energy flow, we have the start of a good truly modern medicine. Selye has proved that by reducing stress and the stressors we can advert the early progression of disease, and dramatically reduce degenerative disease. But this is drugless and threatening to the profits of the drug companies. We need to prefer people over profit.

The over emphasis on drugs (SINthetic drugs) and surgery and the under emphasis on lifestyle has created a monster. The regulatory bodies, FDA, let Big Tobacco, Big Sugar, Big Pharma, run rampant while spending time and money on attacking safe, scientific tested and effective natural medicines. This is a tragedy of modern times and profit corporations out of control.

We were all taught in Grade School that all things are made of atoms. They used the Rods and Balls analogy to teach us, but there are definitely no rods and no balls, just quantic energy states.

There are Energies That Holds Together All Substances. Everything is made mostly of Electrons and Protons. Thus everything has an electrical nature.

Inside an atom

This computer-generated graphic shows how electronic charges are distributed across the surface of a molecule made of two cobalt atoms.

Ionic Weak Bond

NaCl

Stronger Co-Valent

Sigma Bond

Empty space is not empty, but is filled with the quantum vacuum, with endless virtual processes. The energy of the quantum vacuum, the zero-point energy is infinite according to our present theories. Clearly, this infinity is an artifact - it would make the electromagnetic field infinitely massive, because energy and mass are related according to Einstein’s E=mc^2. The empty electromagnetic field would collapse under the weight of its own gravity. Some unknown mechanism beyond quantum electromagnetism must regularize the infinity of the electromagnetic vacuum energy. Nevertheless, the zero-point energy results in perfectly finite and experimentally confirmed facts, for example the Casimir force.
So to end Degenerative Disease we must

1. Make Big Tobacco pay for the damages they incur
2. Must stop sales of cigarettes
3. Make Big Sugar pay for the damages they incur
4. Make Big Pharma pay for the damages they incur
5. End Allopathic philosophy and develop a new stressor reducing based medicine
6. Avoid Bad white processed sugars. Eat Good Sugars from fresh fruit. Avoid bad oils cooked or saturated. Eat good oils from fresh and raw vegetable and uncooked low temperature made oils.
8. Safe forms of early intervention medicine such as energetic biofeedback
9. Recognize the powers of the mind such as in the EFPX/SCIO system.
10. Recognize the need for an energetic medicine to safely evaluate the body electric and balance the aberrations of the body electric. We need to use a more modern medicine utilizing the body electric without emphasis on synthetic chemistry.
11. Recognize that the Sinthetic experiment has failed and we should be using the synthetics only in extreme cases when the natural remedies fail. Quantum Electrodynamics has further proven the problem of synthetic chemistry.
12. Allopathy does not work, we must adapt a safer and more extensive theory of medicine.

With these social changes degenerative disease could be so greatly reduced to allow for an inexpensive medicine.
ELECTRO-SENSE

Everything is made of atoms with electrical fields. Every cell is an electrical dynamo of energetic photonic, quantic electro–magnetic–static activity. The Angel researches the Electro-Sense of humans and the body electric to make a complete energetic medicine device to help save the world, the EPFX / SCIO.

We can take the QQC Voltammetric patterns of different vitamins, homeopathics, nosodes, sarcodes, allersodes. Then amplify them over 10 million times and send them into the body as a safe micro current stimulation. Using a recognized proven scientific method of electro analytical modern chemistry “Transcutaneous Voltammetric Evoked Potential” the biofeedback device EPFX is for over two decades registered around the world as medically safe effective and drugless with no side effects.

And this is the reason the powerful Drug Co. hate and fear the messenger Angel, Desire.

SHARK SENSES ELECTRICITY

by Mary Ann Badavi & Stephanie Parker

A shark’s ampullae of Lorenzini are able to feel electric currents at short ranges.

All living things emit a small electrical current, a shark can feel it from 0-8 Hz.

The electro sense in humans has evolved into the Olfaction shape detection sense. Voltammetric shape readings of various homeopathics are used to measure the Electro-Physiological-Reactivity (EPR) of patients.

The electro field of fish
It is theorized that all of the Universe came through (in ten to the minus 43 of a sec.) a singularity at the beginning. This is called the Big Bang or if you believe it was an implosion the Big Suck.

**SUBSPACE THEORY of Desire**

Quantum Theory tells us that any things that share a Quantum singularity remain in some context till the ends of the Universe.

At one time all of the Universe was joined a single ultra tiny single space. Then there was no time or space just one. After the explosion space starts to evolve with strings theory holding together the multi dimensions that expand. There are 12 such string dimensions with the twelfth dimension a reflection of the whole. So there is a continued level of space that allows all things to be in contact. The subspace or the mind of God.

This proves the contact of the mind often referred to as prayer, psychic phenomena, the collective unconscious, or ESP.

There is a left over of the Big Bang in a Cosmic Background Radiation that bathes the Universe since the Big Bang. The photons in this radiation were twins and thus today any info they know is instantly transmitted to the ends of the Universe. The mind of God. This radiation is of the frequency detected by your TV set in an open channel. It is the kind of radiation that tickles protons like in water. Thus there is a God conscious connection of all still in place.

The Angel discovered this connective principle and labeled it the subspace quantic connection. She developed a way to use it in healing.
3. Let Food be thy Finest Medicine, Make and Eat Natural foods with Joy and a Celebration for Life

**FOOD is your Best Medicine**

Healthy Eating starts on your shopping trip and Health makes the next step at the kitchen. The dinner table is the next step of Healthy Eating.

Food made with anger, fear or hate is Poison. Food made with love is nutrition. If made with extra love, the food is Medicine. Desire's work on Medicine and Wellness has made her the World's most famous medical naturopath alive.
Eat at least five servings of fruits and vegetables a day, use vegetables as the center of the meal.

Remember: do not eat foods boiled in oil, get good cold processed vegetable oils and thus good fatty acids, not trans or cooked animal oils. Eat only Levulose (fructose fruit sugars) not Dextrose (cane, corn, potato, grape sugar). Wellness is your Reward. Remember to chew your food, fruits alone, fluids alone, and melons alone.

Make vegetable and fruit juice part of your daily Wellness Healthy Regime.
4. A Synthetic anything is an Insult to your Body, Remove Addiction and Dependency thru release of the cause; and healthy repair of the tissue damage left behind

Pharmacology Fact: To Use a SYNTHETIC anything is an Insult to the Body
http://indavideo.hu/video/SINthetic_Drugs_Vaccines__Autism__expanded
http://indavideo.hu/video/SINthetic_drugs - Autism_a_very_personal_story
http://indavideo.hu/video/SINthetic_Chemistry_Risks
http://indavideo.hu/video/IMUNE_-Pill_Poppers
https://www.youtube.com/watch?v=KgR-XXWWYYbU
https://www.youtube.com/watch?v=Lxw79irKFLs
http://indavideo.hu/video/The_Medicated_Child_Frontline_modified
Let thy food be thy medicine and thy medicine be thy food
- Hippocrates (460-370 B.C.)

Hippocrates believed the human body had an innate capacity for self-healing.

“The Food you eat can be Medicine, Stimulation, Pleasure or Slow Poison. Please choose your foods well”

Desire' Dubounet
The Death of AntiBiotics
Problem

The World’s Problem is too much Carbon Dioxide + too little Oxygen.

Solution

The Solution is Plants

According to Quantum Electro-Dynamics, plants take CO₂ and convert it to O₂. We must encourage soils and all plants. stop wasting good farm land anywhere; use our deserts to develop large desalination sites that use the sun to desalinate sea water and use the water to grow plants HYDROPONICALLY.

In the Garden of Eden the Serpent tempted the woman and the man. They gained knowledge, but lost innocence.

Mankind has developed many false beliefs based on the promise of this knowledge. These false beliefs have jeopardized the planet. False beliefs such as synthetic drugs and foods, that petroleum should be our fuel, allopathic medicine, tobacco, dextrose sugar, meat as a staple food, unequal education to keep minorities down, the survival of the fittest, and that the media is real and unbiased. In fact these false beliefs make money and greed become uncontrollable. Money is a drug.

Now at the time of change, an Angel of both sexes will tempt the serpent. The serpent is the base lizard brain in all humans. This lizard brain is the source of anger, hate, aggression, greed, and the delusion and clinging to false beliefs that make money but threaten the very existence of human life on this planet. The Angel will defeat the greed and delusion of the lizard brain and lead humanity to a thousand years of peace harmony, freedom from excess degenerative disease, excess greed, discrimination, and inequality.

The Angel will return us to the Garden of Eden.

1. We must stop the over consumption of meat and switch to the more health fruits and vegetables. Wake up people’s minds.
2. Switch from fossil fuel to Bio-fuels and Bio-mass fuels.
3. Limit petro-synthetic chemical production and use organic chemicals from plants such as sugar or herbs.
4. Use dextrose sugar for Batteries, and fructose sugar for foods.
5. Use more Natural Medicine by changing the law to not just protect Patents but to protect Natural Recipes and Natural Made Medicines.
6. Stop the Danger of GMOs to destroy the balance

https://www.youtube.com/watch?v=GWY7c8JLMrE
5. Natural Medicines can Heal, Detox then use Nutrition; palliate symptoms with Nature only at first and harsher methods only when really needed.

*Nature does not hurry, yet everything is accomplished.*

- Lao Tzu
Nurse Desi Says

In our study of quantum biology we find that the electron spin and photon handedness of nature differs with synthetic manmade items only nature knows.
Natural Medicine is the Primary choice

SINthetics are the Secondary choice

Natural Medicine is a Viable Choice of medical care that gets little research money because of the lack of profit in using Nature to Heal and Help People.
Natural Medicine is the Primary choice
SINthetics are the Secondary choice
6. Allopathy and Crisis Care are poor ways to do Medicine
Allopathy – The Therapeutic Legacy

G. D. Johnston

Belfast City Hospital and Royal Victoria Hospital, Belfast

Allopathy was a system of therapeutics which originated in Greece at the end of the sixth century BC. It was first expressed by Hippocrates, who took philosophical form with Aristotle and became a clearly defined medical system following the comprehensive works of Galen in the second century AD. Hippocrates stated that there were two methods of treating disease. On the one hand there was treatment by opposites when a medication or other intervention was used to counteract the symptoms and signs of disease. On the other hand there was treatment by similarity when drugs which produced features of the disease were used to treat that disease. This was later to become one of the principle features of homeopathy. In Greek cosmology four humours could be identified—blood, phlegm, black bile and yellow bile. Hippocrates argued that disease was due to an imbalance of humours and therapy should be directed towards correcting this imbalance with diet and drugs. Diet was considered to be important but other forms of therapy resulted from the development of a disease cure. "Cur'd yesterday of my disease I died last night of my physician." —Matthew Prior

In the early nineteenth century large doses of calomel started to be used for the treatment of yellow fever. Many patients were fortunately unharmed by this heroic therapy because of reduced absorption due to vomiting. Others were less fortunate and developed severe mercury poisoning—intense salivation, loosening of the teeth and ulceration extending to the gum area of the mouth and cheeks. Despite this calomel became a "cure all" for almost all febrile illnesses at times referred to as the "Sanpsoor of the Materia Medica." Although most practising doctors had to come to view the drug through rose coloured spectacles some laymen regarded it (and its prescribers) in a different light.

"Since calomel has been their boast How many patients they have lost How many thousands they have killed Of poison with calomel." —This willingness to accept major adverse effects, even of threatening the legacy referred to in the title of this lecture.

Digitalis represented the other great cure-all of the eighteenth and early nineteenth century. It seems unfortunate that despite William Withering's careful observations on the use of digitalis and the useful instruction he gave as to how the dose should be adjusted, that this agent fell into disrepute because of inappropriate and dangerous prescribing. The classical monograph by Withering on the foxglove published in 1785 after nine years of careful clinical observations contains many penetrating comments and good practical therapeutics. Few comments are more astute than the following:

"It is much easier to write Upon a disease Than upon a remedy The former is in the hands of nature And a faithful observer with an eye of tolerable judgement Cannot fail to delineate a likeness The latter will ever be subject To the whim The inaccuracies and The blunders Of mankind" —William Withering 1785.

In view of the way in which digitalis was used after his death, this statement might almost be considered prophetic. Withering was convinced that digitalis acted directly against congestive cardiac failure. It did not increase urine flow in people who did not suffer from fluid retention. Indeed it was not until the year of his death in 1799 that anyone suggested that the drug's primary action was on the heart when one of his friends John Farnie argued that the main clinical effects were due to slowing of the pulse. Beddoes, a few years later, suggested that digitalis increased myocardial contractility. Unfortunately those observations did not deter both physicians from recommending digitalis as an excellent remedy for phthisis pulmonary tuberculosis. Nor was it the sole misuse of the drug for like calomel it soon became a panacea for a wide range of ills including insanity, epilepsy, depression, typhoid, pneumonia, diphtheria, scarlet fever, measles, gout, haemorrhoids and habitual abortion not to mention all conceivable types of heart ailment. In addition Potter's Materia Medica published recently in 1911 recommended digitalis as an aphrodisiac. The writer at least had the good grace not to associate this recommendation with the subsequent comment that "Digitalis is said by high authority to be particularly adapted to bland and persons of sanguine or intemperate temperament."

In the late 1800s and early 1900s clinical interest focused on the incidence of digitalis toxicity. Most studies
SOC Inventory
A holistic approach to your health.

The Alarm Response to a Stressor is the Symptom—Pain, Itch, Cough, Inflammation, DisComfort
In the Next Adaptation Stage
The Symptom Alarm goes away and the Disease goes Deeper into the Body.
Exhaustion
Stage Where the Accumulated Stress Finally leads to Systemic Breakdown + Failure

EVERYTHING IS FINE

Health-Alarm-Adapt-Exhaust

Functional >>Cellular Stress>> Exhausted

- Antigen load
- Inhibitory receptors
- Recall response
- Apoptosis
- Polymorphism
7. **Stress reduction, Exercise, Early Detection of Symptoms and to Reduce Stressors is proper way to do Medicine**

---

**Prof Nelson - Desiré**

**Towards a new Safe and Effective truly Modern Medicine**

**HEALTH IS EASE OF FLOW**

*Stressors block Flow, Stress is more than Just personal stress. Stress Reduction is the key to Medicine.*

When the stressor or stressors weaken the defenses of the body, the weakest link of the body *(from nature or nurture)* is most prone to distress and thus disease.

**LACK OF AWARENESS OR LACK OF EDUCATION**
- STRESS
- HEREDITY
- MENTAL FACTORS
  - (Greed, anger, delusion arrogance ETC)
- ALLERGY
- BAD POSTURE

**Nelson Method of Medicine**
1. Reduce the Causes of Disease, Change Behavior, get patients to Care, get the tail out of the fire
2. Repair the organs weakened by the Causes. Restore Health. Fix the tire
3. Unblock the Blockages to energy, nutrition, Oxygen, waste, Parana, acupuncture, nervous FLOW
4. Treat the symptoms with natural means before resorting to Synthetics. Use foods, exercise, herbs, homeopathics any and all natural means before resorting to Synthetics
5. Balance the metabolic typing or Constitutional Imbalances. Treat the patient as an Individual Whole

---

**Dr. János (Hans) Selye**

This is a new common sense method of modern medicine, that is Health motivated not just symptom control. We respect the complexity and the whole body and respect the Natural process of health

**TOXICITY**
- TRAUMA INJURY
- PATHOGENS (microorganisms, bacteria, fungus, virus, prions, worms, etc.)
- PERVERSE ENERGY (heat, cold, wind, dryness, radiation, magnetic, etc.)
- DEFICIENCY OR EXCESS OF NUTRIENTS

**Selye Pathway of Disease**

*health then enter stressor (toxin etc)-enters*

1. **ALARM Stage**
   - symptoms are the alarm, not the enemy, symptoms at first are related to the Stressor, later the dysfunctions
   - If stressor continues then
2. **ADAPTATION Stage**
   - symptoms go away as we adapt, the distress + disease penetrates deeper. You can have no symptoms and be very sick.
   - Being symptom free is not an indicator of Health
   - If stressor continues then
3. **EXHAUSTION Stage**
   - the Stressors burden the weakest organs
   - If stressor continues then
   - a. **FUNCTIONAL**
     - first the stressors effect the weakest organ function
     - If stressor continues then
   - b. **ORGANIC**
     - then the weak organs start to swell or shrink
     - If stressor continues then
4. **DEATH**
   - cellular, organ, organ system, organism death

---

Since the body's weakest link is prone to disease from the stressors, any disease will improve with reduction of the stressors. If there is good nutrition and no excess or deficiency of nutrients, the body's repair system improves. With stress reduction the Para-Sympathetic systems becomes free to boost digestion and immunity as well as cellular repair. Some stressors can have more specific target diseases, such as cigarettes target the lungs primarily. But with the lack of systemic oxygen, any other weak link in the body from genetics or from life will be involved. Thus stress reduction is a universal therapy for all diseases. Reductionism of diseases via inaccurate and expensive current medical diagnostic means, are archaic, inaccurate, overly complex, non-productive, expensive, unsafe, risky and most often ineffective. Add to this the risk of side effects from SSRI's drugs and we see the poor history of medicine. Nelson and Selye have plotted out a safe, inexpensive and effective new modern medicine.
8. Symptoms are not the enemy they are our guide; Pain is God’s gift to know something is wrong. Fix what is wrong, before you attack the pain.
Hey Doc I Feel Fine

Being Symptom free is NOT an Indicator of Health

(But I’m Broke so Don’t Fix Me)

Ha Ha Ha

"This book will teach the basis of biofeedback report making. You can collect and report lifestyle, wellness, stress and symptoms as long as you do not diagnose or treat disease. You can treat people report on their lifestyle symptoms stress and catalog improvement. You have the freedom to advise people on being healthy."

Therapist Operationalize

REVEAL

LISTEN

Understanding
9. We are beings of Body, Mind, Spirit, Social, and Environmental, we are Holistic, Fractal, Energetic beings of great complexity, we must embrace Diversity

If we take the number of all of the grains of sand on the Earth and times it by all of the stars in the visible sky there are more electrons in one human body
As a man thinks, so is he. Desi was one of the first credentialed graduates of NLF and she was a licensed psychological counselor in Ohio. She teaches how to help any person with any disease to improve in this wellness course.

**BODY**

You are what you eat. We need to intake more healthy vegetables and fruits (25% raw), use lots of juices, drink lots of water, eat good cold processed vegetable oils, no cooked oils or long cooking with oils, eat good non-processed fructose fruit sugars, no bad processed dextrose sugars, exercise, love, kindness, caring and respect any nutrients. Get them and give them daily.

**ENVIRONMENTAL**

What we sow, we reap. We must work with our environment and all work to make a less Carbon footprint and make a greater Oxygen footprint. By eating more fruits and vegetables and less meat we increase the Oxygen while decreasing the Carbon. Everyone must cultivate more plants, shift from fossil fuels to Bio-fuels and Bio-mass fuels. We must stop the toxic poisoning of the world and work to help us return to the Garden.

The verbal word area of the brain is about the size of a golf ball on just one side of the brain. The Reticular Formation filters the 10 to the 15th plus bits of data coming from our cells to the brain. And the Reticular Formation filters the information so that only one million or so bits of data go to the word area of the brain.

The autonomic functions of digestion, immunity, growth, detox and health itself are thus not under verbal control or should they be. Science has made the mistake of thinking that the verbal mind is all that there is. If I am not verbally aware of it how could it be important. This false belief has polluted medicine. The verbal mind is reductionism, simple, and prone to false beliefs. Classic biofeedback enlarged this mistake. The body electric is in the whole and operates non-verbally and holistic a type of Gestalt integrity.

By making a cybernetic loop to the body electric the Angel has developed a superior form of biofeedback that can balance and repair the body electric. This is the advent of a new medicine.
The Butterfly Effect tells us the Power of the Small in a Fractal Chaos System

There is an Infinite and Infinitesimal Universe that is Entwined and Entangled at one level of SubSpace

Quote from Draft Divine Deception
The world is awakening to WELLNESS. This was not even a word until recently. Now it is a world wide movement, people want to become WELL. Déspere has developed and credentialed a new Doctorate in Wellness to awaken people and teach the art of making themselves and others WELL. For more details go to the International University at www.imune.net.
10. **Every Path has Joy, Every Path has Sadness,**
Eventually we all die and as Healers we must learn to
tolerate suffering and death with dignity

*The Truth of Life*

*Every Path You Take has some Joy,*
*Every Path you take has some Sorrow*
*Every Path has some Suffering, Every Path has some Happiness*

*On the Path to your Enlightenment you will face your Greatest Foe and the opponent is the strongest you’ve ever faced: your ego.*
How to Become a Healer Exam

1. A healer is someone who facilitates healing in another. No one heals anyone else. The healer does not “do” the healing. “Nature” does the healing.
2. Everybody can offer healing, some do it better, everyone can learn to do more T/F
3. The mind-body-spirit has a natural, self-healing capacity.
4. The healer simply plays the role of an “energy catalyst”.
5. The most important way to develop the ability to heal is to exercise it.
6. Energy healing promotes healing by enhancing energy flow and correcting disturbances in the “human energy field” or “aura” which permeates and surrounds the body.
7. Acting in the capacity of a healer as a profession entails learning a lot more than simply how to practice a healing modality.
8. I have to be licensed to be a healer and open a practice
9. Most programs recognize “spiritual layers” of the energy field. Energy healing actually provides an arena where science and spirituality clearly meet.
10. SCIO Biofeedback is also a form of energy healing and involves spirituality T/F
11. What emotion gives you more healing energy???
12. What are the ten lessons to be a healer???
How to be a Biofeedback and Wellness Consultant 2012
How to get your Education

1. Enroll at IMUNE, Apply for Life Learning Credit,
   Become a Doctoral Candidate
2. Get your 400 euro Hard Drive
3. Get a mentor to help you thru the mentor program or on your own
4. Watch the training do your exams
5. Do your Practicum Patient Study
6. Write your Doctoral Thesis

Graduate with honors
How to become a Healer in Ten Steps

1. Humility, Compassion, Prayer, Laughter, Love are the best medicines
2. Healthy Lifestyle and Behaviour is the start for your patient
3. Let Food be thy Finest Medicine, Make and Eat Natural foods with Joy and a Celebration for Life
4. A Synthetic anything is an Insult to your Body, Remove Addiction and Dependency thru release of the cause, and healthy repair of the tissue damage left behind
5. Natural Medicines can Heal, Detox then use Nutrition, palliate symptoms with Nature only at first and harsher methods only when really needed
6. Allopathy and Crisis Care are poor ways to do Medicine
7. Stress reduction, Exercise, Early Detection of Symptoms and to Reduce Stressors is proper way to do Medicine
8. Symptoms are not the enemy they are our guide, Pain is God’s gift to know something is wrong, Fix what is wrong, before you attack the pain
9. We are beings of Body, Mind, Spirit, Social, and Environmental, we are Holistic, Fractal, Energetic beings of great complexity, we must embrace Diversity
10. Every Path has Joy, Every Path has Sadness, Eventually we all die and as Healers we must learn to tolerate suffering and death with dignity
“Medicine without Compassion is not Medicine, it is Placation”

Desire' Dubounet