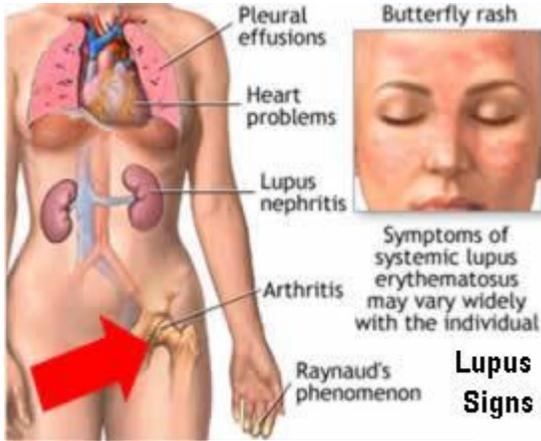
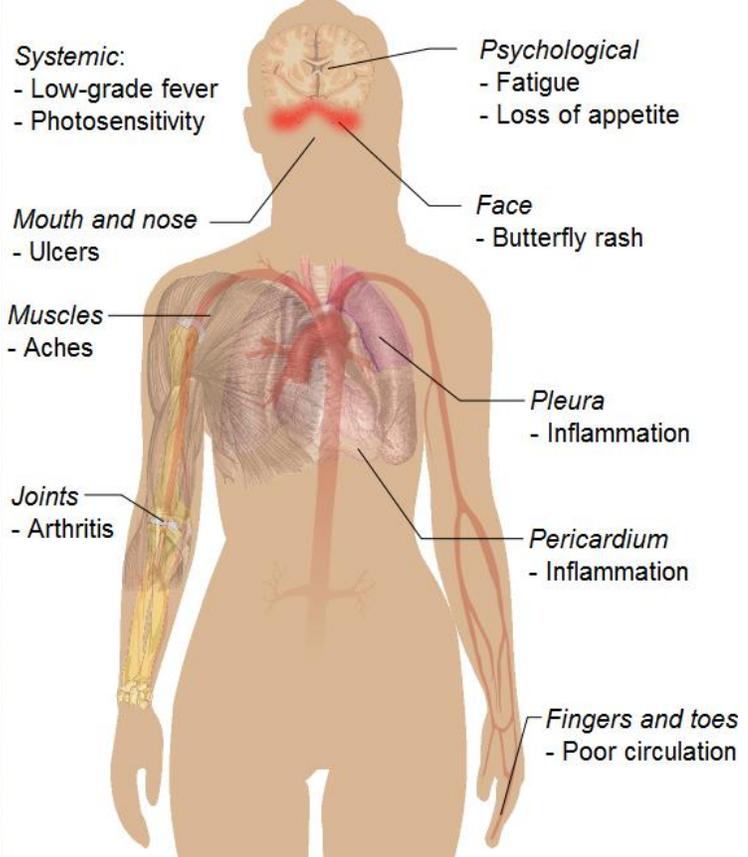


LUPUS



Most common symptoms of Systemic lupus erythematosus



<http://www.downloads.imune.net/medicalbooks/Quantum%20Nutrition%20Homeuse.pdf>

See more very helpful information under the general category of [auto-immune diseases](#).

Lupus is a chronic autoimmune disease wherein the body's immune system mistakenly attacks healthy body organs and tissue. With lupus this may be in the joints, skin, kidneys, brain, lungs, heart or other organs of the body. It occurs much more frequently in women than men and more often among Asians and African Americans. Medically it is not understood why autoimmune diseases occur but there are many that suggest candida infections and diet play a role.



Because of the wide range of body systems that may be attacked and the chronic inflammation that occurs lupus can be mistaken for other disorders and difficult to diagnose. One symptom of lupus that occurs in about 50% of the instances is a rash that may include the face with what is known as the butterfly pattern across the cheeks and bridge of the nose. The rash gets worse with sunlight and is also seen on other parts of the body. Other symptoms can include breathing pain, fatigue, fever, hair loss, mouth sores and uneasiness. Some have no visible symptoms, this is known as discoid lupus. Finally if specific parts of the body are affected there may be particular symptoms associated with that area. The brain and nervous system and lead to headaches, numbness, personality changes, seizures, tingling sensations and vision problems. The digestive tract can lead to pain, nausea or vomiting; the heart can lead to arrhythmias; and the skin can lead to the rash previously mentioned as well as patchy skin color.

Oils, blends & products recommended:

Oils & Blends: Clove^{EC}, Deep Blue, DigestZen, Frankincense^C, Ginger, Helichrysum^C, Lavender, Lemon^C, Lemongrass, On Guard^C, Oregano^C, Zendocrine

Essential oils based products: GX Assist/PB Assist, Life Long Vitality supplements, Zendocrine Detoxification Complex

Also consider: Balance^C, Geranium, Melaleuca^C, Rosemary, Serenity^C

Note: to understand the E and C superscript go to Home and scroll to New Helps.

Suggested protocols for Lupus:

see also general suggestions for [autoimmune](#) disorders.

Nutritional Foundation and Support

- Consistently using the LLV supplements and 8 drops or 1 capsule of DDR Prime 2 times per day will definitely be beneficial. Many suggest limiting sugars along with dairy or other food groups if there are known allergies.
- 2 -3 drops of Frankincense 2 - 4 times daily under the tongue, internally with a spoonful of honey or in a capsule.

Cleanse

- Zendocrine Detoxification Complex with Zendocrine Blend is a mild detoxification for the vital organs.
- Lots of water with 1 - 3 drops of Lemon or other citrus oils per glass of water. If this is difficult take 10 - 12 drops of Lemon or other citrus oils in a capsule daily.
- Some suggest a candida cleanse for autoimmune diseases (see [Autoimmune](#)). For candida use the GX Assist/PB Assist protocol (see [Detoxification](#) for more details). Others suggest this is not helpful for Lupus. If used consider that some with autoimmune disorders are particularly sensitive and should start this cleanse with 1 GX capsule daily for 2 days, if no skin or digestive reactions increase to 2 capsules for 2 days and then if no reactions to the prescribed 3 per day.

Inflammation

- Daily internally 4 drops of Lemongrass or Helichrysum coupled with the Zendocrine Blend (see above) or 4 drops Geranium and Rosemary.

Pain, for relief from specific symptoms consider the following:

- Joints - Deep Blue rub or blend topically to area of pain.
- Digestion - DigestZen and/or Ginger internally and/or topically.
- Skin rashes - Lavender and/or Geranium to sooth.

Bath, some have found an Epson Salts bath periodically soothing and helpful.

- 1 cup of Epson Salts with 4 drops of each Lavender, Lemongrass, Clove and 2 drops of Roman Chamomile.
- (also consider 2 drops of any or all the following for specific needs, Frankincense, Myrrh, Wintergreen and/or Cinnamon).
- Mix the oils with the Epson Salts, run the hot water bath and dissolve the Epson Salts mixture in the water and soak for 20 minutes.

TREATING LUPUS NATURALLY

© What Doctors Don't Tell You (Volume 7, Issue 9)

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Alternative treatments for SLE may involve a multi pronged approach. Some or all of the following may be helpful in bringing your lupus under control or helping it to clear up altogether.

Dietary measures: Since lupus is associated with food allergies, it may be wise, as a first course of action, to rule out any of these. Your nutritionist may wish to put you on a strict exclusion diet or test your blood directly, or both (for some DIY allergy investigation tips see WDDTY, 1995; 6(9): 9).

There have been very few studies on lupus and diet (Lancet, 1992; 339: 1177; Ann Rheum Dis, 1991; 50: 463-6). It seems the most helpful advice is to try and maintain a low calorie, low fat diet since that has been shown to help some SLE sufferers (Lancet, Jan 26, 1985), as may supplementation with selenium (Acta Derm Venereol (Stockh), 1982; 62(3): 211-4).

An anti candida programme will include all of the above as well as cutting out refined sugars, and possibly the use of well tolerated conventional anti yeast medication such as nystatin, and/or possibly the use of herbs (such as berberis).

There has been research to show that SLE patients have lower than normal stomach acid levels. Supplements of hydrochloric acid and vitamin B complex can bring about improvement (J Immuno, 1984; 133(1): 222-6). Since essential fatty acids have an anti inflammatory effect, supplementing your diet with omega-3 derived from fish oils can help reduce the inflammation which often characterizes the disease. Omega-6 fatty acids, found in evening primrose oil, borage oil or blackcurrent seed oil, have also been used with some success (Nutrition and Healing, 1995; 2(12): 12).

Vitamin B6 is known to block the toxic effects of certain drugs and chemicals that cause lupus, so if you are on medication, or being weaned off it, supplements can help to ease symptoms. Large doses of vitamin B6 can in themselves be toxic and should be administered under the guidance of a competent practitioner (see Alan Gaby, B6: The Natural Healer, Keats).

You may also have a "leaky" gut which is allowing excess food molecules to find their way into your blood system. This should be investigated and remedied.

Alfalfa seeds and sprouts (but not the mature tops), and juice can both produce lupus like symptoms and aggravate existing lupus (Science, 1982; 216: 415-7; N Eng J Med, 1983; 308: 1361), so these should be eliminated from your diet.

Avoid Fluoride:

You may need to invest in a reverse osmosis water purifier (available from Good Healthkeeping on 01507-327655; they can also check your fluoride levels) if you live in a heavily fluoridated area. You will need to reduce or cut out altogether your intake of tea and soft drinks. Drink herbal tea made with non fluoridated water instead. Switch to a non fluoride toothpaste even Boots produce them these days!) Wash all fruit and vegetables, since pesticides contain fluoride.

Herbal remedies:

South African pennywort has a good track record in treating SLE. It is important that you use the African subspecies of SA pennywort, since other varieties do not have the same chemical constituents.

The root of *Tripterygium wilfordi* may be beneficial in both DLE and SLE though care should be exercised in children and adults of reproductive age since its use may lead to impaired sperm production and cessation of menstrual periods.

Both side effects may eventually disappear when the treatment is discontinued. The glycoside extract of the root is less likely to produce harmful reproductive side effects (J Trad Chin Med, 1983; 3(2): 131-2; Chin Med, 1981; 94: 827-34).

Homeopathy:

Cistus canadensis can help SLE skin eruptions, although the usual remedy of choice is Thuja.

Another study has shown that *nux vomica* (both alone and in combination with other remedies) has as high as an 80 per cent success rate (J of Liga Medic Homoeo Inter, 1987; 2(1): 27-31).

Relax:

High levels of stress can affect the course of autoimmune diseases (Ann Intern Med, 1992; 117: 854-66), so it may be prudent to take up meditation, yoga or any other pastime which allows you to switch off for a while.

ALTERNATIVE MEDICINES FOR LUPUS ERYTHEMATOSUS

By [Editors of Consumer Guide](#)

Systemic lupus erythematosus is a disease that causes inflammation of various parts of the body, especially the skin, joints, blood vessels, and kidneys. It results from a malfunctioning immune system, which attacks the body instead of protecting it. Contributing factors may include genetics, infections, ultraviolet light, extreme stress, and the use of certain drugs.

Nutritional Therapy for Lupus Erythematosus

Diet can aggravate the symptoms of lupus or contribute to its onset. Treatment may call for dietary alterations and supplementation for any nutrient deficiencies. Food allergies and sensitivities have been implicated as a possible trigger of the disease. Many believe alfalfa sprouts are a common trigger of lupus symptoms; people who have had lupus symptoms may want to avoid eating alfalfa sprouts. An elimination diet can help to identify any other culprits. Here's how an elimination diet works:

- For two to three weeks, the patient's commonly eaten foods are eliminated from the diet. Common food allergens (such as wheat, eggs, milk, peanuts, and corn) are also avoided.
- If symptoms have subsided or not appeared by the end of this period, then the food challenges can begin. If the symptoms are still present, then more foods should be eliminated from the diet.
- Every two days, reintroduce (one at a time) the commonly eaten foods and common food allergens that you eliminated, noting if any symptoms appear.

- Continue in this fashion with the other foods.

It should be noted that lupus symptoms can go into remission for weeks or years. Linking a remission to an avoided food allergen may take some detective work.

Hydrochloric acid deficiency also has been linked with lupus and rheumatoid arthritis. The stomach normally secretes this strong acid, which helps digest proteins. If indicated by a practitioner, supplements in capsule form can be taken with meals.

A low-protein diet is often prescribed to treat people with lupus, as a large amount of protein may be harmful for several reasons:

- It can tax weakened kidneys. (Half of the people with lupus have kidney disorders.)
- It has the ability to rob calcium from the bones. (People with lupus are often at higher risk for osteoporosis because of the drugs they take and their instructions to avoid the sun.)
- It may tax the immune system.

The ideal diet, in addition to being low in protein, should be low in fat and high in green leafy vegetables, such as bok choy, collard greens, and kale. These vegetables may help people with lupus to metabolize estrogen better.

Supplements may also be prescribed, including vitamin B6, vitamin C, and essential fatty acids. Vitamin E, taken orally and applied to the skin, can help heal the skin rashes that sometimes accompany lupus. Supplements are often recommended instead of trying to get the vitamin from food sources because most of the food sources of vitamin E (such as vegetable oils) contain a lot of fat. Fish oil, especially EPA, is another effective supplement.

Environmental Medicine for Lupus Erythematosus

Like nutritional therapy, environmental medicine recognizes that diet can play a role in triggering lupus. But environmental medicine goes several steps further to implicate pollutants, pesticides, molds, stress, infections -- almost anything in the environment. The exact mix of triggers is different for every person with lupus.

These environmental factors do not trigger the disease in the same way that an allergy might. Instead, it is the repeated exposure to multiple offending substances over time that weakens the body's immune system. Eventually, an autoimmune disease like lupus strikes. An autoimmune disease is one in which the immune system, instead of protecting the body, begins to attack it.

Skin tests, rotary diversified diets, and other testing procedures can help pinpoint the environmental stressors. For example, one procedure checks for culprits by placing drops of certain substances (foods or chemicals) under the tongue. If symptoms develop, then the substance can be identified as a trigger. As an example, overexposure to the chemical formaldehyde has been suggested as a lupus trigger in some people. Formaldehyde can be found in dozens of home and office products, such as plywood paneling and nail polish.

Once an environmental factor is identified, treatment can include:

- avoidance of the triggers (from installing air filters to changing the diet)

- immunotherapy, in which minute drops of the offending substance are given under the tongue or in injections in amounts so small that they won't cause any symptoms but should build up the body's defenses and increase the body's tolerance to that substance
- nutritional adjustments
- generally, as few drugs as possible

Keeping a diary with the details of your symptoms is an important step in understanding your case of lupus and will also help your physician. Be as exhaustive in your note-taking as possible, mentioning:

- which foods you ate
- the soaps you bathed with
- the rooms and buildings you stayed in
- how much time you spent driving

Controlling Stress Helps Fight Chronic Diseases Such As Lupus

ScienceDaily (Aug. 6, 2007) — Lupus is an autoimmune disease which produces antibodies causing injuries to the body's cells and tissue. It makes the immune system go out of control and the organism attack healthy cells instead of the germs on them. This pathology, which affects more than 5 million people around the world, is more developed in women of fertile age between 15 and 44 years old.

A study conducted in the Department of Medicine at the University of Granada determined that daily stress (which occurs in circumstances of little importance but of high frequency) could exacerbate the symptoms of patients suffering from lupus. In other words, controlling the stress level of those suffering from this disease allows the determination of its negative effects, such as inexplicable loss of weight, feeling of fatigue, continuous fever or pain and inflammation in joints.

This study, carried out by Dr. Nuria Navarrete Navarrete and led by researchers Juan Jiménez Alonso and María Isabel Peralta Ramírez, aimed to check the effects of stress treatment in patients suffering from lupus and with high levels of stress. A team of psychologists from the University of Granada applied a therapy to fight stress in a group of 45 patients suffering from lupus to teach them how to manage their stress to reduce the negative effects of this disease.

Results showed that patients who received psychological therapy significantly reduced their levels of stress, anxiety and depression, achieving levels even lower than those of the general population. Furthermore, they significantly improved their quality of life both at a physical and psychological level and presented fewer skin and muscular skeletal symptoms, which usually appear in patients suffering from lupus.

Managing daily stress

Nuria Navarrete explains that lupus is a chronic disease whose course is unpredictable. Patients alternate periods of clinical stability with others in which there are symptoms and signs showing that the disease is active. In addition, there are certain factors such as stress which may cause crisis and, therefore, worsen the prognosis of the disease.

Daily stress is very common in patients suffering from lupus. Apart from the usual circumstances which produce anxiety in a healthy population, other effects include knowing that your body suffers from a chronic disease which is controllable but incurable and of uncertain prognosis that requires chronic treatment (in some cases for the rest of their life) and which have important secondary effects.

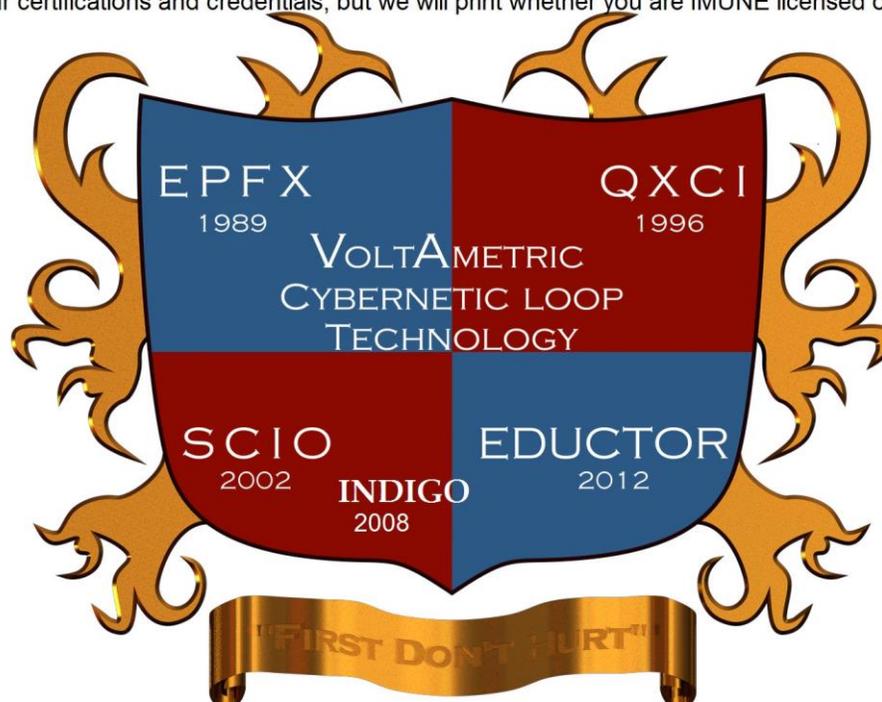
The results of this study highlighted the importance of dealing appropriately with patients suffering from lupus and, by extension, from other chronic diseases. "According to our results, attention on other psychological aspects is essential to achieve an effective global treatment of the patient", says Navarrete.

In other words, the treatment of daily stress, together with the usual pharmacological treatment, is a useful weapon when treating patients suffering from lupus. "We think that this treatment could be useful from the moment in which the disease is diagnosed, as patients may require help to manage their stress and minimize its negative effects," says researcher Navarrete.

Part of the results of this study were published in the journals "Psychosomatic Medicine" and "Revista Clínica Española".

Adapted from materials provided by University of Granada.

These device owners can all register, We will tell the world you have a device, We will display all your certifications and credentials, but we will print whether you are IMUNE licensed or not



Title:

TREATING LUPUS WITH THE SCIO

Part of the Following:

**Large Scale Study of the Safety and Efficacy
of the SCIO Device**

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This study was performed in the field by practicing Biofeedback technicians. Data was collected and the study supervised by the Ethics International Institutional Review Board of Romania. The Data analysis and study presentation is done By the The Centro Ricerche, University of Venice + Padova, Italy

Abstract:

This study demonstrates the safety and effective qualities of the SCIO device used in a large scale study. A large scale study of over 97,000 patients with over 275,000 patient visits reported their diseases. Many of them reported this disease. And the results of their therapy is reported in this study.

Introduction:

Over View:

This Large scale research was designed to produce a extensive study of people with a wide variety of diseases to see who gets or feels better while using the SCIO for stress reduction and patient monitoring. The SCIO is a evoked potential Universal ElectroPhysiological Medical apparatus that gauges how a individual reacts to miscellaneous homeopathic substances. The device is registered in Europe, America, Canada, S Africa, Australia, S. America, Mexico and elsewhere. The traditional software is fully registered. Some additional functions where determined by the manufacturer to be worthy of evaluation. Thus a study was necessary to determine safety and efficacy. (As a result of these studies these additional functions are now registered within the EC)

An European ethics committee was officially registered and governmental permission attained to do the insignificant risk study. Qualified registered and or licensed Biofeedback therapists where enlisted to perform the study. Therapists were enrolled from all over the world including N. America, Europe, Africa, Australia, Asia, and S. America. They were trained in the aspects of the study and how to attain informed consent and transmit the results to the ethics committee or IRB (Institutional Review Board).

2,569 therapists enlisted in the study. There were 98,760 patients. 69% had more than one visit. 43% had over two visits. There were over 275,000 patient visits recorded. The therapists were trained and supervised by medical staff. They were to perform the SCIO therapy and analysis. They were to report any medical suspected or confirmed diagnosis. Therapists personnel are not to diagnose outside of the realm of their scope of practice. Then the therapist is to inquire on any reported changes during the meeting and on follow-ups any measured variations. It must be pointed out that the Therapists were free to do any additional therapies they wish such as homeopathy, nutrition, exercise, etc. Therapists were told to not recommend synthetic drugs. Thus the evaluation was not reduced to just the device but to the total effect of seeing a SCIO therapist.

Part 1. The emphasis was on substantiating safety followed by efficacy of the SCIO.

Part 2. Proving the efficacy of the SCIO on diseases (emphasis on degenerative disease)

Part 3. Proving the efficacy of the SCIO on the avant garde therapies of Complementary Med

Part 4. QQC standardization

Methods and Materials:

SCIO Device:

The SCIO is an evoked potential Universal Electro-Physiological Medical device that measures how a person reacts to items. It is designed to measure reactions for allergy, homeopathy, nutrition, sarcodes, nosodes, vitamins, minerals, enzymes and many more items. Biofeedback is used for pre-diagnostic work and or therapy.

The QXCI software will allow the unconscious of the patient to guide to repair electrical and vibrational aberrations in your body. For complete functional details and pictures, see appendix.

Subspace Software :

The QXCI software is designed for electro-physiological connection to the patient to allow reactivity testing and rectification of subtle abnormalities of the body electric. If a patient is not available a subspace or distance healing link has been designed for subspace therapeutics. Many reports of the success of the subspace have been reported and thus the effectiveness and the safety of the subspace link is part of this test. Many companies have tried to copy the subspace of Prof. Nelson and their counterfeit attempts have ended in failure.

SOC Index :

The SCIO interview opens with a behavioral medicine interview. This is called the SOC Index. Named after the work of Samuel Hahneman the father of homeopathy, he said that the body heals itself with it's innate knowledge. But the patient can suppress or obstruct the healing process with some behavior. Hahneman said that the worst way to interfere with the healing natural process was allopathy or synthetic drugs. These upset the natural healing process by unnatural intervention and regulation disturbance. Other ways to Suppress or Obstruct the Cure are smoking, mercury amalgams, stress, lack of water, exercise and many others. This behavioral survey then gives an index of SOC.

The scores relate to the risk of Suppression and Obstruction to the natural Cure. The higher the scores the more the Suppression and or Obstruction. The scores of 100 or lower are ideal. A copy of the SOC index questions appear in the appendix.

Study Technicians :

The study technicians were educated and supervised by medical officers. The study technicians were to execute the SCIO therapy and analysis. All were trained to the standards of the International Medical University of Natural Education. Therapists from all over the world including N. America, Europe, Africa, Australia, Asia, S. America and elsewhere were enlisted to perform the study according to the Helsinki study ethics regulations.

They were to chronicle any medical suspected or confirmed diagnosis. Therapists personnel are not to diagnose outside of the realm of their scope of practice. Then the study technician is to inquire on any disclosed observations during the test and on follow-ups report any measured changes.

To test the device as subspace against the placebo effect, two of the 2,500+ therapists were given placebo SCIO devices that were totally outwardly the same but were not functional. These two blind therapists were then assigned 35 patients each (only 63 showed). This was to assess the double blind factor of the placebo effect as compared to the device. Thus the studied groups were

A. placebo group, B. subspace group, and C. attached harness group.

Cross placebo group manipulation was used to further evaluate the effect.

Important Questions : these are the key questions of the study

1. *Define Diseases or Patient Concerns*
2. *Percentage of Improvement in Symptoms*
3. *Percentage of Improvement in Feeling Better*
4. *Percentage of Improvement Measured*
5. *Percentage of Improvement in Stress Reduction*
6. *Percentage of Improvement in SOC Behavior*
7. *What Measured+How (relevant measures to the patient's health situation)*
8. *If Patient worsened please describe in detail involving SOC_*

After the patient visit is complete the data was e-mailed to the Ethics Committee or IRB for storage and then analysis. This maneuver minimized the risk of data loss or tampering. Case studies were reported separately in the disease analysis.

This groups significant SOC cut off was 79.

The Large scale study had over 98,000 patients and 275,000 patient visits we have direct evidence of the safety and efficacy. A placebo group was used for the large scale test to help validate the results.

This disease group total number of patients was **327**

Subspace Treatment 138 patients, 189 SCIO Harness Patients

OVERALL ASSESSMENT

A. Subspace Treatment 241 patient visits

There were 0 cases of patients who reported a negative Improvement.

None of these cases reported any major difficulty. There were

0 cases reporting no improvement of Symptoms, 0% of Subgroup

0 cases reporting no improvement in feeling better, .0% of Subgroup

0 cases reporting no improvement in stress reduction 0% of Subgroup

62%--- Percentage of Improvement in Symptoms

72%--- Percentage of Improvement in Feeling Better

63%---.Percentage of Improvement Measured

52%-- Percentage of Improvement in Stress Reduction

1 %----Percentage of Improvement in SOC Behavior

B. SCIO Harness Treatment 330 patient visits

There were 0 cases of patients who reported a negative Improvement.

None of these cases reported any major difficulty.

There were

0 cases reporting no improvement of Symptoms, 0% of Subgroup

0 cases reporting no improvement in feeling better, 0% of Subgroup

0 cases reporting no improvement in stress reduction 0% of Subgroup

55%--- Percentage of Improvement in Symptoms

54%--- Percentage of Improvement in Feeling Better

67%---.Percentage of Improvement Measured

67%-- Percentage of Improvement in Stress Reduction

2 %----Percentage of Improvement in SOC Behavior

CASE STUDY REPORT CONDENSATION:

"I am working with the SCIO-System since 4 years. In my practice my patients are mainly chronically ill patients with e.g. following diseases:

Auto aggressive diseases like ALS, Multiple Sclerosis, Crohn Disease,

Colitis Ulcerosa, Lupus e.,

Chronically digestion Problems

Rheumatism, Fibromyalgia, Spinal Column Problems,

Various Cancer Diseases like Lung Cancer, Mammary Cancer, Leukemia,

Stomach Cancer, Liver Cancer,

Neurologically Diseases like ADS, Depressions, Trauma, Brain Injuries,

Allergies

Skin Diseases like Neuro-Dermatitis, Psoriasis

Migraine

I have used the SCIO to measure my patient's reactance to many various items which electrical patterns are digitally stored in the system.. I have used the device for therapy on my patients and it is highly accepted from them, because it is safe, showing no side-effects and is non invasive.

The SCIO-System treats the body's electric in a safe biofeedback way which helps the body to reactivate its body's own healing capacitance to finally come back to a well functioning body-regulation-system. It might appear a little futuristic if you do not know the background of the system, but if you would take the chance to look a little deeper, I am sure you would agree on its scientific validity and benefits.

Bottrop, Germany"

"Almost one year ago I had to rush my mother to emergency because she was passing blood. After spending few days in the hospital when I thought that this situation had been under control the doctors decided to have a meeting with us. My mother had two blood transfusions and her hemoglobin could not be stabilized. The bone marrow test was done and the results were not final but very negative. When the doctors decided to discharge her temporarily till all the test results were coming in I thought that was a great mistake.

How will I cope with all the trauma, when she was receiving morphine in the hospital, she had chest pain, her spleen was extremely enlarged and on top she was developing shingles witch that alone was a very painful experience. I had no time, emotionally I could not cope seeing my mother going so fast. The only chance I had in this very difficult time, I remember that in September I was introduced to Quantum energy and being a very busy person, I thought this is great news but I had so many seminars to attend, that I was preserving my learning capacity for those events. Nevertheless few months down the road I was facing the greatest tragedy of my life suddenly I was loosing my mother without having even the time to prepare for it. My intention was if I can buy one month at least I can prepare emotionally. In this difficult time I decided that my mother should try Quantum Energy. My mother got discharged on January the 30eth 2007 that was a Tuesday and I managed to book an appointment for the next day

with a practitioner. The traveling was long but I made the commitment to give it a try. Even thou that day driving alone with my mother toward the clinic I had another emotional experience, because my mother was in excruciating pain because of the shingles, in a moment of silence I thought that I lost her. Finally I found my way to the place which had brought a great hope and joy to our life, that today a year later my mother is alive she is 70 years old and she is living on her own. Actually she traveled alone back to her country, leaving Canada to go back to Romania is not a short trip. Thank you professor Nelson me and my family we are very grateful for this scientific accomplishment.

City unknown”

RULES OF THE STOMACH

1. Fluids alone (no more than 4oz. Of fluid with a meal, or for two hours after a meal)
2. No coffee at meals (wait for 1.5 to 2 hours after or 1 hour before eating)
3. No milk with meals (wait for 1.5 to 2 hours after or 1 hour before eating)
4. Fruits alone(wait for 1.5 to 2 hours after or 1 hour before eating)
5. Melons alone (wait for 1.5 to 2 hours after or 1 hour before eating)
6. Small meal is better Quality of nutrition not quantity
7. Slow meals Savor, enjoy, rejoice, and celebrate the meal
8. Eat for nutrition not for stimulation, Eat when hungry, not when bored
9. Rest comfortably after eating for at least 35 to 45 min to maximize stomach function
10. Make and eat food with love and kindness, no violent or negative emotions
11. No antacids
12. Do not sleep for 3 hours after eating.

SCIO TREATMENT SUGGESTED

Color - set patient's favorite if desired, or choose color by chakra that is deficient, red and green stim immunity

Cosmic: set 1 for physical body, 2 for astral, 3 for etheric, 4 for mental, 5 for cosmic, 6 for other

Magnetic Method - 1+10 is universal, 7 for detox, 8 for regrowth of new tissue, 3 for injury, 2 for metabolic correction, 5 for inflammation, 6 for infection, 9 for psych stress, 2 for energy stimulation, 4 for immunity

Frequency ___ 653hz__965hz, 5321___5787hz

Zap for 10 min once a day in early stages once a week in later stage

Cancer therapy for 30 min once a month in early stages once a week in later stage.

Scalar for 30 min once a month in early stages once a week in later stage

Trivector for 10 min once a month in early stages once a week in later stage

Discussion:

The results show significant improvement in symptoms of Lupus and feeling better. The Collective results show a dramatic benefit to the SCIO therapist visit.

Lupus erythematosus

From Wikipedia, the free encyclopedia

Lupus erythematosus	
<i>Classification and external resources</i>	
ICD-10	L93 (ILDS L93.010)
ICD-9	695.4

Lupus erythematosus is a name given to a collection of [autoimmune diseases](#), in which the [human immune system](#) becomes hyperactive and attacks normal, healthy [tissues](#).^[1] [Symptoms](#) of these diseases can affect many different body systems, including [joints](#), [skin](#), [kidneys](#), [blood cells](#), [heart](#), and [lungs](#).

Classification

Lupus erythematosus may manifest as a [systemic disease](#) or in a purely [cutaneous](#) form also known as *incomplete lupus erythematosus*. Lupus has four main types:

- [systemic](#)
- [discoid](#)
- [drug-induced](#)
- [neonatal](#)

Of these, [systemic lupus erythematosus](#) (also known as SLE) is the most common and serious form.

A more thorough categorization of lupus includes the following types:^{[2][3]}

- [Acute cutaneous lupus erythematosus](#)
- [Subacute cutaneous lupus erythematosus](#)

- Chronic cutaneous lupus erythematosus
 - [Discoid lupus erythematosus](#)
 - Childhood discoid lupus erythematosus
 - Generalized discoid lupus erythematosus
 - Localized discoid lupus erythematosus
 - [Chilblain lupus erythematosus](#) (Hutchinson)
 - [Lupus erythematosus-lichen planus overlap syndrome](#)
 - [Lupus erythematosus panniculitis](#) (Lupus erythematosus profundus)
 - [Tumid lupus erythematosus](#)
 - [Verrucous lupus erythematosus](#) ([Hypertrophic](#) lupus erythematosus)
- [Complement deficiency syndromes](#)
- [Drug-induced lupus erythematosus](#)
- [Neonatal lupus erythematosus](#)
- [Systemic lupus erythematosus](#)

Signs and symptoms

Symptoms vary from person to person, and may come and go. Almost everyone with Lupus has joint pain and swelling. Some develop arthritis. Frequently affected joints are the fingers, hands, wrists, and knees. Other common symptoms include:

- Chest pain when taking a deep breath
- Fatigue
- Fever with no other cause
- General discomfort, uneasiness, or ill feeling (malaise)
- Hair loss
- Mouth sores
- Sensitivity to sunlight
- Skin rash - a "butterfly" rash in about half people with SLE.
- Swollen lymph nodes

^[4]

Photosensitivity

[Photosensitivity](#) is a known symptom of lupus, but its relationship to and influence on other aspects of the disease remain to be defined.^[5] Causes of photosensitivity may include:

- change in [autoantibody](#) location
- [cytotoxicity](#)
- inducing [apoptosis](#) with [autoantigens](#) in [apoptotic blebs](#)
- [up regulation](#) of adhesion molecules and [cytokines](#)
- inducing [nitric oxide synthase](#) expression
- [ultraviolet](#)-generated [antigenic DNA](#).

[Tumor necrosis factor alpha](#) also seems to play a role in the development of photosensitivity.

SINthetic drug Treatment

Main article: [Systemic Lupus Erythematosus#Treatment](#)

Traditional Treatment consists primarily of immunosuppressive drugs (e.g., hydroxychloroquine and corticosteroids). In 2011, the U.S. [Food and Drug Administration](#) (FDA) approved the first new drug for Lupus in more than 50 years to be used in the US: [Belimumab](#).^[6]

Epidemiology

Worldwide

- An estimated 5 million people worldwide have some form of Lupus.^[7]
- 70% of Lupus cases diagnosed are [Systemic Lupus Erythematosus](#).^[7]
- 20% of people with lupus will have a parent or sibling who already has lupus or may develop lupus.^[7]
- About 5% of the children born to individuals with lupus will develop the illness.^[7]

United Kingdom

See also: [Systemic Lupus Erythematosus](#)

- affects UK females far more than males at a ratio of 7:1, that is to say females are 7 times more likely to have the disease.^[8]
- The estimated number of UK females with SLE is 21,900, and UK males with Lupus is 3000 - a total of 24,700, or 0.041% of the population.^[8]
- SLE is more common amongst certain ethnic groups than others, especially those of African origin.^[8]

United States

[Systemic Lupus Erythematosus](#):

- occurs from infancy to old age, with peak occurrence between ages 15 and 40.^[6]

- affects US females far more than males at a ratio of 6-10:1, that is to say females are 6-10 times more likely to have the disease.^[6]
- prevalence data is limited. Estimates vary and range from 1.8 to 7.6 cases per 100,000 persons per year in parts of the continental United States.^[6]

See also

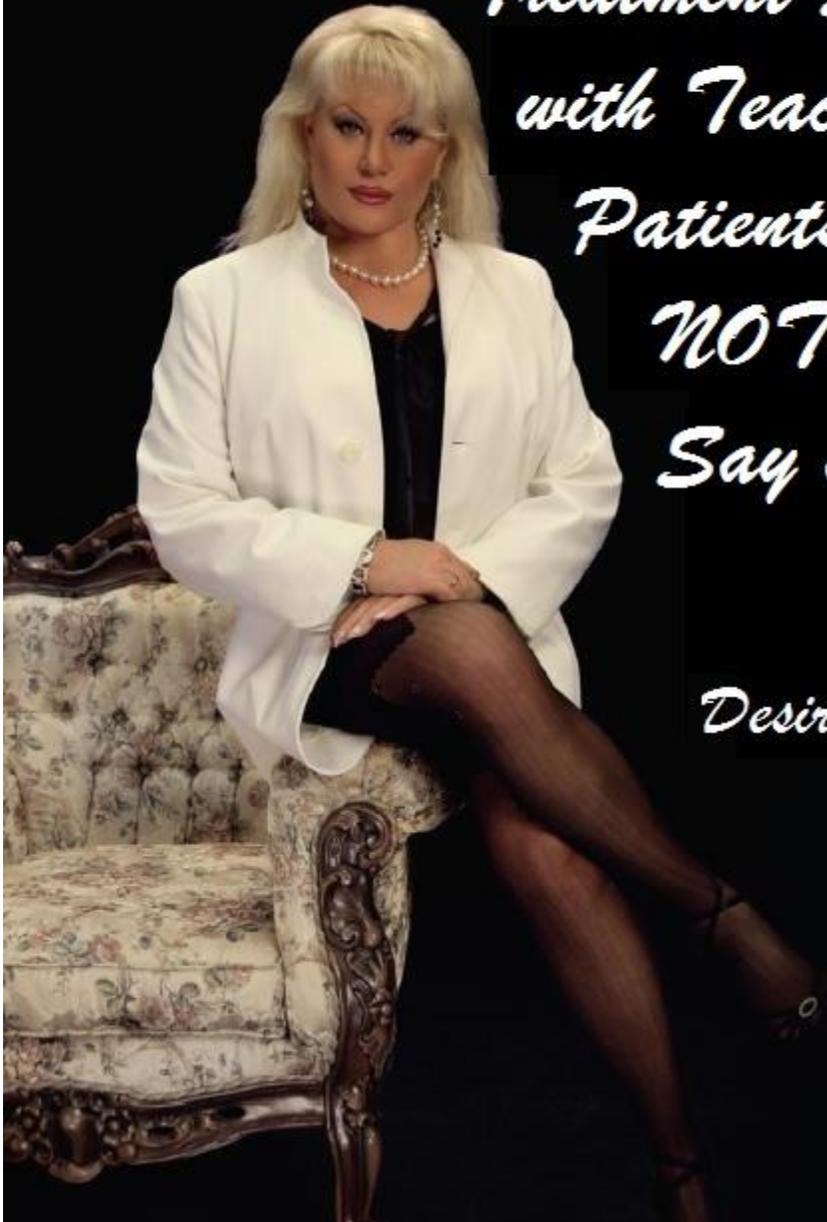
- [List of cutaneous conditions](#)
- [List of target antigens in pemphigoid](#)
- [List of immunofluorescence findings for autoimmune bullous conditions](#)
- [List of human leukocyte antigen alleles associated with cutaneous conditions](#)
- [Systemic lupus erythematosus](#)

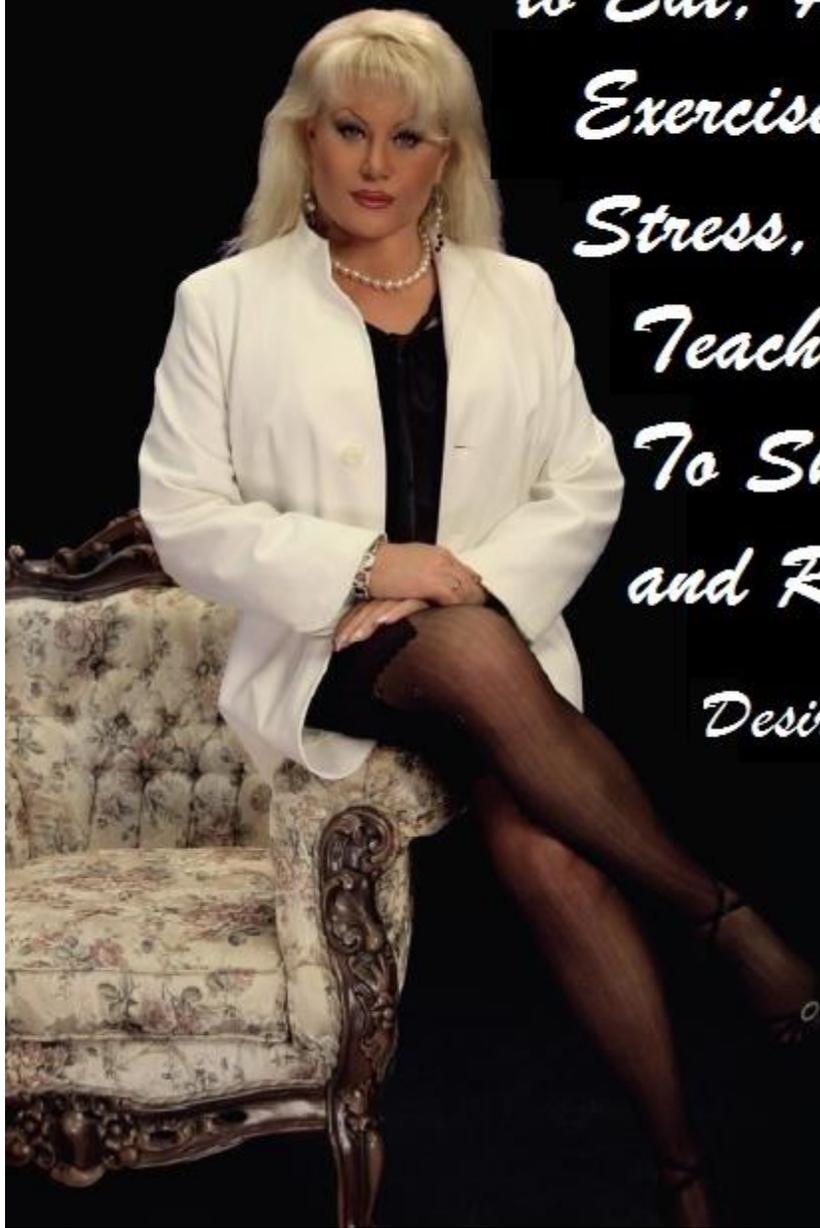
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*"Education and
Treatment Starts
with Teaching
Patients what
NOT to Eat,
Say and Do"*

Desire' Dubounet





*" Then Teach What
to Eat, How to
Exercise, Reduce
Stress, Interact
Teach How
To Show Love,
and Respect"*

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