Before the late nineteen eighties, mass shootings and acts of senseless violence were relatively unheard of. Prozac, the most well-known SSRI (selective serotonin reuptake inhibitor) antidepressant, was not yet on the market. When Prozac did arrive, it was marketed as a panacea for depression which resulted in huge profits for its manufacturer Eli Lilly. Of course other drug companies had to create their own cash cow and followed suit by marketing their own SSRI antidepressants.
Subsequently, mass shootings and other violent incidents started to be reported. More often than not, the common denominator was that the shooters were on an antidepressant, or withdrawing from one. This is not about an isolated incident or two but numerous shootings. The question is, during the past twenty years is the use of antidepressants here a coincidence or a causation?

There have been too many mass shootings for it just to be a coincidence. Eric Harris and Dylan Klebold killed twelve students and a teacher at Columbine High School. Eric was on Luvox, an antidepressant. The Virginia Tech shooter killed thirty-two people and he was on an antidepressant. While withdrawing from Prozac, Kip Kinkel murdered his mother and stepmother. He then shot twenty-two classmates and killed two. Jason Hoffman wounded five at his high school while he was on Effexor, also an antidepressant. James Holmes opened fire in a Colorado movie theater this past summer and killed twelve people and wounded fifty-eight. He was under the care of a psychiatrist but no information has been released as to what drug he must have been on.

Psychiatrists generally will tell you that these people were mentally ill and they weren’t treated in time or didn’t get enough help to prevent the tragedy. However, Dr. Peter Breggin, who is a psychiatrist, stated that depression rarely leads to violence and that it’s only since the SSRI’s came on the market that such mass shootings have taken place.

In a study of thirty-one drugs that are disproportionately linked to reports of violence toward others, five of the top ten are antidepressants. These are Prozac, Paxil, Luvox, Effexor and Pristiq. Two other drugs that are for treating ADHD are also in the top ten which means these are being given to children who could then become violent. One could conclude from this study alone that antidepressants cause both suicidal thoughts and violent behavior. This is a prescription for mass shootings.

No one can talk their way out of explaining how a person who is previously non-violent and given antidepressants suddenly becomes violent or suicidal. There are multiple cases of children who have committed suicide days after starting to take an antidepressant. In a YouTube video, various parents tell their story about what the antidepressants did to their kids.

A parent retells how his child couldn’t stand how the drugs made him feel and so he committed suicide. Another parent is stuck with the image of his child running in front of a moving car because the child wanted to die. Imagine calling 911 because your child is trying to kill herself when you know your child was not like that before taking the antidepressant. Imagine what you would feel like upon finding out that your child is the shooter in a murderous rampage on the school campus.

While on a mix of antidepressants, sixteen year old Cory Baadsgaard took a rifle to school and held twenty-three students hostage. His father said he was not a violent kid before he took the drugs but while on the medication he was volatile and susceptible to blind rage. Cory does not remember anything other than waking up, not feeling so well and going back to bed. The next thing he remembered was being in juvenile detention. Luckily no one was hurt, but it could have become another mass shooting.
A Harvard psychiatrist closely monitors his patients as he has seen firsthand that those that were not suicidal before became agitated, restless and completely preoccupied with suicidal thoughts. When these patients were taken off the drug, the thoughts went away. Clearly this demonstrates it’s the drugs causing these violent feelings, not the mental health of the patient.

They claim that these drugs are safe and effective but obviously they aren’t. Doctors themselves may not be aware of the dangers of these drugs, but their patients are the ones who will suffer the consequences if they are not told of the potentially lethal side effects. Doctors should at the very least go over the FDA Black Box warning which is on all antidepressants. This warning states that there is an increased risk of suicidal thoughts and behavior by taking the drug. Otherwise, doctors are pretty much pulling the trigger themselves so-to-speak.

The worst part is we are all being misled with false information in regards to “mental illness.” Given the fact that there is not a single diagnostic test for depression or any other “mental disorder,” how can one even attempt to diagnose a “mental disorder” without a shred of scientific evidence to back it up? Opinions about symptoms are not science! There is the “chemical brain imbalance” theory, but where is the science to prove it exists?

The point is you can’t prescribe an antidepressant or any other psychiatric drug when you don’t know the cause of the symptoms. Nothing ever gets treated, helped or fixed without a cause. Instead, mind-altering drugs are being given to our future generation for no sensible or logical reason other than profits for pharmaceutical companies. The only result is dead bodies from mass shootings and that is truly senseless. Check it out for yourself and watch the YouTube video. Check out the list of school incidents linked to SSRIs below. Ensure your children are safe!

**Prozac: Warning Labels and Side Effects** Moira Dolan, M.D., Medical Accountability Network.

*Hi, I’m Dr. Moira Dolan, internal medical physician with the Medical Accountability Network.*

*A lot of people have been asking, “What is the connection between violence, suicide and homicide and antidepressant medications?”*

Let’s take a look at this. There are numerous examples of people who have gone off on a shooting rampage and killed their classmates, their co-workers, members of their family and often took their own lives, then it was shortly discovered that they were taking an antidepressant. The appearance is that the person was mentally ill and went on a rage but when these cases have actually been looked at closer, what we find is that the person did not have any violent tendencies and in most cases was not even suicidal before they started treatment with their antidepressant medication.

Let’s take a look at what the manufacturers say about their own drugs in this class called antidepressants. I’m going to be reading here from package labels of
various antidepressant medications. Now, the labeling is something that is required by the FDA, the wording of the labeling is “FDA Approved and Required.” Let’s take a look at what the FDA has required the manufacturers to reveal in their product labeling in their anti-depressant drugs regarding violence, homicide, and suicide.

I’m going to start by looking at the packaging insert for Prozac. Prozac is also known as fluoxetine. And here are some things that the manufacturer [Eli Lilly and Co.] themselves say about Prozac. One of the things that the manufacturer warns us and the FDA requires the manufacturer to let us know on the labels: These drugs can cause what is known as akathisia. Akathisia is a medical word that literally means “can’t sit still.” And it has two parts to it. The first part is what you can actually see in a person; the motor part of it, a person cannot sit still. They have restlessness, toe-tapping, shifting from leg to leg, pacing, in any case, they can’t sit still. They try to sit down or even to lie down and next thing you know, they’re hopping up again and they’re pacing, they look and act agitated. This [akathisia] is a straight-forward chemical effect of the drug.

It [antidepressant drug] causes not just the motor action, in other words the muscles to be jumpy and to get the person to be jumping around, it also causes an internal restlessness. So, a person has a real sense of unease, they feel like their body has to move. They feel compelled to action. It’s called psycho motor agitation. Not are only they mentally agitated but their body is expressing that. They have a subjective sense of distress, something’s gotta happen, gotta do something.

Now, let’s have a look at what the manufacturer says, in fact, about violence: These drugs [antidepressants] can cause agitation, psychosis, hallucinations, hyperkinesia, (again that’s the agitated movements). These drugs can cause a sense of depersonalization [A state in which the normal sense of personal identity and reality is lost.] , that’s when the person feels everything around them is not real, a dream-like state. These are listed as adverse effects of the drugs on the labels as required by the FDA. They list as a frequent side effect: agitation, amnesia (no memory took place), confusion, emotional liability, which means moods all over the place; and sleep disorder. Now, the sleep disorder could be excessive sleepiness or insomnia.

If you add lack of sleep on top of the tendency of Prozac to cause psycho-motor agitation—a feeling of the person they’ve got to go do something—along with the depersonalization that
they can get, you really have cooked up the chemically induced ingredients for a mass murder.

Well, Prozac has been the label that I’ve been reading here and it is a so called SSRI (Selective Serotonin Reuptake Inhibitors). In fact, these drugs are not selective, they work on several different brain chemicals, including serotonin, norepinephrine, dopamine, and others. And what they do is simply not block reuptake but they have many actions of receptors throughout the brain. There are also 20 known serotonin in the brain, so exactly what serotonin levels are being provoked, increased or decreased, up-regulated or down-regulated, by the so called SSRIs is not really well-known.

In fact, on the label for Prozac, and again, I’m reading from the label. We find the mechanism of action is in fact unknown. You will find that the mechanism for action of all the so called SSRIs is unknown. Theories abound and the labels goes into detail about what the theories are and what the drug might be doing, but in fact the mechanism for action is entirely unknown. What we can witness is what effect it has on the body and on behavior.

So back to the adverse effects section of the Prozac label. I’m going to read to you some of the other Central Nervous System effects that Prozac can have.

**Side Effects of Prozac**

-- Ataxia, this means unbalanced walking.
-- Bugoglossia (?) syndrome, this means lip, and cheek mouth sort of smacking, spasmodic, movements.
-- Depression of the central nervous system.
-- Stimulation of the central nervous system.
-- Euphoria
-- Hallucinations
-- Hostility
-- Fast movements
-- Increased muscle tone
-- Increased sensations, in other words they feel things at a heightened level, but it can also cause a decreased sensation, the inability to feel normal things such as pain and pressure that a normal person would feel.
-- Paranoid reaction
-- Psychosis
-- Dizziness

-- Uncontrolled mass murder urges
So here we have hostility, paranoia, agitation, combined with the akathisia, which is the sense that I’ve got to do something, and you can see how these can all add up to irrational murders. **The string of school shootings that we have seen is strictly a phenomena that coincides with the massive use of antidepressant drugs over the past 15 to 20 years.** It was not something that was seen in the 20 years earlier. In the 20 years that we have seen an increase in mass murders and people who are chemically altered by antidepressant medications, there’s been nothing but an increase in gun control. [Also, crimes have become more bizarre and in some cases unimaginable.]

So we do have the suicide warning for the 26 and under across this group of drugs [antidepressants], as well as akathisia, hostility, psycho-motor agitation, paranoid ideas, hostility, and of course what comes out of that is violence.

http://www.naturalnews.com/039752_mass_shootings_psychiatric_drugs_antidepressants.html


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The Reason you are depressed is NOT because you are PROZAC DEFICIENT
Prozac & Mass Murder
from Prof. William Nelson
Shootings

This letter is of the utmost importance in explaining the recent tragic events. There has been a continued tragedy of mass murder shootings mostly in America. The first largely published disaster happened in Columbine, Colorado. The amount of mental worker shooting and other such disasters, begs for an investigation into the cause. The cause is a simple word “Prozac”.

It is important this letter be published so the scientific community can evaluate its content. As a professor of medicine I can offer a scientific explanation for the disaster. When it happened I knew that this person was on some form of anti-depressant. This has just been confirmed by the news services. You see my interest started when I lived in Littleton, Colorado. I drove my step daughter to Columbine school every day. I was one of the chaperones at school dances. I knew the boys involved in the shooting. They were on Prozac.

Prozac is a drug that blocks the re-uptake or return of serotonin to the original synaptic membrane. Serotonin is one of our happy hormones. When we drink a single drink of alcohol, serotonin is released. The effect is a slight euphoria reduced inhibitions and some happiness. The natural process is that in about 12 hours the serotonin is returned to the original spot. The theory of Prozac is that, by blocking re-uptake of serotonin, the serotonin can remain in the synaptic cleft longer. This would make us happy and reduce depression: But at what cost?

The re-uptake of serotonin has a biological function. It helps us to be grounded, it helps us to check our reality. It is said you can drink to forget, but when you wake up your troubles will still be there. And you must face them. This re-uptake reality check process is blocked by Prozac and most anti-depressants. Thereby with the reality check being disturbed a user can start to form unreal ideas. The killing on a computer game or a movie can be seen a reality. We see killing every minute in movies and tech games. Normal people see the difference, Prozac can block this perception.

Every mass murderer has been an anti-depressant user. In the recent Virginia case, a police officer observed how easily and calmly the shooters in all of these mass murders can operate. Normal people, even trained soldiers or the police, have nerves. They tremble, sweat, have some second thoughts, and sense it is wrong to kill.

But a Prozac user can be different. His reality check is interfered with. In his new reality it is logical to kill for the simplest of reasons. The shooter in Montreal said that there was too many girls in his engineering class. Normal people would choose other ways to handle such a conflict. The fact that these mass murders have little sweat or nervous reaction gives us proof of the pharmacological nature of this tragedy.

The problem is not the mental disease, but the illogical cure. Once again the synthetic pharmacology industry has focused on the symptom (depression) and the sales. The side effects are observed most often too late. This letter contains the explanation for the recent catastrophe.

But for over a year now this letter is not published by anyone. The media has been bought. The world media is not doing its job. The media has been bought and is controlled by the big corporations like Big Pharma.

Now the new research shows that Prozac is no better than a placebo in treating depression. This story is a better one to remove Prozac from the market. The expose’ of deaths would not only continue the legal attack on damages that Big Pharma is occurring. Vioxx, DES, anti-cholesterol drugs, heart medications and a host of others. There is an ever growing awareness of just how much of a problem the incompatible synthetic pharmaceuticals are. This is a most vital story to tell, and tremendous cover up and conspiracy of the drug company.

But there is a larger story. The entire world press is bought and will not cover stories like this, will not cover stories of the international pedophile cartel, will not cover stories of Equal Economic Education, will not cover the angel. The greatest news story is that the news is not the news. Big Money and large corporations filter the news and they control the dribble of what we see. Every journalist should be ashamed, is there not one of them willing to step forward with honesty and integrity.

This letter must not be suppressed. This treatise requires more in-depth evaluation that cannot honestly be done from inside the Chemical companies. Please give this correspondence the proper treatment and allow others to read it.

Professor William Nelson