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An Informal Letter Written for Doctors Communicating with Doctors

The Power and Meaning of Menstruation
A Scientific Appraisal of Homeopathy
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NATURAL MEDICINE’S EVER INCREASING POPULARITY

SCIENTIFIC AND CLINICAL EVIDENCE SUPPORTS NATURAL MEDICINE

NEW VISTAS LEADS IN SCIENTIFIC DEVELOPMENT OF NATURAL MEDICAL TECHNOLOGY

The following article describes just some of the impressive research done for New Vistas or on New Vistas remedies. New research on the science of natural and homeopathic medication has lead to the development of Quantum Quality Control, trademarked QQC. This QC method and our patented manufacturing process has lead to the successful clinical studies on New Vistas remedies. In the following article New Vistas remedies were exclusively used and clinical proof of homeopathy was achieved. As the article in the New England Journal of Medicine on the popularity of natural medicine has shown, your patients want more natural medications and therapy. As the demand increases, New Vistas is ready to supply quality-natural medications for a wide variety of medical concerns. The College of Practical Homeopathy is ready to teach you how to use them. And you can get CEU credits while learning at home. Just read what some of the doctors around the world have to say about the New Vistas remedies.

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An In-Depth Appraisal of Homeopathy -
Scientifically, Clinically and Experimentally
by Gabriel Ledniczky; Hippocampus Research Facility, Budapest, Hungary

Abstract
In this short paper we wish to summarize five years of extensive research on homeopathy. We have completed an extensive literature review of many studies on homeopathy. We have performed over 20 laboratory analyses including cell culture studies and animal studies, and we have performed over 70 different clinical studies involving patients.
We have also undertaken extensive research into the propositions behind homeopathy. We may now conclude that homeopathy can be proven scientifically, mathematically, clinically, and experimentally.

Our study directors have actively performed medical and clinical studies on over 1000 patients with 70 types of disease. This is the largest clinical evaluation study of homeopathy we are aware of. The results show conclusively that homeopathy does indeed work, and deserves a daily place in medicine.

Presentation
In 1991 the British Medical Journal presented an article by Jos Kleijn and Paul Knipschild wherein these Danish researchers reviewed over 100 articles on homeopathy. The researchers are from Maastricht in the Netherlands, where the European community treaty (the Maastricht Treaty) was first generated.12

In their article, Kleijn and Knipschild found that the science presented in the articles they reviewed was inclusive of worthwhile clinical and scientific data. The conclusion of their article was that homeopathy, because of its wide usage and because of these articles, was indeed a legitimate science of medicine.

In our literature review we also reviewed the articles used in their study. But a host of research was overlooked by these authors: research that was done in America and Eastern Europe. The purpose of this article is to summarize some of the additional research not included in the Maastricht paper.

In the paper from Kleijn and Knipschild we can see that their review showed that homeopathy had little effectiveness in some of the criteria cases. Our studies have shown that the type of homeopathy we have used has had more successful results (Maitrey).11

In articles contributing to the review mentioned above, we have also seen how homeopathy has possible treatment for otitis media. A very good study on meningitis was done on the effects of homeopathic treatment on a large population in Brazil.
Other positive effects were found concerning homeopathy’s ability to deal with allergy relief, sinusitis, inflammation and other areas.

Scientific Background
A vast number of writings on homeopathy over the last 15 years have been done in India and Eastern Europe. There have been many good articles written in America, as well. On the scientific foundation of homeopathy, there has been much research undertaken on the quantum energy fields and the proton, or hydrogen bonding, effect. This research has scientifically proven the existence of homeopathy as an energy medium transferred through water and alcohol (Zahlki-Titarenko).11

Some of this research has been developed by Olga Zahlki-Titarenko at the research center in Lekon of the National Academy of Sciences in the Ukraine. In Olga’s research on the hydrogen bonding effect, she was able to prove that homeopathy is capable of transferring various shape information through a change in the hydrogen bonding structure from one succession to the next. (Zahlki-Titarenko).21 This succession principle thereby allows for a polymorphic structural change in the water molecule that can be detected through nuclear magnetic resonance. Also, the effects of these homeopathies on the conformational states of certain proteins (specifically albumen) were found to be significant when compared to controlled water and alcohol.

Beneviste’s work in France also proved the ability of water to have memory of a chemical reaction. Homeopathic potencies (without chemicals) to activate antibodies, similar to allergen-antigen activation. His work was challenged worldwide. Now he has redone his experiments under the most controlled circumstances, and his results are the same. High x homeopathy works.

Mikhail Reshenko’s work at the Kiev Physics Institute has also found that there is a capacitance and magnetic structure to a homeopathic which is detectable at high potentials versus controlled water and alcohol. Thus homeopathy has been found in these research studies to have a transfer not only of shape, but of energy patterns that can be deduced from a high-x homeopathic. The studies showed that in comparison to normal water and alcohol, homeopathics indeed have a distinct energy pattern that differs significantly from one homeopathic to another. This was used to develop the quality control techniques used today for homeopathic products.5

The book, Experimental Evidence for Homeopathy, outlines a much more in-depth analysis of the science behind these electrical and shape-structural or morphic-like discoveries in the transfer of information of a homeopathic (Books).4 Also in homeopathy, there has been some interesting work done in Kirlian photography and energy fields. This work was started by the R ectewig people in Germany and has spread to America, other parts of Europe, and is being done in Ireland.

These types of developed detection systems have been used not only for validating the concept of an energy field around a homoeopath, but could also be used for quality control by manufacturers.

In reviewing the work of Del Giudice, the Maitrey Institute and Froehlich, we can see that there is indeed a scientific principle of information transfer that allows for a new scientific explanation. This scientific explanation allows us to understand what a homeopathic is and is not in the development of product quality control, and allows us to show the world that homeopathy has a rational and scientific basis (Maitrey).19

It is not the purpose of this short presentation to discuss in depth, all the analytical factors regarding the scientific process of homeopathy. In this paper we want to simply review the basic nature of this scientific analysis, and point out to the reader that this scientific analysis is continuing on a worldwide level by many different types of researchers.

In answering some of the questions about the future of homeopathy, we definitely must realize that more effort and attention must be drawn to the scientific work that can help to explain the concept of homeopathy to the scientific medical powers that be; people who want to have a more in-depth understanding of something before they begin to use it.

Homeopathies have classically been more trusting of therapies, and are more readily willing to utilize therapies that have mystical explanations, where orthodox medical practitioners are not. The future of homeopathy will hinge on our making more scientific inroads for them to bridge their gaps in understanding and belief, so that they might more confidently involve homeopathy in the practice of medicine.

We direct the reader to the referenced articles and texts in the Bibliography, so that they might deepen their understanding of the scientific analysis of homeopathy.
Philosophy
Homeopathy also has a philosophical basis as a medical technique. We now see that 1iatrogenic (doctor-caused) disease in prevalent throughout the world. Billions of dollars are paid by drug companies for damage caused by their iatrogenic poisoning.

The idea of homeopathy as a basic form of medicine is an archaic one in today's scientific analysis. Reductionism, which has fostered most of homeopathy, is now extremely passé as a science. We now know that the body is not a reductionistic item, and that only treating a reductionistic symptom is philosophically flawed if we truly want to help an organism.

True help for an organism would constitute looking at the total nature of the person and his entire symptomatology, and also realizing that the symptoms might just be signposts of a deeper morphology.

Homeopathy, by working from within rather than from without, attempts to incur balance and help the body to return to homeostasis. The dramatic interest in self-help programs, the return of people to a more natural philosophy, and a chemophobia (fear of synthetic chemicals) are all contributing to a global philosophical change that will also allow homeopathy to flourish.

The basic philosophy of homeopathy is that there is a natural life force within that must be motivated and stimulated in order to seek out health and balance. Hahnenmann pointed out that using external intervention, such as allopathy, is a suppression to cure. He believed that using various types of stimulants, drugs, and other allopathic philosophical techniques could also obstruct cure, in that they intrude on the basic, natural life force.

We must look at the perfect example of what was revealed in Neuszuk recently: antibiotics and many drugs are not working as originally stated. The amount of allopathic, iatrogenic damage is escalating from year to year and creating increasing illness.

In our article on "Suppression and Obstruction to Cure" we outline a technique used by the doctors in our clinic of evaluating the amount of iatrogenic, allopathic, lifestyle and environmental disturbances that can suppress and obstruct cure. We are now realizing that the chemical companies that have polluted our seas, air and ecology have also been polluting our bodies and producing many different disturbances. This is becoming increasingly understood and further opens the door for the philosophy of homeopathy to take its place in medicine.

In our article on "An Operant Definition of Homeopathy" we also present a more in-depth analysis of this type of iatrogenic disturbance created throughout the world. In this article we compare some of the lawsuits against allopathic chemical companies with lawsuits against homeopathic companies. We see dramatic differences, in that allopathic disturbances result in billions per year sought in damages: in homeopathy there are very, very few.

There are many books for the layperson and the basic practitioner that go into a deeper analysis of the practice of homeopathy and the philosophical and intellectual rationales for using this type of medicine. But as in any type of medicine, the true measure of success is found in clinical use of the product. We as mentioned earlier, most of the 100 articles reviewed in the British Medical Journal were about the clinical use of different homeopathic products.

Clinical and Experimental Data

Behind the old Iron Curtain, our organization and others working with us have done many different research studies on a large number of patients, cell cultures, and animals to determine the effectiveness of homeopathy.

At the Institute of Oncology in Kiev, Vladimir Vinitsky's cell culture work has shown homeopathic products to be successful in treating cancer and leukemia. Mice with cancer were also successfully treated using homeopathic products (Vinitsky).

The astonishing results show that homeopathy is not placebo, as good results were achieved in animal populations. Studies on this were performed under controlled conditions in double-blind experiments with cell cultures and mice.

Hormesis as a theory of biology has also received recent press coverage. Our analysis of hormesis as a varied form of homeopathy has also shown that homeopathy can be used to detoxify. This is being evaluated in research by the Institute of Gerontology and the Institute of Biophysics, both in the Ukraine.

Research has been undertaken in diseases such as leukemia and cancer, as mentioned before. There has also been research on the pathologies of myocardial infarction, infectious diseases of bacterial and fungal origins, virology diseases, and a host of other diseases. Over a number of years scientists in our field have been able to perform successful studies involving over 1000 patients with a wide variety of diseases. A list of these studies is included in the Bibliography (Maitrey). 12

One of the studies we performed showed how homeopathy was able to help osteoporosis and significantly increase bone calcium (Maitrey). Homeopathy was also observed to be effective in dealing with infections. The effects of homeopathy were significant in several of our experiments with fungus, bacteria, and viral infections (Maitrey). In these studies we were able to show how homeopathics increased the ability of the immune system to focus in on microorganism intruders. Thus the pathogens were not treated by the homeopathics directly, but the immune system was enhanced to deal with the infection itself.

Another series of homeopathic treatments we investigated was that of pain.

Several studies were performed that showed how homeopathics were able to deal with a wide variety of pain issues (Maitrey) 4, 17, 8

Using a type of homeopathy known as the sarcode, we showed that regrowth of vertebral nerve tissue could be stimulated by homeopathics, and one would be treated by classical homeopathic techniques. In over 12 studies we found that sarcodal homeopathy was effective in stimulating regrowth of tissue in areas such as the thyroid, adrenal glands, prostate, liver, and other parts of the body.

In our studies on nodules, work was done with detoxification and with treatment of some of the more severe diseases (cancer, leukemia, and others) (Maitrey) 13

The results of these studies are sometimes barely significant, but are many times highly significant and astonishing.

Another type of homeopathy investigated in our studies was allergy relief using allersodes. Several of our medical doctors directed research on the treatment of allergy-related diseases using allersodal homeopathy. The results were also quite astonishing (Maitrey).

In the heart infarction study, patients were evaluated as infarction risk patients. These patients had either had an infarction, or were at extreme statistical risk of a first myocardial infarction, or heart attack. The homeopathic remedy evaluated was completely successful in preventing heart attack: infarctions only occurred in the control group. Even though no major change in heart morphology was observed, the infarction risk was brought under control.

Our studies also analyzed circulatory function, high blood pressure (hypertonia), (Maitrey) 15, and low blood pressure (hypotonia), (Maitrey). Our studies were successful in showing that homeopathics can be used as a meaningful, legitimate medicine for these types of disease.

In nephrology in nephrology were performed, and we determined that homeopathy could be a worthwhile treatment for kidney stones and other inflammatory kidney diseases (Maitrey).

Homeopathics were also evaluated in the study of "Homeopathic Treatment of Prostatitis," where it was found that homeopathic treatment of prostate hypertrophy was successful (Maitrey).

Another study in Europe constitutes a 5-year continuous effort in studying the toxic exposure of a group in Cambridge, England. This group was exposed to a water supply which became toxic when the local water filtering plant unintentionally dumped an excess (10 tons) of aluminum sulphate into the water supply. This produced an extreme toxicity, which we followed up with a homeopathy program for five years. In doing this we showed homeopathy's ability to handle toxic crises.

Thus for five years, we have evaluated homeopathy in many different ways, including long-term studies as well as short-term interventions.
We have been able to show that homeopathy is a successful medical treatment, and is quite capable of being the primary medicine used in any medical clinic. In fact, the four doctors who work in our clinic use homeopathy exclusively. The 20 patients in the clinic can be treated with homeopathy by our medical doctors. This gives us a fantastic opportunity to perform studies and to observe patients.

It should be pointed out that although the vast majority of articles and investigations have shown positive results, some with closed or stubborn minds are not persuaded. Homeopathy is not successful in every case; there are diseases for which homeopathic treatment appears ineffective. In these extreme cases patients are referred to medical hospitals, and often into more allopathic processes. This type of treatment is sought when patients’ bodies are incapable of responding to homeopathic treatment, and they need external help provided by medical hospitals.

Promisingly, these hospitals are slowly realizing the value of homeopathy, and are now bringing it into daily use with their patients as well. It can be readily observed that the patients for whom homeopathy does not work comprise less than 10% of the total patient population presented in the doctor’s office.

The extensiveness of our study gives it extreme value in helping homeopathy to grow in the world: these homeopathic techniques are much less expensive than their allopathic counterparts and surgical interventions.

We are extremely fortunate to have a medical doctor on our clinical staff as well, who has been able to help us with natural medicine and who was responsible for guiding us into the basic flow of homeopathy. The culmination of these five years of research, thus, is a dramatic affirmation for homeopathy.

In order to properly confirm the results, these studies (see Bibliography) have involved contributing editors who are medical, osteopathic and other practitioners who have validated and tried these medical techniques on their own patient populations. We now have medical practitioners in Germany, England, Ireland, Denmark, Italy, Austria, Hungary, and in the Ukraine, Russia and Scandinavia. These other contributing editors are told to reevaluate the results of these statistical reports to find out whether they meet clinical, daily evaluations in their practices. When the researcher is satisfied, as the German researcher, Dr. Simon Guti is, then he becomes a contributing editor listed on the title page of the studies.

Thus with a pan-European profile, these experimental results have been shown not be mere discussions, but an actual profile of sound medical results that are working in patient populations.

Thus our staff has been able to conduct a very extensive literature review, an in-depth scientific analysis of homeopathy, and the largest clinical testing project ever performed on homeopathy by a team of scientists and medical doctors, and this study continues even now.

Our answer is an emphatic “yes”: Homeopathy is a viable form of medicine. It does work, and it has dramatic potential for bringing help to the entire spectrum of human disease.

Conclusion
Our tests and inquiries on homeopathy have shown that homeopathy can meet the scientific test, the test of time, and the test of clinical challenge.

Homeopathy offers a more acceptable philosophical medium, a historical, much more safe form of pharmaceutical therapy, and an experiential history going back almost 200 years. It was written into the law of America, and written on the first page of the FDA Act about the existence of the Homeopathic Pharmacopeia of the United States, and how a homeopathic pharmaceutical can be used with a patient in America. In fact, the FDA was started by a homeopath named Dr. Clayton, who sought to protect homeopathy and developed the FDA in America as an institution to protect homeopathy.

Homeopathy is responsible for 95% of the medicine in India, Pakistan and Bangladesh, 85% of pharmaceuticals sold in France are homeopathic, or natural, pharmaceuticals. Homeopathy is undeniably a philosophically-attractive precept of medicine. As intelligent people we must now realize that homeopathy is a viable and logical medical alternative for the future.

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Books

Journals & Misc. Studies
3. The Lowermore Water Pollution Incident, Peter Smith, 1990.

Appraisal
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42. Bio-Electro-Medicine Therapy.
43. A Short Review of the Experimental Work on Electrical Reactivity.
44. Gaussian Magnetic Changes in Homeopathics to Visible Light Photons.
45. Correlative Infection Comparisons to Xroid Reactivity.
46. Phosphorescence and Chemiluminescence of Various Homeopathic Compounds.

42. Bio-Electro-Medicine Therapy.
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46. Phosphorescence and Chemiluminescence of Various Homeopathic Compounds.

49. A Clinical Study and Reflections on the Homeopathic Treatment of Microvascular Circulation Disorders.
50. Homeopathic Treatment of Hypotension.

Studies by Olga Zhalkl-Titarenko: Ukraine Institute, Kiev, Ukraine.

Studies by Mikhail Reznikov: Institute of Biophysics, Kiev, Ukraine.

Studies by Vladimir Vinitskyy: Institute of Oncology, Kiev, Ukraine.

In Progress: Studies by Ilya Brenner, M.D.; Institute of Oncology, Kiev, Ukraine.

Studies by Petra Nostra: Institute of Oncology, Kiev, Ukraine.

Studies by Tony Hughes: Dublin, Ireland.

Correspondence and Request for Reprints of studies: Hippocampus Research Facility The Applied Logic Laboratories H-1035, Budapest Hauckoci, J.0.7 Hungary 361-167-1779 Fax 361-116-3737
An In-Depth Appraisal of Homeopathy - Scientifically, Clinically and Experimentally
by Gabriel Ledyniczky, Hippocampus Research Facility, Budapest, Hungary

Abstract
In this short paper we wish to summarize five years of extensive research on homeopathy. We have completed an extensive literature review of many studies on homeopathy, and we have performed over 20 laboratory analyses including cell culture studies and animal studies, and we have performed over 70 different clinical studies involving patients.

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In their article, Kleinjnen and Knipschild found that the conclusion presented in the articles they reviewed was inclusive of worthwhile clinical and scientific data. The conclusion of their article was that homeopathy, because of its wide usage and because of these articles, was indeed a legitimate science of medicine.

In our literature review we also reviewed the articles used in their study. But a host of research was overlooked by these authors: research that was done in America and Eastern Europe. The purpose of this article is to summarize some of the additional research not included in the Maastricht paper.

In the paper from Kleinjnen and Knipschild we can see that their review showed that homeopathy had little effectiveness in some of the arthritis cases. Our studies have shown that the type of homeopathy we have used has had more successful results (Maitrey)."