What are the techniques of wet and dry cupping therapy: In light of prophetic medicine as well as modern medicine?
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Chapter 1: Introduction

1.1. Background of the Study

China is mentioned as the place of origin of the cupping therapy and, in fact, they are still used today, it would be an injustice to corroborate it since its use is universal: Greece, the pre-Columbian peoples, Africa, other Asian peoples, and Australians used them, and they still use them today. In ancient times, the Windy or Ba Guan had another name “Horn of treatment, “because ancient China used the Horn of oxen, sheep or other animals for its concave shape, then it was applied to certain areas of the skin to extract pus or coagulated blood acting through the vacuum effect, but in fact, it is full of healing properties (Ahmedi&Siddiqui2014). It has been known since the Tang dynasty, and in ancient times the cupping therapy was used in order to extract the evil from inside the body. It is said to be a Chinese invention, although it is not clearly known because its use has been universal for centuries. Therefore, it is a method, especially in the use of surgical ulceration. After time and a long practice and summary of experiences, Ba Guan gradually became the style we know today, sucking on acupuncture points determined by negative reverse pressure, in order to stimulate the drainage channels, activating blood flow, dissipating cold wind, humidity, and pus, resolving the toxin, dissipating fever, etc. (Ghodset al.,2016).

Blood is a key factor in the ability of all cells in all parts of the body. Cells need food to survive, develop, recover and fulfil their special abilities and replicate. Cellular score travels
through the bloodstream and imparts vitality to all cellular needs. Since humans are multicellular, since they have separate distinct organs with very modern capabilities, the exchange of data and the correspondence between these structures is essential.

The blood provides this organized state by channelling alkalinity/acidity (pH), supplying oxygen (and removing carbon dioxide and other waste products), and transporting essential nutrients and minerals. In addition, the blood must be in ideal place at the ideal time, at the right temperature and weight, and administrative communications between organs are mediated by “messengers” called hormones. This is done within well-defined target points, going beyond them (injuries, diseases, toxins, etc.). The usefulness is rapidly declining.

Blood also plays an important role in the safety of the body as it is an integral part of the safety or disease control system, including antibodies and white blood cells. The use of the suction cups brings blood to the blood area, which will be fascinated by the restoration of the profession Cupping practitioners actually use cup therapy to treat a variety of conditions, including fever, anemia, chronic low back pain, stroke rehabilitation, infertility, skin perforation, nasal congestion.

The material with which the cupping therapy is built today is varied and ranges from mud, metal, wood, glass, latex, and plastic to animal horns duly emptied and cut at both ends. The mechanics of its action are always the same: to produce the vacuum inside it by extracting the air so that the basic objective of suction is achieved. Modern natural therapy explains its action differently than how it has been done so far, although also contemplate the idea of eliminating pain and evil (El Sayedet al., 2014).

It should be said that the application times are short compared to other massages. The cupping therapy s, although forgotten by doctors with the appearance of Antibiotics and modern
pharmacology, has been incorporated into the therapeutic arsenal in recent years. This technique consists of extracting the air by exerting negative pressure inside a “glass” or “cupping therapy,” causing a vacuum that closely absorbs the surface of the skin. It is used to treat different diseases. Generating local congestion or blood stagnation through absorption plays an important role since it promotes blood circulation and Qi flow. They can also be used through more areas extensive, sliding the cupping therapy on the skin, lubricating it, first, for a better glide. They are applied until the skin turns reddish (hyperemia). In the clinic, they are divided into cupping therapy of fire, air, or water, according to the element through which the negative pressure or vacuum of the air inside the glass is produced(Ahmedi&Siddiqui2014).

Cupping therapy can be used in various acute or chronic pathologies. Cupping therapy application has been known for a long time and has been practiced even in modern medicine, but its application once again I must insist has very different therapeutic results if applied correctly; that is, doing it on meridian and point theories. This therapy is usually studied in the last course, as its application is more or less simple (especially the modern plastic cupping therapy), and its results are good so that a person without knowing much could heal, not bothering to study properly—this race. And of course, in addition to curing, it knows where the problem comes from since, in many other similar cases, the practice of cupping therapy will not be enough(Mehta&Dha2015).

1.2. Research Aims and Objectives

1.2.1. Aims

The aim of the research is to study the techniques of wet cupping therapy and dry cupping therapy in the light of prophetic as well as modern medicine.
1.2.2. Objectives:

- To evaluate how cupping therapy can be beneficial for incurable medical conditions.
- What are the technical methods used to perform cupping therapy with modern medicine?
- How different techniques of wet cupping therapy and dry cupping therapy are used in improving the medical conditions of patients.

1.3. Research Questions

- What are the techniques of wet cupping therapy and dry cupping therapy in the light of prophetic as well as modern medicine?
Chapter 2: Literature Review

Many people prefer to use traditional Chinese medicine of cupping to treat disease or remove pain, relieve fatigue. Cupping can indeed remove cold and dampness, clear meridians, remove stasis, qi and blood circulation, reduce swelling and relieve pain, remove poison, and purify heat. It has the functions of adjusting the body’s yin and yang balance, relieving fatigue, and enhancing physical fitness. But few people pay attention to it, and I will introduce it to them in detail below.

The prevention of syncope is like halo acupuncture. It is also a kind of blood vessel to suppress syncope. Although its incidence is not as high as acupuncture, it is not uncommon. The clinical manifestations are similar to halo needles, such as dizziness, chest tightness, nausea and nausea, soft limbs, cold sweating, and even instant loss of consciousness. Therefore, it should be given full attention (Umaret al., 2018).

The principle of selecting the proper position for cupping therapy is: local flatness, relaxation, and can be fixed for a certain period of time. Because the local muscle tension is not conducive to suction, and changing the position can cause the can to fall off. On the premise of not affecting the acupuncture points, usually choose the lying position, one is that this position is easy to fix the operation, and the other is that the cans fall off and are not easy to break (Ghodset al., 2016).

To avoid burns, they should be familiar with various suction methods, and the movements must be correct and rapid. The points of attention for each suction method have been described in detail, and will not be repeated here. It should be mentioned that when the body is uneven, especially when jointing, it is often difficult to operate. Even if it is pulled out, air leakage is easy to occur.
2.1. Common Wet and Dry Cupping Therapy Techniques in the light of Modern Medicine

2.1.1. Shake pot Technique

First, pull the pot on the skin with the flash fire method, and then shake the cupping cup drawn on the surface evenly and rhythmically. This repeated pulling increases the amount of irritation to the acupuncture points or skin. When shaking the jar, it should be noted that the force should be gentle, the speed should not be too fast, and the shaking angle should be suitable. If it is too large, it is easy to shake off the cup, or the patient cannot tolerate it (Khalile et al., 2018).

2.1.2. Lifting Technique

The lifting method is to enhance the therapeutic effect, strengthen the stimulation of the skin and acupuncture points, and promote blood circulation. First, draw the jar on the skin by the flash fire method, then lift the jar on the skin, and then restore the original state, so that it can repeatedly be, gently and evenly pulled back and forth many times until the skin appears blood stasis. This method is often used to pull out abdomen points. The method of lifting the canister should pay attention to the moderate force. If the force is too large, it is easy to pull out the canister (Stiedenroth, 2019).

2.1.3. The technique of moving cans

The method of moving cans refers to a kind of hand-held cans that are repeatedly lifted, pressed or swayed back and forth and left and right of the can body (the cans do not come off the skin) after the cans are pipetted (Khalile et al., 2018).
2.1.4. The canister Technique

The canister method refers to a kind of squeaky sound that can be pulled out with a slight push or pull or rotation after the pot is sucked and rotated. So repeatedly sucking, repeating the operation many times, with the skin flushing or purplish-red as the degree. This method has the same effect as the flash tank method. Usually, small-caliber pots are used to apply the operation in a small area (Gok et al., 2016).

2.1.5. Medicine jar Technique

Medicine jar method is Cupping method combined with Chinese medicine therapy is a treatment method that uses bamboo pots or wooden pots as tools. After the medicine liquid is decocted, the heat in the pot is used to remove the air in the pot, resulting in negative pressure, so that the bamboo pot is adsorbed on the operation site. It can not only play the role of thermal stimulation and mechanical stimulation during cupping but also exert the pharmacological effect of traditional Chinese medicine, thereby improving the therapeutic effect of cupping. In the clinic, different Chinese herbal medicines can be selected according to the patient’s condition. With gymnastics as the method is to cook with a king-sized ceramic pot or a special electric medicine pot, the first Chinese wrapped with gauze, into the pot, add some boiling water, after fried herbs, bamboo or cans Put the wooden post into the fried Chinese medicine and cook for about 10 minutes (generally the boiling time can be determined according to the medicinal properties), then use tweezers or chopsticks to pinch the jar out, quickly cover the mouth of the jar with a clean, dry towel to absorb the liquid medicine, Lower the temperature of the can mouth, keep the hot air in the can, snap the can quickly to the selected part while it is hot, hold the bamboo can and press it for about half a minute to make it tight. The advantage of this
Cupping Therapy

method is that it has a good warming effect and can play the dual role of pot and medicine, and it is mostly used in the wind, cold and dampness syndrome (Soleimaniet al., 2020). The medicine pot method is often used to treat colds, cough, asthma, rheumatism, ulcer disease, chronic gastritis, indigestion, psoriasis, etc. (Umaret al., 2018).

2.1.6. Water tank Technique

The water tank method is to fill the tank with 1/3 to 1/2 warm water first, place a paper or alcohol cotton ball near the mouth of the bottle to ignite it, put it into the tank when the flame is strong, and quickly put the tank Buckle at the part to be pulled out. When applying the water storage tank, if the part of being extracted is not on the side, and the operator is not very skilled, first try to adjust the part of the patient to the side.

Cupping (to prevent water leakage during cupping), and then return to a comfortable position after suction and extraction (should be prevented from being pulled off due to excessive muscle stretching during activity). However, the bottom of the tank must be up, so that the warm water can be fully immersed in the surface of the skin to be operated, and its warm stimulation effect can be exerted (Ghodset al., 2016). The reason for using warm water is mainly to stimulate the local stimulation with warm water vapor while cupping. If there is too little warm water, the
warm stimulation time is short and the effect is poor. The small suction tank is small in volume, which is suitable for the narrow parts of the head, face, hands, etc., but the suction power is weak. If it is mixed with warm water, the stimulation amount will be greatly enhanced, and the local therapeutic effect will be more obvious, which can shorten the treatment. Time. Warm water tanks are more suitable for local cold and cold, deficiency cold and cold solid disease syndromes, and the temperature of the water can further promote the passage of menstrual gas. In addition, for the elderly and those with dry skin and wrinkles, use a warm water tank to moisten the skin without causing local pain or reducing pain(Soleimaniet al.,2020).

2.1.7. Massage jar Technique

The massage jar method refers to the massage and cupping, which is a combined cupping method. The two can be carried out separately or simultaneously. Especially before cupping, acupuncture points and massage are followed according to the condition of the patient. For patients with severe pain syndrome and pain caused by soft tissue strain or injury, the treatment effect is very significant(Soleimaniet al.,2020).

2.1.8. Scraping pot Technique

Scraping pot method is to use certain tools, such as horn plate, wooden comb back, porcelain spoon, etc., to perform scraping on the skin of a certain part of the human body, making the skin red and congested, showing a piece and a piece of purple-red spots, after that cupping, so as to achieve the purpose of preventing and curing diseases. This method can be used as a supplementary method for narrower lesions, and when walking or multi-pot methods are restricted(Al-Bedah,et al.,2019).
2.1.9. Spiked cupping technique

The cupping method refers to a cupping method in which bloodletting with pricking blood and cupping are applied together. Refers to a triangular needle, the skin needle (needle plum, seven needles, etc.), or small blood vessels to stimulate local lesion, flushing, bleeding, or bleeding, and then be cupping a method.

This method is more commonly used in clinical treatment and has a wide range of applications, quick results, and good curative effects. It has the functions of relieving fever, promoting blood circulation and removing blood stasis, clearing heat and analgesic, and clearing channels and clearing channels. Anyone with empirical evidence or fever syndrome, such as stroke, coma, heat stroke, high fever, headache, sore throat, red eyes, swelling and pain, stye, acute lumbar sprain, carbuncle, erysipelas, etc., can be treated with this method. In addition, it is also very suitable for patients with severe, intractable, and complex conditions, such as various chronic soft tissue injuries, neurodermatitis, itchy skin, neurasthenia, and gastrointestinal neuralgia(Umaret al.,2018).
2.1.10. Acupuncture Technique

Acupuncture method refers to a method of performing acupuncture on a certain part first, after reaching a certain amount of stimulation, leaving the needle in place, and then taking the acupuncture as the center and pulling out the cupping jar to increase the therapeutic effect. Special attention should be paid to the length of the needle handle during operation to avoid touching the bottom of the tank during suction and extraction, which may cause the needle to penetrate into the body. This method should not be used on the chest or back. This method can also be used to pull out the needle immediately after acupuncture at the acupuncture point to be extracted, at the pinhole Cupping can suck a small amount of blood or tissue fluid (Al-Bedah, et al., 2019). This method can increase the amount of stimulation, improve the efficacy of acupuncture, and is suitable for intractable arthralgia. After partial disinfection, tap the body surface with a plum blossom needle to make the skin flush or microbleed before cupping and leave the can for 5 to 10 minutes. It is suitable for numbness, paralysis, and other disease syndromes.

![Cupping Marks: Skin Reaction after Cupping](image-url)
The combination of acupuncture and cupping enhances the amount of stimulation on the acupuncture points of the meridians and is often used in more stubborn disease syndromes, such as the “bi syndrome” referred to by traditional Chinese medicine. Such as intractable rheumatic pain, old muscle and bone injury, sciatica, lumbar disc herniation, etc. The needle method should pay attention to the mastery of techniques to prevent stagnation and broken needles (Hani & Saleem 2019).

2.1.11. Rotating Technique

The rotating method is similar to the shaking method, which is more powerful and irritating than the shaking method. First, use the flash method to pull the can onto the skin, then hold the can body and turn it back and forth. The operation method should be gentle, and the tank rotation should be stable to prevent the tank from falling. The angle of rotation should be moderate. Patients with too large an angle cannot tolerate it, and too small cannot reach the amount of stimulation (Benli & Sunay 2017).
Due to the greater pulling stimulation of acupuncture points or skin, the transfer method can strengthen blood circulation and enhance the therapeutic effect. It is mostly used for acupoint treatment or local disease syndrome treatment. Note that the can opener should be smooth to avoid scratching the skin when turning. The transfer method can be used in conjunction with the walking method, and an appropriate amount of lubricant can be applied to the skin to reduce pain (Musumeci 2016).

2.1.12. Can-walking Technique

The can-walking method is also known as the row-canning method, the pushing-canning method, and the sliding-canning method, usually for treating large lesions, rich and smooth muscle, or a period or need meridians on cupping. The glass tank or ceramic tank should be used for the tank walking method. The tank mouth should be smooth to prevent scratching of the skin. Specific methods of operation are to be applied to the surgical site in an appropriate amount of the lubricating coating, which was then purified by flash fire cans suction pulling on the skin, follow meridians, or need cupping line can push back and forth, until the bleeding to the skin. During operation, attention should be paid to adjust the negative pressure in the tank according to the patient’s condition and physique, as well as the speed, slowness, lightness, and weight of walking the tank (Chenet al., 2015). The negative pressure in the tank must not be too large, otherwise, the patient cannot accept the pain due to the severe pain when walking the tank; the back of the neck of the tank should be gently pushed when pushing the tank, and the force should be even to prevent the fire tank from falling off. The tank walking method should adopt different tank walking methods for different parts. The waist and back are pushed up and down in the vertical direction; the chest and flanks are pushed and pulled parallel to the left and right
along the ribs; the shoulders and abdomen are rotated by cans or rotated at the part to be pulled; the limbs are pushed back and forth along the long axis (Ersoyet al., 2019).

2.2. Prophetic Medicine recommendation of Wet Cupping Therapy (WCT) and Dry Cupping Therapy (DCT)

Prophet Mohammad (Muhammad) said: “If there is a benefit in any of your treatment modalities, the benefit will be in the blade puncture in cupping therapy, a gulp of honey and cauterizing, but I do not like cauterization.” WCT has an excretory ability to purify blood and tissues from soluble and solid CPS, but a dry bath does not have an excretory ability. This may be an incentive for the prophylactic medicine to be used more often by prognostic medicine to encourage different types of diseases (Goket al., 2016). Using the “latest treatment of the highest quality” as an excuse for correction summarizes the excretory function of DAP and explains how vaccination treatment opens up skin barriers to update skin excretion in accordance with the Taibah method.

In this development, known as hadith (terrifying skin), negative attraction pressure is transmitted from the inner cups through the skin entry points to create an angle of weight on the skin that causes the fluid to stay in the fluid. Skin (mixed with CPS), sifted liquid (containing CPS and harmful substances), and some blood that goes through a puncture of the skin, which contributes to a “brown cut when processed with copper.” In this development, which Hadith refers to (piercing the skin), negative attracting pressure is transmitted from the inner cups through the skin entry points to stretch around the vessels and create an angle of forced drainage through the vessels in the form of hairy fluids filled with soluble concrete and CPS (Nimrouziet al., 2014). The prophetic phrase “sharp knife sharp in Arabic” is so medically accurate and
absurd. Acute methods of cutting the skin (the limit of the length of the surface of the body is about 0.1 mm from top to bottom) are not just an injection device that confirms the purpose of processing on the suction cup, which stimulates holes in the skin barriers enough to highlight CPS (according to the Taibah hypothesis). From this prophetic peak, one can very well conclude that VCT is certainly not negligible dehydration or venous disease. When it is a coincidence that bath therapy is aimed only at shedding blood, it is easier to damage a small vein to shed without the need to apply a negative weight (Qureshi et al., 2017).

**Chapter 3: Methodology**

This review focused on the research question and theoretical research, which explains modern measurement systems as well as the prophetic view of medicine. In this study, banned hypotheses were analysed using common basic drugs, such as traditional Chinese medicine, Unani drugs, or other common recovery methods. The researcher searched for major English articles in the PubMed, Cochrane Library, and Google Scholar databases. Boolean drivers and passwords used in various electronic searches are measured [All fields] and [Mechanism of action] [All fields] OR Effect [All fields]. The testing method and location of the keys were changed as needed, as indicated in the database search. In addition, links to the attached articles were manually reviewed and recorded. The articles found in the article were 223, which were evaluated by two independent evaluators, and finally, both agreed to review 64 studies for this study (Soleimani et al., 2020).
Cupping is not as accurate as acupuncture in positioning acupuncture points. It is a simple and effective treatment, so many families have cupping. When experiencing physical discomfort, many people will choose cupping therapy to treat. But home cupping can not be careless; otherwise, not only affect the efficacy but also may be counterproductive, here are some ideas for home cupping (Stiedenroth 2019).

Cupping was called the “horn method” in ancient times, and there were people saying that “acupuncture cupping is half as good as an illness.” Cupping is not as accurate as acupuncture. It is a simple and effective treatment. Therefore, many families have cupping, such as glass jars, bamboo jars, vacuum pumping jars, etc. When they are unwell, Many people will choose cupping therapy. But home cupping can not be careless; otherwise, not only affect the

**Chapter 4: Discussion**

Fig1: Prisma Flow Diagram
efficacy but may also be counterproductive, here are some ideas for home cupping (Refaat et al., 2014).

Not everyone can be cupping therapy mainly through mechanical stimulation, negative pressure, and warming to accelerate blood circulation, promote metabolism, improve the local microenvironment of the human body, thereby playing a medical and health care role, especially for some chronic diseases, cupping treatment better result. However, the use depends on the condition. Not all diseases are suitable for cupping. Those with skin damage, blood diseases, patients with basic lung diseases such as COPD, tuberculosis, lung abscess, bronchiectasis, etc., and those who are too weak Patients, children, pregnant women, etc. are not suitable for cupping. For those who are tired, hungry, thirsty, and drunk, it is not advisable to cup the cupping immediately (Nimrouziet al., 2014).

Chinese medical centersbelieve that a different colour or morphology of the skin can print locally after cupping, can explain the situation to a certain extent sick, but not bruising the deeper, the better. From the morphology, the canister is marked with blisters and edema, which indicates that the patient has excessive moisture; if the blisters are blood red or black and red, it indicates that the body is heavy and has a blood stasis syndrome; the canister is dark red, purple-black, or dan red When the spot appears, it feels a little pain when touched, and the body is feverish, which indicates that the patient has a heat toxicity certificate; the canister print is purple or black, without fever, suggesting that there is a blood stasis syndrome; the canister print has slight itching or skin marks, Prompt suffering from wind syndrome or dampness. Judging from the colouring of the cans, the cans are purplish-black and dark, suggesting that the meridians are not smooth, and there is blood stasis; the hair is purple and accompanied by plaques, indicating that there is a syndrome of cold coagulation and blood stasis; the cans are scattered purple dots,
suggesting that there are Qi stagnation and blood stasis syndrome; the canister print is bright red and bright, suggesting both qi and blood deficiency or yin deficiency is prosperous; the canister print is red and dark, indicating heat evil; the canister print is grey or no colour change, touch is not warm, mostly false Cold or dampness. If the purple mark on the cupping area has not completely disappeared last time, the cupping cannot be carried out continuously on the purple printing area, and it should be replaced with the relevant acupoint(Benli&Sunay2017).

The cupping position should be selected in the traditional Chinese medicine method. The cupping cup is used to adsorb the acupuncture point or some painful part of the human body to achieve the purpose of treatment. When cupping at home, we must first pay attention to whether the part is correct. Cupping is not only about where the pain is and where to pull it. Chinese medicine is about syndrome differentiation. In addition to the cupping of the acupuncture points, the cupping must also be done at the relevant points of pain to achieve the effect. If the patient has back pain, it may be necessary to cut the cupping point on other parts. Many people do not understand the distribution of acupuncture points on the human body, so it is best to consult a regular Chinese medicine practitioner before cupping(Stiedenroth2019).

The time should not be too long. Many people think that the longer the cupping time, the better. Some even think that pulling out the blisters can reflect the effect of cupping. The cupping time varies according to the size, material, and intensity of the negative pressure. It is generally recommended to keep the tank for about 10 minutes in summer and 15-20 minutes in winter. Because the main principle of cupping is negative pressure and not time, if the negative pressure is very large, the cupping time is too long until the blisters are pulled out, which will not only hurt the skin but also cause skin infections. In addition, the cupping frequency should not be too
frequent, preventive health care at most twice a week, if they are treating a disease, it is best to listen to the doctor’s opinion (Qureshiet al., 2017).

Don’t take a bath immediately after cupping. It is not advisable to take a bath after cupping. Many people who like to take a bath in the bath often say, “There are many cups and baths.” It is true that the warm bath and warm cupping are comfortable after washing and pulling, and then pulling and washing. But this sequence really should pay attention to, they can cup after bathing, but they must not take a bath immediately after cupping. After cupping, the skin is in a state of being injured. At this time, taking a bath can easily cause skin damage and inflammation. If they take a cold shower, the skin is in a state where the pores are open, and it is easy to catch a cold (Ersoyet al., 2019).

The choice of cupping When buying cupping in a pharmacy, first pay attention to whether the cupping of the cupping is smooth. The smoothing of the cupping can avoid skin scratches; the second is the size of the jar. Too large a jar will make the jar less effective on the skin. A pot that is too small will cause too much force. Different parts need different sizes of cupping, which should be selected according to your actual needs. In terms of texture, try to choose shatterproof products (Stiedenroth, 2019).

In addition, the cupping is best to choose transparently, they can always observe the skin condition. Cupping can play a role in promoting blood circulation, which is conducive to the removal of turbid gas. However, for most people who are self-healing at home, cupping is easy to burn, and the gas-fired cupping is more suitable for use, and it is easier to grasp the strength and control the tightness (Refaat et al., 2014).

No matter what method is used to suck the can on the body surface, due to the negative pressure of the can, the local soft tissue can swell above the level of the can mouth. Feelings,
etc., some of the disease symptoms immediately or gradually reduced or even completely eliminated. Of course, not all of the above-mentioned feelings appear, depending on the individual’s response, the amount of appearance will be different. After leaving the can for a certain period of time (several minutes to more than ten minutes), or after flashing and walking for several times, the local soft tissues appear flushed, purplish-red (ecchymosis color), or rash (small dots, purplish-red rash), these changes in the skin after canning may last for one to several days. These belong to the therapeutic effect of cupping therapy (Ghodset al., 2016).

Chinese medicine and western medicine can diagnose and assist the diagnosis of diseases based on local reactions. Chinese medicine believes that the presence of blisters, edema, and excessive water vapor in the cupping area reveals the symptoms of moisture. Crimson, purple, black, or erythema, or slight pain, or fever when the body is seen, indicating a heat poison syndrome; if the body is not fever, it is indicative of blood stasis syndrome; unchanged skin color, if it is not warm, it is prompted Suffering from Deficiency and Cold Syndrome; slight itching, or dermatoglyphics, suggesting a wind syndrome The liquid sucked from the cupping can show different conditions. It is generally believed that blood indicates mild disease, black blood or stasis indicates severe stasis, yellow water indicates dampness-heat syndrome, and clear water indicates coldness and dampness (Ghodset al., 2016).

Blood water often appears at the beginning of treatment, or the disease is about to heal. As for the amount of bleeding, it can also indicate the severity and outcome of the disease. Some patients have little or no bleeding when they start treatment. This is a sign of severe blood stasis or windy wind. As the number of treatments increases, blood stasis is gradually sucked out, and the amount of bleeding gradually increases, but with the improvement of the condition, the amount of bleeding will gradually decrease until there is no
bleeding. Western medicine believes that if micro bleeding occurs in the cupping area, it can be used as a basis for diagnosing rash diseases (such as measles, rubella, scarlet fever, typhus, etc.) because the capillaries are damaged in the early stage of these diseases. If there are signs of black halo, which have purple spots that bleed and overlap each other, it is a positive reaction for typhus (Arslan et al., 2016). This reaction occurs on average two days earlier than the proteobacterial microbial agglutination reaction or Rickettsia agglutination reaction, and is High positive rate; a lot of large blisters appear, suggesting that there is water retention, limbs have unobvious edema that is difficult to observe with the naked eye; pink or colorless spots, suggesting that there is neuralgia or hypertension; dark purple spots And those with dark brown markings often appear in the middle of the fuchsia mark, suggesting that they have muscular rheumatism and rheumatoid arthritis. If these marks or markings gradually decrease during the treatment, it indicates that the condition is reduced, improved, or cured (Qureshi et al., 2017).

Chapter 5: Conclusion and Recommendation

Cupping therapy is a small, high-quality excretory technique that has a clinical and logical basis for the purification of blood and intercellular tissues from harmful substances, harmful substances and CPS. Both modern medicine and prophetic medicine have shown a good assessment of DAP in the treatment of diseases characterized by etiology and pathology. Therapists offer to work with the therapist in the emergency room to reward the person for the incredible benefits of this promising treatment. WHO can find out more about the medical benefits of vaccination therapy and strengthen its training in the emergency department? Social services around the world and in the country of prophetic medicine (Saudi Arabia) can allow and encourage fun treatment in emergency rooms, formally in the wrong clinical setting, and open the way for inappropriate rapists. Social assistance services around the world and in the country
of prophetic medicine (Saudi Arabia) can provide and provide treatment by officially purchasing clinics for the benefit of patients, alleviating suffering and reducing human suffering. The miraculous healing of prophetic medicine is the legacy of all of humanity. The rise of prophetic harmony is described as love for all people. In general, experts may consider further studies of repeated trials of cupping therapy in the field of medical prophecy to correct and facilitate human life in a number of hopeless diseases with terrible assumptions.


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Musumeci, G., 2016. Could cupping therapy be used to improve sports performance?.


