Humoropathy

How to cure and or treat diseases with Humor and Laughter by DDD

Laughter is the best medicine
Q: Did you hear one about the Psychiatric Chiropractor?

A: He specializes in attitude adjustments!

THE HISTORY OF MEDICINE

2000 B.C. - HERE, EAT THIS ROOT.

DRINK THIS JUICE

1000 A.D. - THAT ROOT IS HEATHEN.

HERE, SAY THIS PRAYER.

1850 A.D. - THAT PRAYER IS SUPERSTITION.

HERE, DRINK THIS POTION.

1940 A.D. - THAT POTION IS SNAKE OIL.

HERE, SWALLOW THIS PILL.

1985. A.D. - THAT PILL IS INEFFECTIVE.

HERE, TAKE THIS SYNTHETIC DRUG

2011 A.D. - THAT SYNTHETIC DRUG DON'T WORK

HERE, EAT THIS ROOT.

DON'T EAT SYNTHETICS, DRINK THIS JUICE

SAY THIS PRAYER.
Humoropathy is the medical art of using humor to help patients. It has been shown that laughter has beneficial effects on your immune system and has many additional benefits for the body. The ability to laugh at oneself is the best judge of mental stability. Since we are all connected and we all share air, laughter is a release of depression and negative emotions. As we see that there but for the grace of God go I, we can use laughter to release suffering. Laughing with people not at them is the way of Humoropathy. As I have worked to continue the work of Louise Hay to release mental causations of disease I realized that humor could work hand in hand with this mental release work. So I trademarked the word Humoropathy, and developed a way of using humor with disease to release the suffering and start to get to the real cause of the disease. Be it mental, physical, or spiritual, we deal with it. Just read the book and when you get a patient with a small sense of humor try to expand it with the jokes in the books and movies I have made for you. You can get certified or just get continuing education units for this work. I hope you get a grin or two and maybe a laugh to heal and release a disease. Index of diseases at the end of the book.
“According to my research, laughter is the best medicine, giggling is good for mild infections, chuckling works for minor cuts and bruises, and snickering only makes things worse.”

<table>
<thead>
<tr>
<th>PROBLEM</th>
<th>PROBABLE MENTAL CAUSE</th>
<th>NEW THOUGHT PATTERN</th>
</tr>
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<tbody>
<tr>
<td>Abscess</td>
<td>Hurts, slights, revenge.</td>
<td>I do not allow my thoughts to fester. I am at peace.</td>
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**Honda, Honda!**

A businessman was in Japan to make a presentation to the Toyota motor people. Needless to say, this was an especially important deal, and it was imperative that he make the best possible impression.

On the morning of the presentation he awoke to find himself passing gas, in large volumes, with the unpleasant characteristic of sounding like "HONDA." The man was beside himself. Every few minutes "HONDA", "HONDA".... Unable to stop this aberrant behavior, and in desperate need to terminate these odious and rather embarrassing emissions, he sought a physician’s aid. After a full examination, the doctor told him that there was nothing inherently wrong with him and that he would just have to wait it out.

Being unwilling to accept this state of affairs he visited a second and then a third doctor all of whom told him the same thing. Finally one medic suggested that he visit a dentist. Well, although he could not see how a dentist was going to be of any help, he visited one anyway.

Lo and behold, the dentist said, "Ah, there's the problem!" "What is it?" the man asked. "Why you have an abscess," said the dentist. "An abscess? How could that be causing my problem?" asked the man. "That's easy," replied the dentist. "Why everyone knows... Abscess makes the fart go Honda!"
PROBLEM | PROBABLE MENTAL CAUSE | NEW THOUGHT PATTERN
---|---|---
Acne | Not accepting the self. Dislike of the self. | I love & accept myself where I am right now. Now, I am wonderful

How do you know if you have really bad acne? When you wake up in a Library and a blind man is reading your face.

If you don’t want acne, watch what you eat.

I LIKE GREASY FOOD
YOU CONNECT THE DOTS FROM THERE
My friend is so clumsy; she managed to get tangled up in a cordless phone.

The least successful exhibition: The Royal Society for the Prevention of Accidents held an exhibition at Harrogate, Yorkshire in 1968. The entire display fell down.

Acute is the Opposite of an Ugly

Q. How do you get a one-armed pot head out of a tree?
A. Wave

So two potheads have been charged with drug possession. The judge decides to be lenient on them and not give them any time if they spend the next 24 hours reforming drug users. They return to the courthouse the next day and the judge asks them how many people they've gotten off drugs. The first guy says, "Twenty-four!" "Amazing," says the judge! How'd you do it?" "Simple," says the pothead. "I just show them: 'O' - This is your brain; 'o' - this is your
"Brain on drugs." "Impressive," says the judge. Turning to the second pothead, he says, "And how did you do?" "Your honor, I saved 102 people from the bonds of the evil weed." "And how did you manage that?" "Kind of the same as the other guy, 'except I told people: 'o' - this is your butthole; 'O' - THIS is your butthole in prison."

My memory's not as sharp as it used to be. Also, my memory's not as sharp as it used to be.

You don't stop laughing because you grow old, You grow old because you stop laughing!!!

Perks Of Being Over The Hill

- There is nothing left anymore to learn the hard way.
- Things that you buy now won't wear out.
- Your supply of brain cells is finally down to a manageable size.
• You no longer think of the speed limit as a challenge.
• Your investment in health insurance is finally paying off.
• You can quit trying to hold in your stomach no matter who walks into the room.
• Your secrets are safe with your friends because they can’t remember them anyway.
• You can sing along with elevator music.
• Your joints are more accurate meteorologists than the guy on the television.
• Your eyes won’t get too much worse.
• Kidnappers are not very interested in you.
• People call you at 9 p.m. and ask, "Did I wake you???? "
• You can get into a heated argument about pension plans.
• You can eat dinner at 4:00 in the afternoon.
• In a hostage situation you are the most likely to be released first.
• No one expects you to run -- anywhere.
• You are no longer viewed as a hypochondriac.

**PROBLEM**  **PROBABLE MENTAL CAUSE**  **NEW THOUGHT PATTERN**

Alcoholism  Feeling of futility, inadequacy.  Release the past. I am worthwhile. I love & accept myself now.

Don't take them too seriously, but here are some indications that you just might have a drinking problem...

20. You have awakened with an overwhelming feeling that you should go back and apologize... but you don't remember where.

19. The Tipsy Taxi service has banned you from all its vehicles.

18. You refer to your favorite song only by its jukebox selection numbers, G-12.

17. People consider your spouse a Saint for reasons that totally escape you.

16. Your least favorite song: "Goodnight, Sweetheart."
15. The last time you had a legal driver's license, so did Ted Kennedy.

14. You bought your current pick-up truck because it has a cool place to hide a six pack.

13. Your last public sing-along experience included the entire Changes in Latitudes album.

12. "But Officer, it's been a long time since I tried to say my ABC's!"

11. You have considered starting a local chapter of DAMM, Drunks Against Mad Mothers.

10. All of your old friends are now members of 12-step groups.

9. The 911 dispatcher no longer has to ask your wife for the address. You can focus better with one eye closed

8. You think the nutritional information on the back of a beer can is proof that you should be able to buy it with food stamps.

7. The only hymn to which you remember all the words was written by Hank Williams, Sr.

6. You walk up to a real big dude and ask, "Is it true big guys have real small peckers?"

5. You know for certain that putting your foot on the floor does not stop the room from spinning.

4. Your insurance agent drops by and mentions your policy does cover alky treatment centers.

3. You know the punch line to "Why does an Al-Anoner close her eyes to make love?" Job interfering with your drinking

2. The producers of the television program COPS still send you Christmas cards. 24 hours in a day, 24 beers in a case - coincidence?? I don't think so!!!

And the Number One way you can tell if you have a drinking problem...

1. Two words: Commode Huggin'. The back of your head keeps getting hit by the toilet seat.
FULL-BODIED, BUT NOT OVERBEARING.
BITTER, BUT NOT PRECOCIOUS.
CRAPPY, BUT FREE!

NON-ALCOHOLIC WINES
(HAVING THE APPEARANCE OF EVIL BUT LACKING THE POWER THEREOF.)
I can't find anything wrong with you - it must be the drink.

Ok - come back when you're sober.

Beer!

Man's best friend!

Helping men lower their standards since 1865!
Jagermeister
Sometimes too much is... well... too much.
Just Say NO to Tequilla and Crack it is or can be Addictive
Signs of Alcoholism

Here are alcoholism warning signs:
1. Drinking alone
2. Violent episodes associated with drinking
3. Daily or frequent drinking needed in order to function
4. Failure to care for physical appearance
5. Becoming angry when confronted about drinking behavior,
6. Poor eating habits
7. Inability to reduce or stop alcohol intake
8. Trembling in the morning
9. Making excuses or finding excuses to drink
10. Drinking secretly, Needing not wanting a drink

Do You Drink Alone when Angry or sad?

Ever have Remorse after Drinking?
Signs of Alcoholism
Do You Drink till You're Sick Very Often?

Signs of Alcoholism
Once You Start You Can't Stop

Signs of Alcoholism
Is Drinking the only way you have Fun?

Signs of Alcoholism
Does Alcohol Make You Violent?

Signs of Alcoholism
Does Drinking Make it Difficult to get out of a Car?

Signs of Alcoholism
Do you Need not Want a Drink?
Allergic Humans and bees have something in common - hives!
Another way to say that medications for allergic diseases are expensive: Robbing Peter to pay for Pollen

Food Allergy Fun
Try this steroid cream on your child’s eczema.
Google said it could be caused by food allergies?
Nah.
Who’s Google?

www.foodallergyfun.com

TGF 2010
Children exposed to nature and its dirt build better immune systems, have fewer allergies and live better. Please do not be over paranoid about life and do not be over protective.
PROBLEM
Anemia

PROBABLE MENTAL CAUSE
Lack of joy, no interest in life.

NEW THOUGHT PATTERN
My world is filled with joy
Yes, but attitude. I am interested in everything.

“When, my friend, are lug nuts. You know how allergic I am to nuts.”

“When you get hives, headaches, burning eyes etc from detergents and chemicals; it is not an ALLERGY. There is actually damage being done to your organs. Better to get out of any environment that is toxic to avoid consequences later.”

“I’m going to order a broiled skinless chicken breast, and a nice green leafy salad rich in Iron but I want you to bring me lasagna and garlic bread by mistake.”
Buzz: "First I got tonsilitis, followed by appendicitis and pneumonia. After that I got erysipelas with hemachromatosis. Following that I got poliomyelitis and finally ended up with neuritis. Then they gave me hypodermics and inoculations."

Butch: "Boy you had a time!"

Buzz: "I'll say! I thought I'd never pull through that spelling test."
**PROBLEM**  
Arteriosclerosis

**PROBABLE MENTAL CAUSE**  
Resistance, tension, narrow mindedness.

**NEW THOUGHT PATTERN**  
I am completely open to life & to joy.  
Life is beautiful.

"Eat less and exercise more? That's the most ridiculous fad diet I've heard of yet!"

**THE TWO-POUNDS-BURGER MENU**  
Includes chips, a large drink and an arteriosclerosis treatment.

Why is the Word **BRA** singular?  
**and PANTIES**  
Plural
PROBLEM  PROBABLE MENTAL CAUSE  NEW THOUGHT PATTERN
Arthritis  Bitterness, resentment, criticism,  Love, forgiveness. feeling unloved. I let others be themselves & I am free.

“Is it just me or is it a bad idea to eat at a place that prints CPR instructions on their placemats?”

“All I can say is, I didn't have all this arthritis and lumbago back when Nixon was President!”

CARPAL TUNNEL OF LOVE
Doctor Simon is known throughout town as one of the best consultants on arthritis. He always has a waiting room full of people who need his advice and specialist treatment. One day, Betty, an elderly lady, slowly struggles into his waiting room. She is completely bent over and leans heavily on her walking stick. A chair is found for her. Eventually, her turn comes to go into Doctor Simon’s office. 15 minutes later, to everyone’s surprise, she comes briskly out of his room walking almost upright. She is holding her head high and has a smile on her face. A woman in the waiting room says to Betty, “It’s unbelievable, a miracle even. You walk in bent in half and now you walk out erect. What a fantastic doctor he is. Tell me, what did Doctor Simon do to you?” “Miracle, shmiracle,” says Hetty, “he just gave me a longer walking stick.”

PROBLEM PROBABLE MENTAL CAUSE NEW THOUGHT PATTERN

"I suffered an asthmatic attack the other day. I was walking down the street and three asthmatics snuck up behind me and stole my wallet. I know, I know, I should've heard them coming..."

Laughter is the best medicine. Unless you’re asthmatic and then it’s Ventolin.

Just think how hard Darth Vader would have been if he didn’t have asthma...

Science News
... from universities, journals, and other research organizations

Laughter-Induced Asthma: It’s No Joke
ScienceDaily (May 24, 2005) — SAN DIEGO -- More than half of people with asthma report that their symptoms are brought on by laughter, according to a study to be presented at the American Thoracic Society International Conference on May 24. The study of 235 patients with asthma found that 56% had laughter-induced asthma (LIA). Asthma that is triggered by laughter doesn’t seem to cause more asthma flare-ups requiring emergency room visits or hospitalizations compared with other types of asthma, according to study author Stuart Garay, M.D., Clinical Professor of Medicine at NYU Medical Center in New York. “But patients did report that during times when their asthma is well controlled they can laugh for longer without getting asthma symptoms. That suggests that laughter-induced asthma may be a sign that a person’s asthma isn’t as well controlled as it could be. People with asthma should be allowed to laugh.”

“Studies show that children with dogs have less of a risk of developing asthma.

*Cough, cough* *GASP! Cough!*

What’s wrong?!

Can’t...breathe...must...have...puppy...

"The microbes living on your pet dog may help to strengthen your immune system and prevent childhood asthma, according to a new study." — DISCOVERY NEWS
Imagine you are Breathing in + out of the top of the bronchial tree

PROBLEM

PROBABLE MENTAL CAUSE

NEW THOUGHT PATTERN
Back Problems
UPPER; Lack of support.
LOWER; Lack of emotional support.
Lack of financial support.
Life itself supports me. I trust the universe
I freely give love and trust. Holding back love.
Fear of money.

“I’m at an age where my back ‘goes out’ more than I do!”

You gotta be kidding! Your back still hurts?!”
<table>
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<td>Bedwetting</td>
<td>Fear of parent, usually father.</td>
<td>Love, understanding, compassion.</td>
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<tr>
<td>Birth Defects</td>
<td>Karmic. You selected to come that way</td>
<td>No guilt. We pick our parents. You both had Something to work out.</td>
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</table>
PROBLEM: Bladder Problems  
PROBABLE MENTAL CAUSE: Anxiety. Holding on to old ideas.  
NEW THOUGHT PATTERN: I release the old and welcome the new.

PROBLEM: Blood Problems  
PROBABLE MENTAL CAUSE: Lack of joy.  
Lack of circulation of ideas.  
Stagnant thinking.  
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<td>Blood Pressure</td>
<td>HIGH; Long standing</td>
<td>HIGH; I joyously release the past. Emotional problem Not solved</td>
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<td>LOW; Defeatism, depression, sorrow</td>
<td>LOW I live in the ever joyous now. Life is a joy.</td>
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<tr>
<td>Boils</td>
<td>Anger, boiling over.</td>
<td>I release all anger &amp; resentment.</td>
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**PROBLEM**  |  **PROBABLE MENTAL CAUSE**  |  **NEW THOUGHT PATTERN**
---|---|---
Bone Problems  |  Rebelling against authority  |  Bones. I am at peace with authority. In my world, I am my lack of support own authority.

**PROBLEM**  |  **PROBABLE MENTAL CAUSE**  |  **NEW THOUGHT PATTERN**
---|---|---
Brain Tumor  |  Incorrect computerized beliefs..Stubborn, refusing to change old patterns  |  All of life is change.
  |  |  My growth patterns are ever new.
PROBLEM: Breast, Cysts
PROBABLE MENTAL CAUSE: Over mothering, over protection.
NEW THOUGHT PATTERN: I am free, & I allow everyone to be free.
**PROBLEM**  | **PROBABLE MENTAL CAUSE**  | **NEW THOUGHT PATTERN**
---|---|---
Breast Soreness. | Overbearing attitudes. |
Doctor: Here is the medicine. Take four spoons daily.

Patient: But I don't have four spoons in house. Do I have to buy one?

Relax! I'm not Death!
I'm his brother Bad Head Cold

Nobody on his deathbed ever wished he'd spent more time in the office... UNLESS he left the office early and got caught in a shower which resulted in a chill that developed into pneumonia and led to his untimely demise.
PROBLEM | PROBABLE MENTAL CAUSE | NEW THOUGHT PATTERN
---|---|---
Burns | Anger. Burning up. | People have no power over me. I am the peace in my environment.

“Darling, you should have asked me to put sun tan lotion on your back and not the kids!”
**PROBLEM**  
Bursitis

**PROBABLE MENTAL CAUSE**  
Repressed anger, wanting to hit someone

**NEW THOUGHT PATTERN**  
I release anger in harmless ways. Love releases & relaxes.

---

**PROBLEM**  
Bruises

**PROBABLE MENTAL CAUSE**  
The little bumps in life.

**NEW THOUGHT PATTERN**  
There is no reason to beat myself up. I am the action of love.
I borrowed some money off a doctor friend of mine. The next day I was in his office and he said I had six months to live. I said I couldn't pay him back so he gave me another six months.
A True SINthetic Chemical Warning

Cook for 3 minutes, stir, eat, and wait 5 years to see if the synthetic chemical ingredients gives you cancer

Who does a guy have to kill to get more sugar around here?
Candy

Hi Glycemic Sugar Feeds Cancer cells 45 times more than Natural Fruit Sugar (Avoid Corn+Candy)

Study accidentally exposes chemotherapy as fraud - tumors grow faster after chemo!

"As a chemist trained to interpret data, it is incomprehensible to me that physicians can ignore the clear evidence that chemotherapy does much, much more harm than good."

-- Alan Nixon, Ph.D., Past President of The American Chemical Society

A team of researchers from Washington state had a giant "Oops!" moment recently when it accidentally uncovered the deadly truth about chemotherapy while investigating why prostate cancer cells are so difficult to eradicate using conventional treatment methods. As it turns out, chemotherapy does not actually treat or cure cancer at all, according to the study's findings, but rather fuels the growth and spread of cancer cells, making them much harder to stamp out once chemotherapy has already been initiated.
<table>
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<tr>
<td>Car Sickness</td>
<td>Fear. Bondage.. Feeling of being trapped</td>
<td>I move with ease through time &amp; space, there is no fear.</td>
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<tr>
<td>Cataracts</td>
<td>Dark future. Inability to see ahead.</td>
<td>I am free. Life is eternal &amp; filled with joy.</td>
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**CAR SICKNESS IS THE FEELING YOU GET WHEN THE ROAD TAX IS DUE!!**

**Japanese Eye Doctor at Work**
<table>
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<td>Cholesterol</td>
<td>Clogging of the channels of joy.. Fear of accepting joy</td>
<td>Joy is normal. My channels of joy are wide open, I love life.</td>
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<tr>
<td>Colds</td>
<td>Confusion, disorder, small hurts. feeling trapped</td>
<td>I am a free thinker. I am at peace in my own mind.</td>
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"We found a bunch of these clogging your arteries. They're cholesterol pills."

"Quit complaining. For one thing, chicken soup is good for a cold. For another, it's nobody we know."
“It’s your office. They want to know if you can stay home a few more days.”

“Bird Flu..."

ME??
I feel great!
Honestly! Just fine.
Not even a hint of a sniffle...
Never been better..."
Big Sugar and Big Pharmaceuticals make you mindless, sick and you will believe anything the Big Money Media tells you.

This is what Happened when Cupid went against the Sugar and Drug Companies

Dextrose Sugar weakens the Immune system and makes sugar holiday flus
<table>
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<td>Colitis Ulcerative</td>
<td>Over-exacting parents</td>
<td>I am free. I provide my own joy. Life is eternal.</td>
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<td>Oppression, defeat. Needs affection.</td>
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“True healthcare reform starts in your kitchen, not in Washington.”
~Anonymous

www.undergroundhealthreporter.com

Streptococcus faecalis
Clostridium butyricum
Bacillus mesentericus

Probiotic

Harmful Bacteria and Yeast
Decrease GI pH Prevents Growth of Pathogens

Beneficial Bacteria

Antibiotics
Anti-Biotics unnaturally upset the Immune system and make you dependent on the Antibiotic. Good for the drug co. Bad for you

Metabolites
Butyric Acid
Lactic Acid

Improved
Digestion
Immunity
Disease Resistance

Anti-Biotics
Destroy the good Bacteria we need for Immunity. Anti-Biotics weaken the Immune system
Probiotic yogurt stimulates the immune system
Peer-reviewed studies report that the regular use of yogurt reduces:
- a) the levels of harmful bacteria that promote dental decay and periodontal disease in the mouths of children;
- b) the risk of premature birth in women with bacterial vaginosis and preeclampsia (high blood pressure) in first-time mothers;
- c) the likelihood of diarrhea and other gastrointestinal complaints relating to antibiotic use;
- d) the incidence of type 2 diabetes and metabolic syndrome according to intervention trials and large population studies.

Here is what Probiotics do for you and your family

Stop Anti-biotics Use Probiotics
PROBLEM
Constipation

PROBABLE MENTAL CAUSE
Refusing to release old ideas. Stinginess.

NEW THOUGHT PATTERN
I release the past. I generously allow life to flow through me.

Copper wire was made by two scots arguing over a penny

Copper Wire was first developed by two Englishmen Arguing over a penny

“Large doses of fish oil are very good for your heart. Especially when you get the urge to swim upstream.”
PROBLEM | PROBABLE MENTAL CAUSE | NEW THOUGHT PATTERN
---|---|---

Till death do we part.

“I just couldn’t resist the targeted ads.”
Here be stupid and dimwitted like me.

What will happen if you smoke for the first time?

Your body will know it is bad. You will throw up, get sick and I will laugh at you. In a short time you will get addicted and later you will die.

No thanks!

I'm not that stupid.

Smoking Tobacco is an Intelligence test.

Stupid people say yes. Smart people say no.

When you get hives, headaches, burning eyes etc. from detergents and chemicals; it is not an ALLERGY.

There is actually damage being done to your organs.

Better to get out of any environment that is toxic to avoid consequences later.
3 HOMEMADE COUGH REMEDIES

Honey, onion and garlic syrup
Combine a half-cup of honey and a half-cup of water. Add in one whole chopped onion and one chopped clove of garlic. Add a dash of sage, thyme or oregano and allow to steep overnight at room temperature. Strain and use the liquid as a cough syrup. Store in your refrigerator.

Horseradish syrup
Add a dash of grated horseradish to a quarter cup of honey. Allow it to sit for a few hours then use as a cough syrup.

Castor oil chest rub
Start with a half a cup of good quality, cold pressed castor oil. Crush one or two cloves of garlic and stir them into the oil. Add a tablespoon of freshly grated ginger, three or four drops of eucalyptus oil and about half a teaspoon of cayenne pepper. Rub on chest.

Source: besthealthmag
rawforbeauty.com
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<td>Cramps</td>
<td>Tension. Gripping, holding on.</td>
<td>I relax &amp; allow life to flow.</td>
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<td>Deafness</td>
<td>What don't you want to hear? Rejection, stubbornness, isolation.</td>
<td>I listen to God. I hear the joys of life. I am part of life.</td>
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A concerned husband went to a doctor to talk about his wife. "Doctor, I think my wife is deaf because she never hears me the first time and always asks me to repeat things."
"Well," the doctor replied, "go home and tonight stand about 15 feet from her and say something to her. If she doesn't reply move about 5 feet closer and say it again. Keep doing this so that we'll get an idea about the severity of her deafness."

Sure enough, the husband goes home and does exactly as instructed. He starts off about 15 feet from his wife in the kitchen as she is chopping some vegetables and says, "Honey, what's for dinner?" He hears no response. He moves about 5 feet closer and asks again. No reply. He moves 5 feet closer. Still no reply. He gets fed up and moves right behind her, about an inch away, and asks again, "Honey, what's for dinner?"

She replies, "For the fourth time, vegetable stew!"

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<td>Depression</td>
<td>Loss of a reinforcer, anger at self</td>
<td>I listen to God. I hear the joys of life.</td>
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**I am Soda-Pressed Right Now**

**Cheer UP or at least Cheers UP**

**Depression**

Depression is merely Anger without Enthusiasm
Hallmark Card: "I'm so miserable without you, it's almost like you're still here."

Nature Knows

"... you're saying you've made the bed, vacuumed the stairs, planted the marigolds and now you want to visit my mother's... ... have you been at the St John's Wort again?"
**PROBLEM**
Diabetes

**PROBABLY MENTAL CAUSE**
Deep sense of sorrow.
No sweetness to life.

**NEW THOUGHT PATTERN**
I allow life to be FUN. I let the past be just that.
I accept joy & fun as the basis of my life.

When I have to wake patients up for their fasting blood sugars, I always tell them, "I'm here to see how sweet you are today." They frequently tell me that they are sour.
Obesity, Acne, Carbuncles, Diabetes, Worms, Brain Fatigue

WHAT COMES WITH THE Pork?

CANCER, HEART DISEASE AND YOUR CHOICE OF RICE PILAF OR A BAKED POTATO.

I ate too Much!!
I feel like a real Pig

You Are What You Eat

Don't Eat Pork every day. It has too many toxins. Save it for once or twice a year.
<table>
<thead>
<tr>
<th>PROBLEM</th>
<th>PROBABLE MENTAL CAUSE</th>
<th>NEW THOUGHT PATTERN</th>
</tr>
</thead>
</table>
Could it be piles, doctor?

Bowel Cancer Information

Get checked
**PROBLEM**
Dowagers Hump

**PROBABLE MENTAL CAUSE**
Anger behind you. Resentment built up.

**NEW THOUGHT PATTERN**
I see the past with joy. No one has ever harmed me.

---

**PROBLEM**
Dyslexia

**NEW THOUGHT PATTERN**
A dyslexic man walks into a bra.
We CROSS CRAWL and SKIP-A-CROSS every morning to music. I coordinate the movement so that when an arm moves, the leg on the opposite side of the body moves at the same time. I move to the front, sides, and back and move my eyes in all directions. It helps to touch my hand to the opposite knee occasionally to "cross the midline". When my brain hemispheres work together like this, I really feel open to learning new things.
PROBLEM  PROBABLE MENTAL CAUSE  NEW THOUGHT PATTERN

Earache  Anger, don't want to hear.  I listen with love & joyously hear the good & the pleasant.
PROBLEM | PROBABLE MENTAL CAUSE | NEW THOUGHT PATTERN
---|---|---
Eczema | Over-sensitiveness, hurt individuality. Hurt personality. | I am secure, no one threatens my individuality.

"You need to do something about your dry skin."

PROBLEM | PROBABLE MENTAL CAUSE | NEW THOUGHT PATTERN
---|---|---
Edema | What or who won't you let go of? | I willingly release all of the past. I am secure & free.

PROBLEM | PROBABLE MENTAL CAUSE | NEW THOUGHT PATTERN
---|---|---
**PROBLEM**  | **PROBABLE MENTAL CAUSE**  | **NEW THOUGHT PATTERN**
---|---|---
Eye Problems  | Not liking what you see. Fear of the future  | I see with loving eyes. I like what I see, see clearly, I see the Truth in your own life. Not seeing Truth.

I have no idea how this works, but if you look at the image for about 5 minutes, you can see a waterfall in the background.
"If you don't see what you're looking for, you've come to the right place."

<table>
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<th>NEW THOUGHT PATTERN</th>
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<tbody>
<tr>
<td>Face</td>
<td>Represents individuality, recognition.</td>
<td>I recognize my own true worth. My individuality is secure.</td>
</tr>
<tr>
<td>Fainting</td>
<td>Fear. Can't cope. Blanking out.</td>
<td>I have the power, strength &amp; knowledge to handle everything in my life.</td>
</tr>
</tbody>
</table>

**Peer Pressure Begins**

**I swallowed a pen so I rang the doctor I said, "doctor, what do I do?" He said, "use a pencil till I get there"**
<table>
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<th><strong>NEW THOUGHT PATTERN</strong></th>
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</thead>
<tbody>
<tr>
<td>Fatigue</td>
<td>Resistance, boredom.</td>
<td>I am enthusiastic about life, &amp; filled with energy.</td>
</tr>
<tr>
<td></td>
<td>Lack of love for what one does.</td>
<td></td>
</tr>
</tbody>
</table>
Fevers

NEW THOUGHT PATTERN
I am the calm expression of peace & love.

PROBLEM
PROBABLE MENTAL CAUSE

Fevers
Burning up. Anger.

DOCTOR FUN

STOP LAUGHING!

Your Body is using Thermal energy to help you.

Sid’s plan to promote running on casual-dress Friday goes awry.

You're Gonna Get a Face Full

Q: What do you have if a Lawyer is Buried up to the Neck in Sand ???
A: Not enough SAND
<table>
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<th>NEW THOUGHT PATTERN</th>
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</thead>
<tbody>
<tr>
<td>Fingers</td>
<td>Fussing over the details in life.</td>
<td>I relax knowing the wisdom of life takes care of all</td>
</tr>
</tbody>
</table>

How Come It
Doesn't Work
When I Pull My
Own Finger  ???
**PROBLEM** | **PROBABLE MENTAL CAUSE** | **NEW THOUGHT PATTERN**
---|---|---
**FINGERNAILS:** | Over-analyzing details. | Tiny details I reduce my anger and accept the flow of life

**PROBLEM** | **PROBABLE MENTAL CAUSE** | **NEW THOUGHT PATTERN**
---|---|---
**Foot Problems** | Fear of the future, & of stepping I stand in Truth. | I move forward with joy. forward in life. Understanding. I have spiritual understanding.

**PROBLEM** | **PROBABLE MENTAL CAUSE** | **NEW THOUGHT PATTERN**
---|---|---
**Gas Pains** | Gripping undigested ideas.. I relax & let life flow through me with ease. Gulping air from fear
**PROBLEM**  
Gall Bladder Storm

**PROBABLE MENTAL CAUSE**  
Bitterness. Hard thoughts

**NEW THOUGHT PATTERN**  
Joyous release of the past. Life is sweet & so am I.

---

"Enough, Hank. I'm tired of pulling your finger."
**PROBLEM**
Glandular Imbalance.

**PROBABLE MENTAL CAUSE**
Lack of order.

**NEW THOUGHT PATTERN**
I am in total balance. My system is in order.
I am a student and I use humor to get me through clinicals. Once I told a patient "This is my first time giving an injection on a real live person." At the time it was very funny!

**PROBLEM**

Glandular Problems

**PROBABLE MENTAL CAUSE**

Poor distribution.

**NEW THOUGHT PATTERN**

**PROBLEM**

Glaucoma

**PROBABLE MENTAL CAUSE**

Emotional pressure from Long.

**NEW THOUGHT PATTERN**

No one can ever hurt me, I see with love & tenderness.
**PROBLEM**  
Gout

**PROBABLE MENTAL CAUSE**  
Impatience, anger. Domination.

**NEW THOUGHT PATTERN**  
I release ego & feelings of superiority. I let others be.
**PROBLEM**
Growth

**PROBABLE MENTAL CAUSE**
Nursing hurts. False sense of false. Forgiveness. I love myself & will not harm myself. and pride

**NEW THOUGHT PATTERN**

**PROBLEM**
Gum Problems

**PROBABLE MENTAL CAUSE**
Inability to back up decisions

**NEW THOUGHT PATTERN**
I am a decisive person. I follow through with plans once they are made
PROBLEM | PROBABLE MENTAL CAUSE | NEW THOUGHT PATTERN
---|---|---
Hands | The ability to grasp & let go of ideas. | I handle all ideas with love & ease. Fear of new ideas.

It is bad luck to be superstitious.

Halitosis | Rotten attitudes, vile gossip, foul thinking | I speak with gentleness & love. I exhale only the good.

Always be sincere, even if you don't mean it

Mahatma Gandhi, as you know, walked barefoot most of the time, which produced an impressive set of calluses on his feet. He also ate very little, which made him rather frail and with his odd diet, he suffered from bad breath. This made him (Oh, man, this is so bad, it's good)..... A super calloused fragile mystic hexed by halitosis.

Hay Fever | Emotional congestion. | I deny any beliefs in calendars. I am one Mass beliefs & fear of the calendar with ALL of life.
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<tr>
<td>Headaches</td>
<td>Tension, emotional upsets, hurt feelings, uncertainty, fear.</td>
<td>Peace, love, joy, relaxation. In my world all is well.</td>
</tr>
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<td></td>
<td></td>
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When you get hives, headaches, burning eyes etc from detergents and chemicals; it is not an ALLERGY.

There is actually damage being done to your organs. Better to get out of any environment that is toxic to avoid consequences later.
TODAY'S SPECIAL IS THE "Heart Attack"...A FATTY STEAK SMOTHERED IN FRENCH FRIES, MARINATED IN HARD LIQUOR, STUFFED WITH CHOCOLATE CAKE AND TOPPED WITH A CIGARETTE...
“Heads, you get a quadruple bypass. Tails, you take a baby aspirin.”
**PROBLEM**  
Hemorrhoids

**PROBABLE MENTAL CAUSE**  
Burden, pressure, tension, fear.

**NEW THOUGHT PATTERN**  
I release all pressure & burdens. I live in the joyous present.

Afraid to let go

Why are they called "hemorrhoids". They should be called "ASSteroids"?

**If sex is a pain in the ass, then you're doing it wrong...**

"I hate to spoil your fun, but that's not my clit. It's a hemorrhoid."

**HE ACCIDENTALLY BRUSHED HIS TEETH WITH HEMORRHOID-SHRINKING CREAM.**
PROBLEM | PROBABLE MENTAL CAUSE | NEW THOUGHT PATTERN
--- | --- | ---
Hepatitis | Fear, anger, hatred. Lives in the seat of anger & primitive emotions. | I let go of everything which I no longer need. My consciousness is now cleansed & my concepts are free, new & vital.
**PROBLEM**  
Hernia

**PROBABLE MENTAL CAUSE**  
Strain, mental loads.

**NEW THOUGHT PATTERN**  
My life is gentle & harmonious. I love myself with tenderness  

“We caught the guy that stole Steve Jobs’ wallet. The hernia slowed him down.”
When a physician remarked on a new patient's extraordinarily ruddy complexion, he said, "High blood pressure, Doc. It comes from my family."

"Your mother's side or your father's?" I asked.

"Neither," he replied. "It's from my wife's family."

"Oh, come now," I said. "How could your wife's family give you high blood pressure?"

He sighed. "You oughta meet 'em sometime, Doc!"
PROBLEM | PROBABLE MENTAL CAUSE | NEW THOUGHT PATTERN
---|---|---
Hip Problems | Fear of going forward. sustained by the major decisions | I joyfully move forward supported & power of life.

“Hip replacement? He was never hip to begin with.”
PROBLEM | PROBABLE MENTAL CAUSE | NEW THOUGHT PATTERN
---|---|---
Hives | Small hidden fears. Mountains out of molehills. | I am peaceful with the little things in life.

Oh, Kenneth, you’ve got hives all over! I was having such a great time I forgot you were allergic to fun. Let’s get you home.

PROBLEM | PROBABLE MENTAL CAUSE | NEW THOUGHT PATTERN
---|---|---
Holding Fluids | What are you afraid of losing? | I release with joy & willingness.

Homeopathic Cartoon

This cartoon was created by reducing its opacity by 10%. The resulting cartoon’s opacity was then reduced by 10% again, and so on 20 times. The result is the funniest cartoon ever.

www.dosisdiarias.com
### PROBLEM
Hypoglycemia

### PROBABLE MENTAL CAUSE
Imbalance in the system.

### NEW THOUGHT PATTERN
The acceptance of joy balances my system.

#### Lack of joy

- **PROBLEM**
  - Hypochondria

- **PROBABLE MENTAL CAUSE**
  - Imbalance in the system

- **NEW THOUGHT PATTERN**
  - The acceptance of joy balances my system.

---

**Hypochondria Is the only disease I don’t have**

---

- **PROBLEM**
  - Hypochondria

- **PROBABLE MENTAL CAUSE**
  - Imbalance in the system

- **NEW THOUGHT PATTERN**
  - The acceptance of joy balances my system.

---

"Well My diagnosis is that, you Are an Ass you're Stupid Selfcentered and Obstinate."

---

**The Chinese cure for Hypochondria is eating live cockroaches, it works every time.**
**PROBLEM**
Impotence

**PROBABLE MENTAL CAUSE**
Sexual pressure, tension, guilt. Power.

**NEW THOUGHT PATTERN**
I allow the full power of my sexual principle to Social beliefs. operate with ease & joy.

Spite against a previous mate.
**PROBLEM**
Indigestion

**PROBABLE CAUSE**
Fear, dread, anxiety.

**NEW THOUGHT PATTERN**
I take in the new & easily assimilate it.

---

*The Daily Indigestion*

“All the News That’s Fit to Satirize”
PROBLEM | PROBABLE MENTAL CAUSE | NEW THOUGHT PATTERN
---|---|---
Infection | Irritation, anger, annoyance. Nothing has the power to irritate me. I am peaceful & harmonious.

Influenza | Response to mass negativity & beliefs. Fear. I am not governed by group beliefs or the calendar. I am free from all congestion & influence Belief in statistics

Insanity | Escapism, withdrawal. Violent separation from life. My mind knows its true identity & I am a creative of Divine Self Expression. Fleeing from family

I used to be schizophrenic but We are all better Now. Don’t Play Stupid with me I’m Better at it
Of all of the things I’ve lost I miss my mind the most
Madness takes it’s Toll, Please have the exact change

My desire to be well-informed is currently at odds with my desire to remain sane.

Savage Chickens

by Doug Savage

DO YOU EVER WONDER IF YOU'RE INSANE AND EVERYTHING YOU SEE IS ACTUALLY A CRAZED HALLUCINATION THAT BEARS NO RESEMBLANCE TO REALITY?

THAT'S RIDICULOUS
Savage Chickens

Life Makes No Sense!

What can you do about it???

A: Become enraged.
B: Freak out!
C: Roll with it.

Rarr!
Augh!
Sigh!

© 2019 by Doug Savage

Insanity:
Doing the same thing over and over again
and expecting different results.

Albert Einstein
**PROBLEM**
Insomnia

**PROBABLE MENTAL CAUSE**
Tension, guilt, fear.

**NEW THOUGHT PATTERN**
I release the day and slip into peaceful sleep, knowing tomorrow will take care of itself.

---

**Insomnia: Inability to sleep until it is time to get up!**

Here is your cure for Insomnia, use reverse psychology. If you think about getting up and working it will help to relax you and often let you go back to sleep. If you get up and work you get something done and feel better.

---

“**If you have trouble falling asleep, lick your feet for a few minutes. It works for my cat!**”

---

**At Least Wash your feet, it really helps**
Q: Did you hear about the dyslectic agnostic with insomnia? A: He used to lay awake at night wondering if there really was a DOG.

"No wonder you have insomnia... lying there awake all night."
**PROBLEM**  
Irritable bowel

**PROBABLE MENTAL CAUSE**  
Tension, guilt, fear.

**NEW THOUGHT PATTERN**  
I release the day and slip into peaceful sleep, knowing

**PROBLEM**  
Itching

**PROBABLE MENTAL CAUSE**  
Unsatisfied desires, remorse.  
Punishment for guilt.

**NEW THOUGHT PATTERN**  
Whatever I need will always be here. I accept life as it is
7 year Itch
Guess Where
She Wants Pressure
PROBLEM  PROBABLE MENTAL CAUSE  NEW THOUGHT PATTERN
Jaundice  Prejudice. Discolored beliefs.  I feel tolerance & compassion & love for all people.

Yellow Jaundice of the Simpsons

Why did someone not tell the Simpsons about the Liver Flush and the Liver herbs program
**PROBLEM**
Kidney Problem

**PROBABLE MENTAL CAUSE**
Criticism, sensitivity, disappointment, frustration. Fear

**NEW THOUGHT PATTERN**
I see only good everywhere. Right action is taking place & I am fulfilled.

---

**PROBLEM**
Knee Problem

**PROBABLE MENTAL CAUSE**
Inflexibility, fear. Ego, pride, inability to bend. Stubborn

**NEW THOUGHT PATTERN**
Forgiveness, tolerance, compassion. I move forward without hesitation.

---

**Vertical Streaming**

By Mike Seddon

"It's my knee, Doctor. It's still giving me problems."
Knee Pain Comes often from the Psychological stress of Starting Something New

**PROBLEM**
Laryngitis

**PROBABLE MENTAL CAUSE**
Fear of voicing opinions, resentment of authority. Anger.

**NEW THOUGHT PATTERN**
I can speak up for myself. I can speak up for myself.
I express myself freely.

---

LOOKS LIKE LARYNGITIS. WANT TO TELL ME ABOUT IT?
<table>
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<th>PROBABLE MENTAL CAUSE</th>
<th>NEW THOUGHT PATTERN</th>
</tr>
</thead>
<tbody>
<tr>
<td>Leg Problems</td>
<td>Fear of the future.</td>
<td>Legs carry you I move forward Forward. with confidence &amp; joy.</td>
</tr>
<tr>
<td>Liver Problem</td>
<td>Depression, represssion.</td>
<td>Chronic I live life through the open space in my complaints. Liver is the seat of anger heart. I am free to love</td>
</tr>
<tr>
<td><strong>PROBLEM</strong></td>
<td><strong>PROBABLE MENTAL CAUSE</strong></td>
<td><strong>NEW THOUGHT PATTERN</strong></td>
</tr>
<tr>
<td>-------------</td>
<td>--------------------------</td>
<td>------------------------</td>
</tr>
<tr>
<td>Lung Problems</td>
<td>Afraid to take in and give out to life.</td>
<td>The breath of life flows easily through me.</td>
</tr>
</tbody>
</table>

“Do a double-blind test. Give the new drug to rich patients and a placebo to the poor. No sense getting their hopes up. They couldn’t afford it even if it works.”

-To accommodate friends who are allergic to cats, the Smertners installed Dander-Domes™.
There is 3 times more Lymph than Blood, and Disease often Starts in the Lymphatics
**PROBLEM**
Mal-Absorption of Nutrients

**PROBABLE MENTAL CAUSE**
Inability to swallow
Release
something in life, or struggle

**NEW THOUGHT PATTERN**
let go, let god

"It has nothing to do with you, Bessie. It's just that I'm lactose intolerant."
I thought "Clean Eating" was devouring cupcakes while mopping the floor.
<table>
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</thead>
<tbody>
<tr>
<td>Menopause Problems</td>
<td>Fear of no longer being wanted.</td>
<td>I am balanced in all changes of cycles &amp; I bless myself, Self-rejection.</td>
</tr>
<tr>
<td></td>
<td>Fear of aging.</td>
<td>I surround my body with love.</td>
</tr>
</tbody>
</table>

Minnie Pauz

Thank God for all those years of doing my Kegels!

THE SEVEN DWARVES OF MENOPAUSE

Itchy, Bitchy, Sweaty, Sleepy, Bloated, Forgetful, & Psycho
<table>
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<tr>
<td>Menstrual</td>
<td>Rejection of one's femininity, Problems guilt, fear, Belief that the genitals are sinful or dirty.</td>
<td>I accept myself as a beautiful woman with normal feminine processes &amp; changes. All is well in my body.</td>
</tr>
</tbody>
</table>
**PROBLEM**  
**PROBABLE MENTAL CAUSE**  
**NEW THOUGHT PATTERN**

**Migraine Headaches**  
Resisting the flow of life.  
I relax into the flow of life & let life flow through me Emotional sprees.

Sexual fears.. with ease

**Mouth Problems**  
The incapacity to take in ideas.  
I welcome new ideas & new concepts.  
Set opinions, closed mind.

You won’t have to worry about addiction, you will BE and Addict.
"I'm so miserable without you, it's almost like you're still here."

Absence Makes the Heart Grow Fonder but Familiarity Breeds Contempt
Much of Life is Approach-Avoidance Conflict

I'm not crazy, just ask my toaster
PROBLEM
Multiple Sclerosis

PROBABLE MENTAL CAUSE
Mental hardness, hard-heartedness, iron will, inflexibility.
M/S

NEW THOUGHT PATTERN
I no longer try to control. I flow along

PROBLEM
Nail Biting

PROBABLE MENTAL CAUSE
Spite of a parent. Eating away

NEW THOUGHT PATTERN
I am a mature creative individual. I accept & am secure in my maturity.

I'd Tell you to GO TO HELL but I Live there and I do not want to see you everyday

"Stop biting your nails son!"
Neck

**Problem:** Neck

**Provable Mental Cause:** Inflexibility, refusing to see all sides of a question. Stubborn.

**New Thought Pattern:** I am flexible. I welcome other viewpoints too.

---

Nerves

**Problem:** Nerves

**Provable Mental Cause:** Communication. Struggle, rushing,

**New Thought Pattern:** I am on an endless journey through eternity. Peace, be still.

---

Did you know that in the human body there is a nerve that connects the eyeball to the anus?

It is called the anal optic nerve. It is responsible for giving people a crappy outlook on life. If you don't believe it, pull a hair from your ass, and see if it doesn't bring a tear to your eye.

---

I went to buy some camouflage trousers the other day but I couldn't find any.
### Problem

<table>
<thead>
<tr>
<th>Problem</th>
<th>Probable Mental Cause</th>
<th>New Thought Pattern</th>
</tr>
</thead>
<tbody>
<tr>
<td>Nervousness</td>
<td>fear, anxiety. Confused thinking.</td>
<td>There is nowhere to rush.</td>
</tr>
<tr>
<td>Numbness</td>
<td>With holding love or consideration.</td>
<td>I respond to life. I share my feeling &amp; my love.</td>
</tr>
</tbody>
</table>

Q. What lies at the bottom of the ocean and twitches?
A. A nervous wreck.

Two hydrogen atoms meet.
One says, "I've lost my electron,"
The other says, "Are you sure?"
The first replies "Yes, I'm positive."

“How are you?”

Fine.
**PROBLEM**
Overweight

**PROBABLE MENTAL CAUSE**
Insecurity, self-rejection.

**NEW THOUGHT PATTERN**
Seeking I accept & love myself as I am.
love. Protecting the body. Trying to I am always
secure in spiritual nourishment. fulfill the self.
I allow myself to feel.

Fear of loss.
Stuffing feelings.

"Ask your doctor if getting your fat butt off the couch might be right for you!"

The Day after Valentine’s Day
The Day after Christmas
The Day after Halloween

The Day after Easter
The Day after my birthday
The Day after You Name It

If you did it once a year it would not be so bad but continued addictive abuse of the Immune system, Well
Obesity, Acne, Carbuncles, Diabetes, Worms, Brain Fatigue

WHAT COMES WITH THE Pork?

CANCER, HEART DISEASE AND YOUR CHOICE OF RICE PILAF OR A BAKED POTATO.

TODAY'S SPECIAL IS THE "Heart Attack"...A FATTY STEAK SMOTHERED IN FRENCH FRIES, MARINATED IN HARD LIQUOR, STUFFED WITH CHOCOLATE CAKE AND TOPPED WITH A CIGARETTE...

"Don't step on it...it makes you cry."
They call it PMS because Mad Cow Disease was already taken
Women complain about PMS, but I think of it as the only time of the month when I can be myself.

I have P.M.S.

Does that stand for pissy mood syndrome?

Wham!

I give up. How many women with PMS does it take to screw in a light bulb, funny boy?
They Call It PMS Because 'Mad Cow Disease' Was Already Taken

I DO NOT HAVE PMS!
**PROBLEM** | **PROBABLE MENTAL CAUSE** | **NEW THOUGHT PATTERN**
---|---|---
Pain | Congestion, blockage. Punishment for guilt. | Belief in I release any need for punishment. bondage. I let go & let life flow through me.
Paralysis | Fear, escapism, resistance. Shock. | I am one with all of life & I welcome my experiences
Paranoia | Insecurity, delusions of grandeur | I am protected by God, Let Go let God

---

**Only the Paranoid Survive**

*I went to the doctor, I said, "doctor, everybody thinks I'm a liar". He said, "I find that very hard to believe"*
PROBLEM  PROBABLE MENTAL CAUSE  NEW THOUGHT PATTERN
Pneumonia  Desperation, tired of life. Emotionally wounded. Feeling unloved and cold I freely take in Divine Ideas Inner which are filled with the Breath of Life. disturbance.

Prostate Problem  Giving up, defeatism. Sexual pressure & guilt. Belief in aging. I accept my manliness. I am eternally powerful. Sex is a pleasure.

Nobody on his deathbed ever wished he’d spent more time in the office... UNLESS he left the office early and got caught in a shower which resulted in a chill that developed into pneumonia and led to his untimely demise.

“Honestly, if there was a virtual prostate exam, don’t you think I’d want to be the first to know?”
Psoriasis

Emotional insecurity with self or someone

I am peaceful & secure. I am at ease with all of life.

“Activity Helps the Blood to move”

“It’s not a rash, it’s moss. You need to start being more active than a tree.”
**PROBLEM**  
Rheumatism

**PROBABLE MENTAL CAUSE**  
Lack of love. Resentment.  
Chronic bitterness, revenge.

**NEW THOUGHT PATTERN**  
I have compassion for others & for myself.  
I accept joyful feelings.

---

**PROBLEM**  
Rickets

**PROBABLE MENTAL CAUSE**  
Emotional malnutrition.  
Lack of love & security.

**NEW THOUGHT PATTERN**  
I am secure & nourished by the love of the universe.
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<td>Sea Sickness</td>
<td>Fear. Fear of death.</td>
<td>There is no death, only change. Life is continuous.</td>
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**Sea Sickness**

Fear. Fear of death.

There is no death, only change.
Life is continuous.

---

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<td>Sciatic</td>
<td>Fear of money &amp; the future.</td>
<td>I move into my greater good. My good is everywhere I am secure.</td>
</tr>
</tbody>
</table>

**Sciatic**

Fear of money & the future.

I move into my greater good. My good is everywhere I am secure.
THE PAIN STARTS IN MY HUSBAND’S LOWER BACK, THEN IT TRAVELS UP HIS SPINE TO HIS NECK, THEN IT COMES OUT HIS MOUTH AND INTO MY EARS. AND THAT’S WHY I GET THESE HEADACHES.

PROBLEM
Sinus Problems

PROBABLE MENTAL CAUSE
Irritation to one person,
No one has the power to irritate me unless someone close. I allow it. Peace, harmony.

NEW THOUGHT PATTERN

THERE’S A NEW VILLAIN IN TOWN...
SNOT MAN!
There Was A Young Lady Named Honey by Eric Perlin

There was a young lady named Honey
Whose nose was all drippy and runny,
   The snot from her nose
Would gush out to her toes,
Which was gross, yet still extremely funny.

Fred got his Neti pot at a garage sale.

**PROBLEM**  **PROBABLE MENTAL CAUSE**  **NEW THOUGHT PATTERN**
Smoking addiction   Sexual Insecurity   I am secure in my feeling and I can resist peer pressure
Be A Smoker!

Good News To All Smokers
The International Tobacco Syndicate, on its Golden Anniversary, wishes to invite Smokers of all ages to join in its biggest Anniversary Sweepstakes Draw, where every smoker is a sure winner! All smokers have the chance of winning the following major prizes.
Grand Prizes: A Brand New Cancer, Bronchial Infection, Goiter, Sinusitis, Migraine, Cerebral Tumor, Paralysis, Hypertension, and Asthma
Second Prizes: Special Hepatitis, Meningitis, Bronchitis
Third Prizes: Colored TB, Emphysema, Arteriosclerosis, Gingivitis, Rheumatism, Heart Disease, and Lung Cancer.
You can also have a chance to win consolation prizes such as: Tartar Deposits, Bad Breath, Stained Teeth, Appetite Loss, and Swelled Gums.
Join now!!! Remember that the more sticks you puff, the more chances of easy winning. Fabulous prizes await you!!! You can also be a lucky winner! Please claim your prizes at the nearest funeral parlor.
This promo is a limited offer... See your X-Ray result for more details!!!

Sexual Problems Exhibitionists
A couple went to the doctor’s office.
The doctor asked, “What can I do for you?”
The man said, “Will you watch us have sexual intercourse?”
The doctor looked puzzled but agreed. When the couple had finished, the doctor said, “There is nothing wrong with the way you have intercourse,” and he charged them $32.00 for the office visit.
This happened several weeks in a row. The couple would make an appointment, have intercourse, pay the doctor and leave. Finally the doctor asked, “Just exactly what are you trying to find out?”
The old man replied, “We’re not trying to find out anything. She is married and we can’t go to her house. I am married so we can’t go to my house. The Holiday Inn charges $60.00. The Hilton charges $98.00, we do it here for $32.00, and I get back $28.00 from Medicare for a visit to the doctor’s office.”
When I go to Parties why does every man say I Remember You?

I wish for... no housework, no cooking, no cleaning, less work and more money...

POOF

[Image of a cartoon character next to a wishing well, wishing for various benefits, with a reaction of surprise or disbelief from another character.]
<table>
<thead>
<tr>
<th>PROBLEM</th>
<th>PROBABLE MENTAL CAUSE</th>
<th>NEW THOUGHT PATTERN</th>
</tr>
</thead>
<tbody>
<tr>
<td>Shingles</td>
<td>Prolonged nervous suspense.</td>
<td>I am relaxed in all my thinking &amp; in all my activities. Peace, be still. I fear not.</td>
</tr>
<tr>
<td>Shoulder Problems</td>
<td>Burden bearing, overburdened.</td>
<td>Life is joyous &amp; free, all that I accept is good. too many shoulds</td>
</tr>
</tbody>
</table>
WE DON'T USE HERBS--JUST DRUGS WITH PROVEN SIDE EFFECTS.

YOU SHOULD RELEASE THAT NEGATIVE ENERGY. YOU MIGHT ATTRACT DEMONS onto the Court.

Yeah, right! What do you know?!
<table>
<thead>
<tr>
<th>PROBLEM</th>
<th>PROBABLE MENTAL CAUSE</th>
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</tr>
</thead>
<tbody>
<tr>
<td>Skin Problems</td>
<td>Threatening the individuality.</td>
<td>I accept my individuality. I am</td>
</tr>
<tr>
<td></td>
<td>Lack of security, impatience.</td>
<td>emotionally secure</td>
</tr>
<tr>
<td></td>
<td></td>
<td>I get attention in positive ways</td>
</tr>
<tr>
<td></td>
<td></td>
<td>RASH: a babyish way of getting attention.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>PROBLEM</th>
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<th>NEW THOUGHT PATTERN</th>
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</thead>
<tbody>
<tr>
<td>Slipped Disc</td>
<td>Indecision. Not feeling emotionally</td>
<td>I am courageous &amp; independent.</td>
</tr>
<tr>
<td></td>
<td>supported by others. I am supported by life.</td>
<td>supported by others. I am supported by life.</td>
</tr>
</tbody>
</table>
**PROBLEM** | **PROBABLE MENTAL CAUSE** | **NEW THOUGHT PATTERN**
--- | --- | ---
**Stomach** | Incapacity to assimilate ideas. | I assimilate new ideas easily. Life agrees with me.

Fear of new ideas.

“Your sagging consumer confidence has worked its way into these three discs.”
<table>
<thead>
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<th>PROBLEM</th>
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</tr>
</thead>
<tbody>
<tr>
<td>Stress</td>
<td>Too much life</td>
<td>Let Go, Let God</td>
</tr>
</tbody>
</table>

Stress is when you wake up screaming & you realize you haven't fallen asleep yet.
The human function curve

The Stress Reaction in the Body

- **Stimulates Adrenal Glands**
- **Releases Natural Narcotics**
- **Releases Natural Anti-Inflammatory**
- **Releases Serotonin**
- **Releases Adrenalin**
- **Releases Norepinephrine**
- **Releases Stored Blood Sugar**
- **Increases Pulse Rate**
- **Releases Insulin**
OF COURSE I'M STRESSED, I'M MARRIED WITH THREE TEENAGE DAUGHTERS AND ONE BATHROOM!

THERE ARE ONLY TWO TIMES I FEEL STRESS:
DAY AND NIGHT.

The Desi-astrous Sign of STRESS ANXIETY

- LACK OF CONCENTRATION
- SLEEPLESSNESS
- IRRITABLE
- OVERREACTING
- STOMACH PROBLEMS
- ANTSY

- FEAR
- MUSCLE TENSION
- FATIGUE
- RACING HEART
- HEADACHE

"STRESSED" is "DESSERTS" spelled backwards
**PROBLEM**
Strokes

**PROBABLE MENTAL CAUSE**
Rejection of life. Self-violence. Extreme resistance

**NEW THOUGHT PATTERN**
I accept life past, present & future.
Life is a joy.
PROBLEM: Stuttering

PROBABLE MENTAL CAUSE: Insecurity.

NEW THOUGHT PATTERN: Lack of self-expression. I am allowed to speak up for myself. I am secure in my own expression.
Train the Brain to stop Stuttering

Take 12 in of a garden hose, put it in the right ear and then speak into the other end for 2 hr a day

<table>
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<tr>
<td>Teeth</td>
<td>Long standing indecisiveness.</td>
<td>I make my decisions based upon</td>
</tr>
</tbody>
</table>

Here's the deal...If you cooperate with me I'll use the good-boy-drill. Jerk me around and you get this.
Did you hear about the Buddhist who refused Novocain during a recent root canal? His goal: TM - Transcend dental Medication.
**PROBLEM** | **PROBABLE MENTAL CAUSE** | **NEW THOUGHT PATTERN**
---|---|---
**Throat Problem** | the Avenue of expression. | I freely express myself with joy
, | hurt swallowed. | Repressed anger. Emotional No one can hurt me. I am at peace.
**PROBLEM**  
Thyroid

**PROBABLE MENTAL CAUSE**  
Struggle with mother within

**NEW THOUGHT PATTERN**  
I forgive you mother and the mother within yourself

---

**PROBLEM**  
Tonsillitis

**PROBABLE MENTAL CAUSE**  
Repressed emotions & fear.

**NEW THOUGHT PATTERN**  
Nothing impedes my good  
Gripped anger.. I allow the free flowing expression of  
Divine Ideas to take place by means of me.

---

**Minnie Pauz....™**

Hmm...the symptoms are fatigue, weight gain, memory problems...that sounds vaguely familiar

---

Tonsils are needed for immune system to defend against Virus
<table>
<thead>
<tr>
<th><strong>PROBLEM</strong></th>
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<tr>
<td>Tuberculosis</td>
<td>Selfishness. Possessiveness.</td>
<td>I do not choke on life. My thought dwells on great ideas every moment of my life is meaningful.</td>
</tr>
</tbody>
</table>

Cruelty. A wasting disease.
When I grow up I want to be a man.

Don't be silly, you can't do both.

Men are on this planet because vibrators can't buy drinks.
PROBLEM | PROBABLE MENTAL CAUSE | NEW THOUGHT PATTERN
---|---|---
Tumors | False Growths. | Release, forgiveness. Love dissolves all hurts.

Nursed hurts & shocks.

“Hi Glycemic Sugar Feeds Cancer cells 45 times more than Natural Fruit Sugar (Avoid Corn+Candy)”
Childhood Cancer rises alongside sugar use. Dextrose Processed Sugar weakens the cancer immune defense.

5 CANCER-FIGHTING SPICES

1. GARLIC
2. GINGER
3. CINNAMON
4. TURMERIC
5. CAYENNE PEPPER
**PROBLEM**  
Ulcers

**PROBABLE MENTAL CAUSE**  
Something eating away at you.

**NEW THOUGHT PATTERN**  
Nothing can irritate me.  
Anxiety, fear, tension. I am peaceful, calm and at ease

Belief in pressure.

---

*Stress*  
*As the Stomach Turns*

*HMM ... SEEMS LIKE YOUR ULCER HAS GOTTEN A BIT BIGGER SINCE YOUR LAST VISIT*
Nurstoons by Carl Elbing

I've got an imaginary stomach ulcer. Why come to a doctor if it's imaginary?

I thought maybe you could prescribe a placebo. The...?!

What does "O.T." stand for?

"Oxygen thief."

Bad news—that fire in your belly is an ulcer.”
<table>
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<tr>
<td>Vaginitis</td>
<td>Sexual guilt. Feeling of loss of Forms &amp; channels may change, something or someone loved. but love is never lost.</td>
<td>All parts of my body are beautiful</td>
</tr>
</tbody>
</table>
PROBLEM  
Varicose Veins

PROBABLE MENTAL CAUSE  

NEW THOUGHT PATTERN  
Feeling I move and live in joy. I love life & I circulate freely.

Don't you think you're taking this “elevate your legs” thing a bit too far?

HOW YOUR BODY BENEFITS FROM THE FIBER FOUND IN PLANT FOODS

- Fewer abnormal physiological cravings
- Prevents diabetes
- Less risk of varicose veins
- Fewer hormonal imbalances
- Stronger immune system
- Slows down the rate of glucose absorption
- Less risk of hemorrhoids and constipation
**PROBLEM**
Venereal disease

**PROBABLE MENTAL CAUSE**
Sexual guilt.

**NEW THOUGHT PATTERN**
Belief that I lovingly & joyously accept my sexuality the genitals are sinful or dirty. There is no guilt & no punishment

Need for punishment. & its expression.
I once got busy in a Burger King bathroom.

Bad news, Ahab. I'm afraid you have caught Moby Dick.

"How's the wife with unpleasant surprises?"
"Oh, don't be so technical."
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<tr>
<td>Warts</td>
<td>Belief in ugliness.</td>
<td>I do not advertise ugly thoughts. 'Mere is no guilt. Guilt, hate for the self. I love all of my body.</td>
</tr>
</tbody>
</table>

"And do you, Barty, take this woman, warts and all, to be your wife?"
"Relax, they're just worry warts."

I won't believe everything the drug companies say
I won't believe everything the drug companies say
I won't believe everything the drug companies say
I won't believe everything the drug companies say
Don't Just Believe anything

X-RAY SPECS

Scientific optical principle really works. Imagine — you put on the "X-Ray" Specs and hold your hand in front of you. You seem to be able to look right through the flesh and see the bones underneath. Look at your friend. Is that really his body you "see" under his clothes? Loads of laughs and fun at parties.

But keep an open mind

"God's Map of the Universe"
Well Dr. Barnes you and your medical peers all suffer from an extreme case of IGNORANCE. I didn't know that we are ignorant.

I'm Not Surprized.

You Ignore Natural Medicine

---

He loves me for my mind

What a nice ass!!
"Here's how it works. First we discover the drug and identify the market, then we invent the disease."

Being Symptom Free is NOT an Indicator of Health
IF THE DRUGS DO CAUSE A PROBLEM THEN WE'VE GOT SOME PILLS THAT MIGHT HELP...

AND SOME OTHER PILLS FOR THE SIDE EFFECTS OF THE PILLS YOU TAKE FOR THE PROBLEMS THE DRUGS CAUSE...

AND SOME OTHER PILLS FOR THE SIDE EFFECTS OF THE PILLS YOU TAKE FOR THE PROBLEMS THE DRUGS CAUSE...

AND SOME OTHER PILLS FOR THE SIDE EFFECTS OF THE PILLS YOU TAKE FOR THE PROBLEMS THE DRUGS CAUSE...

With the cost of bringing a drug to market at over 1.5 million dollars, when will we see the ludicrous folly.

Oh No!!!
I said 'Slip' off his SPECTACELS
- He calls you at two in the morning "just to talk."

- Instead of rubber surgical gloves he wears oven mitts.

- He keeps accidentally referring to himself as "the defendant."

- He thinks Eastern Medicine was developed in Long Island.

- He keeps accidentally referring to your legs as "drumsticks."

- His examination room is Room 201 at the No-Tell Motel.

- He introduces you to his anesthesiologist, "Doctor Jim Beam."

- Before surgery, he asks if you want this "to go."

- He tries to color your X-rays with crayons.

Artery -- Study of paintings
Bacteria -- Back door of cafeteria
Barium -- What doctors do when treatment fails
Bowel -- Letter like A.E.I.O.U
Caesarean section -- District in Rome
Cat scan -- Searching for kitty
Cauterize -- Made eye contact with her
Colic -- Sheep dog
Coma -- A punctuation mark
Congenital -- Friendly
D&C -- Where Washington is
Diarrhea -- Journal of daily events
Dilate -- To live long
Enema -- Not a friend
Fester -- Quicker
Fibula -- A small lie
G.I. Series -- Soldiers' ball game
Grippe -- Suitcase
Hangnail -- Coat hook
Impotent -- Distinguished, well known
Intense pain -- Torture in a teepee
Labor pain -- Got hurt at work
Medical staff -- Doctor's cane
Morbid -- Higher offer
Nitrate -- Cheaper than day rate
Node -- Was aware of
Outpatient -- Person who had fainted
Pelvis -- Cousin of Elvis
Post-operative -- Letter carrier
Protein -- Favoring young people
Rectum -- It almost killed him
Recovery room -- Place to do upholstery
Rheumatic -- Amorous
Scar -- Rolled tobacco leaf
Secretion -- Hiding anything
Seizure -- Roman emperor
Serology -- Study of knighthood
Tablet -- Small table
Terminal illness -- Sickness at airport
Tibia -- Country in North Africa
Tumor -- An extra pair
Urine -- Opposite of you're out
Varicose -- Located nearby
Vein -- Conceited

My client blames you for fraud by pretending to throw his ball
Have You Ever Stared at a Can of Orange juice for an Hour because it says "Concentrate"
A redhead tells her blonde stepsister, "I slept with a Brazilian...."
The blonde replies, "Oh my God! You slut! How many is a Brazilian?"
Dear, if you’re going to pad your bra with Kleenex, take them out of the box first.

Q: Why did the blonde take 16 friends to the movies?

A: Under 17 not admitted!
FRENETIC WANDERINGS swensonfunnies.com

Hey baby, did it hurt when you fell from heaven?

Hell yes!

What's the difference between me and a mosquito?

A mosquito will stop sucking after you slap it.
Bigots are not Born They are Taught

30,000 PUPILS BRANDED AS BIGOTS

Be Kind to one another
Even if you disagree on stuff.
Will Mankind End Violently? Or Will Mankind End Violence?

“I’ll put it back to work someday, but right now it feels great to have it lying around in humongous clumps.”
Zombie Hooter’s girls, dying to serve you
hom-o-pho-bi-a
hom’a fō’bē a)nn-
insecurity about
being heterosexual.

I am homophobic.
I found lesbian porn in your computer.

But...

Lesbian are ciff...
"When Diet Is Wrong Medicine Is of NO Use
When Diet Is Right Medicine Is of NO Need"
WORK OF A SUPERHERO is NEVER DONE

Desi fighting the Illuminati

From the Historic movie

CHESS

The first movie made in Hungarian and English languages at the same time.
I want to die peacefully in my sleep, like my grandfather. Not screaming and yelling like the passengers in his car.

Why does someone believe you when you say there are four billion stars, but check when you say the paint is wet?

If at first you don't succeed, skydiving is not for you!

Crowed elevator smell different to midgets

Never, under any circumstances, take a sleeping pill and a laxative on the same night.

And finally, there was the person who sent ten different puns to his friends, with the hope that at least one of the puns would make them laugh. No pun in ten did
DEAD LAST
IS GREATER THAN
DID NOT FINISH
WHICH TRUMPS
DID NOT START

golightly-sugar.tumblr

The King of Sweden once said that God's Greatest Gift is a Wife who Loves Beer
How goes the WAR on Drugs?

Drugs Won

Sorry, Bert, but for polluting an entire river system to save yourself 3 million in expenses, I have to fine you fifty thousand dollars.

For smoking pot in your yard, you are sentenced to five years in prison, a fine of $60,000 and forfeiture of all your property!

The U.S. Justice System
Love is my Drug of Choice
The 12 Medical Specialty Stereotypes

**Orthopedics:** The meatheads

- Right now, eat me for a fact.
- Why are you humming, harder, you?
- We haven't heard about you yet. We beg for your life!
- Dude.

**Neurology:** The infrequent intellectual

- For you see, with the onset of the current neurological situation, all neurological functions to the contralateral body and body 1/2 my accent to the posterior circulation specialist I isolated needle work. What can I do about it now?

**Family Medicine:** The country doctor

- Now, I can give you some antibiotics for that skin infection. Or I could make you a prescription here.
-Q.
- If I have the flu, will I get well if I take these?

**Psychiatry:** The fake doctor

- Can't you see that all of the patients in the hospital are free of problems? Social interaction to this condition is part of their life. It's a lot safer and more likely to make you well. Is there anything you'd like to tell me about what your patient history contains?

**Radiology:** Rich in the dark

- Sound of counting cubes.

**Pediatrics:** If patch in Adams and Miller eyes meets.

- Here. Kiss! What's really for these notes?
- Or as I like to call them, tentacles.

**Emergency Medicine:** The cowboys

- Patient's leg is bleeding! He needs to see the bullies! Tony and his team, ambulances!
- This one looks like a bad bruise. Let's go.
- No time! Start造！Get me a sawi!

**Neurosurgery:** New wave of egomaniacs

- Come on people! Let's get this going! The show must go on. The next person who does not work around here?
- I just need to check the schedule of the child!
- Get the child up! Come on! It's not about surgery!

**Dermatology:** Glamorous coats

- In honor of the disease.

**Ob-Gyn:** Overworked into godesses

- OK. Now... Push! Push-massive! Gynecological...
- For Christ's sake, where the hell is it? I'm tired of this! I'm tired of this! I'm tired of this! I'm tired of this! I... I can't work anymore! I can't help you! I'm not going to do this!

**Radiation Oncology**

- What?

**Anesthesiology:** Lazy nurses

- $2223—
The Human Race sits on the Brink of Extinction and People are Worried and Ass About My Tits
JESUS SAYS:
NICE TITS!

IF I SAY I'M GAY
CAN I FEEL YOUR TITS?
I am Very Sorry, Honey
But for You to Insult Me
I must First
Value
Your
Opinion

Desire 'Dubounet
ENJOY !!!!!!!! HOW DO COURT RECORDERS KEEP STRAIGHT FACES????

These are from a book called Disorder in the American Courts and are things people actually said in court, word for word, taken down and published by court reporters that had the torment of staying calm while the exchanges were taking place.

ATTORNEY: What was the first thing your husband said to you that morning?

WITNESS: He said, 'Where am I, Cathy?'

ATTORNEY: And why did that upset you?

WITNESS: My name is Susan!

ATTORNEY: What gear were you in at the moment of the impact?

WITNESS: Gucci sweats and Reeboks.

ATTORNEY: Are you sexually active?

WITNESS: No, I just lie there.

ATTORNEY: What is your date of birth?

WITNESS: July 18th.

ATTORNEY: What year?

WITNESS: Every year.

ATTORNEY: How old is your son, the one living with you?

WITNESS: Thirty-eight or thirty-five, I can't remember which.

ATTORNEY: How long has he lived with you?

WITNESS: Forty-five years.
ATTORNEY: This myasthenia gravis, does it affect your memory at all?

WITNESS: Yes.

ATTORNEY: And in what ways does it affect your memory?

WITNESS: I forget..

ATTORNEY: You forget? Can you give us an example of something you forgot?

___________________________________________

ATTORNEY: Now doctor, isn't it true that when a person dies in his sleep, he doesn't know about it until the next morning?

WITNESS: Did you actually pass the bar exam?

____________________________________

ATTORNEY: The youngest son, the 20-year-old, how old is he?

WITNESS: He's 20, much like your IQ.

___________________________________________

ATTORNEY: Were you present when your picture was taken?

WITNESS: Are you shitting me?

_________________________________________

ATTORNEY: So the date of conception (of the baby) was August 8th?

WITNESS: Yes.

ATTORNEY: And what were you doing at that time?

WITNESS: Getting laid

_________________________________________

ATTORNEY: She had three children, right?

WITNESS: Yes.

ATTORNEY: How many were boys?
WITNESS: None.

ATTORNEY: Were there any girls?

WITNESS: Your Honor, I think I need a different attorney. Can I get a new attorney?

ATTORNEY: How was your first marriage terminated?

WITNESS: By death..

ATTORNEY: And by whose death was it terminated?

WITNESS: Take a guess.

ATTORNEY: Can you describe the individual?

WITNESS: He was about medium height and had a beard

ATTORNEY: Was this a male or a female?

WITNESS: Unless the Circus was in town I'm going with male.

ATTORNEY: Is your appearance here this morning pursuant to a deposition notice which I sent to your attorney?

WITNESS: No, this is how I dress when I go to work.

ATTORNEY: Doctor, how many of your autopsies have you performed on dead people?

WITNESS: All of them. The live ones put up too much of a fight.

ATTORNEY: ALL your responses MUST be oral, OK? What school did you go to?

WITNESS: Oral...

ATTORNEY: Do you recall the time that you examined the body?
WITNESS: The autopsy started around 8:30 PM

ATTORNEY: And Mr. Denton was dead at the time?

WITNESS: If not, he was by the time I finished.

ATTORNEY: Are you qualified to give a urine sample?

WITNESS: Are you qualified to ask that question?
"It's important to learn math because someday you might accidentally buy a phone without a calculator."
"I find that they evolve better under pressure."
It's kind of depressing: We've spent three years on this research paper, and probably only ten people in the World will ever read it...

Welcome to the Team. Remember, if you follow the University Motto, you’ll do fine...
Please, please, please,
I know the Impact Factor of this conference is low, but it's in Paris!

Good try Dr Brown, but an editorial in your Chess-Club Newsletter is not what I would call a peer-reviewed journal publication...
OK, IF YOU FINISHED REACHING ENLIGHTENMENT, YOU MAY GO TO THE MALL WITH YOUR FRIENDS.

GOODNESS GRACIOUS! This strain of E. coli is extremely dangerous! My evidence suggests that 95% of people exposed to this bacteria are likely to get severely sick!

THIS JUST IN—Scientists not 100% certain E. coli strain poses risks to human health!
I wish I could sleep but my stupid ADHD kicks in and well basically, one sheep, two sheep, cow, turtle, duck, old McDonald had a farm, HEEEY MACARENA!
LEONARDO DA VINCI'S CAT

SCIO / Eductor for Animals

There is No Such Thing as an Exact Science
False Beliefs in Anti-Biotics

Make the Immune System Parts Un-Needed

Surgery

Lymph Nodes  Thymus  Spleen

Appendix  Tonsils  Gallbladder

Trash

Vestigial Body Parts

Useless Organs

Only

These Parts are Needed for Good Health and Wellness
A CHEESEBURGER AND FRIES...

YOU GOT A LOT OF GALL, MISTER!

Mr Gall Bladder

WHY HEALTHY FAST FOOD MAY NOT WORK...

ONE LOW-CAL MANDARIN, ALMOND AND WATERCRESS SALAD... WOULD YOU LIKE ANYTHING ON IT?

Yeah... a big Mac and some fries.

Try one of our new "M-HEALTHY MEALS!"
HOW CAN I GET RID OF MY GALLSTONES?

Drink 10 oz of 1/3 Apple Juice, 1/3 Lemon Juice and 1/3 Juniper Berry Tea every day.

What is the meaning of life?

I don’t know. The computers are down.
"EVolution"

Discover's Cooking
Discover's Sugar
Sugar and Boiling in Oil

OH YEAH! First to reach enlightenment... Right here, people! Woooo BABY! Eat my dust, ladies!
## Index

**Problem** | **Page**
---|---
Abscess | 4
Acne | 5
Accidents | 6
Adenoids | 6
Addictions | 6
Aging | 7
Alcoholism | 8
Allergies | 17
Anemia | 19
Appendicitis | 20
Arteriosclerosis | 21
Arthritis | 22
Asthma | 23
Back Problems | 25
Bedwetting | 26
Birth Defects | 26
Bladder Problems | 27
Blood Problems | 27
Blood Pressure | 28
Boils | 28
Bone Problems | 29
Brain Tumor | 29
Breast, Cysts | 30
Breast Soreness | 32
Bronchitis | 33
Burns | 34
Bursitis | 35
Bruises | 35
Cancer | 36
Car Sickness | 38
Cataracts | 38
Cholesterol | 39
Colds | 39
Colitis Ulcerative | 42
Constipation | 45
Coughs | 46
Cramps | 49
Cysts | 49
Deafness | 49
Depression | 50
Diabetes | 52
Diarrhea | 54
Dowagers Hump | 56
Dyslexia | 56
Earache | 58
Eczema | 59
Edema | 59
Epilepsy | 59
Eye Problems | 60
Face | 61
Fainting | 61
Fatigue | 62
Fever | 63
Fingers | 64
FINGERNAILS | 65
Foot Problems | 65
Gas Pains | 65
Gall Bladder Storm | 66
Glandular Imbalance | 67
Glandular Problems | 68
Glaucoma | 68
Gout | 69
Growths | 70
Gum Problems | 70
Hands | 71
Halitosis | 71
Hay Fever | 71
Headaches | 72
Heart Problems | 72
Hemorrhoids | 75
Hepatitis | 76
Hernia | 77
High blood pressure | 78
Hip Problems | 79
Hives | 80
Holding Fluids | 80
<table>
<thead>
<tr>
<th>Condition</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hypoglycemia</td>
<td>81</td>
</tr>
<tr>
<td>Hypochondria</td>
<td>81</td>
</tr>
<tr>
<td>Impotence</td>
<td>82</td>
</tr>
<tr>
<td>Indigestion</td>
<td>83</td>
</tr>
<tr>
<td>Infection</td>
<td>84</td>
</tr>
<tr>
<td>Influenza</td>
<td>84</td>
</tr>
<tr>
<td>Insanity</td>
<td>84</td>
</tr>
<tr>
<td>Insomnia</td>
<td>87</td>
</tr>
<tr>
<td>Irritable bowel</td>
<td>89</td>
</tr>
<tr>
<td>Itching</td>
<td>89</td>
</tr>
<tr>
<td>Jaundice</td>
<td>91</td>
</tr>
<tr>
<td>Kidney Problem</td>
<td>92</td>
</tr>
<tr>
<td>Knee Problem</td>
<td>92</td>
</tr>
<tr>
<td>Laryngitis</td>
<td>93</td>
</tr>
<tr>
<td>Leg Problems</td>
<td>94</td>
</tr>
<tr>
<td>Liver Problem</td>
<td>94</td>
</tr>
<tr>
<td>Lung Problems</td>
<td>96</td>
</tr>
<tr>
<td>Lymphatic Congestion</td>
<td>97</td>
</tr>
<tr>
<td>Mal-Absorption of Nutrients</td>
<td>98</td>
</tr>
<tr>
<td>Menopause Problems</td>
<td>100</td>
</tr>
<tr>
<td>Menstrual</td>
<td>101</td>
</tr>
<tr>
<td>Migraine Headaches</td>
<td>102</td>
</tr>
<tr>
<td>Mouth Problems</td>
<td>102</td>
</tr>
<tr>
<td>Multiple Sclerosis</td>
<td>104</td>
</tr>
<tr>
<td>Nail Biting</td>
<td>104</td>
</tr>
<tr>
<td>Neck</td>
<td>105</td>
</tr>
<tr>
<td>Nerves</td>
<td>105</td>
</tr>
<tr>
<td>Nervousness</td>
<td>106</td>
</tr>
<tr>
<td>Numbness</td>
<td>106</td>
</tr>
<tr>
<td>Overweight</td>
<td>107</td>
</tr>
<tr>
<td>PMS</td>
<td>109</td>
</tr>
<tr>
<td>Pain</td>
<td>112</td>
</tr>
<tr>
<td>Paralysis</td>
<td>112</td>
</tr>
<tr>
<td>Paranoia</td>
<td>112</td>
</tr>
<tr>
<td>Pneumonia</td>
<td>113</td>
</tr>
<tr>
<td>Prostate Problem</td>
<td>113</td>
</tr>
<tr>
<td>Psoriasis</td>
<td>114</td>
</tr>
<tr>
<td>Rheumatism</td>
<td>115</td>
</tr>
<tr>
<td>Rickets</td>
<td>115</td>
</tr>
<tr>
<td>Sea Sickness</td>
<td>116</td>
</tr>
<tr>
<td>Sciatic</td>
<td>116</td>
</tr>
<tr>
<td>Sinus Problems</td>
<td>117</td>
</tr>
<tr>
<td>Smoking addiction</td>
<td>118</td>
</tr>
<tr>
<td>Shingles</td>
<td>121</td>
</tr>
<tr>
<td>Shoulder Problems</td>
<td>121</td>
</tr>
<tr>
<td>Skin Problems</td>
<td>123</td>
</tr>
<tr>
<td>Slipped Disc</td>
<td>123</td>
</tr>
<tr>
<td>Stomach</td>
<td>124</td>
</tr>
<tr>
<td>Stress</td>
<td>125</td>
</tr>
<tr>
<td>Strokes</td>
<td>128</td>
</tr>
<tr>
<td>Stuttering</td>
<td>129</td>
</tr>
<tr>
<td>Teeth</td>
<td>130</td>
</tr>
<tr>
<td>Throat Problem</td>
<td>132</td>
</tr>
<tr>
<td>Thyroid</td>
<td>133</td>
</tr>
<tr>
<td>Tonsillitis</td>
<td>133</td>
</tr>
<tr>
<td>Tuberculosis</td>
<td>134</td>
</tr>
<tr>
<td>Tumors</td>
<td>136</td>
</tr>
<tr>
<td>Ulcers</td>
<td>138</td>
</tr>
<tr>
<td>Vaginitis</td>
<td>140</td>
</tr>
<tr>
<td>Varicose Veins</td>
<td>141</td>
</tr>
<tr>
<td>Venereal disease</td>
<td>142</td>
</tr>
<tr>
<td>Warts</td>
<td>145</td>
</tr>
</tbody>
</table>
"The Only 'A' I ever got in Spelling was for Originallity"

Desire' Dubonnet
The world is awakening to WELLNESS. This was not even a word until recently. Now it is a world wide movement, people want to become WELL. Desiré has developed and credentialled a new Doctorate in Wellness to awaken people and teach the art of making themselves and others WELL. For more details go to the International University at www.imune.net