IMUNE Biofeedback License Exam Essay version

ESSAY QUESTIONS FOR THE DIPLOMAT AND BIOFEEDBACK LICENSE.

ABOUT IMUNE

The exam is confidential. However, we will keep it for the records to validate your education if requested. Keep your answers brief, thoroughly professional and to the point. If you have questions please ask your mentor. Turn your completed essays over to your mentor or to an IMUNE officer.

PART 1

COMPASSION, HAPPINESS, BASICS

LINK TO COURSE

1. How can you involve more compassion into your life?

2. Why is compassion the key for medicine??

3. How can you involve more compassion into your Practice???

4. Happiness does not come from outside but is an internal choice.

What is the main factors of Happiness?

5. Why is desire for things to be different the main cause of suffering?

How do we reduce suffering?

6. What emotions gives you more healing energy?

7. What are the ten lessons to be a healer?
8. Why is vaccination not our true enemy?? Who are the five top enemies to human health??

9. What is Enlightenment in simple terms? How does this effect your life?

10. Describe the legal responsibilities you have as a practitioner. List references and sources correctly.

11. Why is stopping bigotry and excess prejudice so important in saving the world?

12. Define why we need to be more professional in biofeedback

13. Detail the Selye/Nelson Pathway of disease

14. What are the main stressors??

15. Detail the Nelson method of Health care.

16. How do you access the IMUNE Library of Natural Medicine Research, Peer Reviewed Medical Journals and therapies?

17. The Greek philosopher Solon said people should not fear controversy. Why do we as therapists need to put our client’s health above controversy?

18. People need to be aware of their freedom of CHOICE. They often choose bad behaviours and they need to be responsible for their choice. As therapists we must need to educate + encourage (not demand) responsibility. Detail
1. Since we are what we eat and more importantly, we are what we absorb, explain the absorption process thru the acronym FOSSIL LAP with key tips for each stage.

2. Explain the need for Plant Fiber

3. How has the removal of plant fiber from sugar, grains, flour, juice and processed food made so much disease?

4. What is the best diet for long-term healthy weight loss and to restore health to organs?

5. Explain how Nature has given us a Juicer and how best to use it.

6. Detail the Rules of the Stomach?

7. How do you deal with a Patient who says they cannot eat plant foods like vegetables?

8. Why is Coffee with a meal so bad?
9. The second brain is in the gut. This is where the microflora use plant fiber to make the hormones we need for Life. What foods help us make Serotonin and what does Serotonin do for us?

10. The second brain is in the gut. This is where the microflora use plant fiber to make the hormones we need for Life. What foods help us make Dopamine and what does Dopamine do for us?

11. The second brain is in the gut. This is where the microflora use plant fiber to make the hormones we need for Life. What foods help us make Gaba and what does Gaba do for us?

12. What is the importance of a healthy bowel flora and how do you balance and maintain a healthy bowel flora?

13. Can protein be absorbed directly into the digestive tract?

14. The human grows the most in the first year of life, doubling or tripling their weight and size. The perfect food for the baby at this time is mother’s milk, which is 1% protein. Why are our needs for protein over exaggerated?

15. The Gorilla has an identical digestive tract to humans and he can lift a car. In addition, his diet has no meat, no grains, and no processed foods. How does he get his Amino Acids?
16. Human Teeth, TMJ and Mouth Chemistry are more similar to herbivore teeth than Carnivore Teeth. The Human Digestion is more Herbivore than Carnivore in Design. Human legs are not designed to catch lunch or dinner. Detail why the human anatomy is designed for plants more than animal consumption.

17. What are the long-term problems with the keto and carnivore diet?

18. The Human have been around for over 6 million years and only cooking for the last 20,000 years. Humans have been cooking meat for less than 0.33% of their existence, and eating plants for the vast majority of our existence. The ancient texts of wisdom like the bible have indicated the health benefits of eating seeds and plant foods. What are Karma-less foods?

19. Define what an Excitogen is and use examples. Why do people eat so much meat?

20. The energy of life starts with the energetic photons of the sun. The plants use these photon light energy packets in Quantum Electro-Dynamic Photosynthesis to make us foods. These Plant foods have a living energy Life Force Quantum Scientists call Neg-Entropy. Animals get their Neg-Entropy Life Force from Plants. Animals with the life force Neg-
Entropy can be foods for other animals. Why is it important to get fresh and raw plants into your diet?

21. Why does the chemical companies not have the life force or Neg-Entropy?

22. To get a patent we must prove that the drug has never existed before and prove it is not NATURAL. It is a pharmaceutical fact that a Synthetic Anything is an Insult to the body. Why do the pharmaceutical people sell so many products?

23. Pharma comes from the Greek word for Poison from a witch. Why did they choose this word?

24. Why do we call patented drugs, chemicals and patented foods S**N**thetic?

25. We are made to chop wood and carry water. Why is exercise a nutrient?

26. Why are Love, respect and intellectual stimulation essential nutrients?

27. The primary nutrient for life is Oxygen. All of life’s processes depend on it. What kind of exercise can you design for you patient to get more oxygen?

28. Does lack of oxygen make you breath or Carbon Dioxide build-up?

29. Detail the phrenic and vagus nerve breathing loop.
30. Explain a proper breathing exercise to stimulate the Cerebral Spinal Flow, Build Brain symmetry, stimulate the Vagus Nerve, and maximize Oxygen.

31. Name and detail the NINE basic Senses of Humans.

32. The cells of the body can only use right handed sugars known as dextrose. Left hand sugars are called fructose because they mostly come from fruit. How does the body convert left handed sugar to right handed blood glucose?

33. Eating too much dextrose sugar can make hyperglycemia which can destroy circulation and nerve tissue. Why is this the leading cause of heart and brain ischemia later in life?

34. Cancer cells feed on absorbed dextrose sugar 45 times more than liver converted fructose. Why is sugar the leading aggravator of cancer?

35. What are the Three major ways the body has to make Blood sugar?

36. The Autonomic Nerval System has 2 parts. Sympathetic for fight, flight, or freeze. And the ParaSympathetic for immunity, relaxation and digestion. What are they key minerals for each, and how can you balance the system?
37. Why is an organic potassium (orange plant diet) good for most cardio problems? And how does plant fiber restore health to a broken down cardiovascular system?

38. What is the difference between the endocrine glands and the exocrine glands? Why is the pancreas an example of both?

39. Briefly Detail the functions of the endocrine glands – male female genitilia, adrenal, kidney, stomach, gall bladder, pancreas, thymus, thyroid, parathyroid, hypothalamus, pineal, pituitary and any other you wish to describe.

**PART 3**

**VALIDATION – VERIFICATION EXAM**

**LINK TO COURSE**

We must learn about validation, verification and what is evidence based medicine. There have been so many backstabbing frauds in alternative medicine selling illegal and unverified products that the governments of the world have had to make laws that require full validation and verification of manufacturer claims.

There is an eleven-stage step in the validation process and the World Health Products Rating Service (WHPRS) has a scientific rating for these products. [http://www.whprs-ratings.com/](http://www.whprs-ratings.com/)

The best way of evaluating a claim is to use an independent double blind study of 20 or more subjects. But Here is the WHPRS rating table to rate the **Validation + verification of a manufacture's claim the number indicates how high the claim rates – Here are the WHPRS Steps to rate Validation of Claims**
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1. If you want to be a biofeedback technician you should have a legal biofeedback device T/F

2. If you want to be a biofeedback technician you should have a legal biofeedback software T/F

3. You do not need to have the real validated software you can lie to yourself and your patients and use whatever fraudulent scam you want T/F

4. Stories are Validation T/F
5. Testimonials are complete Verification T/F
6. A really good story is Validation T/F
7. I mean a really really really really good story is complete Validation T/F
8. If the guy telling the story has on a nice suit then it must be validation T/F
9. If he has a nice suit, a good watch, and a really really good story it is validation T/F
10. A safety test CE mark allows you to make a medical claim T/F
11. Alternative medicine people are above the law T/F
12. The governmental validation process gives official sanction, confirmation, or approval to procedures, medical devices, documents, etc. T/F
13. Verification is the act of proving the correctness of systems such as i.e.: software with internal memory and software expressed as source code? T/F
14. WHPRS is an independent consumer service for medical devices claims T/F
15. Testimonials document legally that a process or system meets its predetermined specifications and quality attributes T/F
16. Stories are valid peer reviewed documentations and prove the efficacy of any product T/F
17. The minimum way of evaluating a claim is to use an independent double blind study of 20 or more subjects. T./F
18. The best way of validation of a claim is to have an independent double blind study of 20 or more subjects published in a peer reviewed medical journal and taught in a government recognized medical university T/F
19. Please write a small essay of the need and process of validating a manufacture's claim
20. what does GS RtDCs stand for and what does it do?
1. Explain why we all have a Body Electric
2. Define VARHOPE
3. Define the Cybernetic Loop as a controlling value in quantum resonant biofeedback
4. Define TVEP
5. Define EPR
6. Detail the meta-analysis of the EPFX/SCIO/Eductor/QUEX technology
7. Define AFE
8. Detail Electro Wound Healing for treatment of sport injuries
9. Outline the research validation history of the sport use of Quantum Resonant Biofeedback
10. Detail the VARHOPE ability to increase sport performance
11. Detail why electro-osmosis stimulation can help a patient
12. Detail the Zap technology
13. Detail Electro TVEP immunology stimulation
14. Detail how Subspace works.
15. We use the traditional methods of EEG, ECG, GSR, EMG, and EPR as measures. Then we calculate treatment with the traditional therapies of MTENS, MCES, EWH and biofeedback. Describe this in a cybernetic loop
16. Contrast Pharmaceuticals with ElectroCeuticals
First Aid questions

1. Outline simple counselling skills like paraphrasing or more.

2. When the Autonomic Nerval System is Challenged it can produce a stress on the Vagus nerve and produce Vaso-Vagal distress to the point of Syncope. What are the early signs and what do you do about it?

3. What are the early signs of anger and aggression and what can you do to help de-escalate it?

4. What is a self CPR (Cardio Pulmonary Resuscitation)? When is it needed and how can you guide your patient thru it?

5. How can you deal with a high blood pressure emergency and what are the risks?

6. What are the signs of a blood sugar emergency, contrast hyper vs hypo glycemia?

7. How can you deal with an allergy attack?

8. What breathing techniques can you teach to help balance the brain and body?

9. What can you do help your patient deal with pain?
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10. What is the importance of knowing emergency numbers for your client in times of extreme distress?

http://www.downloads.imune.net/medicalbooks/978-615-5169-08-3%20CPR%20and%20First%20Aid.pdf

PART 6
CORPORATE GREED DISEASE EXAM

LINK TO COURSE

1. The largest causes of death in the world today come from corporations of greed that put profit over people’s health. Why must we be aware of this and try to inform people about how to avoid disease.

2. 1 in every 5 deaths involve smoking. The tobacco companies are now exposed to be a major evil offering nothing but harm to their clients. And yet parents or people who allow children to smoke (even inadvertently) are still never prosecuted for reckless endangerment by the authorities or prosecutors. For this would severely disturb Big Tobacco’s future clientele. How can we stop the addiction of our children?
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3. **Big Sugar** has stripped the fiber, the minerals and the vitamins needed from the plants. The rise of hyperglycemia followed by the lows or hypoglycemia cause nerve, circulatory and immune disease. How can we best advise our clients?

4. **Big Pharma** depends on patented drugs and FDA approval for them. To get a patent we must prove the drug is NOT of Nature. We would never order synthetic food from a restaurant. We are afraid of the **SIN**thetic Chemicals. How can we advise our clients?

5. **Big Oil’s Fossil Fuel** has polluted our air and cause asthma and other concerns. We can farm our fuel not dig for it. How would an agriculture based society help reduce disease?

6. **Processed foods** and Fast Foods are unhealthy. How can you advise a client to eat on the run without endangering their health?

7. **Social media** has ways of controlling and influencing your behaviour and your thoughts. How can you advise a client to stop this control?

8. **Big Alcohol** is in all movies and TV. One drink a day might help a person, but more is always a danger to health. How can you advise a client to limit intake.

9. Biofeedback is a medicine of responsibility. We teach healthy lifestyle, reduce the Suppressions and Obstructions to the Natural Curative
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Process. We teach ways to control the body and restore health without drugs. How can you teach your client responsibility?

10. Why is the SOC index so necessary for our health care technique?

11. In Behavioural Psychology, we know that behaviours we reward we get more of, behaviours we ignore we get less of. Why is normal psych counselling not productive.

12. Please tell us about the ethics and scope of practice in biofeedback and quantum resonant biofeedback